

	Account to the second			
FEBRU	<b>JARY 2018</b>	3: Food	Court M	enu

Monday	Tuesday		Thursday	Friday
Monday	Tuesday	Wednesday	Thursday	Friday
CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	IT'S A PARTY
			New York Thursday 1	2
			Chicken Dumplings with Asian Dipping Sauce Vegetable Fried Rice	Mozzarella Sticks Marinara Sauce Roasted Chick Peas
			Roasted Zucchini	with Basil Pesto
			Grab-n-Go Salad of the Day Vegetarian Wrap	Grab-n-Go Salad of the Day Chicken Pasta Salad
5	6	7	New York Thursday 8	9
Crispy Chicken Sandwich	100% Beef Cheeseburgers Deluxe Toppings	Beef Tacos	Jamaican Beef Patty	Southwest Fish & Cheese Sandwich
Garlicky Green Beans	Sweet Potato Waffle Fries	Brown Rice	New York Cookie Treat	Deluxe Toppings
Grab-n-Go Salad of the Day	Grab-n-Go Salad of the Day	Hot Confetti Corn	Black Bean Salad	Roasted Broccoli
Chicken Caesar Salad	Veggie Italian Pasta Salad	Grab-n-Go Salad of the Day Italian Turkey Wrap	Grab-n-Go Salad of the Day Vegetarian Wrap	Grab-n-Go Salad of the Day Chicken Pasta Salad
12	13	14	New York Thursday 15	Midwinter Recess 16
Crispy Chicken & Waffle Sandwich	100% Beef Hamburgers Deluxe Toppings	Cheesy Bread Marinara Sauce	Chicken Dumplings with Asian Dipping Sauce Vegetable Fried Rice	Mozzarella Sticks Marinara Sauce
Home Fries	Sweet Potato Wedge Fries	Roasted Broccoli	Roasted Zucchini	Roasted Chick Peas with Basil Pesto
Grab-n-Go Salad of the Day Chicken Caesar Salad	Grab-n-Go Salad of the Day Veggie Italian Pasta Salad	Grab-n-Go Salad of the Day Italian Turkey Wrap	Grab-n-Go Salad of the Day Vegetarian Wrap	Grab-n-Go Salad of the Day Chicken Pasta Salad
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Crispy Chicken Sandwich	100% Beef Cheeseburgers Deluxe Toppings	Beef Tacos	Jamaican Beef Patty	Southwest Fish & Cheese Sandwich
Garlicky Green Beans	Sweet Potato Waffle Fries	Brown Rice	New York Cookie Treat	Deluxe Toppings
		Hot Confetti Corn	Black Bean Salad	Roasted Broccoli
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26	27	28		*
Crispy Chicken & Waffle Sandwich	100% Beef Hamburgers Deluxe Toppings	Cheesy Bread Marinara Sauce		OF OR
Home Fries	Sweet Potato Wedge Fries	Roasted Broccoli	EVERY THURSDAY WE'RE	
Grab-n-Go Salad of the Day Chicken Caesar Salad	Grab-n-Go Salad of the Day Veggie Italian Pasta Salad	Grab-n-Go Salad of the Day Italian Turkey Wrap	PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	NEW 10
OFFEDED DAILY	TOD DDEAKEACT	OFFEDED DAILY FOR LUNCH		

## OFFERED DAILY FOR BREAKFAST

## OFFERED DAILY FOR LUNCH

# Fresh Fruit

Canned Fruit

### **Bagel Bar**

An Assortment of Bagel Varieties & Spreads including Hummus, Peanut Butter, Cream Cheeses and Jelly

#### **Daily Egg Sandwich**

Plain Egg Omelet with Cheese on a Soft Bun, English Muffin or Buttermilk Biscuit

### <u>Milk</u> 1% Low-fat Fat Free Fat <u>Free Chocolate</u>

Yogurt Granola

### **Cold Cereal Choices**

**Craisins** 

Frosted Mini Wheats
Cinnamon Flakes
Multi-Grain Cheerios
Toasty-Oats
Back to the Roots®
Purple Corn Flakes &
Cinnamon Cluster

100% Fruit Juice Apple, Fruit Punch, Grape, Orange

## Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Hummus Grab & Go

### **Grab and Go Salads**

Chicken Salads (BBQ, Asian, Crispy) Chef Salad Tuna Salad

#### **Daily Sandwich Choice**

-Plain Turkey -Turkey and Cheese -Turkey Bologna, Turkey Salami and Cheese

#### **Daily Wrap Choices**

Chicken Wrap Classic Tuna Wrap Turkey Caesar Wrap

# **Daily Hot Entrees**

Popcorn Chicken Various Pizza Styles Specialty Pizza

### Daily Veggie French Fries

Fresh Fruit

<u>Milk</u>

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

**Enhancement Lunch Menu** 

## Flavor Station

Granulated Garlic Red Pepper Flakes Parmesan Cheese Oregano

Dressings
Chipotle Ranch
Balsamic Vinaigrette
Ranch
Asian Sesame
Honey Mustard
Caesar
French

#### **Dipping Sauce Cups**

**Italian Vinaigrette** 

BBQ Ranch Honey Mustard





