



















# Grades

Print

Grade Item	Points	Weight Achieved	Grade	Comments and Assessments
Key Terms Quizzes		0 / 0	100 %	
Welcome Quiz	5 / 5	0 / 0	100 %	
Yoga & Philosophy	5 / 5	0 / 0	100 %	
Defining Yoga	5 / 5	0 / 0	100 %	
Song of the Lord	5 / 5	0 / 0	100 %	
Reading the Gita	5 / 5	0 / 0	100 %	
Yoga & Devotion	5 / 5	0 / 0	100 %	
Yoga & the Meaning of Life	5 / 5	0 / 0	100 %	
Preparing for Yoga	5 / 5	0 / 0	100 %	
Postural Yoga	5 / 5	0 / 0	100 %	
Breath Control	5 / 5	0 / 0	100 %	
Yoga Body	5 / 5	0 / 0	100 %	
Yogic Seals	5 / 5	0 / 0	100 %	
Yogic Sounds	5 / 5	0 / 0	100 %	

Cognitive Practices	5 / 5	0 / 0	100 %
Yogic Powers & Liberation	5 / 5	0 / 0	100 %
Yoga & the West	5 / 5	0 / 0	100 %
Yoga & Physical Culture	5 / 5	0 / 0	100 %
Yoga as Physical Culture	5 / 5	0 / 0	100 %
Yoga & Harmony	5 / 5	0 / 0	100 %
Asana Revival	5 / 5	0 / 0	100 %
Swami Vivekananda	5 / 5	0 / 0	100 %
T. Krishnamacharya	5 / 5	0 / 0	100 %
K. Pattabhi Jois	5 / 5	0 / 0	100 %
BKS Iyengar	5 / 5	0 / 0	100 %
Swaminarayan	5 / 5	0 / 0	100 %
Practice Quiz Extra Credit (Bonus)	5 / 5	5	
Exams		30 / 30	100 %
Exam 1	94 / 100  Dropped!	0 / 0  Dropped!	94 % 
Exam 2	100 / 100	10 / 10	100 %

Exam 3	100 / 100	10 / 10	100 %	
Exam 4	100 / 100	10 / 10	100 %	
Discussion Posts		15 / 15	100 %	
Module 1 Discussion Post	5 / 5	5 / 5	100 %	 View Graded Rubric
Module 2 Discussion Post	5 / 5	5 / 5	100 %	 View Graded Rubric
Module 3 Discussion Post	0 / 5  Dropped!	0 / 0  Dropped!	0 % 	
Module 4 Discussion Post	5 / 5	5 / 5	100 %	 View Graded Rubric
Discussion Post Replies		5 / 5	100 %	
Module 1 Discussion Post Replies	10 / 10	1.67 / 1.67	100 %	
Module 2 Discussion Post Replies	10 / 10	1.67 / 1.67	100 %	
Module 3 Discussion Post Replies	0 / 10  Dropped!	0 / 0  Dropped!	0 % 	
Module 4 Discussion Post Replies	10 / 10	1.67 / 1.67	100 %	
Yoga Journal		28.5 / 30	95 %	
Yoga Journal Entry #1	20 / 20	10 / 10	100 %	 View Graded Rubric

Yoga Journal Entry #2	20 / 20	10 / 10	100 %	 View Graded Rubric
Yoga Journal Entry #3	17 / 20	8.5 / 10	85 %	 View Graded Rubric
Yoga Journal Entry #4	0 / 20  Dropped!	0 / 0  Dropped!	0 % 	
Revised Final Project		20 / 20	100 %	
Final Project	100 / 100	20 / 20	100 %	 View Graded Rubric
In-class extra credits (Bonus)	0 / 3	0 / 1		