

TAROT FOR THE WILD SOUL

Rewilding the Tarot

Line One of The Major Arcana

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The Fool, 0

Our journey into the Major Arcana starts, of course, with The Fool. The Fool is not technically, based on Rachel Pollack's sort of ordering of the three lines, a part of the three line order, but it is our leap and our kickstart into Line One into our larger journey, so we're going to be including it in the Line One flow. And really, that's indicative of The Fool across the board. It is very much a card, being card zero, that is both sort of in the world and not in the world. And it's not just a kickstart into Line One of the Major Arcana.

It really is kind of the golden thread that leaps us, I suppose (*Lindsay laughs*), that guides us that invites us to evolve and expand and rebirth into each and every one of the Major Arcana cards and even brings us from The World back into The Fool, but in a really kind of expanded new level once we move through the whole journey. So it really is quite a powerful energy.

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The Fool, really, especially in Soul Tarot, is indicative of the soul itself. The soul of us, that's the part of us that in spite of all the scary stuff, in spite of what might go wrong, in spite of maybe not having an answer or knowing if things will be okay, feel a call to something, feel a call to express ourselves, to be ourselves, to exist in the world, to say "yes" to something that again, might feel a little bit scary. And because all Tarot cards are really, ultimately rooted in us, our evolution, our development, we don't ever have to look at The Fool as being connected to something external.

In other words, you're not leaping into quitting your job, saying "yes" to like, something external, when you're in this card, and I would really invite everybody to start thinking maybe a little differently about that, because not everybody can afford to take a gap year, not everybody can afford to quit their job. They're not in that place. We really want to expand our understanding of this card.

Really, it's about being yourself. It's about saying "yes" to yourself. It's about, especially in Soul Tarot, acknowledging that we're not actually really even leaping. We're acknowledging in The Fool that there was never really ground underneath us to begin with. We're so completely in the void in this life. The Fool reminds us of that. What ultimately do we have other than this moment and whatever it's inviting us into, right?

So The Fool is ruled by Uranus, which is very much a planet of the unexpected, of stuff that is off the cuff, that is just really potent, erratic, sometimes even unpleasant. For some people, events, really, for me, and for a lot of folks, Uranus is really rooted in the idea of absolutely unapologetic individuality. Have to be yourself. Must, you know. Uranus, for some folks, talk about Saturn being the ruling planet of Aquarius, and I like to look at Uranus as equally, a very important ruling planet for Aquarius.

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Aquarians have to be who they are, and it's never going to be one thing. It's never going to be steady. It's never going to be necessarily one way or another. So when we pull The Fool card, when we're working with The Fool card, be it in a reading, Tarot Anchoring, just in our minds, this is an invitation to say "yes" to ourselves, to our soul selves, that there is a calling within us; A call, a beckoning.

Some part of life, some part of us, is longing for us to say "yes" to it. And in doing so, it kicks off this whole journey of soul evolution. And that's always what happens. We're always going through different sort of levels and layers of these journeys in our lives, right? There's not just one. So whenever we're in The Fool, we're being asked to connect to that Uranus power, saying "yes" to us, because we have to.

With The Fool too, and this is where we really talk about it in the reversal, big fear can come up with The Fool. And when we get The Fool, reversed, it's really, really important to do a gentle check in with ourselves. Are we sharing these really big, really important, beautiful self discoveries, decisions? Big, either internal or external, leaps in life that we're really being called into with The Fool?

Are we sharing them with folks who maybe are not in a place in their lives, where they're able to value those leaps? Have they never done any Fool leaps of their own? Are they projecting onto us? That's very possible and sometimes likely, because Fool leaps take a lot of courage, takes a lot of courage to be oneself to the degree that we're able.

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So when reversed, when we get The Fool, reversed, it's not a signal not to do it, it's not a signal not to leap. What it is a calling to, is to reach out and take the hand of the part of yourself that's scared that something might go wrong, that you're making the wrong decision. That part of us, be it an aspect of ourselves, our inner children, sometimes even just the mind, just really wants to be embraced. It wants to come with, it's just really worried about what might happen (*Lindsay laughs*).

So there's a dual medicine, I think with The Fool reversed, which is touching back in with the self and reassuring yourself. And you know, maybe something does go "wrong", what might we do? What solutions might there be, you know? What might make that part of us feel a little better? And then like, just, again, very gentle inventory like, is some of this fear, concern that I'm having, mine? Or is it the worry about what other people will think, what this other person told me, etc? We really want to be in the invitation of that.

So very often, whether Fool shows up right side up or reversed, it's not always that some big, giant thing is happening. Really, that's the truth. It really just sometimes is that we're saying "yes" to us, to being ourselves, to something that's really calling on us to be authentic in the best ways that we can, to be true.

And it really does fly in the face of the parts of us that say, "Well, I have to know. I have to have everything to set." Yes, absolutely that's important, and yet, we don't really get out of this life alive. So to the degree that we can, can we say "yes" to who we are and who we're meant to be, who we're evolving into. That is really, ultimately, what The Fool invites us to do.

The Magician, I

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So the first card in Line One, solidly Line One of the Major Arcana, is The Magician. So what I love to think about, and what I love to invite my students to think about, is the idea that the first card in each of the first three lines really dictate to us kind of what the lines are about, like what we're studying, what we're kind of moving through, being that this is really a sense of discovery,

a journey that we're we're going on. And The Magician is all about us being a vessel that brings something that is up in the ethers that is, as of yet, sort of in the invisible realms through our body in order to share it, either with ourselves or to kind of just have the pleasure of bringing it down into song form, into journal form, into class form, into book form, whatever it is, that we're actually the bridge. That's a crucial part of line one and a crucial, crucial part of The Magician.

The Magician is not always a promise that you're going to create the next big symphony, that the next great opus of work is going to come through you. Maybe. It also doesn't mean that you have anything necessarily that you're going to present to others. Sometimes it's just for us. Sometimes it's just spirit or the universe or some part of ourselves letting us know, "Hey, the faucet is turned on here in some way. Can you just simply be open to the possibility that something wants and desires to move through you?"

The Magician is ruled by Mercury. So this is about communication. This is about receptivity. This is about openness. Mercury is the ruling planet of Gemini. So we have this idea in Gemini. Gemini rules the hands, what we do, we make. Rules the nervous system, how these synapses fire, how the brain and the soul are connected, essentially.

The Magician is such a powerful archetype that shows how soul impulses can be channeled through nervous system. Connectivity. That's really quite fascinating. This card is really about where do soul and human meet up. But to put it, ultimately, very, very simply, when we receive The Magician in a reading, when we're working on it in an anchoring way, it's an invitation to simply be open, to let something, creativity, channeling, whatever word you want to use there, come through us.

Sometimes it's not about waiting for the insight, it's just about the doing. Mercury is very much not about like waiting, pausing until exactly the right time. This is very much a card that says, "Free write, paint, even if it doesn't look very pretty. Film the thing, record the thing, write a chapter." It's okay if you don't like it. Just to get into the practice of being open.

So much about The Magician too, especially given the more traditional and even more modern day imagery on the card, are sort of the four elements represented on the altar, and the infinity loop over The Magician's head, the two-sided wand, that's letting us know, that sort of elemental balance on that altar lets us know, it's in highest and best for this to come through.

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There's balance here rooting this magic. This isn't just us trying to pull stuff out. This is us knowing that sometimes things call on us to just let creativity move through, that we are that

wand, that we are connected to something greater than us. How can we play with it rather than having it be connected with a final product, getting it perfectly right? We so often forget, right, that these bodies are tremendous vessels for creativity. How do we bring what's sort of invisible, down into the visible?

When reversed, it's an opportunity to really look, to really, really look at... So The Magician is all about, "Just create. Just make, just let things come through. It doesn't have to be perfect. Let's move away from that. Just allow things to flow and see what happens."

When we get The Magician, reversed, sometimes we can feel a block to that flow. Sometimes it can really feel like "I'm not able to. I'm trying, I'm trying." What can be very useful, this isn't the end all be all interpretation, but I find what can be very, very useful is for folks with Magician, reversed, to just pause. What's the story underneath trying to create?

Because sometimes when The Magician comes up reversed, it can be an invitation to come into something that's here before we can go there. So are we afraid we're not going to be able to do the thing? That's something that will really, that can really show up as Magician, reversed. Sometimes if we have a feeling of writer's block or of creative block, we can get that card.

So the invitation that I would invite you into, so to speak, is to just do a little bit of gentle inquiry there like, what is the story under that? Are you trying to wait until everything is lined up and perfect? Are you waiting for the exact right time? Are you waiting for this person, that person? Is it possible for you to just do a little bit of it? Are you telling yourself like this will never work? I can't, I can't, I can't.

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What might it be to just do the brave thing and let something flow? And also, conversely, if you're in kind of an oppositional situation, what is it to allow yourself to trust that it's okay to wait? That maybe there isn't anything right now. Maybe there's a lot presently, that's asking for your attention, that once that gets paid attention to that creativity can flow. So not a hard and fast, always something for us to check into our own aligned meanings, but a good place to start when it comes to The Magician.

The High Priestess, II

So, with The High Priestess, we have a lunar ruling. The High Priestess is ruled by The Moon. So, The High Priestess is an invitation to start to drop into our own intuitive rhythms from an

autonomous, self-guided, self-sovereign perspective. And this is not about being open to all the mysteries in the universe. This is not about going to the feet of some other teacher. You are High Priestess, or whatever label or equivalent you feel The High Priestess is, and some folks call cards by different names. So what is it?

And how would it be for you to consider that your relationship with intuition, with your knowing, with your wisdom, with your spirit guidance, however you flow with that, is just as multifaceted as the moon itself, is just as connected, just as vast and mysterious and unknowable and ever-changing as the ocean, as the tidal pull? And simultaneously, what would it be like to acknowledge that even though the tides move in and out all the time, the ocean is still the ocean, there's still a root there? That even though the moon is in a different sign a different phase every night or two, that it's still the moon?

We're just seeing different phases of it, we're literally seeing it reflect more light or less, or be kind of enrobed in the energy of a particular sign depending on what sign the moon is in.

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The High Priestess is a profound invitation to acknowledge and reclaim that you are the moon. Literally, you are the ocean. You are always that moon.

But you are also always changing. How we tune in and come home to ourselves today is going to be really different than it might be four days from now or a week from now or an hour from now. You are a cyclical, spiralic being just like everything else in nature, just like the moon, just like the tides, just like the ocean, just like everything else. The seasons. That you are connected to that.

So The High Priestess is a really profound invitation here to drop in and listen, to get quiet, to come home to self, to check in to tune in.

Where am I today? You know, where is that inner moon? How do I feel and can I greet myself there rather than trying to make myself feel like I have to be linear, that somehow, "Well my intuition was so open yesterday. Now it's different." What is it to be in the middle of that? What is it to be in the to be in the balancing place of that?

It's a very, very powerful, again, invitation to expand our intuition by actually coming home to where we are right now. Not trying to do anything to expand it, not trying to calm down or get more centered. But like, literally just to come home to right now. The act of really deep listening is a very courageous, very uncomfortable act. To be able to sit with oneself and say, "Spirit,

higher self guides, whomever you connect with. I'm listening, what would you have me know?" Maybe closing our eyes is intense. Because the mind wants to know what's going on. It wants to understand it, wants to get in there. It's noisy. How can we just let that be and just sit with all of it? That is ultimately the embodiment of The High Priestess.

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So when this card comes up in a reading or whether we're working with it in an anchoring sense, can we come in and deeply listen? Can we know that there is a message of some kind for us that is dying, wanting, to be dropped in. And it's not so much a linear message, like a message on an answering machine or something, but literally some part of us that really wants to be acknowledged, and to know that the way that we can receive such a message has to do with being able to touch in with "Well, where am I today? Am I open to such a message?"

You know, just really touching in with that piece of it really is an initiation into rewilding our own intuition, that we have our own ways of tuning in, of being with ourselves, that are very, very special and unique to us, and The High Priestess helps to crack the door open to that.

So the reversal of The High Priestess, very easy to get frustrated with this process, very easy to feel like we don't understand what's going on, we can't "hear that message", you know. So how can we pause, sort of take our hands off the controls? My recommendation, through many, many years of doing this work, and many years of my own frustrations and tantrums with The High Priestess, is to literally just try to stop receiving the message. It's to literally say, "Okay, I'm trying to touch in a little bit more with myself, with spirit with my own rhythms and cycles as a human being, and I'm really feeling very frustrated. My brain is very, very loud." I will literally just say, "I'm here and if you want to get my attention, or if something wants to clue me back in, I'm totally here. But for right now, I'm going to read a book. I'm going to take a break. I'm going to do the dishes."

Literally stepping away and just coming back to anything that might be pleasurable, anything that might give you a sense of satisfaction. If it's a task of some kind, it's really very helpful to sort of walk away and trust that you will get called back.

Sometimes the tide is out too far, like we can't see. Like really, sometimes the moon, you can't see it at all in the sky. So sometimes, it's helpful to wait a couple hours, wait a day, where we finally start seeing a sliver, right? But we don't have to panic about it. We can just really, you know, if it creates some anxiety in you, that's also okay. But really just how can we be gentle with the times when we just can't perceive and we feel really blocked? This reversal really helps to alert us to the fact that we might feel that block. So how can we be gentle with that?

The Empress, III

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The Empress is ruled by Venus, and this absolutely magnificent, sometimes very uncomfortable energy (*Lindsay laughs*), is an invitation to expand what I like to call our “threshold of receiving”.

Receiving, typically, pleasure, abundance, compliments, you name it, is generally speaking, fairly uncomfortable for most of us, and all of us have different thresholds of what is comfortable. Some of us are very, very happy to receive on this end and that end, and we are extremely uncomfortable receiving on that end. And so like everyone, all of us do this, we all have different patterns to try to like get us away from the pieces of receiving that feel too uncomfortable to take. Sometimes that's pushing away good people, sometimes that's telling ourselves, we don't deserve it.

That's why The Empress, even though it seems so “great”, is very activating for a lot of folks. Because even under the more sort of regressive, less inclusive interpretations of this card, which can also feel very isolating and very uncomfortable for folks, there's something under it that we can feel that it has to do with us really opening in a really courageous way to what is the pleasure that is available to me right now? What feels delicious? What feels pleasurable? What feels almost, maybe even like too much, you know? Like that (*sound of discomfort*), that sort of like “ahh” feeling, is sort of what is The Empress' job.

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Because to The Empress, receiving is our birthright. That's part of The Empress' job, is to remind us that, “Oh, pleasure, receiving, you know, whatever kind of pleasure or delights you desire to receive, we're all different. It's your birthright.” That you don't have to deserve it. (*Lindsay laughs*) You know? And that it's really hard when we don't either get what we need at a younger age, or we sort of tell ourselves a story. “Well, I can't have that.” Right? Or “this doesn't come to me.” Which absolutely is folks' experience. I think we all have some of that to varying degrees.

Empress is Venus. This is about love and beauty and friendships and connections and what makes us feel happy to be alive. What brings us joy. Sometimes it's tiny, tiny stuff. Sometimes we have times where it's absolutely amazing, where it's everywhere. So how can we connect with this archetype in this way?

When we get The Empress in a reading, be it again, in a more formalized reading, or in a more anchoring way, we're being invited in some way, shape, or form, to consider to be open, to be willing to expand our threshold of receiving. And again, that's not related to anything specific. Sometimes, sometimes not. It's very often just if this card comes up, it can just be a wash, a deep breath, like "Oh, yeah, like, have I just been working, working, working? Have I sort of not even given myself an opportunity to remember that I haven't left any room for enjoyment, for pleasure, for delight, for breaks for laughing."

Where can we make more room for that in our lives, you know? And how can we bow to and honor the discomfort that may or may not come up when we seek to lean in further, to expand, holding and cradling that while also saying, "This is my birthright" is kind of the dual experience that we're doing in The Empress.

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When we get this card reversed, I think that really it's a signal that's amplifying like, "I'm unwilling, unavailable, to be open to this," and I think that's okay. I think that, really, I've gotten that (*Lindsay laughs*) plenty of times myself and it, like, always made a lot of sense to me.

I think when we get The Empress reversed, just being really curious about that. Like just saying, "Oh, wow, you know, have I gotten so far on the other end of things that likem there really isn't any room? Why am I uncomfortable with that? Is there grief underneath that? Have I been going, going, going because I don't want to face certain things? Or is this just simply where I am right now. I'm not comfortable receiving XYZ."

I think if we can start with an element of deep bow in respect to that, rather than seeking to try to change, it makes it different, makes it better. If we can start with acknowledgement, I think it can really move things around. I think when The Empress shows up reversed, a nice way in is to really say, "Oh, thank you. What would you have me know? What would you like me, invite me to? What are you inviting me to pay attention to?" We can even pull other cards around it, you know, and see what it has to say.

The Emperor, IV

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Ruled by Aries, The Emperor is our kind of counterpoint to The Empress where they're both kind of the birthright reminders, homecoming callers. The Empress really holds up this element of

receiving and pleasure and delight and beauty and that it belongs to us. And The Emperor really holds up this other really powerful, it stands up by itself, but when looked at with The Empress, it really creates this kind of sphere of reclamation.

The Emperor, when it shows up to us in a reading, really has to do with us knowing, being willing to consider that we have a right to be here. We have a right to take up space. We have a right to claim our gifts, we have a right to express them. And we also have no control over who will respond to those gifts, who will want them, who will accept them, receive them. The Emperor says, "You know those human vulnerability feelings about like, 'I can't stand up. What if nobody gives a shit? I can't stand up. What if I'm seen too much?' All those big, big feelings." The Emperor says, "Can you honor them and also step forward anyway?"

You know, typically when we're moving through Emperor energy in some way, there is an invitation to step into something that might feel a little scary, that might be a little courageous. How can we allow ourselves to remember that in and of itself, that we all came to the planet to do really, really special, important, crucial things and that it's very, very important for us to honor those moments when The Emperor comes to call, that it's some part of us that's reminding us you have something to share with the planet. You have a right to be here.

The Emperor being ruled by Aries is really the shout, the scream, of a newborn baby. It's literally a baby saying, "I have a right to be here. I'm here." You know? And The Emperor really contains that essence. The Emperor, like all Tarot cards, is also really not a person. The Emperor is what is present in the huge mountain range. It is the ocean. It is the wingspan of a big bird. It is the Douglas Fir, the Sequoia, the Redwood. It is anything in nature that does not shrink or apologize for the space it takes up.

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And the beauty of The Emperor is that it is inclusive of the utmost important work that comes with not taking up too much space. Because there's some part of us egoically, or in terms of insecurity that's worried about, like if we have stuff about, "I'm never heard, I'm never understood," we may take up more space in a room than what is perhaps in highest and best for everybody, because that's an unmet need right inside of us.

So The Emperor holds the space of, can we take up sacred space, without being afraid, without being worried about what anyone necessarily thinks of it? That really, if we're here to do what we're meant to do, and we're in constant, humble checking in. Is this an alignment? Am I really in my lane here? Being aware of privileges and those intersections, it's a kind of constant building of work. But when we get this card in a reading, the invitation of The Emperor is: Be the

mountain. Be the Redwood. Be yourself. Bring some part of your gifts and self into the world. Let it be expressed through you. Let yourself really play in those waters.

When reversed, The Emperor is a gentle signal to just check in, and I think it can go either way, and I think it can flow between the two, right? One part of The Emperor reversed, is sometimes, we are taking up a lot of space, in a space or in a relationship, and we just want to ask why. And if in that investigation, if we want to shift, be transparent about why, make amends if appropriate, that's really important. If it's caused harm, we really want to acknowledge that. Of course, we have many, many examples in the world right now of a lot of Emperor reversed behavior in that way, and I think it is something that is always just really important to gently check in with.

It's also really important, when and if your mind starts going into "I shouldn't be this way, it should be different. Oh no, what if I did something bad?" to just really honor that and be willing to check in about it as courageously as you can. So that's important to check in with, but I also think one of the more important things to look at here is ultimately, really, that we're often afraid to take up too much space, that it is too much, that we don't want to be too much. So how can we be with that, you know? How can we bring about some gentle attention? How can we really look to ourselves, to those moments and really say, "I honor that," and how can we step forward? Or how can we pause here until you feel more comfortable? Or if you're looking to feel more comfortable, you'll likely be waiting forever (*Lindsay laughs*). You know, that very often for most of us, it is, you know, that we're afraid, you know, that it is too much. So how can we be with that and really bring compassion and attention to that. That's really, you know, I think where to start with this card reversed.

The Hierophant, V

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So next we have The Hierophant. So The Hierophant is not a teacher. It's not an authority figure. It is not a spiritual adviser. It is you.

The Hierophant at its core in Soul Tarot is an invitation to step into the teacher that is within you. There is nobody on this planet who is a gatekeeper to your own wisdom or connection with spirit. You are it. And we've been taught through many different systems of oppression that have absolutely been connected and attached to spiritual systems, religion, etc., wellness, you name it, that we need somebody to approve of us, to like we give us the key and let us in.

And unfortunately, those systemically oppressive schools of overcultural thought have really been baked into The Hierophant, where almost every book that you read about this card were talking about, be open to a teacher, and I'm not saying not to be, but at its core, this is about you, saying "yes" to yourself, to your wisdom, to your medicine, to your intuition.

To know that we're in a constant state of balancing with this card, that it really is about us following and honoring the truth of our soul, our gut in this moment, which is often very hard and very scary. And also acknowledging what were we taught, shown? What are our beliefs? Are those beliefs true? Were they inherited? What does it mean to break them?

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It's extraordinarily intense. Very, very powerful to do this. There's a great deal of sometimes, I think for myself, almost like past life resurgence with this card, where times in my own life where it didn't feel okay or safe for me to be myself, you know, in the way that I was raised, because there were very oppressive, you know, inherited belief systems within my family structure that no one was really questioning. So it was unsafe for me to question it, that still may be true for folks today. So I'm not saying, like, "Hey, go out and toss it all away."

But when this card comes to call, there is typically a reckoning with that, like, "Is there a belief that I'm carrying in my body, that has never been true, that's ready to go in order for some truth, some medicine that I know, to feel really resonant with me to come forward?" Right? So we want to always be, it's always a balancing in that way. And in terms of teachers as Hierophant goes, if we are The Hierophant, if we are truly that place, that essence, that life force that is open is available, can our channels absolutely for wisdom and medicine and truth and clarity and the building of a new world?

You know, what happens when that wellspring of wisdom is confronted with a story. "Well, you can't do that, that's for another person. There's no space for you here x, y, z." So The Hierophant can sometimes be pretty intense. It can bring up a lot of stuff about all kinds of different things. It has to do with being in the best way that we can today, truly, the most humble, integral, spacious, flexible, open and willing teachers, beings, on this planet that we can be.

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It means interacting with one another. It means that when something came through our channel that felt really right for us, but we hear feedback from someone saying, "That felt really harmful for me." That's a Hierophant moment to be able to say, "Okay, was there something inside of that that still remains? Where was that piece? Is that mine?" You know, it always, always has to

do with just really being willing to be in that space of deep, humble spaciousness, openness, really.

And so when this card comes up in a reading or when we're working with it in an anchoring sense, always a signal. Trust yourself. Trust your medicine. Honor the fact that you may be readying to expand in some way. You may be readying to bring a truly authentic aspect of yourself out into the world and it may be drawing up and out those really hard, really painful old beliefs. How can we bow to those beliefs?

You know, part of the reason why Hierophant feels so intense is because beliefs have a different charge than other thoughts. They feel completely true. Very, very hard to distinguish. Like, "Oh my gosh, this is a belief, it's not the truth." Very hard to feel that. So with our Hierophant work, we just want to be in that gentle gentleness.

Every time that I've been asked to really acknowledge and confront a great truth that has lived within me, but I haven't been able to see it because of beliefs that have been layered on top of it, that have really been put there by others, and I'm ready to be liberated from that: That's Hierophant work.

And this card is ruled by Taurus. So this, it's again, connected to this duality. Taureans and Taurus energy absolutely have this beautiful medicine to them with regard to enjoying the finer things, enjoying pleasure, enjoying really earthly delight, but one of the most important kind of soul lessons that Tauruses have to learn is that it's not always about getting to a point where they're just comfortable and so they can just settle.

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It's really about constantly evolving, growing. We see this a lot with authority figures or folks who are kind of up in a hierarchical sense or have a position of power, and also have... Again, we see this with the pope. We see this with, again, certain religious figures, where spirituality and power are mixed together, that it's very hard to ask those folks to be accountable once power starts mixing with these things. And so that's what we're really being asked to do with ourselves. Are we being really, really... Can we be activated? Can we be uncomfortable in an evolutionary way? Is that possible? Are we available to that?

Really, this card is about being one's self, really, really important, and about clearing out old beliefs that keep us separated from some aspect of our brilliant knowing, really.

So the reversal of this card, we may really be feeling like, I don't know what's true here. Like, I want to do this, but I've been told that I want to do this, but this might happen. So I find that when I'm in Hierophant, reversed, it's just always a wonderful reminder to me, like "Okay, this is where I am right now. Cool, I get it."

And with that being said, really, really powerful to begin to think about what might be of service in helping me to detangle this. Sometimes it's a processor, sometimes it's a therapist, sometimes it's a friend, sometimes it's just a two-second conversation, like "I'm feeling this way, but I feel like this might happen." And it can just take one second of someone being like, "That would never happen." (*Lindsay laughs*) To kind of shake us awake and out of that.

If we're really expanding in a big way, and we're finding ourselves being, just feeling so contracted, so scared, really afraid in an old belief about what might happen, this or that. Again, we want to really draw in that support, to just be so gentle. It's quite normal, when Hierophant, reversed, comes up to be in a space where we are being really called into some aspect of reclaiming our Hierophant-ness, but there's fear, so it can be really useful to draw in other folks to help us see what we might not be able to see.

The Lovers, VI

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So The Lovers is a mirror and an invitation to begin to draw back into ourselves and reclaim the love, the admiration, the sometimes projection, sometimes even transference, that we place on people, things, status, symbols, etc. that are outside of us. So often, it's very easy for us to see the beauty in others, very hard for us to see it in ourselves. Very easy to see the gifts, the talents, the skills, the capabilities in other people, really challenging to see it in ourselves. Sometimes we see the reverse of that, where no one can get anything right. No one's good enough (*Lindsay laughs*), but "we're perfect," right? So we see that as well. And that's still The Lovers. It really just has to do with a gentle shifting and reversing.

And with the willingness to start looking at where are we making something outside of us our source. Like, "If this person loves me, chooses me, accepts me, I'll feel right about me. If I'm able to have this. If I'm able to get this. If this person can give me this approval. If they can validate me, then I'll feel okay." It's really intense and confronting to think about because we all do it, but it's often not super present and also pretty much, like there's a lot in our overculture and in the media that makes that kind of thing seem very acceptable. Like "Of course, of course, when you give me this, I'll be okay."

And now let's be real here, there are times where if we are receiving something from another person, it can really move things into (*Lindsay laughs*), it can move things into place, in ways where without it, it wouldn't, right? I absolutely want to acknowledge that. We're not supposed to be without that.

But The Lovers does illuminate for us, "You're making this person into something, something bigger, because you're not able to accept and receive this too." So I invite you to reflect on this, because sometimes it can be a little tricky to integrate. Have you ever told yourself, "If I'm just able to move to this place, I'll be happy." And I'm not saying that that's not true. I've had that experience. And it's actually been 100% accurate (*Lindsay laughs*).

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It's not that happiness, you're incapable of it where you are, you just understand, of course, that out in this place expansiveness may be more available to you. But we absolutely know people who think all of their problems are going to be solved if they go here or there, or all their problems will be solved if they're not single anymore, or if they're not partnered anymore. If they have more friends, if they had this, if they had that.

The Lovers says, "Please dream, but also, can you reclaim? Can you bring back into your body the love, the admiration, the beauty, the delight, that gets lit up for you in other people and other things and other possibilities? Can you see that that is really just a mirror to you?"

You know, I don't want to make it about that, because The Lovers really has nothing to do with partners, but sometimes where it actually can show up with partners, be they romantic or friendship or otherwise, is that it can actually illuminate for us, you're giving this person too much. There's too much emphasis on that in a bad way. But just can you see that the aspects of them that you're falling in love with are actually aspects of yourself that you may be a little afraid to be falling in love with?

So The Lovers is really quite powerful, because it does ask us to look in the mirror at us. And it does ask us to love, approve of, accept and receive ourselves in ways that we maybe never have before, in ways that maybe we've never considered, that we can say "I could never do that." And yet, here you are with this invitation.

So when this card comes up in a reading or in an anchoring sense, how can you redirect the flow of love back to yourself in ways that you give so readily, so easily to others? It is a very, very specific energy, and does have to do with the outside, does have to do with the external.

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And this card is ruled by Gemini. So with Gemini, we have The Twins. And so there's a kind of an infinity loop, a weaving, that happens with Gemini energy where it really starts inside, goes outside, comes back in, goes back out. There's always a sense of connection, of intimacy, of weaving together with Gemini energy, that really has to do with the joy that can be found in like, "Whoa, this is mine. This is yours. This is how we come together." But what can sometimes happen with this energy is that there can be too much emphasis on what's outside. And when we can honor what's beautiful about what is outside of us, but also see that as a reflection of us in the most beautiful waves, it can be incredibly life changing.

So The Lovers ultimately comes to us as a mirror. There's something in your life, maybe something you're loving, maybe something you're appreciating, you're valuing, that is actually showing up as a mirror of, and for you that you may not 100% be fully receiving. So how can you drop in, maybe consider, "Uh oh, like what I'm seeing in this person, maybe I'm definitely seeing their beauty, but maybe their wonderfulness, their kindness, their capacity, but maybe there's something inside of what I'm seeing in them that's actually for me too. And maybe it's too uncomfortable for me to accept that, and what might I want to do to change that and bring about more comfort in looking at that and being myself?"

So the reversal of The Lovers is sometimes we can be so stuck in other things external, that we don't even like, know that this is a thing to do. So I often find with The Lovers, it's really hard to say, being that it's ruled by Gemini. It really could be, it's so holographic, Gemini energy, that it could really be anything, but a nice place to start in terms of looking at what The Lovers reversed, might be, is: are you unwilling, blocked, refusing to see that someone or something outside of you that your mind is really trained toward legit, it could be anything, like you could have The Lovers energy come up, I'm not kidding you, with other folks' hair.

Like, I'm being really serious. It could be how other folks' bodies are expressed, how they feel comfortable in clothing and we might not. And it could be about, you know, literally, someone's artistic ability. Why can't I have that? These are deep, painful aspects of being a person, being invited into comparison. And sometimes we can get so stuck in that that we don't even realize we're stuck.

The Lovers reversed, can be that gentle heads up that's like, "Hey, honey, you might be stuck here. You might be missing all of your gifts." What are your gifts? Like, what are the blessings and the beautiful things that you bring to the world?

And it might be really hard to answer that question. At first, it really might be a sense of like, “I don't bring anything, like I don't have anything.” We're feeling really tough, really stuck. So how can we be with ourselves in those moments, you know, it's really important to ask ourselves.

The Chariot, VII

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So The Chariot, our last card in Line One, our final destination in this line of discovery, of saying “yes” to ourselves, of reclamation, of kind of laying down those foundations of creation and of intuitive rewilding and reclamation. And yeah, just so much, so many beautiful things in this line.

The Chariot is ruled by Cancer. It's very connected to Cancer themes of the moon, Cancer themes of, especially when it comes to the symbol of Cancer, which is the crab. So The Chariot, as an object, represents something in our lives that takes us from point A to point B, that we need to get from point A to point B, but it's not meant to come with us anymore.

We see this all throughout our life; baby teeth, old shoes that we grow out of as our feet grow, the womb itself. The placenta literally is a Chariot, it takes us through the experience of being gestated, and then we leave it behind when we're ready to come through and be born. We are constantly, this body is a Chariot. You know, this literal, physical body. Our names, our identities. Like there are so many things that we walk through life with and say, “Thank you so much for getting me this far. We're not meant to travel further anymore.” Sometimes we don't even know. Sometimes all of a sudden, we lose a tooth, we put a shoe on and go, “That doesn't fit anymore.” And so there can be a very natural extension of grief.

It really is in terms of coming back to the crab symbol, this idea of the metaphorical crab shedding its armor, its skin in some way, and coming out into the world as a tender being, no shell.

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So when we get this card, when this card shows up in a reading, when we work with it, in an anchoring sense, we're being invited to leave something behind, to bow to something, to bow to a particular way of doing things, a particular container, a relationship, a job that got us to where we are, but cannot take us any further. And it's a graduation of sorts because we really have done everything with this particular Chariot that we've been meant to do. Like there really isn't anything more to do.

And so we may grieve that. We may honor that. It's a very, very big shedding, this card, a huge clearing, a big leaving behind. But the question of, "Do we leave this behind, do we not leave this behind?" is one that we get to answer for ourselves in an empowered way. Really, we choose to leave that Chariot. It doesn't. It's not a Tower energy where we're just popped right out of it (*Lindsay laughs*).

But we really do get to this crossroads when we're in The Chariot, where the universe or, you know, whatever, essentially says, "You can't go any further on this road in this vehicle." Something has to change, the container that you're in needs to evolve in some way. We all know folks, there are plenty of people in this life and in this world who never leave their original Chariot, from a soul evolution perspective, that never, ever leave the first right thing. They want stability, they want whatever, and that's none of my business. That's fine. And there are some folks that that's totally appropriate for them. It's a lot. They get one thing going- let's stay with it.

If we are available to, and in certain ways, when we get this card, sometimes it can come up around things that don't require us to move into some big space of questioning, sometimes it just literally is like, leaving something behind, we've outgrown it. That's really as simple as that. So in order to go into Line Two, into our Underworld line, where we really undo so much of this, and move into a more soul-guided, spiritually co-created space, we have to step out of the thing that kind of looks good, but isn't really feeding us, isn't really working. And that's the kind of dance we move through in The Chariot.

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So, again, when we get this card, we really want to say, "There's something that you're ready to shed, there's something you've outgrown, that you're graduating. Can you bow to that container, move forward into the new thing without really necessarily needing to know what, how, where, when it's all happening?" Just really making space and blessing, the sort of cyclical, continual lessons that come with, again, the inevitability of these changes, that we're meant to leave certain things behind, that we can thank them and continue forward lighter and better, kind of, packed for the journey.

When reversed: sometimes when The Chariot is reversed, there can be a sense of impatience, not always, but I think that's significant enough to discuss here, that sometimes there can be a sense of, we want to leave it behind a little faster than maybe it's happening. Sometimes the opposite is the case where we're clinging, clinging, clinging. So again, we just really want to be in that gentle space of inquiry. How can we be with those feelings? How can we come home to ourselves? How can we say, "You know, sweetheart, you don't, you know, I'm honoring that

you're really wanting to rush out of this Chariot." It's hard to wait for that tooth to fall out. It really, really is honoring that you may not want to let it go. It's really hard and scary.

What could make it gentler, easier? What rituals could we do? How could we make it a ceremony? How could we ritualize, again, ritualize? How can we celebrate? You know, so really meeting yourself where you are in those feelings. I think most of the time, The Chariot reversed, is a little bit of a gentle, again, wave that's letting us know that some part of us just might need a little bit of love when it comes to moving through this actual experience and coming through to the other side of it, but no matter what, it can happen. It's just the timing that we might need to be just slightly more patient with ourselves around.

So thank you so much for watching this video on Line One of the Major Arcana. I will see you in the next video.

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