

## Patient Record

Patient	Martha Sander		
Date of birth	November 21, 1987	Sex	Female
Preferred Language			
Race		Ethnicity	
Contact info	Primary Home: 10500 SE 26th Ave. Apt. # B24 Milwaukie, OR 97222, US Tel: (971) 282-1694	Patient IDs	42090386 2.25.13112159791386098638.2
Document Id	4572449 2.25.13112159791386098638.1		
Document Created	August 18, 2018, 13:54, EST		
Performer	Kathy Khong		
Author	Kathy Khong, Eyes On You, PC		
Contact info	Work Place: 1300 SW 6th Ave Suite 150 Portland, OR 97201, US Tel: (971) 200-8428		
Signed	Kathy Khong at ,		
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Information recipient	Kathy Khong		
Legal authenticator			
Contact info			

Document maintained by	Eyes On You, PC
Contact info	Work Place: 1300 SW 6th Ave Suite 150 Portland, OR 97201, US Tel: (971) 200-8428

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## PLAN OF CARE

### Care Plan Items:

#### ICD10:H04.123 - Dry eye syndrome of bilateral lacrimal glands

Type	Start	Stop	Description
Recall	07/07/2017		RTC 08/18/2017 for Office Visit
General	07/07/2017		Instill Retaine MGD 1 gt OU in-office with improved symptoms. Dispense sample.
General	07/07/2017		Advise Retaine MGD 1gt 6x/day OU.
General	07/07/2017		Discuss benefits of increased dosage with omega3FA and cons of flax seed / hemp oil for anti-inflammatory effects. Advise increased dosage of current omega3FA for dry eye management; call Dr. Torgeson to discuss dosage.

#### ICD10:H02.89 - Other specified disorders of eyelid

Type	Start	Stop	Description
General	07/08/2017		Pt ed findings and discuss Ocusoft Lid Foam to daily after removal of eye makeup. Monitor at 1wk.

#### ICD10:H52.13 - Myopia, bilateral

Type	Start	Stop	Description
General	07/08/2017		Unstable endpoints today due to dry eyes. Not good candidate for SCLx or LASIK at this time and discuss importance of dry eye management prior to LASIK. Pt in agreement.
General	07/08/2017		RTC 1wk refraction check + evaluation for SCLx.

## PROBLEM LIST

Dx Code	Start Date	End Date	Description
H04.123	07/07/2017		Dry eye syndrome of bilateral lacrimal glands
H02.89	07/07/2017		Other specified disorders of eyelid
H52.223	07/07/2017		Regular astigmatism, bilateral
H52.13	07/07/2017		Myopia, bilateral
H16.141	07/08/2017		Punctate keratitis, right eye

## ENCOUNTERS

Date	Diagnosis	Encounter Type	Provider	Location
08/06/2018	Regular astigmatism, bilateral	Contact Lens Evaluation	Khong, Kathy OD	Eyes On You, PC
07/30/2018	Myopia, bilateral	Comprehensive Encounter with CLs	Khong, Kathy OD	Eyes On You, PC
07/27/2017	Myopia, bilateral	Contact Lens Evaluation	Khong, Kathy OD	Eyes On You, PC
07/13/2017	Myopia, bilateral	Contact Lens Evaluation	Khong, Kathy OD	Eyes On You, PC
07/07/2017	Myopia, bilateral	Comprehensive Encounter	Khong, Kathy OD	Eyes On You, PC

## ALLERGIES

No known medication allergies

No known other allergies

## **FAMILY HISTORY**

## **FUNCTIONAL STATUS**

## **IMMUNIZATIONS**

No Information

## **MEDICATIONS**

Medication	Start Date	Stop Date	Status	Instruction
Ocusoft Lid Scrub	07/30/2018		Active	
Probiotics	07/07/2017		Active	
Magnesium	07/07/2017		Active	
Collagen	07/07/2017		Active	
Omega3FA	07/07/2017		Active	1200mg omega 3FA and 400U GLA x 2 weeks (1wk prior to and 1wk post menses) - hormonal regulation for PCOS

## **HISTORY OF PROCEDURES**

Date	Code	Description
07/30/2018	92014	COMP. OPHTH. SERVICE, EST PT
07/30/2018	92015	REFRACTION
07/30/2018	92310 - SCL Level II, Toric	SCL Level II, Both Eyes
07/13/2017	92310 - SCL Level II, Toric	SCL Level II, Both Eyes
07/07/2017	92004	COMP. OPHTH. SERVICE, NEW PT
07/07/2017	92015	REFRACTION

## **LAB/IMAGING RESULTS**

No Information

## **INSURANCE PROVIDERS**

Company	Type	Policy	Holder
VSP	Vision	6982	Sander, Martha
Regence Blue Cross Blue Shield	Medical	XDP344M76020	Sander, Martha

## **SOCIAL HISTORY**

Tobacco:	Unknown
Smoking:	
Alcohol:	Unknown
Hobbies:	

## **VITAL SIGNS**

No Information

