

Fitastic Documentation

Link to schema: <https://app.quickdatabasediagrams.com/#/d/EmEkX1>

User

Field	Description	Type	Default	Other
user_id		int		PK
username		varchar(64)		
password		varchar(64)		
age		int		
gender		varchar(16)		

Exercise

Field	Description	Type	Default	Other
exercise_id		int		PK
name		varchar(64)		
description		varchar(4096)		
equipment		int		
category_id		int		FK

ExerciseSetting

Field	Description	Type	Default	Other
exercise_setting_id		int		PK
exercise_id		int		FK
weight_unit_id		int		FK
repetition_unit		int		FK
weight		int		
set_number		int		
rep_number		int		

Image

Field	Description	Type	Default	Other
image_id		int		PK
imgae_link		varchar(300)		
exercise_id		int		FK

Equipment

Field	Description	Type	Default	Other
equipment_id		int		PK

Field	Description	Type	Default	Other
equipment_name		varchar(64)		

ExerciseEquipment

Field	Description	Type	Default	Other
table_id		int		PK
exercise_id		int		FK
equipment_id		int		FK

Workout

Field	Description	Type	Default	Other
workout_id		int		PK
user_id		int		FK
schedule_at		varchar(64)		
description		varchar(64)		

WorkoutExerciseSetting

Field	Description	Type	Default	Other
table_id		int		PK
workout_id		int		FK
exercise_setting_id		int		FK

Weight_Unit

Field	Description	Type	Default	Other
weight_unit_id		int		PK
weight_unit_name		varchar(128)		

Rep_Unit

Field	Description	Type	Default	Other
rep_unit_id		int		PK
rep_unit_name		varchar(128)		

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