## TeamStepps Reflection

Medical error has been historically a contributing factor to the cause of death in the U.S., so strategies like the TeamStepps are helpful in reducing these preventable errors. TeamStepps is a set of evidence-based tools to improve communication among healthcare professionals. The five key principles of TeamStepps include team structure, communication, leadership, situation monitoring, and mutual support. Ideally, communication should be a structured process where information is accurately exchanged among healthcare providers. From the TeamStepps powerpoint, I learned that other than the SBAR and hand-off, there are other techniques like callout and check-back to facilitate communication of critical information by a simple act of reiterating what was just said. Another TeamStepp principle that I find especially helpful in minimizing medical errors is mutual support. This principle includes techniques like the twochallenge rule, where all team members make assertive statement at least twice if initial attempt is ignored. At times it may be difficult for nurses to raise their concern when they find a safety breach caused by someone with a higher position or more experienced. TeamStepps empowers all team members, no matter their position or experience, to voice their concerns and point out mistakes because ultimately the patient's safety is the first priority. Overall, these TeamStepps techniques are important to nursing as they facilitate accurate and efficient communication, as well as improve teamwork and collaboration.

## Citation

Agency of Healthcare Research and Quality [AHRQ]. (n.d.). *TeamSTEPPS: Strategies & tools to enhance performance and patient safety [PowerPoint slides]*. Canvas@Stan State. https://csustan.instructure.com/

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Excellent work on the presentation! All criteria met: Issues were clearly defined and TeamSTEPPS elements evident throughout the presentation.

Skillfully addresses prompt with quality response which stimulates further thought.

Demonstrates analysis of others' post(s); extends meaningful discussion by building on previous post(s). Respectful, engaging; successful attempt to positively and dynamically engage with others. Contributes valuable information to discussion with clear, concise comments. APA format with citations and reference relevant to presentation. Easy to read

style that is free of grammatical or spelling errors.