

COUPLES FOR CHRIST CHRISTIAN LIFE PROGRAM

Participant's Handout

SESSION No. 8 : LIFE IN THE HOLY SPIRIT

Brief Outline

Much of Christianity today looks weak and lifeless. The early Christian movement was dynamic, strong and attractive. The source of this power was the Holy Spirit. We need to know and understand the Holy Spirit as a Person who can truly affect and change our lives.

A. Receiving the Holy Spirit:

- When we receive the Holy Spirit, we gain union with God, a new nature, and the power to serve as Jesus' witnesses. Acts 1:8

B. What Receiving the Holy Spirit Means Today

1. How can we receive the Holy Spirit?
 - God has promised us the Holy Spirit. Lk. 11:9-13. So we simply take God up on his promise.
2. Next week, we can receive and experience the same power and gifts of the Spirit that the early Christians did. 1 Cor. 12:1,4-11.
 - These gifts may be divided into 3 groups: two teaching gifts: wisdom and knowledge; three sign gifts: faith, healing, and miracles; and four revelational gifts: prophecy, discernment of spirits, tongues, and interpretation of tongues.
 - Gift of tongues is a common experience when we receive the Holy Spirit. It is an important first step and is often the gateway to a fuller life in the Spirit.

3. We need to avoid the obstacles to receiving God's gifts:

- An unrepentant attitude; feeling unworthy of the gift; fear of looking foolish or being overtaken; doubt; pride; being selective

C. How to prepare yourself for next week's prayer session.

- Have an individual meeting with your facilitator during the week.
- Think and pray about the "Commitment to Christ," which we'll all pray next week.
- Be aware of Satan's action. Call upon Jesus' name.

Discussion starter

Share about your experience of God's Spirit in your life.

Scriptures for daily prayer

Day		Day	
1	Ezekiel 36:25-27	5	Luke 11:9-13
2	Jeremiah 31:31-34	6	Acts 1:8,2:1-12
3	Joel 3:1-5	7	1 Corinthians 12:1-11
4	John 14:23-26		

The Challenge

God is calling us to live a life of holiness and spiritual power. For this, God has promised us the Holy Spirit. Will you trust in the promise of your Father? Will you accept Jesus as your Lord and Savior? Will you ask for the infilling of the Holy Spirit in your life?