(T

$$\hat{T} = \int \frac{d^3x}{V} \left\{ (\hat{h} \cdot \hat{d})^2 + \hat{L}_2(\hat{h} \cdot \hat{d}) \left[-\frac{\hat{X}^2 + 1}{4} + \frac{(\hat{X}^2 - 1)^2}{16 \hat{X}} \ln \left(\frac{\hat{X} + 1}{\hat{X} - 1} \right)^2 \right] \right\}$$

$$= (\hat{h} \cdot \hat{d})^{2} + \mathcal{L}_{2}(\hat{h} \cdot \hat{d}) \int_{V} \frac{d^{3}x}{V} \left[-\frac{\hat{x}^{2}+1}{4} + \frac{(\hat{x}^{2}-1)^{2}}{16\hat{x}^{2}} \ln \left(\frac{\hat{x}+1}{\hat{x}-1} \right)^{2} \right] \qquad \hat{x} = \frac{x}{d}$$

$$\hat{x} = \frac{x}{d}$$

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$$= (\hat{h} \cdot \hat{a})^2 + \mathcal{L}_2(\hat{h} \cdot \hat{a}) \left[-\frac{1}{4} - \frac{1}{4} \frac{3}{5} \hat{R}^2 + \frac{1}{16} \int_V \frac{d^3x}{x} \left(\frac{\hat{x}^2 - 1}{x} \right)^2 \ln \left(\frac{\hat{x} + 1}{\hat{x} - 1} \right)^2 \right]$$

$$\int_{V} \frac{d^{3}x}{V} = \frac{3}{R^{3}} \int_{0}^{R} R^{2} dx$$

$$\Rightarrow \frac{1}{16} \int_{0}^{\frac{2}{3}} \frac{1}{x^{2}} \left(\frac{x^{2}-1}{x^{2}} \right)^{2} = \frac{3}{16} \int_{0}^{2} \frac{x^{2}}{x^{2}} \left(\frac{x^{2}-1}{x^{2}} \right)^{2} \ln \left(\frac{x^{2}+1}{x^{2}} \right)^{2}$$

Now:
$$\int_{0}^{\hat{R}} \frac{\hat{\chi} d\hat{\chi}}{\hat{R}^{3}} (\hat{\chi}^{2}-1)^{2} \ln (\frac{\hat{\chi}+1}{\hat{\chi}-1})^{2} = 2 \left(\frac{15-10 \hat{R}^{2}+3 \hat{R}^{4}}{45 \hat{R}^{2}} + \frac{(\hat{R}^{2}-1)^{3} \ln (\frac{\hat{R}+1}{\hat{R}-1})^{2}}{6 \hat{R}^{3}} \ln (\frac{\hat{R}+1}{\hat{R}-1})^{2} \right)$$

Then:

$$\hat{J} = (\hat{A} \cdot \hat{A})^2 + \hat{\mathcal{L}}_2(\hat{A} \cdot \hat{A}) \left[-\frac{1}{4} - \frac{3}{20} \hat{R}^2 + \frac{(15 - 10 \hat{R}^2 + 3 \hat{R}^4)}{120 \hat{R}^2} + \frac{(\hat{R}^2 - 1)^3}{32 \hat{R}^3} \ln (\frac{\hat{R} + 1}{\hat{R} - 1})^2 \right]$$

$$\Rightarrow \int_{-1}^{1} = (\hat{\Gamma} \cdot \hat{d})^{2} + c_{3}^{2} (\hat{\Gamma} \cdot \hat{d}) \left[\frac{1}{8R^{2}} - \frac{1}{3} - \frac{1}{8} \frac{1}{R^{2}} + \frac{(R^{2} - 1)^{3}}{32R^{3}} ln \left(\frac{R^{2} + 1}{R^{2} - 1} \right)^{2} \right]$$

expanding in
$$\hat{R} = \frac{R}{4} (21)$$
 we get

$$\left[\begin{array}{c} \end{array}\right] \simeq -\frac{2}{5} \left(\frac{R}{d}\right)^2 + \frac{2}{35} \left(\frac{R}{d}\right)^4 + \frac{2}{35} \left(\frac{R}{d}\right)^6 \qquad \left(\begin{array}{c} \text{same as i'n old} \\ \text{notes!} \end{array}\right)$$

$$P_{s} = P \left[1 + 2f \widehat{J} + f^{2} \widehat{J}^{2} \right] + \sum_{q \neq \overline{k}} \cdots$$

where
$$\hat{J} = \mu^2 - \frac{2}{5} d_2(\mu) R^2$$

$$\Rightarrow P_{5} = P_{8}^{\text{kaiser}} + P \left[-\frac{4}{5} \hat{R}^{2} f d_{2}(\mu) - \frac{4}{5} f^{2} R^{2} \mu^{2} d_{2}(\mu) \right] + \cdots$$

$$\Rightarrow \frac{\Delta P_S}{P} \sim -\frac{4}{5} R^2 f(1+f\mu^2) \vec{d}_2(\mu)$$

$$\frac{|\Delta P_{S}|}{|P|}_{\ell=0} = -\frac{4}{5} R^{2} f^{2} \frac{2}{15} = -\frac{8}{75} f^{2} R^{2}$$

or
$$\frac{\Delta P_{5}^{(l=0)}}{\frac{2}{5}(l=0)} = \frac{-\frac{8}{3}f^{2}}{1+\frac{2}{3}f+\frac{f^{2}}{5}} \hat{R}^{2} = -\frac{2}{415} \approx -0.0048 \approx -0.5\%$$

$$\frac{\Delta I_{S}^{(l=2)}}{\frac{P_{S}^{(l=2)}}{P_{S}^{(l=2)}}} = -\frac{4}{105} \frac{f(z_{1}+1)f)\hat{z}^{2}}{\frac{4}{5}+\frac{4}{7}f^{2}} \approx -0.156 = -15.6.6.$$

However, this is NOT the estimator we use for the quadrepole, that is, we do Not calculate quadrupole by doing integral with $(5 d_{2}(\mu) d\mu P_{s}(l_{1}\mu))$ for $\mu = l_{1}d$ we have a different estimator for l=2for radial distortions.

For 200 we need to construct the vadral-distortion estimator of multipoles, following Pe (1) = (21+1) Salt Se(t) So(-12) Pe(1) = < Pe(1)) Where $\mathcal{E}_{e}(k) = \frac{1}{N_g^3} \sum_{x} e^{i t \cdot x} \mathcal{E}_{e}(x) \mathcal{E}_{e}(x \cdot x)$ 7 i.e. neglecting 2 r. vs. r. r. r. ry using $\delta_{\mathbf{s}}(\mathbf{x}) = \delta(\mathbf{x}) + f \nabla \cdot \left[\hat{\mathbf{x}}(\hat{\mathbf{x}} \cdot \mathbf{u})\right]$ and dropping again "boundary term" we have, Selti) = 1/Ng3 x =itix d(x) de(tix) + f / Ng3 x =itix de(tix) iii Pilli $S_{e(e)} = \frac{\sum_{i} S_{i}(a_i)}{\frac{1}{4}} \left[\frac{1}{N_{i}} \sum_{i} e^{i(h-a_i)} \times \mathcal{L}_{e}(h-a_i) \right] + \frac{\sum_{i} \theta_{i}(a_i)}{\frac{1}{4}} \frac{q_i q_i}{q_i^2} \left[\frac{1}{N_{i}} \sum_{i} e^{i(h-a_i)} \times \mathcal{L}_{e}(h-a_i) \right]$ Now, the calculation of l=2 for example follows some path as before, only that now we have to calculate two more integrals δ(R') + f I θ_p $\delta_{e}(\vec{k}) = \frac{\sum_{q} \delta(q) \, T_{e}(\vec{k}, \vec{q})}{q} + \frac{\sum_{q} Q_{\bar{q}} \, \frac{q_{i} q_{j}}{q^{2}} \, T_{ij}^{(e)}(\vec{k}, \vec{q})}$ $P_{Q}(k) = (244) \int \frac{d^{2}k}{4\pi} \left\langle \sum_{q} S(q) J_{Q}(t,q) J_{Q}(t,q) + \int d^{2}q^{2} J_{ij}(t,q) \right\rangle \left\langle \sum_{q} \left(\sum_{q} J_{Q}(t,q) J_{Q}(t,q) + \int d^{2}q^{2} J_{ij}(t,q) \right) \right\rangle \left\langle \sum_{q} \left(\sum_{q} J_{Q}(t,q) J_{Q}(t,q) + \int d^{2}q^{2} J_{ij}(t,q) \right) \right\rangle \left\langle \sum_{q} \left(\sum_{q} J_{Q}(t,q) J_{Q}(t,q) + \int d^{2}q^{2} J_{ij}(t,q) \right) \right\rangle \left\langle \sum_{q} \left(\sum_{q} J_{Q}(t,q) J_{Q}(t,q) + \int d^{2}q^{2} J_{ij}(t,q) \right) \right\rangle \left\langle \sum_{q} \left(\sum_{q} J_{Q}(t,q) J_{Q}(t,q) + \int d^{2}q^{2} J_{ij}(t,q) \right) \right\rangle \left\langle \sum_{q} \left(\sum_{q} J_{Q}(t,q) J_{Q}(t,q) + \int d^{2}q^{2} J_{ij}(t,q) \right) \right\rangle \left\langle \sum_{q} \left(\sum_{q} J_{Q}(t,q) J_{Q}(t,q) + \int d^{2}q^{2} J_{ij}(t,q) \right) \right\rangle \left\langle \sum_{q} J_{Q}(t,q) J_{Q}(t,q) + \int d^{2}q^{2} J_{ij}(t,q) + \int d^{2}q^{2} J_{ij}(t,q)$ = NICHT JOER Z POR Jelta 3/4 = (2en) \ dek { P(k) Je(k,+k) + f hihi Jij (k,+k) P(h)+ + f \(\bar{2}\) P(q) Ie(\(\bar{k}, \bar{q}) \\ \frac{q_1 q_1}{q_2} \] J_{ij} (-\kappa + \bar{q}) + f \(\bar{2}\) P(q) \[\bar{q_1 q_2} \] J_{ij} (\bar{k}, \bar{q}) \] [\$i\$i Jii (-F4]) }

$$\frac{P_{e(k)}}{P(k)} = (2k+1) \int \frac{d^{2}k}{4\pi r} \left[\frac{1}{P_{e}(k,k)} + f + \frac{1}{N_{g}^{3}} \sum_{x} d_{e}(k,f) (k,f)^{2} + f \right] \\
+ f I_{e}(k,k) \frac{1}{N_{g}^{3}} \sum_{x} (k,f)^{2} + f^{2} \frac{1}{N_{g}^{3}} \sum_{x} d_{e}(k,f) (k,f)^{2} \frac{1}{N_{g}^{3}} \sum_{x} (k,f)^{2} \right] \\
+ f^{2} \frac{1}{N_{g}^{3}} \sum_{x} d_{e}(k,f) (k,f)^{2} \frac{1}{N_{g}^{3}} \sum_{x} (k,f)^{2} \right]$$

O So, first term is j'ast:

$$(2lH) \int \frac{d^2k}{4\pi} \int_{N_g^{2}} \sum_{x} k_e(x^2) = (2lH) \int_{N_g^{3}} \sum_{x} \underbrace{\begin{cases} \frac{d^2k}{4\pi} k_e(x^2) = \delta_{eo} \\ \frac{d^2k}{4\pi} \end{cases}}_{\delta_{eo}} = \delta_{eo}$$

2 Next term:

$$(2l+1) \int \frac{d^{2}l^{2}}{4ll^{2}} \frac{1}{N_{9}^{3}} \sum_{x} \int_{e}^{e} (R^{2}r^{2}) (R^{2}r^{2})^{2} = \frac{1}{N_{9}^{3}} \sum_{x}^{x} (2l+1) \int \frac{d^{2}l^{2}}{4ll^{2}} \int_{e}^{e} (R^{2}r^{2}) (R^{2}r^{2})^{2} = \frac{1}{N_{9}^{3}} \sum_{x}^{x} (2l+1) \int \frac{d^{2}l^{2}}{4ll^{2}} \int_{e}^{e} (R^{2}r^{2}) \left[\frac{2}{3} \int_{e}^{e} (R^{2}r^{2}) + \frac{1}{3} \int_{e}^{e} (R^{2}r^{2}) \right] = \frac{1}{N_{9}^{3}} \sum_{x}^{x} \left[\frac{2}{3} \int_{e}^{e} (R^{2}r^{2}) \int_{e}^{e} (R^{2}r^{2}) \right] = \frac{2}{3} \int_{e}^{e} (R^{2}r^{2}) \int_{e}^{e} (R$$

3) the third term is:

$$= \frac{1}{Ng^3} \sum_{x} \frac{1}{Ng^3} \sum_{x} (2lH) \left(\frac{32k}{4\pi} \mathcal{L}_{e}(x-P) (x-P)^2\right)^2$$

And using tensorial decomposition,

(2lH)
$$\int \frac{d^2k}{4\pi} \int_{\mathcal{L}} (k \cdot \hat{r}) k_i \hat{r}_i = \frac{\delta_{lo}}{3} + \frac{\delta_{lo}}{3} + \frac{\delta_{lo}}{3} (\hat{r}_i \cdot \hat{r}_i^2 - \frac{\delta_{ij}}{3})$$

$$\Rightarrow (2l+1) \int \frac{d^2h}{4\pi} \int_{\mathcal{C}} (h \cdot \hat{r}) (h \cdot \hat{r})^2 = \frac{1}{3} \delta_{10} + \delta_{12} \left[(\hat{r} \cdot \hat{r})^2 - \frac{1}{3} \right]$$

and two the flived term is,

$$\frac{1}{N_{9}^{3}} \sum_{x} \frac{1}{N_{9}^{3}} \sum_{x} \left\{ \frac{1}{3} \delta_{20} + \delta_{22} \left[(\hat{r} - \hat{r}')^{2} - \frac{1}{3} \right] \right\} = \\
= \frac{1}{3} \left(\delta_{20} - \delta_{21} + \delta_{22} \right) + \delta_{22} \sum_{N_{9}^{3}} \sum_{x} \frac{1}{N_{9}^{3}} \sum_{x} (\hat{r} \cdot \hat{r}')^{2}$$

we need to calculate the double sum

$$\frac{1}{Ng^3} \sum_{x} \frac{1}{Ng^3} \sum_{x'} (\hat{r}^{\lambda} \cdot \hat{r}^{\prime})^2$$

Hg3
$$\overline{x}$$
 Ng3 \overline{x} ?

but $\int_{Ng^3} \sum_{R^7} (\hat{r} \cdot \hat{r})^2$ is the same almoston as $\widehat{J}(\hat{r} \cdot \hat{r})$

but $\int_{Ng^3} \sum_{R^7} (\hat{r} \cdot \hat{r})^2$ is the same almoston as $\widehat{J}(\hat{r} \cdot \hat{r})$

= $(\hat{r} \cdot \hat{a})^2 + \mathcal{L}_2(\hat{r} \cdot \hat{a}) \left[\frac{1}{8\hat{R}^2} - \frac{1}{3} - \frac{\hat{R}^2}{8} + \frac{(\hat{k}^2 - 1)^3}{32\hat{R}^3} \ln{(\frac{\hat{R} + 1}{4^2})^2} \right]$

So:
$$\frac{1}{N_g^3} \sum_{\mathbf{X}} \frac{1}{N_g^3} \sum_{\mathbf{X}^1} (\hat{r} \cdot \hat{r}^1)^2 = \frac{1}{N_g^3} \sum_{\mathbf{X}} (\hat{r} \cdot \hat{\alpha})^2 + \left[\frac{3}{2} \frac{1}{N_g^3} \sum_{\mathbf{X}} (\hat{r} \cdot \hat{\alpha})^2 - \frac{1}{2} \right]$$

but $\frac{1}{N_{9}^{3}} \sum_{x} (\hat{r} - \hat{a})^{2}$ is $\hat{J}(\hat{a}, -\hat{a})$ so:

$$\Rightarrow = 1 + [] + [] (\frac{3}{3} [] + \frac{3}{3} - \frac{1}{2}) = 1 + 2[] + \frac{3}{2} []$$

$$\frac{1}{N_{g^{3}}} \sum_{x} \frac{1}{N_{g^{3}}} \sum_{x} (\hat{r}.\hat{r}')^{2} = 1 + 2 \left[\frac{1}{2} + \frac{3}{2} \right]^{2}$$

$$= 0$$

(with supparsion
$$\delta \simeq 1 + 2 \left(-\frac{2}{5}\right) \left(\frac{R}{4}\right)^2 + \cdots$$

 $\begin{bmatrix} 3 = \frac{1}{8R^2} - \frac{1}{3} - \frac{R^2}{8} + \frac{1}{8} \end{bmatrix}$

+ (R2-1)3 ln (RH)2

Thus, the third term is then,

$$\frac{1}{3} \left(\delta_{\ell_0} - \delta_{\ell_2} \right) + \delta_{\ell_2} \mathcal{D}$$

a the lest or(f2) term is,

$$\frac{1}{N_g^3} \sum_{\vec{x}} \frac{1}{N_g^3} \sum_{\vec{x}'} \frac{(2\ell H)}{(2\ell H)} \int \frac{d2k}{4\pi} dk (\vec{k} \cdot \vec{P}) (\vec{k} \cdot \vec{P})^2 (\vec{k} \cdot \vec{P}')^2$$

Now we need tensonial de composition with 4 indices:

$$\int f(\hat{k}\cdot\hat{r}) \hat{k}_{i} \hat{k}_{i} \hat{k}_{k} = \frac{1}{4\pi} = \left\{ \hat{k}_{i} \hat{k}_{i} \hat{k}_{k} - \frac{1}{4} \left[\delta_{ij} \hat{k}_{k} \hat{k}_{k} + cyc. \right] + \frac{1}{35} \left[\delta_{ij} \delta_{k} e + cyc. \right] \right\} \int f d_{4}(\hat{k}\cdot\hat{r}) d_{4}(\hat{k}\cdot\hat$$

Where

Signification =
$$\delta_{ij}$$
 δ_{k} \hat{c}_{i} + δ_{jk} \hat{c}_{i} \hat{c}_{i} + δ_{ke} \hat{c}_{i} \hat{c}_{i} + δ_{ke} \hat{c}_{i} \hat{c}_{i} + δ_{ke} \hat{c}_{i} \hat{c}_{i} + δ_{ke} \hat{c}_{i} \hat{c}_{i} + δ_{ik} \hat{c}_{i} \hat{c}_{i} + δ_{je} \hat{c}_{i} \hat{c}_{k}

(F)

That expression can be checked by contracting with $\delta ij \delta ke$, $\delta ij f k$ \hat{k} and $f \hat{k} \hat{l} \hat{l} \hat{k}$ both sides and veryifying it works. Now, in our case f = 200 kg, so Using orthogonality we have,

Thus the fourth term reads:

$$\frac{1}{N_{9}^{3}} \sum_{k} \frac{1}{N_{9}^{3}} \sum_{k} \left\{ \left[(\hat{F} \cdot \hat{F}^{1})^{2} - \frac{1}{7} \left(\frac{1}{5} (\hat{F} \cdot \hat{F}^{1})^{2} + \frac{1}{35} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right) \right] \delta_{2} d_{1} + \left[\frac{1}{7} \left(\frac{1}{7} (\hat{F} \cdot \hat{F}^{1})^{2} + \frac{1}{35} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right) \right] \delta_{2} d_{2} + \left[\frac{1}{7} \left(\frac{1}{7} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{35} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{35} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2} \right] \delta_{2} d_{2} + \left[\frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) + \frac{1}{15} (\Delta + 2(\hat{F} \cdot \hat{F}^{1})^{2}) \right] \delta_$$

We can now put things together:

$$\frac{P_{e(h)}}{P(h)} = \delta_{lo} + f\left(\frac{1}{3}\delta_{lo} + \frac{2}{3}\delta_{e2}\right) + f\left(\frac{1}{3}(\delta_{lo} - \delta_{e2}) + \mathcal{D}\delta_{e2}\right)$$

$$= \delta_{\varrho_0} + f \left[\frac{2}{3} \delta_{\varrho_0} + \left(\frac{1}{3} + \delta \right) \delta_{\varrho_2} \right] +$$

$$f^{2}$$
 [$1+2D S_{10} + 1+MD S_{12} + \frac{12D-4}{35} S_{24}$]

Now we can double check multipole by multipole:

$$\frac{10}{P_0} : \frac{\Delta P_0}{P_0} = \frac{2f^2(D-1)}{15} = \frac{2f^2(D-1)}{1+\frac{2}{3}f+\frac{f^2}{5}} = \frac{8f^2}{7} = \frac{\hat{R}^2}{1+\frac{2}{3}f+\frac{f^2}{5}} = \frac{2gme}{result}$$
\text{ result as before }

$$\frac{l=2}{P_2}: \frac{\Delta P_2}{P_2} = \frac{f(D-1) + f^2 \frac{4}{2}(D-1)}{\frac{4}{3}f + \frac{4}{3}f^2} \simeq -\frac{4}{5}f^2 \frac{5}{4}(1+\frac{2}{3}f)$$

$$\Rightarrow \frac{\Delta P_2}{P_2} \simeq -\frac{3}{5} \frac{\Lambda^2}{1 + \frac{3}{7} f} \qquad \frac{1 + \frac{14}{7} f}{1 + \frac{3}{7} f} \qquad \frac{7}{340} \simeq -0.156 \qquad (5.6)$$

$$f_{\sim 1/2} \qquad f_{1} \times ed - Los \qquad \text{where}$$

Note it gives some result as doing std granding std granding std granding std grandings the quadrupole, so something is wrong obviously!

$$\frac{\Delta P_{4}}{P_{4}} = \frac{124^{2}(3-1)}{35} = \frac{3}{2}(3-1) \approx -\frac{6}{5} R^{2}$$