

Presented Chanel and her 3 cups today. Went better than the first week honestly. I don't know if it's a factor of me being more comfortable with the people in the class or if its actually me being more comfortable with public speaking in general. Probably a mix of both. Either way I'm way more comfortable speaking in front of the class now. I still stumbled actually instantly when I was presenting, but managed to get myself back on track and get all the points I needed to. I left out some parts like her Grandma dying on the same day her husband did ~70ish years later after not dating or seeing anyone else after her husband died.

No real nervousness though other than when I fell off my roadmap, but I reeled myself back and was way more calm and didn't really do any autopiloting this time around, which was relieving. It's good to see progress.