**To**  : **COMING, LLOYD P., LPT, MAED**

**Subject : TEACHING LOAD**

**Date** : **July 25, 2025**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **TIME** | **COURSE TITLE** | **COURSE DESCRIPTION** | **UNITS** | **DAY** | **TERM** | **SECTION** |
| 8:00-9:45 | PE 3 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | MON | SEM | BTLED 1-2 |
| 10:00-11:45 | PE 3 | Physical Activities Toward Health &Fitness (PATH-FIT 3) | 2 |  | SEM | BTLED 2-2 |
| 1:00-2:45 | PE 3 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 |  | SEM | BTLED 1-1 |
| 3:00-4:45 | PE 3 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 |  | SEM | BTLED 2-1 |
| 8:00-9:45 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | TUE | SEM | BSBA FM 1-2 |
| 10:00-11:45 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 |  | SEM | BSBA FM 1-3 |
| 1:00-2:45 | PE 3 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 |  | SEM | BSBA FM 1-1 |
| 3:00-4:45 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 |  | SEM | BSTM 1-4 |
| 8:00-9:45 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | WED | SEM | BSTM 2-3 |
| 10:00-11:45 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 |  | SEM | BSTM 1-5 |
| 1:00-2:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSTM 2-1 |
| 3:00-4:45 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 |  | SEM | BSTM 2-4 |
| 8:00-9:45 | PE 3 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | THU | SEM | BSTM 2-2 |
| 10:00-11:45 | PE 3 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 |  | SEM | BSTM 2-5 |
| 1:00-2:45 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 |  | SEM | BSBA FM 1-4 |
| 3:00-4:45 | PE 3 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 |  | SEM | BSBA FM 1-5 |
| 8:00-9:45 | PE 3 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | FRI | SEM | BSBA FM 2-2 |
| 10:00-11:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSBA FM 2-3 |
| 1:00-2:45 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 |  | SEM | BSBA FM 1-6 |
| 3:00-4:45 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 |  | SEM | BSBA FM 2-1 |

**To**  : **COMING, LLOYD P., LPT, MAED**

**Subject : TEACHING LOAD**

**Date** : **July 25, 2025**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **TIME** | **COURSE TITLE** | **COURSE DESCRIPTION** | **UNITS** | **DAY** | **TERM** | **SECTION** |
| 8:00-10:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA MM 1-3 |
|  | PE 1 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 | Sat | SEM | BSBA MM 1-4 |
| 10:00-12:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA MM 1-5 |
|  | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA MM 1-6 |
| 1:00-3:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA MM 2-1 |
|  | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA MM 2-2 |
| 3:00-5:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA MM 2-3 |
|  | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA MM 2-4 |
| **TOTAL UNITS** | | | **56** |  | | |

***Full-time Faculty: DBC Moderator – Load Release 3 units***

*Teaching Load: 21 units (7 loads)*

*Overload: 35 units (11.67 loads)*

*Consultation Hour: Monday – 10:00-11:00 am*

**To**  : **BASIO, FRANCIS LLOYD**

**Subject : TEACHING LOAD**

**Date** : **July 25, 2025**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **TIME** | **COURSE TITLE** | **COURSE DESCRIPTION** | **UNITS** | **DAY** | **TERM** | **SECTION** |
| 8:00-10:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSED Math 1-1 |
|  | PE 1 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 | Sat | SEM | BSBA HRM 1-2 |
| 10:00-12:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA HRM 1-3 |
|  | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA HRM 1-4 |
| 1:00-3:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA HRM 1-1 |
|  | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA HRM 1-5 |
| 3:00-5:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA FM 2-4 |
|  | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA HRM 2-1 |
|  |  | **TOTAL UNITS** | **16.0** |  |  |  |

***Part-time Faculty:***

*Teaching Load: 16 units (5.33 loads)*

**To**  : **PARENAS, Mary Ann, LPT**

**Subject : TEACHING LOAD**

**Date** : **July 29, 2024**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **TIME** | **COURSE TITLE** | **COURSE DESCRIPTION** | **UNITS** | **DAY** | **TERM** | **SECTION** |
| 8:00-10:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSAB 1-1 |
|  | PE 1 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 | Sat | SEM | BSAB 1-2 |
| 10:00-12:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSAB 1-3 |
|  | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSAB 1-4 |
| 1:00-3:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSAB 1-5 |
|  | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA HRM 1-6 |
| 3:00-5:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSAB 2-1 |
|  | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSAB 2-2 |
|  |  |  | **16** |  |  |  |

*Part-time Faculty:*

*Overload: 16 units (5.33 loads)*

**To**  : **UTRAM, KYLE, LPT**

**Subject : TEACHING LOAD**

**Date** : **July 29, 2024**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **TIME** | **COURSE TITLE** | **COURSE DESCRIPTION** | **UNITS** | **DAY** | **TERM** | **SECTION** |
| 8:00-9:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 | MON | SEM | BSED ENG 1-2 |
| 10:00-11:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSED ENG 2-2 |
| 1:00-2:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSED ENG 1-1 |
| 3:00-4:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSED ENG 2-1 |
| 8:00-9:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 | TUE | SEM | BSED ENG 2-3 |
| 10:00-11:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSED VE 1-2 |
| 1:00-2:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSED SS 1-1 |
| 3:00-4:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSED SS 2-1 |
| 8:00-9:45 | PE 1 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 | WED | SEM | BSED VE 2-2 |
| 10:00-11:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSENT 1-2 |
| 1:00-2:45 | PE 1 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSED VE 2-1 |
| 3:00-4:45 | PE 1 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSED VE 1-1 |
| 8:00-9:45 | PE 1 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 | THU | SEM | BSENT 2-2 |
| 10:00-11:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSENT 2-3 |
| 1:00-2:45 | PE 1 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSENT 1-1 |
| 3:00-4:45 | PE 1 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSENT 1-3 |
| 8:00-9:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 | FRI | SEM | BSTM 1-2 |
| 10:00-11:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSTM 1-3 |
| 1:00-2:45 | PE 1 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSENT 2-1 |
| 3:00-4:45 | PE 3 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 |  | SEM | BSTM 1-1 |

**To**  : **UTRAM, KYLE, LPT**

**Subject : TEACHING LOAD**

**Date** : **July 25, 2025**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **TIME** | **COURSE TITLE** | **COURSE DESCRIPTION** | **UNITS** | **DAY** | **TERM** | **SECTION** |
| 8:00-10:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSAB 2-3 |
|  | PE 1 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 | Sat | SEM | BSAB 2-4 |
|  | PE 1 | Physical Activities Toward Health & Fitness (PATH-FiT 1) | 2 | Sat | SEM | BSED ENG 2-1 |
| 10:00-12:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSAB 2-5 |
|  | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA HRM 2-2 |
| 1:00-3:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA HRM 2-3 |
|  | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA HRM 2-4 |
| 3:00-5:00 | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA MM 1-1 |
|  | PE 1 | Physical Activities Toward Health &Fitness (PATH-FIT 1) | 2 | Sat | SEM | BSBA MM 1-2 |
| **TOTAL** | | | **56** |  | | |

***Full time Faculty: Sports Coordinator (Load Release – 3 units)***

*Teaching Load: 21 units (7 loads)*

*Overload: 35 units (11.67 loads)*

*Consultation Hour: Monday 12:00-1:00 pm*