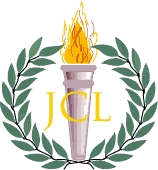
**Miramonte Consul**



April 2017

horizontal line

Convention 2017 

By the Editors: Kiana Hu, Erica Stephan, Jessica Guo

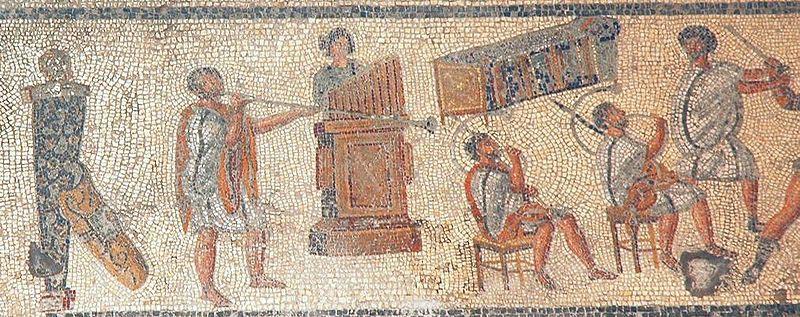
Do you ever have that feeling that there’s nothing to look forward in life? Well now there is! With the 2017 State Latin Convention at St. Ignatius in San Francisco, you’ll find EVERYTHING you’ve ever wanted in life from taking fun academic tests to playing bubble soccer to watching Mr. Davis crush all opposition in an all-teachers’ certamen competition.

State Latin Convention is the annual culmination of what we’ve learned in class all year. Convention offers all kinds of competitions such as history, MQA, vocab, and mytho tests, English Oratory, Dramatic Interpretation, Photography, Mosaics, and various sports for those who like winning ribbons. There is also a plethora of social activities such as scavenger hunts, bulla making, laser tag, and even glow in the dark mini golf on the night of the banquet!

The best part of all is getting to scream your lungs out during the spirit competition- there’s nothing quite like losing your voice alongside a hundred or so or your fellow Latin amici. Miramonte has won the ENTIRE convention FOUR times in a row, and we can do it a fifth! (Freshmen, if we lose this year, it’s on you! Just kidding. We won’t lose if you all participate!) It all depends on YOU to show up and compete and most importantly, have fun. Convention is a great time to bond with others who obsessively reference Greek myths or accidentally speak in Latin in normal conversation. We’ll see you there!

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| Figures of Speech Practice  By Jessica Guo and Erica Stephan  Essential for every Latin student to know are figures of speech. Today, your brave and fearless editors present the best examples of various figures of speech and pay homage to J.K. Rowling’s *Harry Potter*. See if you can identify some examples of figures of speech.  Voldemort can’t wear sunglasses. He said he didn’t mind missing a nose. He said he didn’t care how the roses smelled. He was very, very tired of fighting evil.  Harry Potter knew that good would eventually triumph over evil, but that the struggle against evil would be eternal. His will was strong as a rock, and despite his fame in the wizarding world, he hoped to have a humble attitude in his endeavors. Sure, he wasn’t Einstein, but he was brave. He asked not what Hogwarts could do for him, but what he could do for Hogwarts.  When Dumbledore learned of Harry’s noble deeds, he smiled and said “not too bad!” Of course, he was proud of Harry, but he didn’t want praise to get to Harry’s head.  Meanwhile, Voldemort wept like a baby. His evil still smoldered, but his cause was, temporarily, defeated. Light prevailed over darkness. | Music: Our Universal  Language  By Margaret Zhang  There is nothing like the sweet sound of music. Over the years, music has remained a universal language that all people of different cultures, backgrounds, and languages can communicate with. So, what was music in Ancient Rome like? Are there remnants of Ancient Roman music in the modern day?  Music was present in all aspects of ancient Roman culture. Whether in religious ceremonies or funerals, music was believed to offer an outlet for individual reflection and expression. Similar to today, music accompanied spectacles and events, remained a critical part of performing arts, and conducted contests among the Roman people. For example, during the Secular Games in 17 BC, the *Secular Ode* of Horace was commissioned by Augustus to be performed by a mixed children's choir. As an effort to ward off ill influences, the woodwind instrument *tibia* was played during sacrifices.  *(continued on pg. 3)*cornu-roman-music.jpg |

Music: Our Universal

Language (continued)

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| As it turns out, the instruments used during Ancient Roman times are uncanningly similar to modern instruments. Woodwinds, brass,  percussion, and stringed instruments are all depicted in Roman art. As for woodwind instruments, the Roman *tuba*, a long, straight bronze trumpet, is a close relative of the modern day French horn and the *askaules* was much like a modern day bagpipe. With regard to string instruments, the *lyre* and the *lute* serve as a historical reflection of the evolved modern day harp.  Ultimately, music continues to serve as a means of celebration, mourning, and backdrop to special occasions to this day. Just as music was a critical part of Ancient Roman culture, music is a critical part of modern culture. Reflected in the extremely similar instruments and festive music events, the Ancient Roman music culture has greatly influenced modern day music.  horizontal line  The Kingly Cabbage  By Garrett Louie   |  |  | | --- | --- | | The Cabbage bears the name of an ancient plant from which we humans bred many other leafy garden staples. Cauliflower. Broccoli. Kale. Brussels sprouts. They all came from the same wild cabbage. Taxonomically, all of these vegetables are the same species- Brassica oleracea. The same cabbage that the ruler of the greatest empire in the world retired to farm. That's right. On May 1, 305 CE Diocletian, augustus and ruler of the Roman Empire,  show the cabbage that I planted with my own hands to your emperor, he definitely wouldn't dare suggest that I replace the peace and happiness of this place with the storms of a never-satisfied greed”. (pause for this to set in) He turned down an invitation to become the most powerful man in the world , in order to peacefully tend to his cabbages. If you give your cabbages the love that they deserve they will reward you in kind. This deepest of bonds between man and plant can provide you with unparalleled joy and satisfaction.  Even before Diocletian’s time, humans had bred the modern headed cabbage. A single 100g serving of Cabbage can contain over 60% of the daily value for Vitamin C. And if that isn't enough it also can contain over 95% of the daily value for Vitamin K as well. And if that still isn't enough cabbages have over 10% the daily value for Vitamins B6 and B9! And if you still aren't convinced, they also are an excellent source of Thiamin, Calcium, Iron, Magnesium, Phosphorus, Potassium, and of course fiber. Oh, and did I mention that the cabbage is 12% protein?  If somehow you aren't impressed yet, let's take a look at kale, the oldest variety of cultivated wild cabbage, dating back to the fourth century BCE. Kale is 16% protein. A 100g serving will  who turned Rome from a downhill path back straight again. Even a small windowsill garden can do the job. If you don't have any space you should make some space and discover a new hobby, a new passion which can last you a lifetime.  A New Chariot  By Kiana Hu  Two of the biggest school competitions after the spirit contest are the catapult and chariot contest. Every year, Miramonte builds a chariot to enter into the State contest. Last year at State Convention, Miramonte earned 1st place in the 4 girls 1 boy chariot and 2nd in the 4 boys 1 girl chariot contest, even after the chariot broke and the competitors had to fix it on the spot with duct tape. Unfortunately, last year’s catapult did not place, but hopefully that will change this time!  This year, we have James Zhou, one of our Illi Hondae, heading the chariot building. It was built over Thanksgiving break and has fancy bike wheels installed. It is currently not  painted, so it still has the beautiful,  However, there seems to be a bit of a dilemma. The chariot appears to be too big to fit in the bus, so James is still unsure as to how he can bring it to convention. If you are able help out, please let Magister Davis or James know at ([james.zhou18@auhsdschools.org](https://email.acalanes.k12.ca.us/owa/14.3.224.2/scripts/premium/redir.aspx?SURL=7_klVplrUmZO1-inNSbb1n-wZydLzFX7C9JR4jHRn_JvdKQN2YbUCG0AYQBpAGwAdABvADoAagBhAG0AZQBzAC4AegBoAG8AdQAxADgAQABhAHUAaABzAGQAcwBjAGgAbwBvAGwAcwAuAG8AcgBnAA..&URL=mailto%3ajames.zhou18%40auhsdschools.org) or 925-255-3815). We wish James luck in this unfortunate endeavor!  In addition, we have a catapult this year, built by our Tertius Caesar, Amanda Han. It is built out of birch wood, and has a 3 square feet base supporting a 5’10’’ tall structure. The longest distance the catapult has ever launched is about 80 feet. Gloria! | handed over the purple vestments of emperor and, with the burden of rule in new hands, was free to return to his birthplace of Dalmatia, where he devoted the remainder of his days to the cultivation of this most noble of crops.The benefits to casual farming are boundless. Not only does it yield a delicious and nutritious food, is also most satisfying and addictive hobby. When Diocletian was asked to return to the throne, he replied, “If you could  contain many of the same benefits as cabbage, only several times greater. For starters, it will give you 10% the daily value for calcium, potassium, and copper, not to mention 30% for manganese. But this seems like nothing compared to a whopping 300% and 200% daily value for Vitamins A and C respectively. And at last, towering miles above them all, is Vitamin K. Even the cabbage must bow to kale’s mammoth heap of 1000% the daily value for Vitamin K. That's TEN DAYS worth. Okay let's think about this. One kale plant yields 2-3 100g servings. That means that every kale plant you grow can provide you with 20-30 days worth of Vitamin K. If you do the math you will find that with 15 kale plants you are set for a whole year. A whole year!Not only the Romans but also the Egyptians used cabbage to counter the effects of alcohol and the Greeks used it as a laxative. They also used its juice as an antidote for poison and eye salves. Yes, you don't need to even eat cabbage to reap its benefits. The leaves of the plant have a cooling property which soldiers in World War One used to treat trench foot. Even if you don't like the taste of cabbage you can still get something out of it.  So what are you waiting for? Get some cabbage seeds today, follow in the footsteps of the Emperor    Letters to the Editors  *The Consul* encourages our patrons to voice their opinions about our publication and other Latin Club matters by sending a letter to miramonteconsul@gmail.com or by tweeting at us @miramonteconsul. We look forward to hearing your comments!    Convention Reminders  By Magister Davis  *Dress code:*  Friday - current Latin club t-shirt - white one with Hercules on the back  Saturday - Togas and with athletic clothing for Track and Field, Soccer, Tennis etc.  *Brief Schedule:*  Friday: Load the buses after school and go to Saint Ignatius College Prep. Return 11:00 PM  Saturday: Arrive at Miramonte by 6:15 AM and go and compete at Saint Ignatius. Return 11:30 PM  Go Mats! | |

Convention Cheers!

*Numbers*  
1, we’re Miramonte

2, we are the best

3, a little bit louder

we are number 1

(repeat x 3)

*East to West*

From east (step and point to the right)

to west (step and point to the left)

Miramonte is the best! (fist pump)

From up (arms up)

To down (bend over)

We will beat you to the ground! (Much glorious shaking of fists)

*Color Shout*

What about, what about, what about the color shout?

Green green green green! (right hand)

white white white white white white white! (left hand)

*Estis Lupae*

Estis Lupae! (clap x4, point at University or Woodbridge)

*Raise The Roof*

Tolle Tectum!

*Dynamite*

We are dynamite (step/clap right, step/clap left)

Don’t mess with dynamite (step/clap right, step/clap left)

‘Cause when you mess with dynamite

It goes (tick tick tick tick tick tick tick tick)

BOOM dynamite… ba boom dynamite!

*I believe*

I!

**I!**

I believe!

**I believe!**

I believe that we will win!

**I believe that we will win!**

*Gladiator Shout-* (Exactly what it sounds like)

*Recite Exegi Monumentum*

(start low to the ground, slowly stand up and get louder)

*I’m Fired Up*

I’m fired up, you fired up?

**Yeah!**

I’m fired up, you fired up?

**Yeah!**

**We are fired up! Say we are fired up, that’s right**