## COUPLES FOR CHRIST CHRISTIAN LIFE PROGRAM

### Participant's Handout

SESSION No. 2: WHO IS JESUS CHRIST?

#### Brief Outline:

Realizing the importance of Jesus to us and to better understand who he really is, we ask: "Who is Jesus Christ?"

### A. Jesus of History: Three things that make Jesus an absolutely unique figure in human history:

- Jesus is the only person in history ever pre-announced.
- He was born in Bethlehem of a virgin named Mary. Once he appeared on the scene, he struck history, dividing it into two periods: B.C. and A.D.
- Every person who came into this world came into it to live. Jesus came into the world to suffer and die. His death was the goal and fulfilment of his life.

# B. Christ of Faith: What did Jesus do or say about himself that, in spite of his humble and short human life, he created such an impact in history?

• Jesus did many signs or miracles; Jesus forgave sins; Jesus gave life; Jesus claimed to possess all power in heaven and on earth; Jesus claimed that he will sit on the right hand of the Father and come to judge all mankind; Jesus claimed straightforwardly to be God; Jesus' contemporaries came to the realization that he was God.

### C. We Truly Know Jesus Through the Cross

• The cross is the central point of our knowing and understanding Jesus Christ because his cross is both language (knowing) and parable (understanding).

The most conclusive proof that Jesus is Lord and God is his resurrection. When we truly know Jesus, when we take him as our Lord and God, when we develop a personal relationship with him, then we become truly Christian.

### **Discussion starter**

- 1. Share about your Christian background.
- 2. Discuss how you saw or thought of Jesus before, and what new insights you have gotten through the talk.

### **Scriptures for daily prayer**

Day		Day	
1	John 6:32-40	5	Mark 2:5-12
2	John 10:7-15	6	John 8:51-58
3	John 14:6-11	7	John 11:25-27, 38-44
4	John 5:18-24		

### The Challenge

Jesus is God. Are you willing to accept him as Lord of your life? As Lord, will you allow him to rule your life totally?