

UPNA LE KAMMAL (3)

Pope Benedict XVI in, hibangin honghilh hi:

Upna in, Pasian in a Tapa eite adingin hong piakkhiatna thu honghilh hi. Pasian in ki-it na ahihna thuman thutak hongthei sakhi. Upna in eite muanlahna, eite kicinlohna tungah gual zawhna hongpia in, lametna man leh lametna picing ahi, na khempeuh Pasian khutsungah a omna thu lungmuanna tawh hong ngaksak hi. Singlamteh tungah akikhai Christu Topa lungtang pen teiipak tawh kisunvangan, tuapan ahong luang khia Pasian itna pen upna mitbekin muthei in, upna ngaihsut na bekin telthei a, upna in Topa itna sungah eite hong paipih hi (Cf. Encyclical; *Deus Caritas Est*, 39). Tua banah; Upna in anungta tawntung Pasian tawh meltheihna hong piangsak in, tua ki meltheihna in, eite ngeina, eite pau leh kammal te aki pan, ei mihingte ngaihsut theihtheihna lungsim pilna te athakin hong puahphatsakin, athak in hong lapsangsak a, mihing ngaih sutna ii hai na leh, hoihlohna khempeuh te, upna in siangtho sak hi. Tua thu hangin, upna in mihingte ngaihsut theihtheihna pilna te ahoihzaw, asiangtho zaw in akizattheih nangin thagui guan tawntunghi (Cf. *Deus Caritas Est*, 28).

Himah tase leh, tuhun Christian mitampi te in, upkhialhna natna vei in, damna zatui dawnnuamlo in, lungkhamhuai hun sungah i omta hi. Tua upkhialhna natna in, mite lungtang leh lungsimsungah cancer natna bangin vei uha, natgual bangin kiim le paam a mite manlangtak in lawhlai uhhi. Tua upkhialh natna in bang hiding hiam i cih ciangin, Singlamteh thuthuk tawh akilehbulh kamciam te sungah kinga a, lametna te ahihi. Tua kamciamte in bangte hidinghiam i cih ciangin:

- i) Pasian kamciamna sangin, mihing kamciam te thupi sakzawk na,
- ii) Upna sungah khantoh nading kamciam sangin, leitungvai ah khantohna ding kamciamte ah, upzawkna, lamet zawkna, lunggulh zawkna,

- iii) Leitung khantohna tuamtuum te ahi, pilna tuamtuum pan hongpai khia, mailamthu tawhkisai genkholhna, kamciamna te tungah kinga in, Pasion tungah kingakloh zawkna,
- iv) Pasion hongkamciam ahi, suahtakna, lungnopna, picinna pen leitungah kumpi hoihlo te leh, zawngkhalna, natna satna, haksatna te pan suahtakna ciangbek in sangin tel a, Pasion kamciam pen mihing kamciam tawh khelbawl na.
- v) Pasion tawh kizopna ah khantohding nunun in, paampaihin, kinbawlo in, mihingte pilna, neih le lam akipan atuamtuum te ah khantohna dingbek lunggulhna cihte ahihi. (Cf. *Deus Caritas Est*, 56-57, 76-79).

Leitung ii kamciamnate tungah kinga in, Singlamteh nung ngatin, Pasion kamsang, Pasion nasem leh lungdamna thu atangko ding mite tampi paikhialta uh ahih manin, mipi mihon tampite in zong, thuman mahsa khial in, azui khial mitampi ki omta hi. Banghanghiam cih leh Pasion thugen nading munah, Leitung khantohna thu kigen in, Pasion thu gending te in, leitungvai tawh thu khup uha, Pasion thu kikap nading munah, sumzon zia, paaizonzia ding kikumta uhhi. Tuipi te leh mualte kantan in gamtuam, khuatuam ah i pai a, ahi zongin, kamsang te leh Pasion gamkeek te nuntakzia tawh i ki keelki ta hi.

Khantohna man i cih in, Pasion thu leh Pasion kihtakna suutpi bangin posak masa a, mihing le Pasion kizopna mai mangsak theingeilo hi. Mihing kizopna bek en in, mihing kizopna bek i puahnop man in, i puahnop penpen i sia saka, i hahnop penpen tuisa buak in, i sisak thei lailai hi. Mihing te khantoh na man taktak in, Pasion mai-ah mihing pi cing hihna (*man fully alive*) hi-in, tua khantohna in Leitung thu aa khantoh na khempeuh tungah om in, nibangin tangin, aksi bangin tee diamdiam a, etin lawmin, nunin nuam hi. Tua bang khantoh na in upna kammal tungah kinga in, upna kammal te sangin, upna kam pau in gen a, upna kammal te anuntakpih nuntak na ahihi.