



DEAR DELEGATE

Thank you for booking a place on the Advanced Skills :Minor Illness Course. This course includes a series of learning units accessed on a weekly basis. The sessions are audio presentations by GP's, nurse practitioners and pharmacists who are experts in the field.

You will receive login details to access the learning units. The pre-course workbook must be completed before you access the audio files. There are links to videos and podcasts. Please listen to these to support your learning. The audio files are followed by an MCQ that must be completed before you progress to the next learning unit as it also provides us with evidence that you completed the unit.

The focus is on clinical decision-making when assessing patients who present with minor ailments. A case study approach will be used in providing you with tools to identify red flags, safety net patients and provide worsening care advice.

The Learning Units are:

LEARNING UNITS

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| 1. History taking and Documentation | : Jeshni Amblum-Almer, ANP |
| 2. Respiratory | : Dr Rubab Ahmed, Respiratory Consultant |
| 3. ENT | : Dr Sanjeev Kalia, GP |

LEARNING UNITS

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| 4. Clinical Decision-making in Headaches | : Dr Parmy Deol, GP Urgent Care |
| 5. Back Pain | : Dr Parmy Deol, A&E consultant |
| 6. Eyes | : Jeshni Amblum-Almér |

LEARNING UNITS

7. Dermatology	: Kirsty Armstrong, Senior Lecturer/Dr Parekh
8. Gynae and Menopause in General Practice	: Dr Hayley Jenkins FSRH
9. Contraception and Sexual Health	: Dr Hayley Jenkins, GP

LEARNING UNITS

10. Abdominal Pain	: Dr Hasan Nour, A&E Reg
11. Mental Health	: Dr Balu Pitchiah, Consultant Psychiatrist
12. Antimicrobial Stewardship	: Aneela Tehseen, Senior Pharmacist

- Lecturers are subject to change

COMPLETION OF LEARNING UNITS

You can complete the course by accessing the units in any order you prefer. We recommend you start with the History Taking. You can make an appointment with the course director to discuss any subjects on the course.

COURSE MATERIAL

LMS login details will be sent on completion of payment. The login details and password will allow access onto our on-line LMS platform, which has the audio files, videos, interesting articles and resources for the course.

You will also receive an optional Skills Portfolio to complete in clinical practice. This needs to be negotiated between you and the clinical placement and does not need to be submitted. We do offer a separate mentorship programme.

CERTIFICATES

Delegates will be given a certificate on completion of all the learning units and MCQ's and providing all payments have been made in full. Your accreditation certificate will be emailed to you by CPDUK about 28 days after completion of the course.

FREE WEBINARS

Menopause Dr Hayley Jenkins, GP who specialises in Women's Health

Dizziness in general practice Dr Rakesh Chopra, GP and ENT Specialist

ENT Disorders Dr Rakesh Chopra

Headaches and Back Pain Dr Parmy Deol, A&E Consultant

CONTACT US

Please contact your course director Jeshni Amblum if you require any support during this course.

Mobile :07837956538

Office: 0207 692 8709

Email : jeshni@belmatt.co.uk

Office Email: info@belmatt.co.uk

Contact Staffan on itsupport@belmatt.co.uk if you are having any problems with access. Any other queries to be directed to admin@belmatt.co.uk.

Do not hesitate to contact us if you have any queries. We are here to guide you and support you through your journey in primary care.

Kind Regards,

Jeshni Amblum-Almér

MA Health Law and Ethics, Pg Cert Education, FHEA

President Elect: General Practice and Primary care Section at the Royal Society of Medicine,

Member International Medical Ethics

Course Director

Belmatt Healthcare Training

Suite 570, 405 Kings Road, Chelsea, SW10 0B

