1 ((Bird)dodo).ability

dodo gets cast into a Bird and since Bird gets the ability "Fly", the output of the dodo's attribute ability is "Fly".

2 dodo.ability

The dodo instance receives its ability attribute from the Dodo class which sets the ability to "Run". Therefore, the output is "Run".

3 dodo.getAbility()

The method getAbility() in the Dodo class calls the getAbility() method of the superclass Bird. This is why the output is "Fly".

4 parrot.allAbilities()

The method allAbilities() of the Parrot class calls the allAbilities() method of the superclass Bird and adds its own ability attribute "Talk" to it. Therefore, you receive "Fly Talk" as output.

5 parrot.ability

The ability attribute defined in the Parrot class is "Talk" which is shown in the output of the parrot instance.

6 carsten.ability

The Bird variable carsten is initialized with the Dodo constructor. But since it is an instance of Bird, its ability is "Fly". This is possible because of the substitution principle.

7 ((Bird)carsten).allAbilities()

When the Bird instance carsten is explicitly cast into a Bird it is still instanciated with the Dodo constructor which is why the output is "Run".

8 einstein.allAbilities()

The Bird einstein is set to the reference of parrot which is an instance of Parrot . Therefore, its abilities are "Fly" and "Talk". "Fly" from the Bird superclass and "Talk" from the Parrot class.

9 einstein.getAbility()

When calling getAbility() on the Bird einstein it only returns its Bird ability attribute "Fly".

10 ((Parrot)einstein).ability

Now that the Bird einstein is cast into a Parrot, einstein.ability is overwritten to "Talk".

After that a ClassCastException is raised because Parrot and Bird are not subclasses of Dodo.