SUMMER HOLIDAY ATHLETICS TRAINING 2019



HERNE HILL HARRIERS STAR: TRACK APPLICATION FORM TOOTING BEC TRACK, TOOTING BEC ROAD, LONDON SW17 3NP

WEEK 1 TUESDAY 23TH JULY to FRIDAY 26TH JULY

WEEK 2 MONDAY 29TH JULY to FRIDAY 2ND AUGUST

WEEK 3 MONDAY 5TH AUGUST to FRIDAY 9TH AUGUST

WEEK 4 MONDAY 12TH AUGUST to FRIDAY 16TH AUGUST

WEEK 5 MONDAY 219TH AUGUST to FRIDAY 23RD AUGUST

WEEK 6 TUESDAY 27TH AUGUST to FRIDAY 30TH AUGUST

WEEK 7 MONDAY 2ND SEPTEMBER to WEDNESDAY 4TH SEPTEMBER

10.30 am - 2.30 pm each day