THEA150 Matt H
Journal 1 12 Sept 2022

3 Cups of tea

I didn't really expect to stumble over my words while talking about something as simple as who I am and my lineage. Yeah sure I don't know my family line the best, but I should have at least been able to be confident enough in it to know how it has helped shaped me as a person. I think this is my old tendency to be reserved and quiet out of fear that people simply don't care what I have to say. It's a dying tendency or trait thankfully, but it still manages to make surprise reappearances sometimes. I went in with a plan, but somewhere along the talk I slipped off the roadmap and instead of stumbling around I retreated and cut my talk short. It was unfortunate but I felt that was honestly the better move than trying to stumble forward and catch myself or risk stumbling more and more.

First rounds didn't have any feedback given to speakers, but I noticed I was unbelievably tense and almost blacked out or went into autopilot until I fell off the track.

For the second round, we were asked "what is your purpose – what matters to you, what has meaning for you". It's a bit of a loaded question to come back from and have something presentable within 5 minutes (or whenever one presents). It's the repeated question that dad asks me except more about passion. Rightfully so though with no goal where are you to aim? I split my answer into two parts, perhaps to make up for the shortened length of the first talk, or maybe even as insurance. Some people spoke for 5+ minutes straight in the first one, but after drifting off the roadmap and retreating back, I think mine was maybe one minute. I knew it wasn't about the content of the presentation but more about how you presented it. My focus for the second segment was to construct my roadmap well enough that I can confidently stick to it as to not drift off and have to retreat like the first time. I definitely was a lot more confident in my presentation, maybe it was because I was more attentive to those before me, or maybe it was because I was listening to the feedback they gave and received for each presenter. Chanel said that I looked much more confident and comfortable in my second talk compared to my first which reflected what I felt. I hope to not be too redundant in these, I'm just writing things out candidly as they come.

For my meaning I divided it into the academic/career side of life, and the community/sport side of life. My main point was to make electronics and hardware more accessible to anyone and everyone who could want to tinker, whether its because of financials, technology access, or just skill, find a way to make get them something they can build with.

I opened up about how I never really felt like I fit in with players in the dressing room when I was younger. Some people got into quite emotional stuff and the class supported them which was incredible. The prof did a good job at being welcoming and creating an incredibly wholesome environment in a day. I brought up how I really only felt a good sense of community with guys I was training with (Kais and Fortius) and how we would hang around way longer than our workouts. Those were some unbelievable guys I met there and am so glad to be a part of the Fort family while it lasted until the gym got sold.

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I tend to get carried away with focusing on the content of my presentation as opposed to the presentation itself. I think its because im extremely analytical and my engineer brain gravitates me that way to be more concerned with facts and objective things rather than how they are presented.