Firmware:

https://files.waveshare.com/wiki/SIM7670G-LTE-Cat-1-GNSS-HAT/firmware/2368B01SIM767X M5A M SIM7670G-MNGV V202240307.rar

Tool to flash:

https://files.waveshare.com/wiki/SIM7670G-LTE-Cat-1-GNSS-HAT/firmware/FlashTools V4.0.7. zip

Video tutorial:

https://files.waveshare.com/wiki/SIM7670G-LTE-Cat-1-GNSS-HAT/firmware/SIM7670-firmware.zip