

英文写作格言-适用初中和高中

一、学习成长类——涵盖求知方法、读书意义、教育价值、知识作用

1. Learning without thought is labor lost; thought without learning is perilous. —— 学而不思则罔，思而不学则殆。
2. Reading is to the mind what exercise is to the body. —— 阅读之于心灵，犹如运动之于身体。
3. Reading all the good books is like a conversation with the finest men of past centuries. —— 读好书就如与古圣先贤对谈。
4. Art is long, life is short. —— 人生短暂，学艺无穷。
5. He who is afraid of asking is ashamed of learning. —— 害怕发问的人就是耻于学习的人。
6. A jack of all trades is master of none. —— 样样通，样样松。/ 博艺即无艺。
7. Books are the treasured wealth of the world and the fit inheritance of generations and nations. —— 书是世界珍贵的财富，也是适合世代相传的遗产。
8. A little learning is a dangerous thing. —— 一知半解是危险的。
9. Knowledge makes one humble; ignorance makes one proud. —— 知识使人谦逊；而无知则使人骄纵。
10. Knowledge is power. —— 知识就是力量。
11. Instruction knows no class distinction. —— 教育无贵贱之分。/ 有教无类。
12. The foundation of every state is the education of its youth. —— 一国的根基在于教育它的青年。
13. Education should be gentle and stern, not cold and lax. —— 教育应该是恩威并重，而不是冷漠散漫。
14. Education is the best provision for old age. —— 教育是防老的最佳本钱。
15. Practice makes perfect. —— 熟能生巧。
16. Live and learn. —— 活到老，学到老。
17. The more you know, the more you realize you don't know. —— 知之为知之，不知为不知，是知也。
18. Learning is a treasure that will follow its owner everywhere. —— 学问是随身携带的珍宝。
19. By learning you will teach; by teaching you will learn. —— 教学相长。
20. He who asks is a fool for five minutes, but he who does not ask remains a fool forever. —— 提问者蠢五分钟，不问者蠢一辈子。
21. There is no royal road to learning. —— 求学无坦途。/ 书山有路勤为径。
22. Repetition is the mother of skill. —— 熟能生巧。
23. Hit the books. —— 埋头苦读。
24. Burn the midnight oil. —— 开夜车学习。
25. Learn the ropes. —— 学习窍门/熟悉业务。
26. Sharpen the saw. —— 磨刀不误砍柴工。

二、处世哲学类——涵盖人际交往原则、待人接物智慧、社会生存法则

1. What you do not want done to yourself, do not do to others. —— 己所不欲，勿施于人。
2. He who praises everybody praises nobody. —— 称许所有的人，反而称许不到任何人。
3. Give him an inch and he'll take a yard. —— 得寸进尺。
4. Trust men and they will be true to you. —— 相信他人，他人才会对你忠诚。 / 信人者人恒信之。
5. An eye for an eye, and we all go blind. —— 以牙还牙，两败俱伤。
6. You may fool all the people some of the time, you can even fool some of the people all the time, but you can't fool all the people all the time. —— 你可以偶尔蒙骗所有的人，你也可以一直蒙骗一些人，但是你不能一直蒙骗所有的人。
7. Pardon is the most glorious revenge. —— 宽恕是最伟大的报复。
8. Take the rough with the smooth. —— 逆来顺受。
9. There are two sides to every question. —— 每个问题都有正反两面。
10. Do in Rome as the Romans do. —— 入境随俗。
11. Every man has his taste. —— 人各有所好。
12. Comparisons are odious. —— 人比人，气死人。
13. Too many cooks spoil the broth. —— 人多手杂反易败事。
14. It takes all sorts to make a world. —— 一样米养百种人。
15. Practice what you preach. —— 言行要一致。
16. Beggars must not be choosers. —— 饥者不得择食。
17. Don't put the cart before the horse. —— 切勿本末倒置。
18. Look before you leap. —— 三思而后行。
19. Live and let live. —— 自己生存，也要让别人生存。
20. Lookers-on see most of the game. —— 当局者迷，旁观者清。
21. One swallow does not make a summer. —— 勿以偏概全。
22. The pot called the kettle black. —— 五十步笑百步。
23. Seeing is believing. —— 百闻不如一见。
24. Second thoughts are best. —— 深思熟虑最为恰当。
25. All that glitters is not gold. —— 闪闪发光的并非都是黄金。 / 勿以貌取人。
26. Easier said than done. —— 说比做容易。
27. There is no accounting for tastes. —— 喜好因人而异，这是无法解释的。

三、品德修养类——涵盖道德准则、良知底线、善良正义、品格优劣

1. Beauty, unaccompanied by virtue, is as a flower without perfume. —— 无德之美就像没有香气的花朵。
2. Nothing can harm a good man, either in life or after death. —— 善良的人无论生前死后，任何事物都伤害不了他。
3. Conscience is the inner voice that warns us somebody may be looking. —— 良知是一种出自内心的声音，它随时警告我们也许有人在看着我们。

4. Charity begins at home. —— 慈善要从家庭做起。
5. Life is a sweet and joyful thing for one who has a pure conscience. —— 问心无愧者的人生是甜美愉悦的。
6. A bad penny always comes back. —— 恶有恶报。
7. I believe that the first test of a truly great man is his humanity. —— 我相信真正伟人的第一道考验就是他的厚道。
8. Spare the rod and spoil the child. —— 孩子不打不成器。
9. The love of liberty is the love of others; the love of power is the love of ourselves. —— 爱自由就是爱他人；爱权力就是爱自己。
10. Liberty is the right to do everything which the laws allow. —— 自由就是在法律允许的范围内有权做任何事。
11. The worst of all deceptions is self-deception. —— 所有欺骗中，自欺最糟糕。
12. Unless a man feels he has a good enough memory, he should never venture to lie. —— 除非一个人记性不错，不然他就不要冒险说谎。
13. A covetous man is ever in want. —— 贪婪的人永远想要更多。
14. The love of money is the root of all evil. —— 贪财为万恶之根源。
15. Grasp all, lose all. —— 贪者必失。
16. Pride goes before the fall. —— 骄者必败。
17. To err is human, to forgive divine. —— 犯错是人，宽恕是神。
18. A flattering friend is your worst enemy. —— 谄媚之友是你最大的敌人。
19. There is no smoke without fire. —— 有烟必有火。/ 无风不起浪。
20. God's mill grinds slow but sure. —— 天网恢恢，疏而不漏。
21. There's a black sheep in every flock. —— 每一个团体中都难免有害群之马。
22. Honesty is the best policy. —— 诚实为上策。
23. No act of kindness, no matter how small, is ever wasted. —— 勿以善小而不为。
24. In taking revenge, a man is but even with his enemy; but in passing it over, he is superior. —— 欲报仇者与敌同级；置之不理者胜于敌。
25. Be nice to people on your way up because you'll need them on your way down. —— 得意时应善待他人，因为你失意时会需要他们。
26. It is more blessed to give than to receive. —— 施比受更有福。

四、人生态度类——涵盖生命价值、苦乐认知、心态调整、乐观悲观

1. One who has never tasted what is bitter does not know what is sweet. —— 未尝苦味，焉知甘甜之乐。
2. Sweet is pleasure after pain. —— 苦后方知甜滋味。
3. What you really value is what you miss, not what you have. —— 人真正珍惜的是未得到的，而不是所拥有的。
4. Do every act of your life as if it were your last. —— 人生的每件事都要好好做，就当作那是你生命中最后一件事一样。
5. It's sad to grow old, but nice to ripen. —— 衰老固然令人难过，但成熟却是件好事。

6. There is no rose without a thorn. —— 朵朵玫瑰皆有刺。/ 没有十全十美的人生。
7. The value of life lies not in the length of days, but in the use we make of them. —— 生命的价值不在于活几天，而在于我们如何利用生命。
8. Envy and wrath shorten life. —— 嫉妒和愤怒会缩短生命。
9. We only live once – but if we work it right, once is enough. —— 生命只有一回——但如果我们活得有意义的话，一回就足够了。
10. An optimist is a person who sees a green light everywhere. The pessimist sees only the red. —— 乐观者看到的都是绿灯，悲观者只看到红灯。
11. An optimist sees an opportunity in every calamity; a pessimist sees a calamity in every opportunity. —— 乐观者在灾祸中看到机会；悲观者在机会中看到灾祸。
12. A contented mind is a perpetual feast. —— 知足常乐。
13. He is rich enough that wants nothing. —— 没有欲望的人最富有。
14. The contented man is never poor, the discontented never rich. —— 知足者永不贫穷，不知足者永不富有。
15. Misery loves company. —— 祸不单行。
16. The only thing we have to fear is fear itself. —— 恐惧的本身才可怕。
17. It matters not how a man dies, but how he lives. —— 人怎么死并不重要，重要的是他怎么活。
18. Fear of death is worse than death itself. —— 对死亡的恐惧比死亡本身更可怕。
19. Death is nothing to us, since when we are, death has not come, and when death has come, we are not. —— 死亡对我们来说并不算什么，因为当我们在世时，死亡就不会来；而当死亡来临时，我们已辞世了。
20. Death is the great leveler. —— 死后万人皆平等。
21. What was hard to endure is sweet to recall. —— 从前难以忍受的痛苦，现在回想起来是甜美的。
22. Easy come, easy go. —— 来得容易去得快。
23. The tragedy of being famous is that you have to devote so much time to being famous. —— 成名的不幸就是你必须付出很多时间维持知名度。
24. Loneliness and the feeling of being unwanted is the worst poverty. —— 孤单寂寞与被遗弃感是最惨的贫穷。
25. The wealth of the mind is the only true wealth. —— 心灵的丰富才是唯一真正的财富。
26. It is better to die on your feet than to live on your knees. —— 宁死不屈。
27. It is no use crying over spilt milk. —— 覆水难收。
28. A man can be destroyed but not defeated. —— 一个人可以被毁灭，但不能被打败。
29. Attitude is a little thing that makes a big difference. —— 态度是一件小事，却能产生巨大的不同。
30. The mind is everything. What you think you become. —— 心即一切。你所思，即你所成。
31. Believe you can and you're halfway there. —— 相信你能做到，你就已经成功了一半。
32. Turn your wounds into wisdom. —— 将你的伤痕转化为智慧。

五、友情人际类——涵盖友谊真假、交友原则、朋友价值

1. Have no friends not equal to yourself. —— 无友不如己者。
2. The more we love our friends, the less we flatter them. —— 我们愈关爱朋友，就愈不会奉承他们。
3. Prosperity makes friends; adversity tries them. —— 发达时会招来朋友，患难时则考验朋友。
4. True friendship is like sound health, the value of which is seldom known until it is lost. —— 真诚的友谊就像健康，直到失去了才会珍惜。
5. Misfortune tests the sincerity of friends. —— 患难见真情。
6. A life without a friend is a life without a sun. —— 生活中若没有朋友就像生活中没有阳光一样。
7. Birds of a feather flock together. —— 物以类聚。
8. A friend in need is a friend indeed. —— 患难见真情。

六、健康生活类——涵盖健康重要性、作息习惯、身心养护

1. A wise man ought to realize that health is his most valuable possession. —— 智者应知健康是自己最有价值的财产。
2. Early to bed and early to rise makes a man healthy, wealthy, and wise. —— 早睡早起使人健康、富裕又聪明。
3. An apple a day keeps the doctor away. —— 每日吃一只苹果便可远离医生。
4. Life is not merely living but living in health. —— 生活不只是要活，而且要活得健康。
5. He who has health has hope. —— 拥有健康就拥有希望。
6. The first wealth is health. —— 健康是第一财富。
7. You cannot burn the candle at both ends. —— 蜡烛不能两头烧。 / 勿过分消耗体力。
8. Idleness is the rust of the mind. —— 游手好闲使心智生锈。
9. The devil finds work for the idle hands to do. —— 小人闲居会做坏事。

七、时间与行动类——涵盖珍惜时间、实践优先、执行力

1. Men talk of killing time, while time quietly kills them. —— 人们老是谈到要如何消磨时间，然而他们的生命却在时间里悄然逝去。
2. Time and tide wait for no man. —— 岁月不待人。
3. One today is worth two tomorrows. —— 一个今天胜过两个明天。
4. Write it on your heart that every day is the best day of the year. —— 要铭记在心：每天都是一年中最美好的日子。
5. Practice is better than theory. —— 行动胜于空谈。
6. Actions speak louder than words. —— 行动胜于雄辩。
7. Never put off till tomorrow what you can do today. —— 今日事，今日毕。
8. Strike while the iron is hot. —— 打铁趁热。
9. Time flies. —— 时光飞逝。
10. Time is money. —— 时间就是金钱。
11. Make hay while the sun shines. —— 趁晴晒草。 / 把握时机。

12. Opportunity knocks but once. —— 机不可失，时不再来。
13. Procrastination is the thief of time. —— 拖延是时间的小偷。
14. Lost time is never found again. —— 光阴一去不复返。

八、成功奋斗类——涵盖努力付出、坚持奋斗、成功要素

1. There is no such thing as a free lunch. —— 天下没有白吃的午餐。
2. There are no gains without pains. —— 不劳则无获。
3. Much effort, much prosperity. —— 愈努力就愈成功。
4. Genius is one percent inspiration and ninety-nine percent perspiration. —— 天才是百分之一的灵感加上百分之九十九的努力。
5. The sweetest grapes hang the highest. —— 最甜的葡萄挂得最高。
6. As you sow, so shall you reap. —— 一分耕耘，一分收获。
7. Labor conquers everything. —— 勤奋则天下无难事。
8. Man proposes, God disposes. —— 谋事在人，成事在天。
9. When work is a pleasure, life is a joy. When work is duty, life is slavery. —— 工作是乐趣时，生活是愉快的！工作是负担时，生活是劳苦的。
10. Work spares us from three evils: boredom, vice, and need. —— 工作使我们远离三害：无聊、恶行和匮乏。
11. Work has a bitter root but sweet fruit. —— 工作的本质是痛苦的而成果却是甜美的。
12. If one desires to succeed in everything, he must pay the price – work. —— 吾人事事都想成功就得付出代价——工作。
13. All work and no play makes Jack a dull boy. —— 只工作，不游戏，使人乏味没生气。
14. Never depend on anyone except yourself. —— 靠自己，勿靠别人。
15. Self-help is the best way to success. —— 自助是成功最佳之道。
16. Self-trust is the first secret of success. —— 自信是成功的第一秘诀。
17. Men who love wisdom should acquaint themselves with a great many particulars. —— 喜爱智慧的人应该让自己熟悉很多细枝末节的小事。
18. Happy is the man that finds wisdom. —— 找到智慧的人有福了。
19. Two heads are better than one. —— 三个臭皮匠，胜过一个诸葛亮。
20. Empty vessels make the most sound. —— 空桶响丁当。/ 肚内没货最会叫。
21. Courage is resistance to fear, mastery of fear – not absence of fear. —— 勇气就是敢面对恐惧、克服恐惧——而非恐惧不存在。
22. Cowards die many times before their deaths; the valiant never taste of death but once. —— 懦弱的人在死亡来临前早已被吓死了好几次，而勇者一生中则只尝过一次死亡。
23. One man with courage makes a majority. —— 若有勇气，即使是一个人，却可比得上干军万马。
24. Fortune sides with one who dares. —— 幸运眷顾勇者。
25. Even Homer sometimes nods. —— 圣人也会点头认错。
26. A fault confessed is half redressed. —— 肯认错则错已改了一半。

27. The man who makes no mistakes does not usually make anything. —— 不犯错的人通常不会有成就。
28. A little neglect may breed great mischief. —— 小小的疏失可能造成重大的灾害。
29. The greatest mistake you can make in life is to be continually fearing you will make one. —— 人在一生中犯的最大错误是不断担心会犯错。
30. Our greatest glory consists not in never falling, but in rising every time we fall. —— 人最大的荣耀并不在于从不失败，而是在于每当失败时都能重新再站起来。
31. Only men of great resolution can stand up and survive times of trouble and spiritual decadence. —— 唯有意志非常坚强的人才能挺身熬过纷扰不安、道德败坏的时代。
32. There is no such thing as a great talent without great willpower. —— 没有坚强的意志力就谈不上有伟大的才华。
33. The bull must be taken by the horns. —— 勇于接受挑战。/ 勇往直前。
34. Opportunity seldom knocks twice. —— 机会难逢。
35. A wise man will make more opportunities than he finds. —— 智者开创的机会会比他所遇到的还要多。
36. Patience is bitter, but its fruit is sweet. —— 保持耐心是痛苦的，但它的果实是甜美的。
37. If you want people to think well of you, do not speak well of yourself. —— 想要人们对您有所好评，你就不可自夸。
38. A successful man is one who meets frustrations with a sense of humor. —— 成功的人就是面对挫折时能以幽默感处之的人。
39. He who has hope has everything. —— 拥有希望的人拥有一切。
40. Nothing great was ever achieved without enthusiasm. —— 没有热诚难成大事。
41. Punctuality is the soul of business. —— 守时是做生意的要素。
42. Imagination is more important than knowledge. —— 想象力比知识更重要。
43. The end must justify the means. —— 欲达目的不择手段。
44. Have an aim in life or all of your energies will be wasted. —— 人生若无目标，就会枉费一生。
45. Living without an aim is like sailing without a compass. —— 漫无目的的生活就像出海航行没有罗盘一样。
46. Brevity is the soul of wit. —— 简洁为机智的精髓。
47. The tongue is not steel, yet it cuts. —— 舌头虽非刀剑，却可伤人。
48. Words cut more than swords. —— 舌剑利于刀剑。
49. A single kind word keeps one warm for three winters. —— 一句好话可使人温暖三个寒冬。
50. You cannot sell the cow and drink the milk. —— 鱼与熊掌不可兼得。
51. He who praises you for what you lack wishes to take from you what you have. —— 凡是赞美你所欠缺的人就是要夺走你所拥有的人。
52. The leopard cannot change his spots. —— 江山易改，本性难移。
53. You are your greatest enemy if you are a coward, but if you are brave, you are your greatest friend. —— 人若软弱就是自己最大的敌人，人若勇敢就是自己最好的朋友。
54. “Impossible” is a word to be found only in the dictionary of fools. —— “不可能”一词只存在于蠢人的词典里。

55. Nothing ventured, nothing gained. —— 不入虎穴，焉得虎子。
56. Everybody's business is nobody's business. —— 众人之事无人管。
57. If you run after two hares, you will catch neither. —— 同时追两兔，两头都落空。
58. Calamities always come of a moment's intolerance. —— 小不忍则大祸至。
59. All's well that ends well. —— 善终为善。
60. We must learn to walk before we can run. —— 学跑前得先学走。
61. A good beginning makes a good ending. —— 善始得善终。
62. It's a waste of time thinking hard about the past. There's nothing you can do to change it. —— 缅怀过去是无用的；过去的事你已无法逆转。
63. Where there's a will, there's a way. —— 有志者事竟成。
64. Kill not the goose that lays the golden eggs. —— 勿杀生金蛋的鹅。/ 勿短视近利。
65. Don't count your chickens before they are hatched. —— 小鸡孵出前不用数。/ 勿打如意算盘。
66. Slow and steady wins the race. —— 稳扎稳打必得胜。
67. Well begun is half done. —— 好的开始是成功的一半。
68. No pain, no gain. —— 一分耕耘，一分收获。
69. A bird in the hand is worth two in the bush. —— 一鸟在手胜过双鸟在林。
70. Rome wasn't built in a day. —— 罗马不是一天建成的。
71. Perseverance is the key to success. —— 毅力是成功的关键。
72. If at first you don't succeed, try, try, try again. —— 如果初次未成功，那就一试，再试，直至成功。
73. Diligence is the mother of good fortune. —— 勤奋是好运之母。
74. Success is the child of audacity. —— 成功是胆识之子。
75. The will to win, the desire to succeed, the urge to reach your full potential... these are the keys that will unlock the door to personal excellence. —— 求胜的意志、成功的渴望、发挥潜能的冲动——这些是打开个人卓越之门的钥匙。
76. I find that the harder I work, the more luck I seem to have. —— 我发现我越努力，就越幸运。
77. A journey of a thousand miles begins with a single step. —— 千里之行，始于足下。
78. A for effort. —— 肯定其付出的努力。(这里的A是字母A，表示等级)
79. Go the extra mile. —— 付出额外的努力。
80. Climb the ladder of success. —— 攀登成功的阶梯。
81. Pay your dues. —— 付出应有的代价。
82. Rise to the challenge. —— 迎接挑战。
83. Keep your nose to the grindstone. —— 埋头苦干。