

## JANUARY 2018: Pre-K - 8 Alternative Lunch Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
Winter Recess 1	2	3	New York Thursday 4	5
Red, White and Green Panini	100% Beef Hamburgers &	"Super Chef"	Chef Salad	Classic Cheese Pizza
	Cheeseburgers	Shepherd's Pie		
			Garlic Knot	Margherita Pizza
Parmigiana Roasted Cauliflower	Burgers served with Lettuce, Tomato & New York Onion	A Delicious Blend of Mashed Potatoes, Turkey, Cheese,	Classic Tuna	
			on Ciabatta Bread	Roasted Chickpea Salad
Sweet Plantains	Crunchy Carrot Sticks	Warm Dinner Roll	Seasoned Wedge Fries	Kid Friendly Kale Salad
Salad Bar	Granishy Garrot Glicks	Broccoli Trees	Seasoned Wedge i nes	Rid Friendly Raic Galaci
Green Garden Salad	Salad Bar		Salad Bar	Salad Bar
	Greek Zucchini Salad	Salad Bar	Celery & Apple Salad	Fresh Marinated
		Spinach & Cranberry Salad	Fresh New York Apples	Vegetable Salad
8	9	10	New York Thursday 11	12
			•	
Turkey Carnitas Burrito	100% Beef Hamburgers & Cheeseburgers	Hot Sliced Turkey with Gravy	Vegetarian Chili with Rice and Salsa	Classic Cheese Pizza
Burnto	Cileesebuigers	with Glavy	With Nice and Salsa	FIZZa
Brown Rice	Burgers served with Lettuce,	Warm Corn Bread		Veggie Pizza
	Tomato & New York Onion		Roasted Zucchini	
				Seasoned Pinto Beans
One on Conden Calad	Sweet Potato	Mashed Potatoes	Corn on the Cob	Kid Friendly Kale Salad
Green Garden Salad	Wedge Fries	Garlicky Green Beans	Salad Bar	Salad Bar
Salad Bar	Salad Bar	Salad Bar	Kale Salad	Italian Marinated
Broccoli & Cranberry Salad	Carrot & Lemon Salad	Confetti Corn Salad	Fresh New York Apples	Cucumber Salad
Martin Luther King Day 15	16	17	New York Thursday 18	19
Black Bean Quesadilla	100% Beef Hot & Spicy	Mushroom Bolognese	Turkey Ham	Classic Cheese Pizza
with Rice and Salsa	Cheeseburgers	with Whole Grain Rotini	Cubano Panini	
	Burgara conved with Lattuce	Garlic Toast	Italian Marinated	Bruschetta Pizza Fresh Tomatoes & Onions
Confetti Corn Salad	Burgers served with Lettuce, Tomato & New York Onion	Gariic Toast	Cucumber Salad	Fresh Tomatoes & Onlons
	Tomale a room room crimon			Garlic Knot
Spring Mix Salad	Chickpea Salad	Orange Glazed Carrots		
0-1-1-0	Marinated Tomato Salad		Salad Bar	Kid Friendly Kale Salad
<u>Salad Bar</u> Italian Classico Salad	Salad Bar	Salad Bar	Asian Slaw New York Apple Slices	Salad Bar
italian Glassico Galad	Caesar Salad	Fresh Cilantro Slaw	New Tork Apple Offices	Roasted Broccoli
	Caosa, Caiaa			& Cauliflower Salad
22	23	24	New York Thursday 25	26
Red, White and Green Panini	Chef Salad	"Super Chef"	100% New York Beef	Classic Cheese Pizza
	Garlia Knot	Shepherd's Pie	Hamburgers &	Marabarita Dizza
Parmigiana Roasted	Garlic Knot	A Delicious Blend of Mashed	Cheeseburgers	Margherita Pizza
Cauliflower	Classic Tuna	Potatoes, Turkey, Cheese,	Burgers served with Lettuce,	
	on Ciabatta Bread		Tomato & New York Onion	Roasted Chickpea Salad
Sweet Plantains	Concernd Wades Follow	Warm Dinner Roll	Crumohy Corret Otioles	Kid Eriandly Kala Calad
Salad Bar	Seasoned Wedge Fries	Broccoli Trees	Crunchy Carrot Sticks	Kid Friendly Kale Salad
Green Garden Salad	Salad Bar	Diocon iices	Salad Bar	Salad Bar
	Greek Zucchini Salad	Salad Bar	Celery & Apple Salad	Fresh Marinated
		Spinach & Cranberry Salad	Fresh New York Apples	Vegetable Salad
29	30	31	dor	
Turkey Carnitas	100% Beef Hamburgers &	Hot Sliced Turkey		
Burrito	Cheeseburgers	with Gravy	(F) (S)	
	ū	•	\$ 1 ×	
Brown Rice	Burgers served with Lettuce,	Warm Corn Bread		
	Tomato & New York Onion		*	
	Sweet Potato	Mashed Potatoes	VEW 4	
Green Garden Salad	Wedge Fries	Garlicky Green Beans		
	-	·	EVERY THURSDAY WE'RE	
Salad Bar	<u>Salad Bar</u> Carrot & Lemon Salad	<u>Salad Bar</u> Confetti Corn Salad	PROUDLY CELEBRATING LOCALLY SOURCED &	
Broccoli & Cranberry Salad	Carrot & Lernon Salad	Contetti Com Salad	PRODUCED FOOD	
		OFFERED DAILY		
Entree Alternatives	Milk	OFFERED DAILT		
• PB&J Sandwich	1% Low-fat	Seasonal Fresh Fruit	Homemade Dressings	Flavor Station
Cheese Sandwich	Fat Free	Apples. Oranges.	Homemade Bressings	

- Cheese Sandwich
- Plain Turkey Sandwich
- Hummus Grab & Go Cheese & Tomato with
- Fresh Fruit Grab & Go

**Fat Free Fat Free Chocolate** 

**Dipping Sauce Cups** BBQ, Ranch, **Honey Mustard** 

Apples, Oranges, Bananas, Pears

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

**Balsamic Vinaigrette** Caesar **Italian Vinaigrette** 

**Granulated Garlic** Red Pepper Flakes Parmesan Cheese

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## **ATTENTION:**

All Pre-K Students CANNOT be Offered CHOCOLATE MILK





