



Print & Play Card Deck

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Pretend to fall asleep standing up, mid-sentence.

Bonus points for snoring.



Try to perfect your “armpit fart”.

Cup your hand under your armpit, press your arm down to trap air, then quickly move your arm up and down to make the sound.

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Say, “Let’s try a T-Rex hug.”

Tuck in your arms like stubby dino limbs and go in for the most awkward snuggle.

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Flop yourself onto the floor and whine, I’m BORED!

Just to see what happens!

Make up mushy-gushy names for your kids, like, “I love you, my little schnookie-pookie-wookie-doodly-ding-dong-bear.”

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Pretend your own bottom is dragging you around the room backwards.

Pretend to forget how to get to the bathroom in your own house and ask your child for very detailed instructions, but keep “getting lost.”

Jump up and down, crying that you gotta go NOW.

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Use silly classic exclamations like, “Ohh, FIDDLESTICKS!” or “Leapin’ Lizards!” a

...and/or challenge yourself/each other to come up with your own, like “Oh, bumbling butterscotch!”

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Pretend your child has suddenly gone invisible and say, "Did you turn on your invisibility power again???"

Swipe at the air around them, missing them on purpose, getting really confused and scared, especially if they touch you or make a noise.

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When serving a snack or meal, put one tiny crumb or piece of food on the plate/in the bowl and say "Here you go!"

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Challenge your kiddo to a 15-second thumb war, but act weak, wimpy, and flabbergasted by their thumb strength!

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Start swimming around the room doing swimming arms singing, "Just keep swimming."

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Ask if you can glue them to you.

If it feels welcome, use imaginary glue, pick them up for a big tight squeeze and pretend they are stuck to you.

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Hum circus theme-sounding music and pretend to walk on a tightrope.

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If someone toots, translate what that toot sounded like it said.

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When the microwave or oven beeps, strike a different dramatic pose with each beep.

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Try to balance a hat on your bum and ask if they think that is a good fashion choice and if it might start a trend.

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Walk into the room like a model on the runway, walking towards your kids, stopping, posing, then walking back out with a serious face.

Bonus points for throwing on something ridiculous.

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Start walking backwards and say, "Hey! Who pressed my backwards button?? Was it you??"

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Start marching around the room, singing, "The grownups go marching one by one, Hurrah! Hurrah!"

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Put your pants on your arms and act clueless.



Try to balance something random on your head just because.



Challenge your kiddo to a spontaneous "staring contest" and stare as intensely as possible.

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Create a secret handshake with your child with silly sound effects.

Try to remember it the next day.



Pretend your kid's foot is a phone ringing. Go to answer it and get angry at a telemarketer or pretend to be ordering a pizza.

Get a call on the "other line" and use the other foot to be talking on two phones at once.



Ball up a pair of socks and shout, "Hot socks!"

Throw the sock ball back and forth like hot potato.

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Come into the room with socks on your ears and say, "What? My ears were cold!"



Say 'What if I farted like this?' and then make funny sounds like sirens, trumpets, animals noises, and opera singing!



Transform your hand into a goose beak and start honking and playfully pecking around.

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Grab a spatula as your microphone and launch into your go-to karaoke song.

Try to work the word spatula in there.

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Turn a yawn into an opera melody.

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Welcome your children into your restaurant, giving it a random silly name and weird restaurant policies like, "Sorry, we do not allow smiling in our restaurant."

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Tape a piece of paper with "Hug Me" written on it to your own back.

Give them a round of applause for doing a great job on something but say, "Clapping with my hands is not enough. I am so proud I have to clap with my feet too."

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Make up a song about whatever you're doing.

Example. *"This beef is takin a while to thawwww..."*

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Use an imaginary lasso or fishing pole to try and catch your kiddos and draw them in for a hug, if it feels welcome and fun for them.

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Have your feet strike up a conversation with each other.

Pretend they're scared of your child.

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Make a secret code word together for the day. "Today instead of lunch, let's call it FarkleSnarkle."

Try to remember it later.

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Run up to your child and ask for their autograph and a selfie with them, as if they were a celebrity.

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Stick something to your own butt and pretend to be clueless.

A sticker or a taped-on note that says "Hi. from mom's butt."

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Tape the tip of your nose to your forehead to make it point upward.

Bonus points for snorting like a pig when they notice, just to be silly!

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Act like you are glued to the floor and need their help to peel you off.

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Start doing "the robot" dance out of nowhere.

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Sniff your child's foot and then pretend to pass out from the stink.

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Sniff your own armpit and then pretend to faint.

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Pick up a random item and do a cheesy commercial on the spot for it.

Bonus points for a jingle.

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Use an auctioneer voice when offering snacks.

Example: "Okay, ladies and gentlemen, boys and girls, what do we have here? We've got a delicious apple. Going once, going twice, SOLD to the little one in the front!"

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Start disco dancing with no music. Say, "What? Haven't you ever heard of a silent disco?"

Bonus points for a disco dance-off.

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Do your best "villain laugh" out of nowhere and then ask if they think you'd make a good Disney villain voice.

Challenge them to do a laugh, too.

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Challenge your child to let out all their air and then try to laugh. The result is hilarious.

Of course it's more fun if you join in!

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Challenge your child to a "tongue twister-off" –

Here are two classics: "Red leather, yellow leather" and "Unique New York" – try to say each one five times, fast!

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Hand your child an imaginary "silly face remote" and ask them to change your face.

Let them point it at you as you make different silly faces and offer to take turns!

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Freeze your body and face, then say through clenched teeth, "Hey. Who pressed the pause button. I'm stuck. Can someone please press play."

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