



Food Allergy and Intolerance Guide

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Product	Artificial Flavor	Autolyzed Yeast	BHA	Black Pepper	Caffeine	Chili Powder	Cilantro	Cinnamon	Corn products	Cottonseed	Egg	Flour	Garlic	Gluten	Iron	Milk Products	Onion	Palm Kernel Oil	Paprika	Partial Hydrogenated Oils	Red # 40	Salt	Silicon Dioxide	Soy Products	Tree Nuts	Turmeric	Vegetarian	Yellow # 5 and #6
Amazing Amaretto Cheesecake Mix	X								X																		X	
Apple Pecan Vinaigrette Mix																	X							X			X	
Awesome Oatmeal Cookie Mix								X	X			X		X	X							X					X	
Bacon Cheeseburger Meatloaf Mix	X								X			X		X	X	X	X				X	X	X	X			X	
Baked Bean Mix		X		X					X				X				X					X	X				X	
Baked Potato Soup Mix	X	X	X	X					X				X			X	X				X		X	X	X		X	
Basic Cheesecake Mix	X								X														X				X	
Basic Sweet Bread Mix	X													X							X			X			X	
Beef and Barley Stew Mix				X					X					X			X					X		X				
Black Bean Salsa Mix							X		X								X					X					X	
BLT Dip Mix	X								X			X									X	X	X	X			X	
Bodacious Butterscotch Pie Mix	X											X		X	X							X	X				X	
Bonnie's Blue Ribbon Mix						X			X	X			X			X	X		X	X		X		X		X		
Breakfast Pastry Puffs Mix								X				X		X	X							X					X	
Buffalo Wing Sauce Mix *													X			X			X	X		X					X	
Carrot Cake with White Chocolate Icing Mix	X							X	X			X		X	X							X	X				X	
Chicken Enchilada Soup Mix				X		X			X	X			X		X	X	X				X		X	X	X		X	X
Chicken Noodle Soup Mix	X	X							X					X		X	X				X		X		X		X	
Chipotle Seasoning Mix (Steakhouse Rub)									X				X	X			X					X	X	X			X	
Chocolate Chip Cookie Pie Mix	X				X				X			X		X	X									X	X		X	
Chocolate Chunk Cookie Mix	X				X				X			X		X	X							X					X	
Chocolate Pecan Cheesecake Mix	X				X				X							X		X		X			X	X	X		X	
Cilantro Citrus Seasoning Mix							X		X				X									X	X				X	
Cilantro Lime Chicken Salad Mix							X		X				X									X	X				X	
Cinnamon Pecan Streusel Cake Mix *	X							X				X		X	X							X	X		X		X	



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Cinnamon Sopapilla Dessert Mix	X							X																			X	
Cinnamon Spice Makes Everything Nice Tea	X							X																			X	
Coleslaw Dressing Mix																	X										X	
Cool Cucumber Dip Mix	X												X														X	
Cool Lemonade Cheesecake Mix									X																		X	
Cornbread Casserole Mix				X		X			X			X	X	X	X		X					X		X		X	X	
Country Style Gravy Mix	X	X							X	X		X		X	X	X	X			X		X		X		X		
Cranberry Almond Pasta Mix														X			X										X	
Cranberry Margarita Party Blender Mix	X																										X	
Creamy Corn Chowder Soup Mix	X	X		X					X							X	X			X		X		X		X		
Creamy Italian Casserole Mix									X			X		X	X	X	X					X	X				X	
Double Chocolate Brownie Mix *	X											X		X	X	X											X	
Garlic and Parmesan Bread Dippin' Mix									X				X			X	X					X					X	
Garlic Basil Seasoning Mix													X				X					X	X				X	
Garlic Lemon Marinade Mix	X	X		X					X				X			X	X		X	X		X		X		X		
Garlic Pesto Pasta Mix													X	X			X					X	X		X		X	
Grandma's Buttermilk Pie Mix									X			X		X	X												X	
Grandmother's Sunday Roast Mix	X	X				X			X				X			X	X			X		X		X		X		
Gusto Garlic Peasto Cheeseball Mix																	X					X	X				X	
Hearty Beef and Vegetable Soup Mix				X					X					X			X					X		X				
Homestyle Spaghetti Sauce Mix									X				X				X					X					X	
Italian Mozzarella Meatloaf Mix									X			X		X	X	X	X			X		X		X			X	
Italian Red Pepper Bread Dippin' Mix													X														X	
Jalapeno Bacon Cheddar Mix	X								X											X	X	X	X	X			X	
Jalapeno Ole Soup Mix	X															X				X	X	X	X	X			X	X



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Kansas City Rub Mix				X					X			X	X	X					X				X	X	X			X	
Key Lime Cheesecake Ball Mix	X								X														X					X	
Lemon Poppyseed Seasoning Mix																	X						X					X	
Lemon Sandwich Cookie Mix	X								X			X		X	X								X	X				X	
Louisiana Gumbo Seasoning Mix				X					X				X				X		X				X	X				X	
Mango Iced Tea Mix																												X	X
Maria's Salsa Mix							X						X										X	X				X	
Mediterranean Medley Seasoning		X							X				X	X									X		X			X	
Mediterranean Pasta Salad Mix				X					X				X	X			X		X				X		X		X	X	
Mini Pecan Pie Muffin Mix									X			X		X	X										X			X	
Mock Spinach Dip Mix									X				X				X		X				X		X		X	X	
Mojito Mint Tea	X																											X	
Mom's Smashed Potatoes			X										X				X						X					X	
Old Fashioned Apple Crisp Mix									X			X		X	X										X			X	
Old Fashioned Meatloaf Mix				X					X			X		X	X	X	X			X		X		X				X	
Orange Cranberry Bread Pudding Mix	X													X														X	
Orange Vinaigrette Mix													X										X					X	
Passion Fruit Margarita Party Blender Mix	X								X															X				X	
Peach Iced Tea Mix	X				X				X												X							X	X
Peanut Butter Cookie Mix	X								X			X		X	X								X	X				X	
Pepper Pizzazz Seasoning													X				X						X		X			X	
Presto Italiano Breakfast Skillet Mix									X				X										X					X	
Pumpkin Pie Cheesecake Mix								X	X																			X	
Raspberry Iced Tea Mix	X				X				X												X							X	
Raspberry Velvet Fruit Dip Mix				X					X				X	X			X						X		X		X	X	



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Roasted Tomato Salsa		X					X						X									X	X				X	
Rosemary Citrus Seasoning													X									X					X	
Sassy Sangria Party Blender Mix	X																										X	
Season 'n' Steam BBQ Sandwich Mix		X		X					X				X	X			X		X			X	X	X			X	
Season 'n' Steam Broccoli Beef Mix		X											X	X			X		X					X				
Season 'n' Steam Fajitas Mix		X		X			X						X	X			X						X	X				
Season 'n' Steam Philly Cheesesteak Mix		X							X				X	X		X								X				
Season 'n' Steam Sloppy Joe Mix						X							X				X		X			X					X	
Season'n'Steam Orange Ginger Chicken Mix	X	X		X					X	X			X	X		X	X		X	X		X		X		X		
Shepherd's Pie Casserole Mix	X	X	X			X			X				X			X	X			X		X		X		X		
Skillet Beef and Cornbread Mix									X			X	X	X	X		X					X	X				X	
Skillet Burritos Mix	X	X					X		X				X			X	X			X		X	X			X		
Skillet Chicken & Rice Mix	X	X							X				X			X	X			X		X		X		X		
Skillet Chicken and Biscuit Mix	X	X							X	X		X	X	X	X	X	X			X		X	X	X		X		
Skillet Fried Rice Mix	X	X							X					X		X	X			X		X	X	X		X		
Skillet Tex-Mex Dinner Mix	X	X							X				X		X	X	X		X	X		X		X		X		
Smokin' BBQ Dip Mix		X							X				X				X							X			X	
Snappy Seasoned Salt													X				X		X			X	X				X	
Southern Pecan Praline Mix	X																						X		X		X	
Southwest Marinade Mix				X									X				X		X			X					X	
Spiced Cider Mix								X	X																		X	
Spiced Dip Mix								X	X																		X	
Strawberrilicious Vanilla Tea	X																										X	
Strawberry Bread Mix								X	X			X		X	X							X					X	
Strawberry Lemonade Squares Mix	X								X			X		X								X	X				X	



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Sun-Dried Tomato Dip Mix				X					X				X				X		X			X		X		X		
Taco Soup Seasoning Mix						X			X				X				X					X		X			X	
Tami's Garden Select Seasoning									X				X				X										X	
Teriyaki Marinade Mix													X	X								X		X			X	
Texas Cobbler Mix								X	X			X		X	X							X					X	
Texas Cornbread Mix									X			X		X	X							X					X	
Three Cheese Garlic Biscuits													X	X		X				X				X			X	
Tiramisu Cheesecake Mix					X				X														X					
Tiramisu Muffin Mix	X							X				X		X	X	X						X	X	X			X	
Tomato Basil Bread Mix									X			X		X	X							X					X	
Tomato Basil Soup Mix				X					X				X			X	X					X		X		X		
Tortilla Soup Mix				X		X			X	X			X			X	X			X		X		X		X		
Tres Queso Breakfast Skillet Mix									X				X			X	X					X	X				X	X
Tropical Breeze Tea *	X																										X	
Tropical Chicken Salad Mix									X								X										X	
Tropicolada Cheesecake Mix	X								X														X				X	
Velvety Creations Sauce Mix												X		X	X	X						X					X	
White Chicken Chili Mix	X	X					X		X				X			X	X			X		X		X		X		
White Chocolate Cran-Orange Cookie Mix	X								X			X		X	X	X		X		X		X	X	X			X	
World Vision Basic Bread Mix									X			X		X	X							X					X	
Zentastic Blackberry Jasmine Green Tea	X																										X	