



FREE Lunch for All Students.

MARCH 2018: Food Court Menu

Monday	Tuesday	Wednesday	Thursday	Friday
CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	IT'S A PARTY
			New York Thursday 1	2
EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD			Chicken Dumplings with Asian Dipping Sauce Vegetable Fried Rice Roasted Zucchini <u>Grab-n-Go Salad of the Day</u> Vegetarian Wrap	Mozzarella Sticks Marinara Sauce Roasted Chick Peas with Basil Pesto <u>Grab-n-Go Salad of the Day</u> Chicken Pasta Salad
5	6	7	New York Thursday 8	HS Half Day 9
Crispy Chicken Sandwich Garlicky Green Beans <u>Grab-n-Go Salad of the Day</u> Chicken Caesar Salad	100% Beef Cheeseburgers Deluxe Toppings Sweet Potato Waffle Fries <u>Grab-n-Go Salad of the Day</u> Veggie Italian Pasta Salad	Beef Tacos Brown Rice Hot Confetti Corn <u>Grab-n-Go Salad of the Day</u> Italian Turkey Wrap	Jamaican Beef Patty New York Cookie Treat Black Bean Salad <u>Grab-n-Go Salad of the Day</u> Vegetarian Wrap	Southwest Fish & Cheese Sandwich Deluxe Toppings Roasted Broccoli <u>Grab-n-Go Salad of the Day</u> Chicken Pasta Salad
12	13	14	New York Thursday 15	16
Crispy Chicken & Waffle Sandwich Home Fries <u>Grab-n-Go Salad of the Day</u> Chicken Caesar Salad	100% Beef Hamburgers Deluxe Toppings Sweet Potato Wedge Fries <u>Grab-n-Go Salad of the Day</u> Veggie Italian Pasta Salad	Cheesy Bread Marinara Sauce Roasted Broccoli <u>Grab-n-Go Salad of the Day</u> Italian Turkey Wrap	Chicken Dumplings with Asian Dipping Sauce Vegetable Fried Rice Roasted Zucchini <u>Grab-n-Go Salad of the Day</u> Vegetarian Wrap	Mozzarella Sticks Marinara Sauce Roasted Chick Peas with Basil Pesto <u>Grab-n-Go Salad of the Day</u> Chicken Pasta Salad
19	20	21	New York Thursday 22	23
Crispy Chicken Sandwich Garlicky Green Beans <u>Grab-n-Go Salad of the Day</u> Chicken Caesar Salad	100% Beef Cheeseburgers Deluxe Toppings Sweet Potato Waffle Fries <u>Grab-n-Go Salad of the Day</u> Veggie Italian Pasta Salad	Beef Tacos Brown Rice Hot Confetti Corn <u>Grab-n-Go Salad of the Day</u> Italian Turkey Wrap	Jamaican Beef Patty New York Cookie Treat Black Bean Salad <u>Grab-n-Go Salad of the Day</u> Vegetarian Wrap	Southwest Fish & Cheese Sandwich Deluxe Toppings Roasted Broccoli <u>Grab-n-Go Salad of the Day</u> Chicken Pasta Salad
26	27	28	New York Thursday 29	Spring Recess 30
Crispy Chicken & Waffle Sandwich Home Fries <u>Grab-n-Go Salad of the Day</u> Chicken Caesar Salad	100% Beef Hamburgers Deluxe Toppings Sweet Potato Wedge Fries <u>Grab-n-Go Salad of the Day</u> Veggie Italian Pasta Salad	Cheesy Bread Marinara Sauce Roasted Broccoli <u>Grab-n-Go Salad of the Day</u> Italian Turkey Wrap	Chicken Dumplings with Asian Dipping Sauce Vegetable Fried Rice Roasted Zucchini <u>Grab-n-Go Salad of the Day</u> Vegetarian Wrap	Mozzarella Sticks Marinara Sauce Roasted Chick Peas with Basil Pesto <u>Grab-n-Go Salad of the Day</u> Chicken Pasta Salad

OFFERED DAILY FOR BREAKFAST	OFFERED DAILY FOR LUNCH
<div><div><u>Fresh Fruit</u></div><div><u>Canned Fruit</u></div><div><u>Bagel Bar</u> An Assortment of Bagel Varieties & Spreads including Hummus, Peanut Butter, Cream Cheeses and Jelly</div><div><u>Daily Egg Sandwich</u> Plain Egg Omelet with Cheese on a Soft Bun, English Muffin or Buttermilk Biscuit</div></div> <div><div><u>Milk</u> 1% Low-fat Fat Free Fat Free Chocolate</div><div><u>Yogurt</u> Granola Craisins</div><div><u>Cold Cereal Choices</u> Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Purple Corn Flakes & Cinnamon Cluster</div><div><u>100% Fruit Juice</u> Apple, Fruit Punch, Grape, Orange</div></div>	<div><div><u>Entree Alternatives</u><ul style="list-style-type: none">• PB&J Sandwich• Cheese Sandwich• Hummus Grab & Go</div><div><u>Grab and Go Salads</u> Chicken Salads (BBQ, Asian, Crispy) Chef Salad Tuna Salad</div><div><u>Daily Sandwich Choice</u><ul style="list-style-type: none">-Plain Turkey-Turkey and Cheese-Turkey Bologna, Turkey Salami and Cheese</div><div><u>Daily Wrap Choices</u> Chicken Wrap Classic Tuna Wrap Turkey Caesar Wrap</div></div> <div><div><u>Daily Hot Entrees</u> Popcorn Chicken Various Pizza Styles Specialty Pizza</div><div><u>Daily Veggie</u> French Fries</div><div><u>Fresh Fruit</u></div><div><u>Milk</u></div><div>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</div><div>Enhancement Lunch Menu</div></div> <div><div><u>Flavor Station</u> Granulated Garlic Red Pepper Flakes Parmesan Cheese Oregano</div><div><u>Dressings</u> Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette</div><div><u>Dipping Sauce Cups</u> BBQ Ranch Honey Mustard</div></div>