

# Non-Invasive Analysis For Health <sup>1</sup>

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<sup>1</sup>Based on the paper "Contactless Health Monitoring: An Overview of Video-based Techniques Utilising Machine/Deep Learning"

# Outline

1. Introduce
2. Heart Rate (HR)
3. Respiratory Rate (RR)
4. Body Temperature (BT)

# 1: Introduce

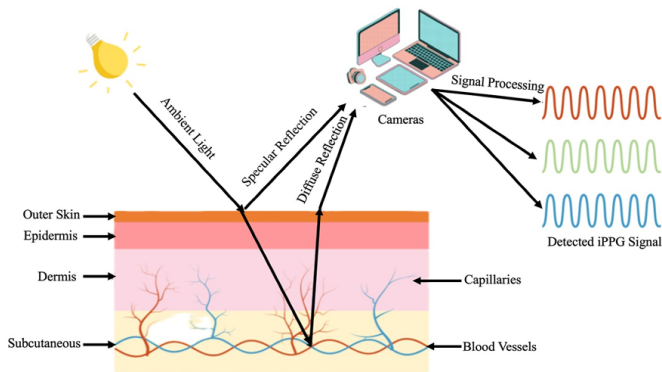
# 1: Introduce

- Core Technology: iPPG (imaging Photoplethysmography)
- Our Approach:
  - ▶ Apply advanced Machine Learning (ML) and Deep Learning (DL).
  - ▶ Goal: To robustly analyze noisy data and accurately extract health metrics.

## What is iPPG?

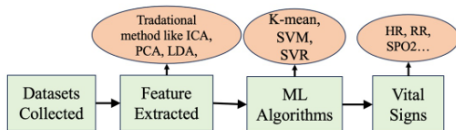
- A non-contact technology that uses a camera to measure vital signs.
- **How it Works:** It detects microscopic skin color changes from a video.
- **The Cause:** These color changes are caused by the pulse (blood volume changing with each heartbeat).
- **The Goal:** To remotely extract signals like heart rate, breathing rate, and blood pressure.

# Illustrates

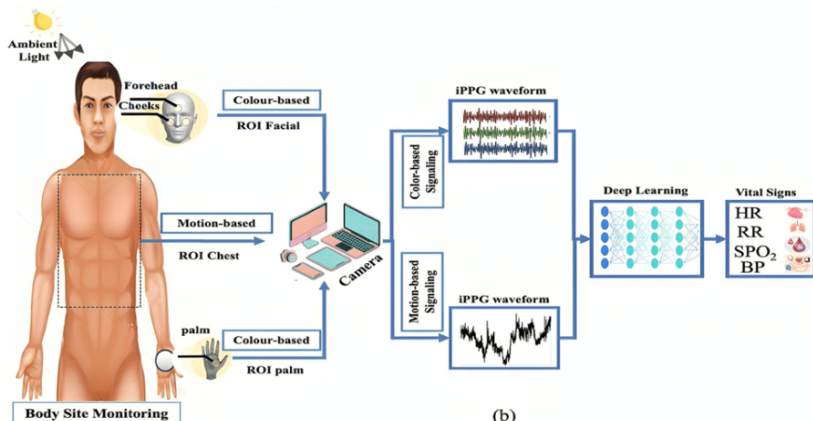


**FIGURE 1** | Illustrates the process of extracting the iPPG signal from the three channels (red-green-blue) to acquire vital signs

# iPPG Processing: ML vs. DL Approaches



(a)



(b)

## 2: Heart Rate (HR)

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# Extract HR based on ML

- Step 1: Region of interest (ROI) selection
- Step 2: ML-Based Signal Processing Pipeline
  - ▶ ICA (Independent Component Analysis)
  - ▶ LR (Linear Regression)
  - ▶ Bayesian approach
  - ▶ Random Forest (RF) & K-means
  - ▶ SVM (Support Vector Machine)



# Extract HR based on DL

- Step 1: Core Method: End-to-End Learning
- Step 2: Deep Learning Architectures:
  - ▶ Hybrid (CNN + RNN)
  - ▶ Attention Mechanisms: DeepPhys, MTTS-CAN.
  - ▶ Multi-scale Models: MSSTNet, GLISNet.

### 3. Respiratory Rate (RR)

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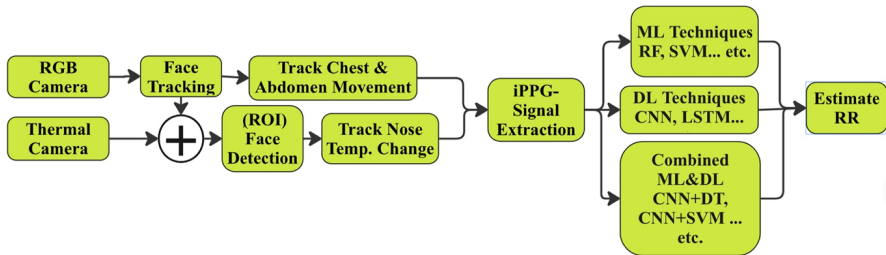
# Extract RR based on ML

- Method 1: Thermal Camera (Nose Tracking)
- Method 2: RGB Camera (Motion Tracking)
- Specific ML Algorithms (for RGB Method):
  - ▶ Linear Regression (LR)
  - ▶ Random Forest (RF)
  - ▶ Binary Decision Tree (DT)
  - ▶ Other Classifiers (K-star, Rotation Forest)

# Extract RR based on DL

- **Focus:** Using Deep Learning (DL) with standard RGB cameras.
- **Key Insight:** Analyzing pixel motion (movement) is more accurate than analyzing pixel intensity (color changes) for RR.
- DL Techniques:
  - ▶ EVM (Eulerian Video Magnification).
  - ▶ Optical Flow.
  - ▶ Spatiotemporal Architectures: LSTM, 1D-CNN, 3D-CNN.
  - ▶ Simultaneous Prediction.
  - ▶ Hybrid Models.

# Diagram



**FIGURE 6** | Diagram showing how thermal/colour cameras with ML/DL can predict RR.

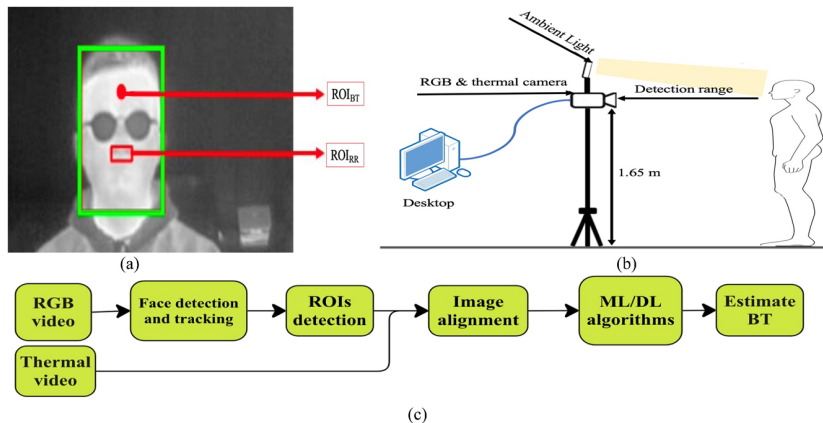
## 4. Body Temperature (BT)

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# Body Temperature

- Core Technology (Inputs): Thermal Cameras or RGB Cameras
- General Algorithm Workflow:
  - ① Face/ROI Detection
  - ② Best-ROI Selection
  - ③ Temperature Extraction Classification.
- Specific ML/DL Algorithm Examples:
  - ▶ KNN: Used for classification
  - ▶ Logistic Regression: Also used for classification
  - ▶ V-TEMP: A novel method designed for RGB cameras. It estimates skin temperature based on the skin's light reflectance properties.
  - ▶ Hybrid DL (SSD): A system using an SSD for face detection followed by temperature extraction from the ROI

# Illustrates



**FIGURE 10** | (a) Illustration of vital signs measurement experiment setup [88], (b) locations of ROI (RR) and ROI (BT) on simultaneous thermal image [88] and (c) workflow for BT estimation using RGB camera and thermal cameras.