

COUPLES FOR CHRIST CHRISTIAN LIFE PROGRAM

Participant's Handout

SESSION No. 11 : THE LIFE AND MISSION OF COUPLES FOR CHRIST

Brief Outline

A. What is Couples for Christ?

1. Couples for Christ (CFC) is a Christian community for the renewal and strengthening of family life and making the love of God felt among the poor. It started in June 1981 in Manila, Philippines, with 16 couples.
2. What are we called to do?
 - Read the "CFC Statement of Vision and Mission"

Through Building the Church of the Home, CFC has established the Family Ministries (since 1993): Kids for Christ (KFC), Youth for Christ (YFC), Singles for Christ (SFC), Handmaids of the Lord (HOLD), and Servants of the Lord (SOLD).

Through Building the Church of the Poor (BCOP) CFC lives out the social teachings of the Church through CFC ANCOP (Answering the Cry of the Poor) and the CFC Social Development Programs.

- Read the "CFC Statement of Philosophy"

B. The Covenant of Couples for Christ (Read the Covenant of CFC)

C. How do We Support One Another in CFC?

- Through small groups which we call "households."
- Teaching and formation.
- Regular activities of our community.

Think and pray about "The Covenant of CFC". Look at the covenant as an ideal, not yet fully in place, but as what God calls us to.

Discussion starter

1. Do you agree with the CFC statement of philosophy, which embodies its beliefs and ideals?
2. Do you see the covenant of Couples for Christ as the ideal of Christian family life that God calls us all to?

Scriptures for daily prayer

Day		Day	
1	Psalm 22:28-32	5	Deuteronomy 8:11-20
2	Psalm 144:12-15	6	Deuteronomy 26:16-18
3	Colossians 3:18-21	7	1 Peter 2:9-10
4	Psalm 127:3-5		

The Challenge

God is trying to restore the Christian family back to His original plan. We are all called to respond to His divine effort and be a part of His work. Are you ready to do your share in renewing, strengthening and supporting Christian family living?