How to Hold Your Breath Paperback
by Zinnie Harris (Author)

4.3 4.3 out of 5 stars 21 ratings 3.6 on Goodreads 127 ratings

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Because we live in Europe. Because nothing really bad happens. The worst is a bit of an inconvenience. Perhaps not such a good mini break. But really in the grand scheme of life, not so bad. Starting with a seemingly innocent one night stand, this dark, witty and magical play by Zinnie Harris dives into our recent European history. An epic look at the true cost of principles and how we live now, How to Hold Your Breath premiered at the Royal Court Theatre in February 2015.