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**UNIVERSITY MEMORANDUM**

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**TO: The PNU Community**  
**SUBJECT: OSASS' PNUANS, Let's TEACH**

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This is to inform the PNU Community that the Office of Student Affairs and Student Services (OSASS) will be launching the "PNUANS, Let's TEACH:" OSASS' information drive on mental health and coping during the COVID-19 pandemic. As part of the information campaign, OSASS will continuously post updates on their Official Facebook Page at <https://www.facebook.com/PNUOSASS/> as resources emerge, particularly on mental health concerns and services.

For students who have immediate concerns, OSASS extends online support such as psychoeducation, for the time being. Students may contact the OSASS Counselors through the aforementioned Facebook Page.

The wellbeing of PNUANS is our top priority. Let us help you.

  
**BERT JAZMIN TUGA, PhD**  
President