

Today we read out “Where the wild things are” to improve our storytelling skills. We split off into groups of two and I was paired with Mahair. She’s a very good speaker. She owns the room and speaks confidently, yet she does not come off as overly casual and she still grabs your attention. We first recorded ourselves telling the story without any exercises or guidance, then we told the story again after being told to do the vagus nerve exercises we’ve been taught, and to tell it as if we are telling it to a child. We recorded both videos and the second one shows me as much more relaxed but also engaged. My cadence is very good in the video, I thought of how my old librarians used to read books to us in elementary school.