## Letters from our Men & Women

I've only been at Safe Harbor for 10 days now, but already I have accomplished more in 10 days than I have been able to in the last year. Before coming here, everywhere I would call for assistance in various items to get my children back, such as housing, financial stability, several types of counseling; I wouldn't get anywhere with them and was constantly avoided or turned down. Now that I'm here, several places (some being the same ones) are finally helping me and putting me on lists. Also, Safe Harbor has told me lots of places to contact. Safe Harbor is helping me get back on my feet and have a positive outlook.

--CH

I have met people that have made me think of what an action plan is all about. Then there are some that do not really care, usually they get booted out, and they can still be friends. Myself, personally, have had an obstacle, however want to get back on top where I was before, which is experiencing high elevated. I'm trying to do the right things, the way I did when I was raising 3 children and making over \$300,000/yr. I need to be humble and take one step at a time. I strongly believe the staff know what they're doing. I've seen success stories, want to be one of them and see my kids everyday for dinner and discuss their day, face to face.

--JW

Safe Harbor has helped me get on my feet since I am in a tough position currently. It is a place I can come sleep after working all day to try to save up to get my own place. The staff have been very considerate in allowing me to attend nightly AA meetings to better my life. If you are doing the right thing Safe Harbor can be a stepping stone from a bad situation to a life you can be proud of. Thank you.

Safe Harbor has provided me the foundation that I needed in order to set my goals and standards for better living. I am ever so grateful for what was given to me when I asked for it whether it be basic necessities – food, clothing and resources to bridge me to other communities that could guide me to a future housing & resources. I have learned how to be a listener, a helper, and give what little I can. By doing this I emulate and hopefully learned to become a silent leader. My intentions for a better life for myself came from the first day I walked in the door – I did not want to look back. By moving forward I show others I have forgiven.

--JB

Safe Harbor has been a very interesting establishment to say the least. I can't be grateful enough for having a bed every night, breakfast in the morning, a warm meal in the evening, a hot shower every day (which some need more than others). A place to keep my clothing washed daily, and of course knowing that I have a place to go. The idea of not suffering out in the cold when we are already suffering so dearly mentally and some even physically. Safe Harbor has invaluable staff along with vast resources that have personally helped me numerous of times. Surprisingly enough, I didn't expect the occurrence but I have made friendships. I must thank the staff for being here for us without them it would just be "The Harbor". Along with the volunteers, staff, and good people that occupy this establishment, for this short time I have a place to call home...my safe harbor even.

--DM