

Fast Food Analysis	Consumption Analysis	Nutrition Analysis	Links and References
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Bite by Bite: Unveiling America's Cravings

A deep dive into the fast food landscape, popular chains, and their nutritional impact on the nation

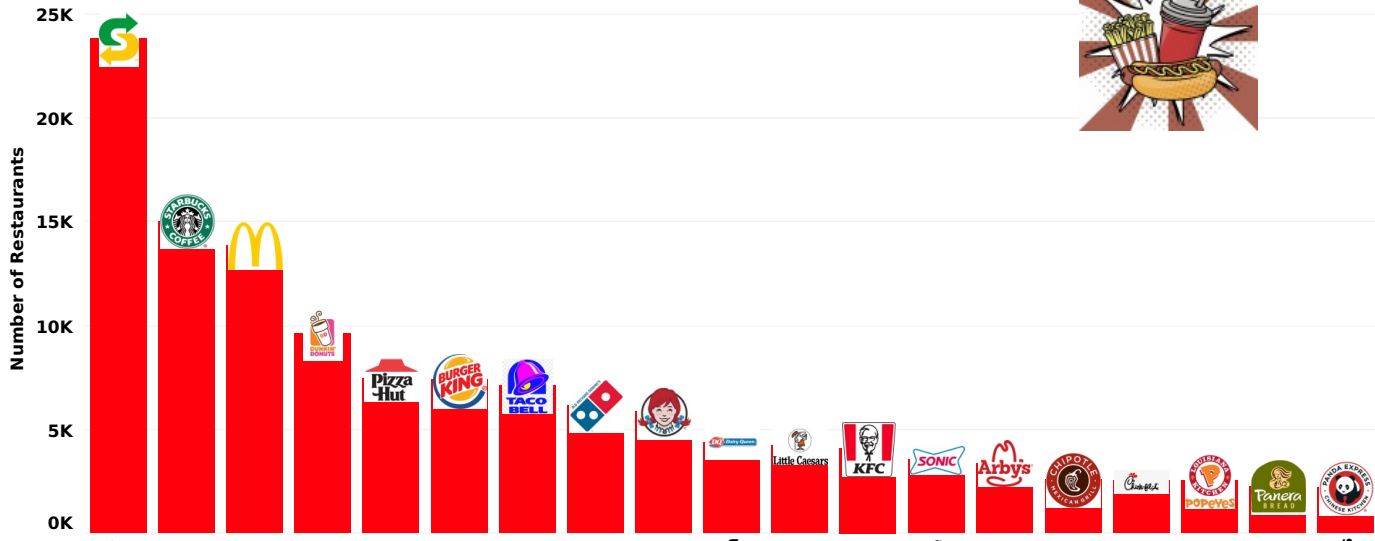


As the fast food industry continues to thrive in the United States, the impact of these chains on American lifestyles, dietary habits, and health becomes increasingly evident.

Among the top contenders are McDonald's, Subway, Starbucks, Burger King, and Taco Bell, each with their distinct offerings.

These fast food giants have been successful in catering to a diverse range of tastes and preferences, while continually innovating and adapting their menus to keep up with changing consumer demands.

Number of Fast Food Chains in the US

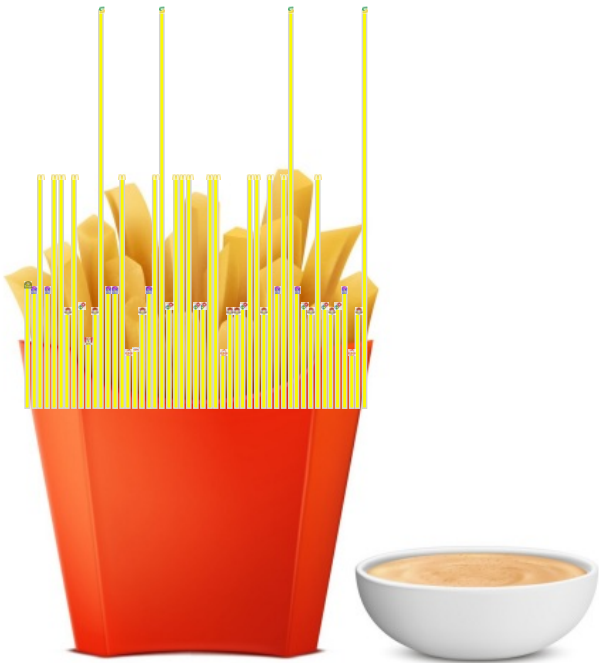


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Statewise Restaurants Sales



Have you ever wondered which fast food chains dominate in each state across the US? From **burgers** to **tacos**, fries to shakes, discover which chains are reigning supreme in each state and see if your go-to fast food joint made the cut.



Get the data here

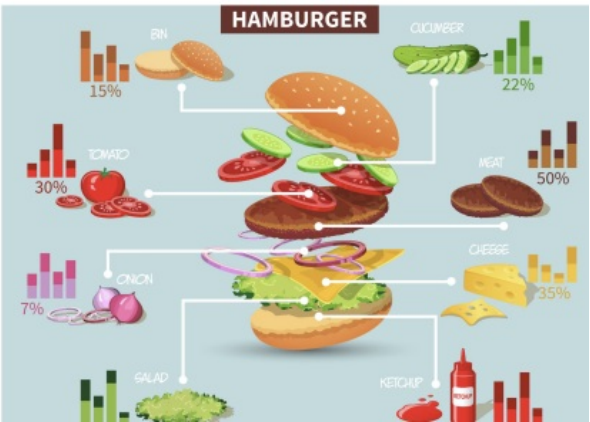


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Counting Calories: Examining the Nutritional Content of Fast Food Offerings

As the food industry continues to expand, concerns about the nutritional value of its offerings have become increasingly pressing.

By shedding light on the caloric impact of popular food options, we hope to inform consumers about the potential health consequences of their dietary choices.



Hover over to discover the number of calories, fat, sugar, and more, in every delectable bite of your favori..

Nutrition Facts

Serving Size 3 oz. (85g)
Serving Per Container 2

Amount Per Serving	
Calories	273,420
Fiber	
Protein	14,336
Sat Fat	
Sodium	642,070
Sugar	
Total Carb	23,517
Total Fat	13,894
Trans Fat	240

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg

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Dataset links and References

<https://www.kaggle.com/datasets/datafiniti/fast-food-restaurants>

<https://www.titlemax.com/discovery-center/money-finance/the-revenue-of-fast-food-chains-in-america/>

<https://www.cdc.gov/nchs/products/databriefs/db322.htm>

<https://www.cdc.gov/nchs/data/databriefs/db322-h.pdf>

<https://ghdx.healthdata.org/>