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1. Course Description

In this course we examine the philosophy, practice, historical roots, and development of yoga. Students are asked to use and reflect on the disciplinary perspectives of the historian to examine premodern primary texts (in translation) and the anthropologist and cultural critic to examine contemporary yoga practices. Additionally, students will compare and contrast perspectives of Indian yogis and contemporary international yoga influencers in order to understand how the experience of yoga differs across time and culture and how social systems of power and inequality are imposed upon and by yoga and its practitioners. Therefore, the two driving questions of the course are Does your background (race, ethnicity, gender, religious identity) shape how you view yoga (religious, spiritual, or exercise)? and Is Yoga Cultural Appropriation?

2. Expected Learning Outcomes

1. **Building Connections** Students will demonstrate the ability to utilize multiple perspectives and make meaningful connections across disciplines and social positions, think conceptually and critically, and solve problems
2. **Diversity & Equity Attribute:** Students will demonstrate knowledge of how historical and contemporary populations* have experienced inequality, considering diversity, power, and equity through disciplinary perspectives to reflect upon how various communities experience privilege and/or