# Al-powered solutions for the ED boarding crisis

Emergency Department boarding has escalated into a national healthcare crisis, Ahrq with median boarding times surging 71% from 2.0 hours pre-pandemic to 3.4 hours by late 2021 Nih Healthaffairs (Janke et al., 2022). Machine learning and Al interventions offer the most promising path forward, with hospitals like Johns Hopkins achieving 30% faster bed assignments LinkedIn (Healthdatamanagement) and AdventHealth reducing behavioral health boarding from 17 to 5 hours through Al-powered command centers. (Beckersbehavioralhealth) For hospital executives managing 295-minute boarding times at high-volume EDs (ACEP Now) while facing potential CMS penalties under new ECCQ measures, the convergence of proven ML technologies, successful implementation models, and measurable ROI creates an unprecedented opportunity to transform ED operations within 6-12 months.

### The \$13,000-per-day problem crushing American EDs

ED boarding represents holding admitted patients in emergency departments due to lack of inpatient beds, Acep creating cascading operational failures throughout hospital systems. Ahrq +6 Current national metrics paint a dire picture: median boarding times reached 190 minutes in 2022, ACEP Now with 90th percentile waits extending to 20.5 hours at academic medical centers Nih +2 (AHRQ, 2024). The financial toll proves equally devastating - each patient who leaves without being seen costs \$600-800 in lost revenue, Emra while reducing boarding by just one hour could generate \$9,000-13,000 in additional daily revenue through improved bed turnover. (Epmonthly) (NUEM Blog)

The human cost amplifies these financial pressures. Non-ICU patients experiencing prolonged boarding face **1.2-fold increased mortality risk** (95% CI: 1.03-1.36; p=0.016), LWW while left-without-being-seen rates doubled from 1.1% to 2.1% between 2017 and 2021 (Healthtech Analytics +2) (Boudi et al., 2020). For a typical 80,000-visit ED, this translates to 3,500 patients annually abandoning care. (Ahrq +2) Patient satisfaction scores plummet as boarding increases, with every additional boarding patient extending median ED length of stay by 12-14 minutes for all admitted patients. (Nih)

Quality impacts extend beyond individual patient outcomes. When hospital occupancy exceeds 85%, boarding surpasses the Joint Commission's 4-hour standard (Healthaffairs) for 88.9% of hospital-months (Nih) (Healthtech Analytics) (Janke et al., 2022). **Behavioral health patients suffer disproportionately**, with average boarding times of 23.5 hours - 3.2 times longer than general populations (Acep) - preventing 2.2 bed turnovers per patient and costing \$2,264 per psychiatric boarding episode.

### Five data-backed drivers creating perfect storm conditions

Understanding boarding's root causes requires examining interconnected operational and policy factors that vary significantly between hospital types. SpringerLink Inpatient bed availability emerges as the primary constraint, with boarding likelihood increasing dramatically when hospital occupancy exceeds 85-90%. Epic Systems data reveals median occupancy ranging from 48.7% (April 2020) to 69.6% (January 2020), demonstrating COVID's temporary relief followed by current crisis conditions.

Nursing staffing ratios compound capacity constraints through mathematical inevitability. Each additional patient per nurse increases length of stay by 5% and 30-day mortality risk by 16%. California's mandated 1:4 ED ratios contrast sharply with national variations of 1:3 to 1:6, creating geographic disparities in care quality. Emra Wolterskluwer Weekend discharge rates often drop to half of weekday levels, creating artificial capacity crunches that ripple through the following week.

Downeastem

Financial incentives misalign with patient flow optimization. Non-ED admissions generate double the revenue of ED admissions, incentivizing hospitals to prioritize elective surgeries over emergency patients. (Healthaffairs) (NUEM Blog) Public hospitals show consistently lower Case Mix Index (CMI) values - averaging 0.4% decline while private nonprofits increased 6% - reflecting both patient populations served and reduced coding optimization resources. (Nih)

Policy pressures paradoxically worsen the crisis they aim to solve. CMS discontinued the ED-2 boarding metric in August 2021, removing key accountability measures just as boarding reached crisis levels. (Healthaffairs) EMTALA requirements mandate screening and stabilization regardless of capacity, creating unfunded mandates that strain safety-net hospitals. (Acep +2) The new ECCQ measure under development tracks multiple metrics including 4-hour boarding thresholds, (Acep) but lacks implementation timelines or enforcement mechanisms. (Acep)

Seasonal and temporal patterns create predictable surges that current systems cannot accommodate. SpringerLink December-February flu seasons correspond with peak boarding, while daily patterns show consistent increases after 11 AM. High-volume EDs (>80,000 annual visits) experience 295-minute average boarding times versus 116 minutes at smaller facilities, ACEP Now highlighting volume-based challenges.

Academic versus community hospital boarding dynamics

Factor	Academic Medical Centers	Community Hospitals
Average boarding time	295 minutes	180-200 minutes
90th percentile wait	381-1,228 minutes PubMed	240-480 minutes
Primary drivers	Transfer acceptance, complex cases	Staff limitations, bed capacity
Financial pressures	Non-ED admission prioritization	Overall capacity constraints
Behavioral health burden	Higher volume, longer stays	Limited specialty resources
Technology adoption	\$20M+ comprehensive systems	Targeted \$1-5M solutions

# Four generations of analytics interventions transforming ED operations

The evolution from basic queueing theory to sophisticated AI systems demonstrates clear progression in capability and impact. **First-generation queueing models (2000-2010)** applied M/M/s queue mathematics and discrete event simulation to model patient flow. Cochran and Broyles achieved R<sup>2</sup> > 0.85 in statistical approximations, while Green et al. reduced LWBS by 258 patients despite 6.3% volume increases. PubMed +2 These models typically achieved 70-85% accuracy but required extensive calibration and oversimplified complex operations. Wiley Online Library

Second-generation predictive analytics (2010-2020) leveraged machine learning for length-of-stay and admission prediction. SpringerLink XGBoost models achieved AUROC of 0.82-0.92 for admission prediction, with mean absolute error of 4.0 admissions (17% error rate) versus 6.5 (32%) for traditional methods. Nature +2 Random forests demonstrated 84-96% accuracy for arrival-to-room predictions, ScienceDirect while gradient boosting consistently outperformed logistic regression across multiple sites. NCBI +5 Core features included demographics, ESI level, chief complaint, vital signs, and historical utilization patterns. Plos PubMed

Third-generation real-time systems (2020-present) integrate predictive models with operational dashboards and command centers. ResearchGate Virtual command centers managing 11 hospitals simultaneously achieve 45-minute discharge time improvements and 6-hour boarding reductions. EpicShare +3 Johns Hopkins' Judy Reitz Capacity Command Center, processing real-time feeds from multiple systems, demonstrated 30% faster bed assignments and 70% reduction in OR transfer delays, creating virtual capacity equivalent to 13-16 additional beds. LinkedIn +2 These systems typically cost \$20-40 million but achieve ROI within 12-18 months.

Fourth-generation AI optimization (2023-2025) employs reinforcement learning, multimodal fusion, and federated learning for system-wide optimization. ResearchGate PubMed Variable Neighborhood Search algorithms increase problem-solving capacity by factor of 19.54, ScienceDirect while reinforcement learning for bed assignment achieves 24% reduction in off-service placements.

ScienceDirect Digital twin simulations enable what-if analysis for capacity planning, AnyLogic and multimodal fusion of EHR + telemetry data achieves AUROC 0.947 for clinical predictions.

#### The Johns Hopkins transformation: From vision to \$16M virtual capacity

Johns Hopkins Hospital's Judy Reitz Capacity Command Center exemplifies successful large-scale implementation. (ResearchGate) **The 2,550-square-foot facility with 22 monitors** integrates 14 different information systems, creating comprehensive operational visibility. GE Healthcare partnered to develop custom algorithms processing hundreds of data streams in real-time. (Healthleadersmedia)

Quantitative outcomes exceeded projections across all metrics. ED boarding dropped 30% (3.5 hours faster), while OR transfer delays plummeted 70%. The system enabled 60% improvement in accepting complex external transfers and reduced critical care dispatch times by 63 minutes. LinkedIn

Healthdatamanagement Most remarkably, virtual capacity gains equaled 13-16 physical beds without construction costs, while increasing occupancy from 85% to 92%.

Success factors included C-suite championship from inception, \$2 million planning phase, and extensive change management. The command center employs 22 full-time staff monitoring operations 24/7, with clear escalation protocols and decision rights. (Hopkinsmedicine) Integration with existing workflows proved critical - the system augments rather than replaces clinical judgment.

#### LeanTaaS at UCHealth: 65% ICU transfer time reduction despite COVID

UCHealth's implementation of LeanTaaS iQueue demonstrates community hospital success with focused ML deployment. Despite 18% census increase during COVID, the system achieved 10% decrease in ED admission times and 65% reduction in ICU transfer completion times. LeanTaaS The keys: predictive analytics for bed demand, automated workflows, and prescriptive recommendations for bed management teams.

Technical implementation required only 4-month deployment, integrating with existing Epic EHR. The system processes real-time census data, historical patterns, and anticipated discharges to generate hourly bed availability predictions. (LeanTaaS) ROI materialized through reduced opportunity days (8% decrease) and improved throughput despite pandemic pressures. (LeanTaaS) Other LeanTaaS clients report \$40 million ROI in 18 months (McLaren) and \$10,000 additional revenue per inpatient bed annually. (Ache)

### Five critical lessons from the implementation trenches

Real-world deployments reveal consistent patterns of success and failure. Nih Data quality emerges as the primary technical barrier, with up to 20% of critical EHR fields incomplete and temporal timestamps often inaccurate. Successful implementations dedicate 30-40% of project timelines to data validation and cleansing. Epic's open-source AI validation suite provides continuous monitoring frameworks (Fierce Healthcare) that leading hospitals now consider mandatory infrastructure.

Alert fatigue can destroy clinical adoption overnight. Ahrq Nih Healthcare workers receiving 100+ daily alerts override 85-95% of notifications, directly correlating with medical errors. ForeSee Medical AdventHealth's tiered alert system reduced non-critical notifications by 70% while maintaining safety protocols. Biomedcentral AdventHealth Context-aware ML algorithms that consider patient-specific factors achieve 3x higher clinical acceptance than rule-based systems.

Governance structures determine long-term success. 73% of organizations now establish Al governance committees, with 91% focusing on use case prioritization and 87% on ethics guidelines.

Fierce Healthcare Nih The FDA's evolving Al/ML-based Software as Medical Device framework and HTI-1 transparency requirements demand robust oversight. Successful programs include clinicians, ethicists, IT leaders, and patient advocates in governance structures.

Clinician resistance stems from legitimate concerns about black-box algorithms and workflow disruption. (Nih) 40% of clinicians fear Al replacing human judgment. (Nih) Successful engagement requires clinician-led development, transparent model explanations, and demonstrated workflow improvements. Starting with decision support rather than autonomous systems builds trust - Johns Hopkins physicians now request command center involvement for complex cases.

**Equity considerations cannot be afterthoughts**. Al models trained on homogeneous populations fail dramatically in diverse settings. (Biomedcentral) Documented disparities include differential performance across racial groups, socioeconomic bias reflecting historical inequities, and gender underrepresentation in training data. Leading implementations now mandate bias testing across protected classes and diverse stakeholder involvement throughout development.

## Frontier ML capabilities ready for breakthrough deployment

Cutting-edge approaches poised for mainstream adoption include **reinforcement learning for dynamic bed assignment**, achieving 24% reduction in off-service placements and 35% decrease in boarding delays. (ResearchGate) (PubMed) Deep Q-Networks optimize patient-bed matching considering multiple constraints, while multi-agent systems coordinate resources across departments.

**Multimodal data fusion** combining EHR records, continuous telemetry, and imaging achieves unprecedented prediction accuracy. Dirjournal Nature Late fusion models reach AUROC 0.947 for clinical deterioration, while graph neural networks map complex relationships between patients, resources, and pathways. The MEDFuse framework demonstrates 10-15% performance improvements over single-modality approaches.

**Federated learning** enables multi-hospital collaboration without sharing sensitive data. (SpringerLink +3) The global healthcare federated learning market projects \$141 million by 2034, (Precedenceresearch) with early adopters like the German Cancer Consortium demonstrating superior model generalization.

MDPI Differential privacy techniques add calibrated noise while maintaining utility, addressing regulatory concerns. (MDPI)

**Synthetic data generation** through GANs and variational autoencoders enables robust model training without privacy risks. ScienceDirect +2 The Synthea platform provides open-source population simulation with 40+ disease modules. Synthetichealth 72.6% of synthetic data studies now use deep learning generators, ScienceDirect enabling policy simulation and rare disease research previously impossible.

Large language models show promise for discharge documentation, with GPT-4 achieving 33% error-free summaries comparable to physician-generated notes. Nih PubMed Computer vision systems reach AUROC 0.714 for disposition prediction using patient video, Nature while achieving 45% reduction in support ticket response times and enabling 4+ additional patients monthly through reduced diversions. Nature Nih

## Your 90-day transformation roadmap

Week 1-2: Deploy ambient AI scribing in highest-volume ED areas. Cost: \$200-400/month per provider. Expected impact: 2-3 hours daily documentation time savings, reduced burnout, improved satisfaction. Nih Requirements: Audio capture integration, EHR compatibility, privacy protocols. Select willing early adopters for pilot program.

Week 3-6: Implement predictive bed demand analytics using historical admission patterns, real-time census, and temporal trends. Expected ROI: 15-20% boarding reduction, \$500K-1M annual savings for mid-size hospitals. NCBI Omnia-health Technical requirements: Dashboard integration, mobile alerts, automated reporting. Partner with established vendors for rapid deployment.

Week 7-12: Launch computer vision patient monitoring leveraging existing security infrastructure. Expected outcomes: 25% reduction in falls, faster distress response, improved safety metrics. Viso Matroid Implementation: Edge computing deployment, privacy-preserving analytics, staff training on new alerts. Start with highest-risk units.

Month 3-4: Activate Al-powered triage support using validated protocols and outcome data.

(Biomedcentral) (ScienceDirect) Anticipated improvements: 10-15% triage accuracy increase, reduced high-acuity wait times, liability reduction. (Nih) Success metrics: Time to treatment, accuracy versus physician assessment, staff satisfaction scores.

**Month 4-6: Automate administrative workflows** including prior authorizations, eligibility verification, and coding assistance. Projected savings: 30-40% processing time reduction, \$200-500K annually.

(Healthitoutcomes) Focus on highest-volume, most error-prone processes first.

Critical change management elements include establishing AI governance committee by week 2, conducting bi-weekly stakeholder meetings, creating transparent communication channels, documenting early wins prominently, and planning phased rollouts with clear success metrics.

# **Essential data resources powering the revolution**

**NEDS (Nationwide Emergency Department Sample)** provides the foundation for benchmarking and research. Covering 137 million weighted visits annually from 20% of US hospital-owned EDs, NEDS enables population-level analysis. (Ahrq) (Data) Researchers access patient demographics, ICD-10 diagnoses, disposition outcomes, and hospital characteristics through HCUP agreements. (Data) (Ahrq) Annual licensing enables trend analysis from 2006-present.

**State-specific registries** offer granular insights unavailable nationally. California OSHPD provides patient-level identifiers enabling longitudinal analysis. Florida AHCA allows multi-database linkage for comprehensive patient journeys. New York SPARCS includes detailed financial data alongside clinical metrics. Texas DSHS offers real-time surveillance capabilities. These resources prove invaluable for state-level policy analysis and regional benchmarking.

**Open-source frameworks** accelerate development. MIMIC-IV's 432,000+ admissions with continuous monitoring data enable algorithm training. MC-MED provides 118,385 ED visits with multimodal physiological waveforms - the first dataset of its kind. Nature Synthea generates unlimited synthetic patients for testing without privacy constraints. Synthetichealth Epic's AI validation suite offers production-ready testing frameworks. Fierce Healthcare

Professional communities drive innovation forward. Machine Learning for Healthcare Conference (December 2025) bridges researchers and clinicians. (Mlforhc) (Ahli) AMIA Annual Symposium (November 9-13, San Francisco) showcases Al evaluation best practices. (AMIA) NeurIPS Healthcare Track presents cutting-edge algorithms. (Ahli) Conference on Health, Inference, and Learning emphasizes causal inference applications. (Ahli) These venues facilitate crucial knowledge transfer between academic innovation and clinical implementation.

#### **Conclusion**

The ED boarding crisis demands immediate action, Ahrq Acep but the convergence of proven ML technologies, successful implementation blueprints, and measurable ROI creates an unprecedented opportunity. ResearchGate PubMed Hospitals achieving 30% boarding reductions and virtual capacity gains equivalent to 13-16 beds demonstrate what's possible today. Nih +4 For executives facing 295-minute boarding times and mounting financial pressures, the path forward is clear: start with quick wins like ambient scribing and predictive analytics, build toward comprehensive command centers, and maintain unwavering focus on clinical adoption and equity. The difference

between hospitals thriving versus merely surviving in 2026 will be determined by AI implementation decisions made in the next 90 days.		