

Patient's Name: Leonel Gaudara

Clinic/UH #:

Phone #:

Age:

Today's Date: 5 / 10 / 2014

CC: Refil of blood pressure medication

Allergies:

HPI: 50yo male

HTN since 16. Physician

Has headaches and facial flushing when not on medication - occurs when working outside.

Also associated with chest pain after working. Had a dog bite on his arm a week ago - had it stitched and he had a shot in his shoulder

Medications/Herbs/Supplements: 10/12.5

Lisinopril HCTZ 10/12.5 MG tab
Tylenol (for headaches + chest p)

Hasn't been checking blood pressure - when checked on himself at his parents place it was 'normal'

Reports he only smoked 1-2 cigarettes in his life.

Used to drink alcohol but stopped because he's on medication. Drinks a lot of coffee. Stays hydrated at work. Trying to cut out salt.

Hx: One hemorrhoid removed. Scalp was stapled (was in a fight)

Review of Systems: Reviewed Patient Checklist on Back Page

Pertinent Positives:

Pertinent Negatives:

Edema, claudication, vision problems, SOB, orthopnea

BP: 124 / 85

P: 80/min

T:

W: 160

HT: 5'8"

GLUCOSE:

PE: GENERAL: Well appearing, no distress

HEENT:

LUNGS: clear to auscultation

HEART: NI, reg. rate and rhythm

ABDOMEN:

MS/NEURO:

SKIN:

OTHER:

ASSESSMENT/PLAN:

BP 124/85, asymptomatic

① HTN, controlled - given 6 month supply of Lisinopril HCTZ 10/12.5 MG.

Follow up has been scheduled for 6 months. Counselled on keeping blood pressure log to bring to his next visit.

- Patient is asymptomatic, following low salt diet, exercise, and BP is NI in clinic today.

Faculty additions:

SIGNATURE

M. J. Br.

ANTHONY MSI

STUDENT NAME: Eric Sule & MSI

DIRECTOR SIGNATURE: Will Green

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