

That it. That's the end of the course. I have finally made it through, and to be honest, I can't stop watching the video of my final presentation. I am SO PROUD of how well that went. I have developed so much as a presenter and speaker since the start of the term. I spoke with confidence, and I owned the room. I had it all to me. And I didn't feel on the spot at all. I didn't fear any judgement from the crowd like I used to, the anxiety had vanished; I have gotten through it. Without a doubt this course has helped me develop my skills, and Mr. Renn said at the start that you can only get better at it by doing it. I've gotten rid of my crutches and fidgets, and I have learned I have a good voice, and to use it to own the room and claim control of it. I am by no means perfect, but I am so proud of the progress I've made this term.

I was pulling my ears and tapping my feet outside the class to get the vagus nerve calmed down, and of course the practice reps from the week before helped instill my confidence in the speech. I've learned that one big part of giving a confident presentation for me is being confident in the material I am presenting. My style was less casual than it was in the middle of the semester when I was overcompensating to cover up my nervousness. I figured if I presented like a casual conversation with friends, that I could convince myself that the presentation held that same low level of formality.

I really am glad I stuck with this course over the other three options I was considering. I'm incredibly thankful for the people I got to meet through this course. The University has some amazing people and it's such a change of pace outside the engineering faculty (not saying they're all bad, but most engineers are similar, no matter how little we like to admit it). I only do get one elective in my whole degree, and I do not regret choosing this course as my one.