

KHEN THUMNA NISIM CHRISTIAN NUNTAKNA

AMA AA VIVE!

Christian mi khat ii nuntak na in, Gamtatna, Kampau na leh Ngaihsutna cih thuthum tawh kilam hi. Hih unau thum te sungpan in, a upa pen in Ngaihsutna hi in kammal paukhatna in, ngaihsutna ii thukhupna, ngaihsutna ii melkilahna ahi hi. Gamtatna in anautumpen bangin ngaihsutna leh kampau na te khitciang in hongzui pah hi. Banghanghiam cih leh, i gamtatna in, i lungsimsunga om teng hongsuahkhia ahihi. Tua ahih manin, hih thumte in, Pasion kammal, Pasion deiha leh Pasion vaihawmna, Pasion geelna tawh kituak hiam, thupha leh hehpihna lampi tawh kituak hiam cih sittel ciiltelna in, Christian mikhat ii nuntakna ah, amasa pen nasep ahihi. Sittel theihnang lampi tampi om a, eima nuntakna zia, hun ngahzia tawh aki tuakpen teelsiam a, tua lampi i zatsiam ding ahihi.

Banglampi zangmahta leng, ciaptehdang pawlkhat om a, tuate in bangte hiam i cih ciangin, ngaihsutna, kampauna, gamtatna te in Pasion mite adingin, bang phattuamna, bang hoihna, bang thupha te puaka, “kami aneupen tung'h nabawl leh kei tung'h nongbawlkhin hi,” a ci, Topa in tua kammal kei tung hongci dinghiam, cih phawk kawmkawma i nuntak ding ahihi.

Lungsim sungah aki vawh suangmanpha khempeusang amanpha zaw, upna khaici in, vokpi mai aa, aki khia suang manpha tawh kibangthei hi cihthu phawkdenna in, Pasion pilna i neih na ahihi. Pilna kipatna in, Pasion hi a, hauha kicin na in Pasion ahihi. Pasion piak pilna in, Pasion kiang azuatkik theih ciangin, hauha kicinna in eite gamhluah ding in hongki pia ahihi.

Kumpipa Solomon in hauha zonglo in, Pasion piakding pilna zonga, tua pilna pen ami aneupen te adingin, phattuam

na, hoih na, kilemna te bawl na in na nei ahih manin, hauhna in amah zuanin, pilna in ama kiangpan taikhia ngeilo hi.

Tua hi-in, thungaihsutzia, kampauzia, nasepzia te khem peuh Christu Topa tungpan in etteh in, ama kiangpan pilna la in, ama kiangpan tha ala den Christian mi in, gungei a kisuan singkungbang hingin, agah hunin gahdena, atehte pulhngeilo ban ah, tua atehte in mite damna zatui hoihpente hongsuak dinghi.

Christian mi khat ii nuntak na i cih in, angaihsut te Pasian kiang puakden in, ama ading leh mite ading in phatna, pahtawi na leh thungetna aw asuak sak den mi, tua phatna pahtawina leh thungetna aw te in, amah leh midangte ki zopna-ah, singlamteh in Pasian leh mite hongkizomsak Lei (*Bridge*) ahih mah bangin, lei adawhden kammal te suak in, tua kammal te pen, gamtatna ah alaihto denmi ahihi.

Bangbang i sem a, bangbang i gen zong in Christu Topa min sungah semin, tua minsiangtho kipahtawi theih semsem na dingin, ngaihsun in, gen in, sepding (Col 3:17) pen Christian mikhat ii nuntakna ahihi. Banghanghiam cih leh, “kuamah peuhmah in ama aituam adingbek in nungta lo a, ama ading bek in silo hi. I si a, i hing zongin Pasian a vive i hihi (cf. Rom 14: 7).

Ref.

St. Gregory of Nyssa: From Treatise on Christian Perfection,
PG 46, 283-286.