



MAY 2018: J.H.S. & Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
	Burger Promo 1	2	New York Thursday 3	4
	100% Beef Pizza Burger Served on <b>Ciabatta Bread</b>  Turkey Burger Burgers served with Lettuce Tomato & <b>New York Onion</b>  French Fries  <u>Salad Bar</u> Confetti Corn Salad	Cheesy Bread Marinara Sauce  Teriyaki & Sriracha Chicken Sliders  Frito-Lay® SunChips®  Broccoli Trees  <u>Salad Bar</u> Caesar Salad	Jamaican Beef Patty  Mozzarella Sticks Marinara Sauce  Onion Rings <b>Crunchy Carrot Sticks</b>  New York Hot Pretzel <u>Salad Bar</u> <b>Celery &amp; Apple Salad</b> <b>New York Apple Slices</b>	Classic Cheese Pizza  Extra Zesty Pizza  <b>Garlic Knot</b>  Roasted Chickpea with Basil Pesto  <u>Salad Bar</u> Roasted Broccoli & Cauliflower Salad
Brunch for Lunch 7	8	9	New York Thursday 10	11
<u>Brunch</u> Crispy Chicken Waffle Sandwich served with syrup  Mac-N-Cheese  Home Fries  Frito-Lay® SunChips®  <u>Salad Bar</u> Green Garden Salad	100% Beef Hamburgers & Cheeseburgers  Southwest Fish & Cheese Sandwich Served with Lettuce Tomato & <b>New York Onion</b>  French Fries  <u>Salad Bar</u> Greek Zucchini Salad	Baked Penne  Mozzarella Sticks Marinara Sauce  Roasted Carrots  <b>Dinner Roll</b>  <u>Salad Bar</u> Spinach & Cranberry Salad	<b>Steamed Chicken Dumplings</b> with Asian Dipping Sauce  Vegetable Fried Rice  <b>Egg Roll</b> with Duck Sauce  New York Cookie Treat <u>Salad Bar</u> Asian Slaw <b>Fresh New York Apples</b>	Classic Cheese Pizza  Ranch Chicken Pizza with Popcorn Chicken  White Bean Salad <b>Kale Caesar Salad</b>  <b>Garlic Knot</b> <u>Salad Bar</u> Fresh Marinated Vegetable Salad
14	15	16	New York Burger 17	18
Popcorn Chicken Dipping Sauce Cup With Mac-N-Cheese  Stewed Pinto Beans  <u>Salad Bar</u> Broccoli and Cranberry Salad	Hot Turkey Supreme Sandwich Served on <b>Ciabatta Bread</b>  Mozzarella Sticks Marinara Sauce  French Fries  <b>New York Hot Pretzel</b>  <u>Salad Bar</u> Fresh Cilantro Slaw	Steak & Cheese Empanada  Seasoned Wedge Fries  Healthy Cole Slaw  Baked! Tostitos® Scoops®  <u>Salad Bar</u> Carrot & Lemon Salad	100% Beef New York Cheeseburgers  Turkey Burger Burgers served with Lettuce, Tomato & <b>New York Onion</b>  "Sweet-N-Spicy" Sweet Potato Waffle Fries  New York Cookie Treat <u>Salad Bar</u> <b>Kale Salad</b> <b>New York Apple Slices</b>	Classic Cheese Pizza  Meat Lovers Pizza Bacon & Sausage  Green Garden Salad  <u>Salad Bar</u> Italian Marinated Cucumber Salad
21	Burger Promo 22	23	New York Thursday 24	25
Popcorn Chicken Dipping Sauce Cup With Mac-N-Cheese  Garlic Toast  Sweet Potato Wedge Fries  <u>Salad Bar</u> Italian Classico Salad	100% Beef Mediterranean Burger Served on <b>Ciabatta Bread</b>  Turkey Burger Served with Lettuce Tomato & <b>New York Onion</b>  French Fries  <u>Salad Bar</u> Caesar Salad	Cheesy Bread Marinara Sauce  Teriyaki & Sriracha Chicken Sliders  Frito-Lay® SunChips®  Roasted Broccoli  <u>Salad Bar</u> Confetti Corn Salad	Jamaican Beef Patty  Mozzarella Sticks Marinara Sauce  Onion Rings <b>Crunchy Carrot Sticks</b>  New York Hot Pretzel  <u>Salad Bar</u> <b>Celery &amp; Apple Salad</b> <b>New York Apple Slices</b>	Classic Cheese Pizza  Extra Zesty Pizza  <b>Garlic Knot</b>  Chickpea Salad  <u>Salad Bar</u> Roasted Broccoli & Cauliflower Salad
Memorial Day 28	29	Fiesta Rice Bowl 30	New York Thursday 31	
<u>Brunch</u> Crispy Chicken Waffle Sandwich served with syrup  Mac-N-Cheese  Home Fries  Frito-Lay® SunChips®  <u>Salad Bar</u> Green Garden Salad	100% Beef Hamburgers & Cheeseburgers  Southwest Fish & Cheese Sandwich Served with Lettuce Tomato & <b>New York Onion</b>  Sweet Potato Wedge Fries  <u>Salad Bar</u> Greek Zucchini Salad	Fiesta Rice Bowl with Taco Meat  Baked! Tostitos® Scoops®  Hot Confetti Corn  Mexicali Beans  <u>Salad Bar</u> Spinach & Cranberry Salad	<b>Steamed Chicken Dumplings</b> with Asian Dipping Sauce  <b>Egg Roll</b> with Duck Sauce  New York Cookie Treat  <u>Salad Bar</u> Asian Slaw <b>Fresh New York Apples</b>	

OFFERED DAILY			
<u>Entree Alternatives</u> • PB&J Sandwich • Cheese Sandwich • Plain Turkey Sandwich • Hummus Grab & Go	<u>Milk</u> 1% Low-fat Fat Free Fat Free Chocolate  <u>Dipping Sauce Cups</u> BBQ, Ranch, Honey Mustard	<u>Fresh Fruit</u>  No Artificial flavors, colors, or sweeteners in all SchoolFood Products	<u>Dressings</u> Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette
<u>Flavor Station</u>  Granulated Garlic Red Pepper Flakes Parmesan Cheese  JHS Lunch Menu			