

## HEHNEM SIAMPA HEHNEPZIA

Khatvei lai in ah, Siampi khatin, sihvuiina khatah hehnepna thu genin hoih kisa mahmah a, adah akap te nangawn lungkimna lianpi ngah hi. Nikhat ni ciangin tua Siampi pa ii anu hongsi hi. Aki vuitak ciangin, tua Siampi pa zong, leitung pianna anu taktak lei ah kituhta cih amuh ciangin hong omthei lo in, hong kapkhia hi. Tuabang a Siampi pa kahna amuh uhciangin, thuzui te zong vapai in, vahehnem a, Siampi pa hehnepna hangtawh adah akap innkuante aki hehnepzawhzia te zong honggen uh hi. Ahi zongin Siampi pa in, hi ci in hongdawng hi: *“Tua lai asi pen amau nu hi a, tu a asi pen keima nu hi ven,”* hong ci hi.

Leitungah mihing te khat le khat kihehnepna in nakpi takin thupi hi. Manpha hi. Etlawm hi. Ahi zongin, tua hehnep na in, kicingzo ngeilo a, ei mau mahmah in ihtuakkhak ciang in, mite tung ihpiak hehnepna kammal te in mannei nawnlo hi. Hithu i ngaihsut ciangin, mihing te kihehnepna in nakpi tak in, thupi in, etlawmin, mannei himah tase leh, ciangtan nei a, aki cing hehnepna hong piazo ngeilo hi cih thu i phawk semsem hi. Misiantho Ignatius of Loyola (*St Ignatius of Loyola*) ii hehnepna tawh kisai, honggen thu te tawmkha ihki hawmsawn nuam hi. Nikhat teitei adah akap dingte vive ihihi. Tulai tak a, ankuangkhat na umkhawmpih na it luat, nazi nata, napasal te leh na nu na pa in, khat khit khat in, nang utloh leh nang deihloh pi pi in, nangkiangpan hongpaisan in, lei ah hongciahsan kik dinghi. Ei khaktheih leh phaltheih thu hi lo in, hongbawl Pa ii geelna ombangin apai ding vive ihihi. Simlei mi apiang, seguul banga liikik loding hanga, tuulkung bangin, nosuakkik ding zong ihhi tuankei hi. Hi thu in eite hongdah hongkapsak in, hehnepna te amawkna suaksak hi.

Misiangtho *Ignatius* honggen na ah, hehnepna (Consolation) taktak ih cih in, upna, lemetna leh itna (Faith, hope and charity) te ah akho akip lungmuanna neihna hi in, tua lung muanna in, bangmah ii suksiat leh puuksak zawhloh, lungsung

nopna hongguan a (interior happiness), tua lungsungnopna in leitung dahna lungkhamna te pan in ihlungsim tawlngakna ngahsak hi. Tua lungsim tawlngak na ihcih in, leitung buaina, dahna, lunglen khasiatna te kantan a lungnopna ahihi. Tua lungnopna in: kanuntak na in hong bawlpa Pasion sungah omhi, ka it kangaih mite nuntak na in zong tuamah bangin, Pasion angsungah omtawntung hi cih upna hangin theitel in, lametna hangin lungmuanga, it na hangin Pasion sungah khamuanna, lungmuanna ahihi. Acing taak hehnepna ihcih in, “Ei tawh omkhawm Pasion, tu in keitawh omkhawm hi,” cih thu siangtak leh teltak a phawk theihna thupha ahihi.

Ignatius in hi ci in nagen lai hi: Pasion in mihingte pen amah aphant ding, abia ding leh ama deihbang asem ding in hongbawl ahihi. Mihingte in hici bangin anuntak leh gupna ngahdinghi cihna ahihi. Leitungah aki muthei nakhempuuh te in, Pasion hongbawlsak na gam ihtun theihnang, honghuh dingin, Pasion in mihing te hongpiak ahihi. Hi thutawh kizui in, leitung a, akiapiangsak na te in, atawntung nuntak na lampi ah mantak leh hoihtak a ihpai theihnangin honghuh, tha hongpia Pasion piak letsong te ahih lam Mihingte in phawk in, Pasion deihna tawh kituak a, azat dinguh ahihi. Tua leitung nate, mihingte in suakta takin zangthei a, adeihbangin zong zangthei hi. Ahi zongin, tua nate in, tawntung nuntakna lampi pan apialsakding ahih leh, tawntung nuntakna painang lampi ah anawngkai sakding van le nate asuakkhak leh, mihingte in suakta tak mah in, tua van le nate nusia in, tawntung nuntakna lam ngaihsut in aneihding ahihi. Thukhat panin genni ci leng, leitungah akiapiangsak nakhempuhte tungah, mihingte in suakta takin teeltheihna thupha nei hi. Bangmah in tua teelna panin, mihing te khamin, khaukhih lo hi. Tua suakta taka teeltheihna in mihingte bek ii neih Pasion piak alianpenpen thupha letsong khat ahih manin, tua thupha Letsong apia Pa deihna banga suahtakna thupha azat dinguh bek ahihi. Tua hi in, mihingte in natna sang damna deihzaw ing, zawnna sangin hauhna deihzaw ing, mindai gensiatna sangin miphatna

pahtawina deihzaw ing, nuntak khantomna sangin khansau na deihzaw ing, dahna sangin nuamna deihzaw ing ci in, ei deihbang geel in, ih utbang ihteel sangin, Pasion tawh bangin hongkinai sakzaw hiam cih etcian sittelna (discernment) nei in, Pasion tawh hongki naisak penpen, amah tawh cikhat sakhat hongsuaksak thei thupha sanna lampi hongpuak penpen ih deiha ihlunggulh leh ihteelsiam ding ahihi.

Singlamteh phungah Jesu nu Maria adinlai takin (Jn 19 24-28), bangin hehnepna pia hiam ihcih ciangin, Pasiantungah a uptentan na bekin, akicing hehnepna napia a, leitung dahna kahna leh gentheihhaksat nate tua upna hangin nakantanzo hi. Tua upna in Pasion piak letsong ahi hi. Tua ahih manin, hehnem siampa hehnepzia in upna thupha letsong hongpiak na ahihi. Upna in leitung dahna kahna, lungkham na, khuangaih lunglen nate bek hi lo in, sihna nangawn hongzawhpih Pasion hongpiak hehnepna asangpenpen ahihi.

Ref. Stijn Van Den Bossche, “Experiencing and Knowledge of God Through Ignatian ‘Discernment of Spirits’,” in eds. Lieven Boeve & Laurence P. Hemming, *Divinizing Experience: Essays in the History of Religious Experience from Origen to Ricoeur*, Peeters, 2004, p. 80.