



MAY 2018: High School Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
	1	2	New York Thursday 3	4
	100% Beef Greek Style Cheeseburgers Served on Ciabatta Bread Turkey Burger Burgers served with Lettuce Tomato & New York Onion Sweet Potato Waffle Fries Salad Bar Confetti Corn Salad	Black Bean Quesadilla with Rice and Salsa Corn on the Cob Spring Mix Salad Salad Bar Carrot & Lemon Salad	Hot Turkey Caprese on Ciabatta Bread French Fries New York Cookie Treat Salad Bar Celery & Apple Salad New York Apple Slices	Classic Cheese Pizza Pesto Pizza Fresh Basil & Tomatoes Garlic Knot White Bean Salad Salad Bar Roasted Broccoli & Cauliflower Salad
7	8	9	New York Thursday 10	11
Mexicali Chili with Rice and Salsa Honey Corn Muffin Sweet Plantains Salad Bar Green Garden Salad	100% Beef Hamburgers & Cheeseburgers Burgers served with Lettuce, Tomato & New York Onion Sweet Potato Waffle Fries Salad Bar Greek Zucchini Salad	"Super Chef" Veggie Shepherd's Pie A Delicious Blend of Mashed Potatoes, Beans & Cheese Parmigiana Roasted Cauliflower Salad Bar Spinach & Cranberry Salad	Steamed Chicken Dumplings with Asian Dipping Sauce Vegetable Fried Rice Cobb Salad Roasted Broccoli Salad Bar Asian Slaw Fresh New York Apples	Classic Cheese Pizza Margherita Pizza Garlic Knot Roasted Chickpea with Basil Pesto Salad Bar Fresh Marinated Vegetable Salad
14	15	16	New York Thursday 17	18
Baked Penne Garlic Toast Roasted Zucchini Salad Bar Broccoli and Cranberry Salad	100% Beef Hamburgers & Cheeseburgers Served with Lettuce, Tomato & New York Onion Seasoned Wedge Fries Salad Bar Fresh Cilantro Slaw	Hot Sliced Turkey with Gravy Warm Corn Bread Mashed Potatoes Orange Roasted Carrots Salad Bar Confetti Corn Salad	Spinach and Mozzarella Quesadilla with Tomatoes with Rice and Salsa Seasoned Pinto Beans Salad Bar Kale Salad Fresh New York Apples	Classic Cheese Pizza Veggie Pizza Kale Caesar Salad Salad Bar Italian Marinated Cucumber Salad
21	22	23	New York Thursday 24	25
Crunchy Tofu with Korean BBQ Sauce Vegetable Fried Rice Vegetable Egg Roll with Duck Sauce Salad Bar Italian Classico Salad	Hot Turkey Caprese on Ciabatta Bread Sweet Potato Waffle Fries Garlicky Green Beans Salad Bar Caesar Salad	Black Bean Quesadilla with Rice and Salsa Corn on the Cob Spring Mix Salad Salad Bar Carrot & Lemon Salad	100% Beef New York Cheeseburgers Served on Ciabatta Bread with Lettuce Tomato & New York Onion Seasoned Wedge Fries New York Cookie Treat Salad Bar Celery & Apple Salad New York Apple Slices	Classic Cheese Pizza Pesto Pizza Fresh Basil & Tomatoes Garlic Knot White Bean Salad Salad Bar Roasted Broccoli & Cauliflower Salad
Memorial Day 28	29	30	New York Thursday 31	
Mexicali Chili with Rice and Salsa Honey Corn Muffin Sweet Plantains Salad Bar Green Garden Salad	100% Beef Hamburgers & Cheeseburgers Burgers served with Lettuce, Tomato & New York Onion Sweet Potato Waffle Fries Salad Bar Greek Zucchini Salad	"Super Chef" Veggie Shepherd's Pie A Delicious Blend of Mashed Potatoes, Beans & Cheese Parmigiana Roasted Cauliflower Salad Bar Spinach & Cranberry Salad	Steamed Chicken Dumplings with Asian Dipping Sauce Vegetable Fried Rice Cobb Salad Roasted Broccoli Salad Bar Asian Slaw Fresh New York Apples	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD

OFFERED DAILY

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey Sandwich
- Hummus Grab & Go
- Cheese & Tomato Bagel with Fresh Fruit Grab & Go

Milk

- 1% Low-fat
- Fat Free
- Fat Free Chocolate

Fresh Fruit

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Homemade Dressings

- Balsamic Vinaigrette
- Caesar
- Italian Vinaigrette

Flavor Station

- Granulated Garlic
- Red Pepper Flakes
- Parmesan Cheese

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