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Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
			New York Thursday 1	2
SE ST			Hot Turkey Caprese on Ciabatta Bread	Classic Cheese Pizza
			French Fries Spring Mix Salad	Pesto Pizza Fresh Basil & Tomatoes
VEW			New York Cookie Treat	Garlic Knot
EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD			<u>Salad Bar</u> Celery & Apple Salad New York Apple Slices	White Bean Salad Salad Bar Roasted Broccoli & Cauliflower Salad
5	6	7	New York Thursday 8	HS Half Day 9
<b>Mexicali Chili</b> with Rice and Salsa	100% Beef Hamburgers & Cheeseburgers	"Super Chef" Veggie Shepherd's Pie	Steamed Chicken Dumplings with Asian Dipping Sauce	Classic Cheese Pizza
Honey Corn Muffin	Burgers served with Lettuce, Tomato & New York Onion	A Delicious Blend of Mashed Potatoes, Beans & Cheese	Vegetable Fried Rice	Margherita Pizza  Garlic Knot
Honey Com Mainin		Polatoes, Dealis & Cheese	Cobb Salad	Garile Kilot
Sweet Plantains	Sweet Potato Waffle Fries	Parmigiana Roasted Cauliflower	Roasted Broccoli	Roasted Chickpea with Basil Pesto
<u>Salad Bar</u> Green Garden Salad	<u>Salad Bar</u> Greek Zucchini Salad	Spinach & Cranberry Salad	Salad Bar Asian Slaw Fresh New York Apples	<u>Salad Bar</u> Fresh Marinated Vegetable Salad
12	13	14	New York Thursday 15	16
Baked Penne	100% Beef Hamburgers &	Hot Sliced Turkey	Spinach and Mozzarella	Classic Cheese
Garlic Toast	Cheeseburgers Served with Lettuce, Tomato & New York Onion	with Gravy  Warm Corn Bread	Quesadilla with Tomatoes with Rice and Salsa	Pizza Veggie Pizza
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Roasted Zucchini	Seasoned Wedge Fries	Mashed Potatoes	Seasoned Pinto Beans	Kale Caesar Salad
Salad Bar	Salad Bar	Orange Roasted Carrots	Salad Bar	Salad Bar
Broccoli and Cranberry Salad	Fresh Cilantro Slaw	<u>Salad Bar</u> Confetti Corn Salad	Kale Salad Fresh New York Apples	Italian Marinated Cucumber Salad
19	20	21	New York Thursday 22	23
Crunchy Tofu with Korean BBQ Sauce	Hot Turkey Caprese on Ciabatta Bread	Black Bean Quesadilla with Rice and Salsa	100% Beef New York Cheeseburgers	Classic Cheese Pizza
Vegetable Fried Rice	Sweet Potato Waffle Fries	Corn on the Cob	Served on Ciabatta Bread with Lettuce Tomato & New York Onion	Pesto Pizza Fresh Basil & Tomatoes
Vegetable Egg Roll with Duck Sauce	Garlicky Green Beans	Spring Mix Salad	New York French Fries	Garlic Knot
Salad Bar	Salad Bar	<u>Salad Bar</u>	New York Cookie Treat	White Bean Salad
Italian Classico Salad	Caesar Salad	Carrot & Lemon Salad	Salad Bar Celery & Apple Salad New York Apple Slices	Salad Bar Roasted Broccoli & Cauliflower Salad
26	27	28		Spring Recess 30
Mexicali Chili	100% Beef Hamburgers &	"Super Chef"	Steamed Chicken Dumplings	Classic Cheese Pizza
with Rice and Salsa	Cheeseburgers Burgers served with Lettuce, Tomato & New York Onion	Veggie Shepherd's Pie  A Delicious Blend of Mashed	with Asian Dipping Sauce  Vegetable Fried Rice	Margherita Pizza
Honey Corn Muffin	. Sindle & How Tork Official	Potatoes, Beans & Cheese	-	Garlic Knot
Sweet Plantains	Sweet Potato Waffle Fries	Parmigiana Roasted Cauliflower	Cobb Salad  Roasted Broccoli	Roasted Chickpea with Basil Pesto
<u>Salad Bar</u> Green Garden Salad	<u>Salad Bar</u> Greek Zucchini Salad	Salad Bar Spinach & Cranberry Salad	Salad Bar Asian Slaw Fresh New York Apples	<u>Salad Bar</u> Fresh Marinated Vegetable Salad
		OFFERED DAILY		

# Entree Alternatives PB&J Sandwich

- Cheese Sandwich
- Plain Turkey Sandwich
- Hummus Grab & Go
- Cheese & Tomato Bagel with Fresh Fruit Grab & Go

#### **Milk** 1% Low-fat **Fat Free**

**Fat Free Chocolate** 

#### **Fresh Fruit**

No Artificial flavors, colors, or sweeteners in all **SchoolFood Products** 

### **Homemade Dressings**

**Balsamic Vinaigrette** Caesar Italian Vinaigrette

## **Flavor Station**

**Granulated Garlic** Red Pepper Flakes **Parmesan Cheese** 

HS Alternative Lunch Menu



