SECURING YOUR COMPUTER – BASIC STEPS (ADVANCED/PARANOID IN ITALICS)

Task
install Chrome
install uBlock Origin
install Privacy Badger
make sure OS + software updates are automatic
use strong passphrases and a password manager
change any duplicated and defaulted passwords
enable 2FA for e-mail (and other services)
install a password manager
set up lock screens on your devices
set up backups (local and offsite)
encrypt your laptop and phone
learn what bad SSL/TLS looks like (https://badssl.com)
uninstall random crap
turn off word macros
turn down app permissions
learn to use incognito mode
install the ACLU "Mobile Justice" app
install Signal
install Tor
turn off javascript?
clean up your browser fingerprint? (http://panopticlick.eff.org)
use virtual machines?