

COUPLES FOR CHRIST CHRISTIAN LIFE PROGRAM

Participant's Handout

SESSION No. 3 : WHAT IT MEANS TO BE A CHRISTIAN

Brief Outline

After Stephen was stoned to death, many of the persecuted followers of Jesus fled to Antioch from Jerusalem. As a result, there developed in Antioch one of the largest and most active communities of the followers of Jesus. It was in Antioch that the followers of Jesus were first called Christians.

A. Misconceptions or incomplete notions about Christianity

- Christianity is a mere religious system.
- Christianity is a mere moral system.
- Christianity is a social, humanitarian system.
- Christianity is an escape from the realities of life.

B. Truths About Christianity

- Christianity is a relationship initiated by God out of his mercy and love for us.
- As Christians, we become a new creation and participate in the very life of Christ.
- As Christians, we become children of God and take on his nature, which is holiness.

C. Implications of Being a Christian

- A Christian is a person of faith. Heb.. 11:1
- A Christian is a person of hope. Rom. 8:24-25
- A Christian is a person of love. Jn. 13:35

The Blessed Virgin Mary is the model Christian, the perfect disciple of Christ. As Christians, we become Christ's disciples. And as Christ's disciples, we ought to put our lives completely in his hands, and experience the tremendous peace of Christ flowing into our lives and into our families.

Discussion Starters

1. What misconceptions about Christianity do you identify with?
2. Are you experiencing the practical implications of Christianity in your life?

Scriptures for daily prayer

Day		Day	
1	Titus 3:3-7	5	Luke 12:22-31
2	Galatians 4:4-7	6	Luke 11:9-13
3	Colossians 3:5-10	7	Romans 8:28-39
4	Jeremiah 29:11-13		

The Challenge

To be a Christian is to have a loving, personal relationship with Jesus Christ. Will you continue to be open to discover the fullness of being a Christian? Will you be willing to be Christ's disciple?