

## Food



5 Food

"The soil is the great connector of lives, the source and destination of all. It is the healer and restorer and resurrector, by which disease passes into health, age into youth, death into life. Without proper care for it we can have no community, because without proper care for it we can have no life."

— Wendell Berry, *The Unsettling of America: Culture and Agriculture*

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"The ultimate goal of farming is not the growing of crops, but the cultivation and perfection of human beings."

— Masanobu Fukuoka, *The One-Straw Revolution*

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“As no man is born an artist, so no man is born an angler.”

— Izaak Walton, *The Compleat Angler, or the Contemplative Man's Recreation*

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"There is a fine line between fishing and just standing on the shore like an idiot."

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19/52

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— Virginia Woolf, *A Room of One's Own*

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