



MARCH 2018: High School Express Hot Lunch Menu

CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
Monday	Tuesday	Wednesday	Thursday	Friday
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD			New York Thursday 1	2
			Jamaican Beef Patty	Pizza Bagel
			New York Cookie Treat	Garlic Knot
			Healthy Cole Slaw	Chick Pea Salad
			New York Apple Slices	
Brunch for Lunch 5	6	7	New York Thursday 8	HS Half Day 9
Crispy Chicken Waffle Sandwich served with syrup	100% Beef Hamburgers & Cheeseburgers Served with Lettuce Tomato & New York Onion	Mozzarella Sticks Marinara Sauce  Baked! Tostitos® Scoops®	Steamed Chicken Dumplings with Asian Dipping Sauce	Pizza Bagel
Home Fries	French Fries	Roasted Carrots	Roasted Zucchini New York Cookie Treat Fresh New York Apples	Kale Caesar Salad  White Bean Salad
12	13	14	New York Thursday 15	16
Popcorn Chicken Dipping Sauce Cup	Turkey Burger  Burgers served with Lettuce, Tomato & New York Onion	Steak & Cheese Empanada  Frito-Lay® SunChips®	Southwest Fish & Cheese Sandwich Served with Lettuce, Tomato & New York Onion	Pizza Bagel
Mac-N-Cheese	"Sweet-N-Spicy" Sweet Potato Waffle Fries	Healthy Cole Slaw	French Fries Fresh New York Apples	Garlic Knot  Green Garden Salad
19	20	21	New York Burger & Fries 22	23
Popcorn Chicken Dipping Sauce Cup	Jamaican Beef Patty	Cheesy Bread Marinara Sauce	100% Beef New York Cheeseburgers Served on Ciabatta Bread With Lettuce, Tomato & New York Onion	Pizza Bagel
Garlic Toast	New York Cookie Treat	Frito-Lay® SunChips®	New York French Fries	Garlic Knot
Sweet Potato Wedge Fries	Onion Rings Healthy Cole Slaw	Roasted Broccoli	New York Apple Slices	Chick Pea Salad
Brunch for Lunch 26	27	28	New York Thursday 29	Spring Recess 30
Crispy Chicken Waffle Sandwich served with syrup	100% Beef Hamburgers & Cheeseburgers Served with Lettuce Tomato & New York Onion	Mozzarella Sticks Marinara Sauce  Baked! Tostitos® Scoops®	Steamed Chicken Dumplings with Asian Dipping Sauce	Pizza Bagel
Home Fries	Sweet Potato Wedge Fries	Broccoli Trees	Roasted Zucchini New York Cookie Treat Fresh New York Apples	Garlic Knot  Chick Pea Salad

OFFERED DAILY

<u>Entree Alternatives</u> • PB&J Sandwich • Cheese Sandwich • Plain Turkey Sandwich • Hummus Grab & Go	<u>Milk</u> 1% Low-fat Fat Free Fat Free Chocolate	<u>Fresh Fruit</u>  No Artificial flavors, colors, or sweeteners in all SchoolFood Products	<u>Dressings</u> Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette	<u>Flavor Station</u>  Granulated Garlic Red Pepper Flakes Parmesan Cheese  HS Express Hot Lunch Menu
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