

**IS SUICIDE A RISING PROBLEM?**

We identified ten primary causes of death in Australia based on our data. One of the reasons is suicide. At least six Australians commit suicide every day, and an additional thirty make an attempt.

**A significant problem is attempted suicide, with estimates indicating that 65,300 persons attempt suicide in Australia each year.**

# TOP 10 CAUSES OF DEATH

1.  
CANCER

4.  
PARKINSON  
DISEASE

7.  
CARDIOVASCULAR

2.  
SUICIDE

5.  
DIABETES

8.  
DIGESTIVE  
DISEASE

10.  
CHRONIC  
RESPITORY  
DISEASE

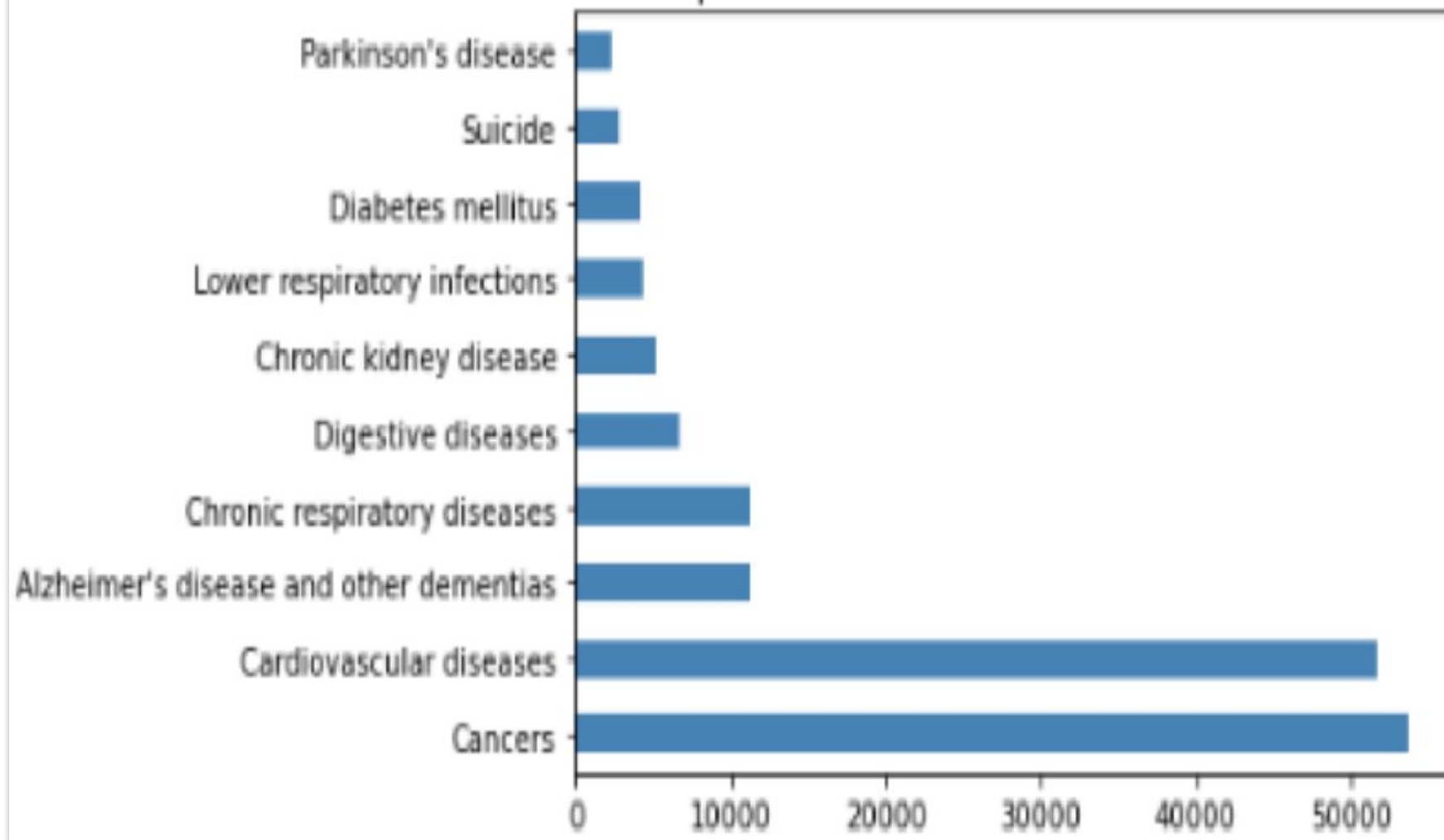
3.  
ALZHEIMERS

6.  
KIDNEY  
FAILURE

9.  
LOWER  
RESPITORY  
DISEASE

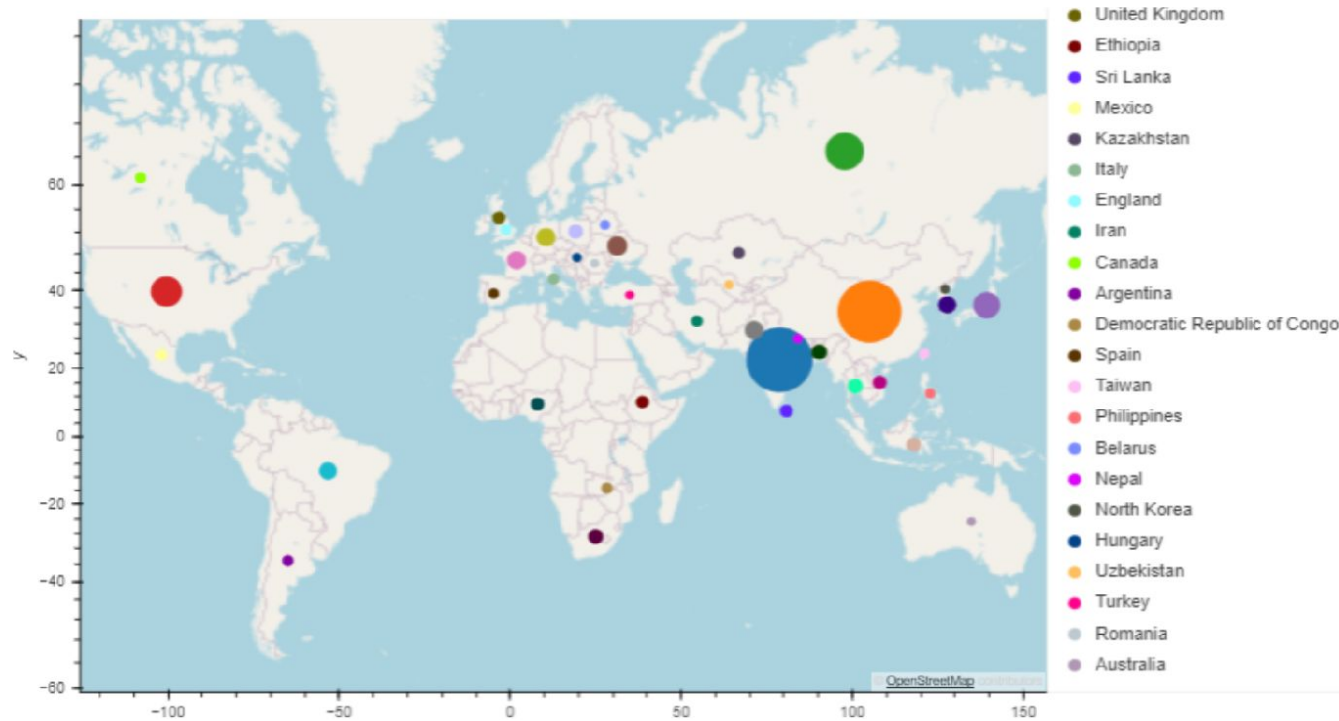


Top 10 causes of death for Australia in 2019



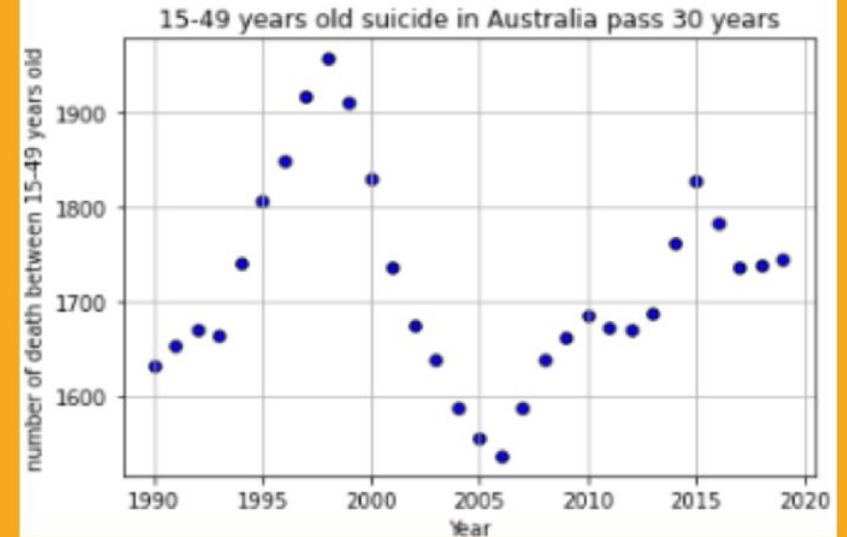
## NUMBER OF SUICIDE IN TOP 40 COUNTRY BETWEEN 1990-2019

1. India
2. Australia
3. England
4. Sri Lanka
5. Mexico
6. Italy
7. Nepal
8. North Korea
9. Hungary
10. Phillipines
11. Taiwan
12. Spain
13. Argentina
14. Canada
15. Belarus
16. Uzbekistan
17. Turkey
18. Romania
19. Democratic Republic of Congo
20. Kazakhstan
21. Iran
22. Ethiopia



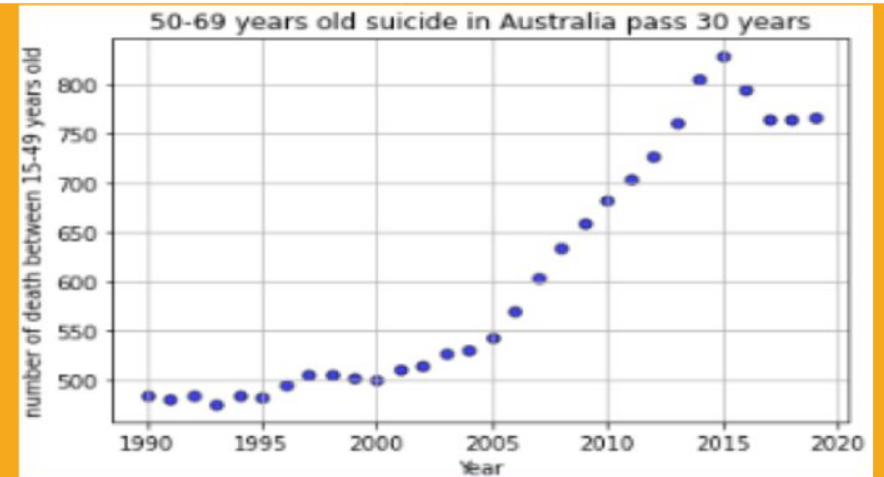
## AGE 15-49 IN AUSTRALIA BETWEEN 1990-2019

- The statistics demonstrate that the suicide rate peaked in 1997 and then declined to its lowest point in 2006.
- On the same year, 2006, we can see that the suicide rate is slowly increasing in the graph.



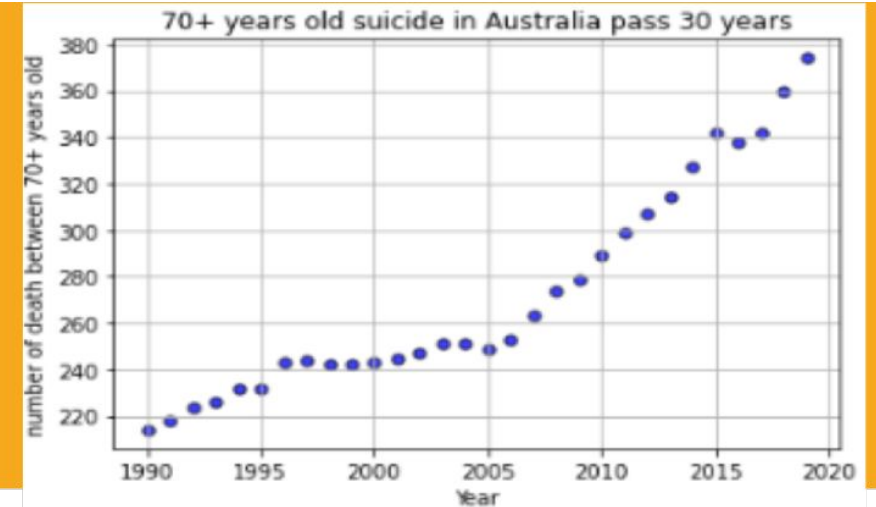
## 50-69 old suicide in Australia between 1990-2019

- The suicide rate was on a lower rate between 1990 and 1995, but it gradually increased after that and peaked in 2015.



## 70+ years old suicide in Australia between 1990-2019

- According to our graph, the suicide rate is exceptionally high among seniors aged 70 and older. It has been rising each year, reaching its highest in 2019.

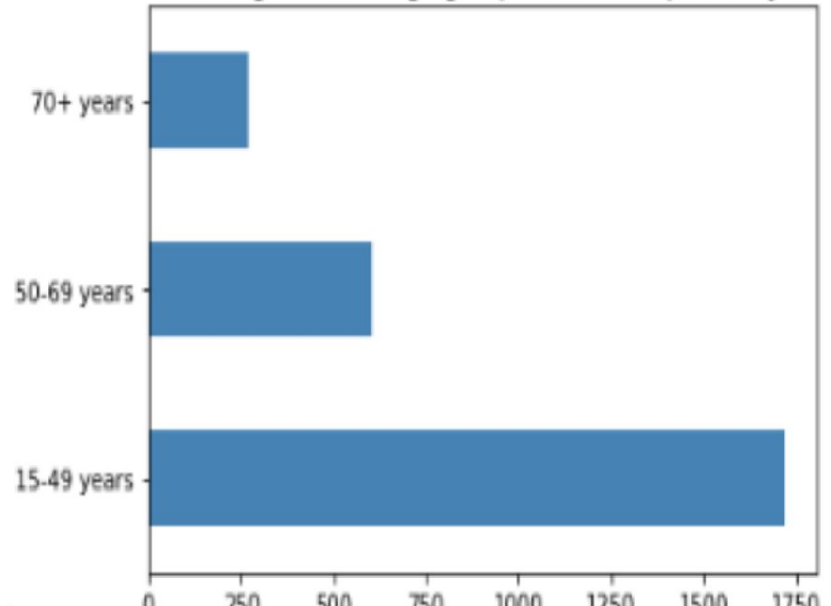




## THE AVERAGE OF SUICIDE IN THE THREE-AGE GROUP IN AUSTRALIA BETWEEN 1990-2019

- Age group from 15-49 years have the highest suicide rate among all three-age group.
- Followed by people aged 50-69 years.
- Lowest among age group is people aged 70+.

The average of three age group in Australia pass 30 years



# **GIVE YOURSELF TIME TO BREATHE**

- **SUICIDE CLAIMS THE LIVES OF MORE THAN 700,000 INDIVIDUALS ANNUALLY.**
- **SUICIDE ACCOUNTED FOR 1.8% OF DEATHS AND WAS THE 15TH MOST COMMON CAUSE OF DEATH (THE SAME AS IN 2020).**
- **3144 AUSTRALIANS COMMITTED SUICIDE IN 2021, AMOUNTING TO A 12.0 % PER 100,000 POPULATION AGE-STANDARDIZED SUICIDE MORTALITY RATE.**

## **WHAT CAN WE DO TO PREVENT SUICIDE?**

- Spend as much quality time as you can with your loved ones and friends.
- Asking coworkers, acquaintances, relatives, or even a stranger, "R U Okay," might go a long way towards preventing suicide.
- Participating in a campaign, practising meditation, or receiving counselling might alter your perspective on things. Respect your life.