



JANUARY 2018: High School Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Winter Recess 1	2	3	New York Thursday 4	5
Red, White and Green Panini	100% Beef Hamburgers & Cheeseburgers	"Super Chef" Shepherd's Pie	Chef Salad	Classic Cheese Pizza
Parmigiana Roasted Cauliflower	Burgers served with Lettuce, Tomato & New York Onion	A Delicious Blend of Mashed Potatoes, Turkey, & Cheese	Garlic Knot	Margherita Pizza
Sweet Plantains	Crunchy Carrot Sticks	Warm Dinner Roll	Classic Tuna on Ciabatta Bread	Roasted Chickpea Salad
Salad Bar	Salad Bar	Broccoli Trees	Seasoned Wedge Fries	Kid Friendly Kale Salad
Green Garden Salad	Greek Zucchini Salad	Spinach & Cranberry Salad	Celery & Apple Salad	Fresh Marinated Vegetable Salad
8	9	10	New York Thursday 11	12
Turkey Carnitas Burrito	100% Beef Hamburgers & Cheeseburgers	Hot Sliced Turkey with Gravy	Vegetarian Chili with Rice and Salsa	Classic Cheese Pizza
Brown Rice	Burgers served with Lettuce, Tomato & New York Onion	Warm Corn Bread	Roasted Zucchini	Veggie Pizza
Green Garden Salad	Sweet Potato Wedge Fries	Mashed Potatoes Garlicky Green Beans	Corn on the Cob	Seasoned Pinto Beans
Salad Bar	Salad Bar	Salad Bar	Kale Salad	Kid Friendly Kale Salad
Broccoli & Cranberry Salad	Carrot & Lemon Salad	Confetti Corn Salad	Fresh New York Apples	Italian Marinated Cucumber Salad
Martin Luther King Day 15	16	17	New York Thursday 18	19
Black Bean Quesadilla with Rice and Salsa	100% Beef Hot & Spicy Cheeseburgers	Mushroom Bolognese with Whole Grain Rotini	Turkey Ham Cubano Panini	Classic Cheese Pizza
Confetti Corn Salad	Burgers served with Lettuce, Tomato & New York Onion	Garlic Toast	Italian Marinated Cucumber Salad	Bruschetta Pizza
Spring Mix Salad	Chickpea Salad	Orange Glazed Carrots	Salad Bar	Fresh Tomatoes & Onions
Salad Bar	Marinated Tomato Salad	Salad Bar	Asian Slaw	Garlic Knot
Italian Classico Salad	Caesar Salad	Fresh Cilantro Slaw	New York Apple Slices	Kid Friendly Kale Salad
22	23	24	New York Thursday 25	26
Red, White and Green Panini	Chef Salad	"Super Chef" Shepherd's Pie	100% New York Beef Hamburgers & Cheeseburgers	Classic Cheese Pizza
Parmigiana Roasted Cauliflower	Garlic Knot	A Delicious Blend of Mashed Potatoes, Turkey, & Cheese	Burgers served with Lettuce, Tomato & New York Onion	Margherita Pizza
Sweet Plantains	Classic Tuna on Ciabatta Bread	Warm Dinner Roll	Crunchy Carrot Sticks	Roasted Chickpea Salad
Salad Bar	Seasoned Wedge Fries	Broccoli Trees	Salad Bar	Kid Friendly Kale Salad
Green Garden Salad	Greek Zucchini Salad	Spinach & Cranberry Salad	Celery & Apple Salad	Fresh Marinated Vegetable Salad
29	30	31		
Turkey Carnitas Burrito	100% Beef Hamburgers & Cheeseburgers	Hot Sliced Turkey with Gravy		
Brown Rice	Burgers served with Lettuce, Tomato & New York Onion	Warm Corn Bread		
Green Garden Salad	Sweet Potato Wedge Fries	Mashed Potatoes Garlicky Green Beans		
Salad Bar	Salad Bar	Salad Bar		
Broccoli & Cranberry Salad	Carrot & Lemon Salad	Confetti Corn Salad		

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey Sandwich
- Hummus Grab & Go
- Cheese & Tomato with Fresh Fruit Grab & Go

Milk

1% Low-fat

Fat Free

Fat Free Chocolate

Seasonal Fresh Fruit

Apples, Oranges, Bananas, Pears

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Dressings

Balsamic Vinaigrette

Caesar

Italian Vinaigrette

Flavor Station

Granulated Garlic

Red Pepper Flakes

Parmesan Cheese

Pre-K 3 - Grade 8

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