

M	ARCH	2012-	Pre-K -	$\mathbf{Q} \mathbf{\Lambda} \mathbf{I}$	tornati		nch	Manu
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Monday	Tuesday	Wednesday	Thursday	Friday	
MEATLESS MONDAY	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY	
(by			New York Thursday 1	2	
			Hot Turkey Caprese	Classic Cheese Pizza	
			on Ciabatta Bread French Fries	<b>Pesto Pizza</b> Fresh Basil & Tomatoes	
WEW 10			New York Cookie Treat	Garlic Knot	
EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD			Salad Bar Celery & Apple Salad New York Apple Slices	White Bean Salad  Salad Bar  Roasted Broccoli  Cauliflower Salad	
5 FRODUCED FOOD	6	7	New York Thursday 8	& Caulillower Salau	
Mexicali Chili	100% Beef Hamburgers &	"Super Chef"	Steamed Chicken Dumplings	Classic Cheese Pizza	
with Rice and Salsa	Cheeseburgers Burgers served with Lettuce,	Veggie Shepherd's Pie	with Asian Dipping Sauce	Margherita Pizza	
Honey Corn Muffin	Tomato & New York Onion	A Delicious Blend of Mashed Potatoes, Beans & Cheese	Vegetable Fried Rice  Cobb Salad	Garlic Knot	
Sweet Plantains	Sweet Potato Waffle Fries	Parmigiana Roasted Cauliflower	armigiana Roasted		
<u>Salad Bar</u> Green Garden Salad	<u>Salad Bar</u> Greek Zucchini Salad	Corn on the Cob <u>Salad Bar</u> Spinach & Cranberry Salad	<u>Salad Bar</u> Asian Slaw Fresh New York Apples	<u>Salad Bar</u> Fresh Marinated Vegetable Salad	
12	13	14	Pre-K - 8 Half Day 15	16	
Baked Penne	100% Beef Hamburgers & Cheeseburgers	Hot Sliced Turkey with Gravy	Spinach and Mozzarella Quesadilla with Tomatoes	Classic Cheese Pizza	
Garlic Toast	Served with Lettuce, Tomato & New York Onion	Warm Corn Bread	with Rice and Salsa	Veggie Pizza	
Roasted Zucchini	Seasoned Wedge Fries	Mashed Potatoes	Seasoned Pinto Beans	Kale Caesar Salad	
Salad Bar	Salad Bar	Orange Roasted Carrots	Salad Bar	Salad Bar	
Broccoli and Cranberry Salad	Fresh Cilantro Slaw	<u>Salad Bar</u> Confetti Corn Salad	Kale Salad Fresh New York Apples	Italian Marinated Cucumber Salad	
19	20	21	New York Thursday 22	23	
Crunchy Tofu with Korean BBQ Sauce	Hot Turkey Caprese on Ciabatta Bread	Black Bean Quesadilla with Rice and Salsa	100% Beef New York Cheeseburgers Served on Ciabatta Bread	Classic Cheese Pizza Pesto Pizza	
Vegetable Fried Rice	Sweet Potato	Confetti Corn Salad	with Lettuce Tomato & New York Onion	Fresh Basil & Tomatoes	
Vegetable Egg Roll with Duck Sauce	Waffle Fries	Spring Mix Salad	New York French Fries	Garlic Knot	
Salad Bar	Salad Bar	<u>Salad Bar</u> Carrot & Lemon Salad	New York Cookie Treat	White Bean Salad	
Italian Classico Salad	Caesar Salad	Carrot & Lernon Salau	Salad Bar Celery & Apple Salad New York Apple Slices	<u>Salad Bar</u> Roasted Broccoli & Cauliflower Salad	
26	27	28	New York Thursday 29	Spring Recess 30	
<b>Mexicali Chili</b> with Rice and Salsa	100% Beef Hamburgers & Cheeseburgers Burgers served with Lettuce,	"Super Chef" Veggie Shepherd's Pie	Steamed Chicken Dumplings with Asian Dipping Sauce	Classic Cheese Pizza  Margherita Pizza	
Honey Corn Muffin	Tomato & New York Onion	A Delicious Blend of Mashed Potatoes, Beans & Cheese	Vegetable Fried Rice	Garlic Knot	
Sweet Plantains	Sweet Potato Waffle Fries	Parmigiana Roasted Cauliflower	Cobb Salad  Roasted Broccoli	Roasted Chickpea with Basil Pesto	
<u>Salad Bar</u> Green Garden Salad	<u>Salad Bar</u> Greek Zucchini Salad	Corn on the Cob Salad Bar Spinach & Cranberry Salad	Salad Bar Asian Slaw Fresh New York Apples	Salad Bar Fresh Marinated Vegetable Salad	
		OFFERED DAILY			

### **Entree Alternatives**

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey SandwichHummus Grab & Go
- Cheese & Tomato Bagel with Fresh Fruit Grab & Go

# Milk 1% Low-fat Fat Free **Fat Free Chocolate**

# **Fresh Fruit**

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

# **Homemade Dressings**

**Balsamic Vinaigrette** Caesar Italian Vinaigrette

### **Flavor Station**

**Granulated Garlic** Red Pepper Flakes Parmesan Cheese

Pre-K - 8 Alternative Lunch Menu





