

Spring Recess 2 Spring Recess 3 Spring Recess 4 Spring Recess 5 Spring Recess 5 Spring Recess 4 Spring Recess 5 Spring Recess 5 Spring Recess 6 Spring Recess 7 Spring Recess 7 Spring Recess 6 Spring Recess 7 Spring Recess 8 Spring Reces 8 Spring	APRIL 2018: Pre-K - 8 Vegetarian Lunch Menu						
Baked Penne Gartic Toast  Gartic Toast  Rosated Zucchini Senew with Rice and Salva Shade Bar Indian Classico Salva Back Bar Green Garden Salva  Rosated Zucchini Salva Bar Fresh Cliantro Slaw  Presh Cliantro Slaw  Presh Cliantro Slaw  Presh Cliantro Slaw  Vegetable Fries Salva Bar Togine Warm Dinner Roll Seasoned Wedge Fries Salva Bar Togine Warm Dinner Roll Wedge Fries Salva Bar Britaina Classico Salva Bar Indian Classico Salva Bar Green Garden Salva Salva Bar Green Garden Salva Salva Bar Green Garden Salva Bar Green Carden Salva Bar Green Carden Salva Bar Green Carden Salva Salva Bar Fresh Cliantes Salva Bar Fresh Cliantes Salva Bar Fresh Cliantes Salva Bar Cordet Corn Salva Salva Bar Cordet Corn Salva Salva Bar Cordet Corn Salva Salva Bar Kale Salva Bar Rose Salva Salva Bar Fresh Cliantes Salva Bar Rose Salva Salva Bar Fresh Cliantes Salva Bar Rose Salva Salva Bar Fresh Cliantes Salva Salva Bar Rose S	Monday	Tuesday	Wednesday	Thursday	Friday		
Served with Rice and Saltad Bar Roasted Zucchini Saltad Bar Fresh Citatric Staw Part Disner Roll Seasoned Wedge Fries Saltad Bar Fresh Citatric Staw Part Disner Roll Seasoned Wedge Fries Saltad Bar Rocordi and Crantherry Saltad Bar Fresh Citatric Staw Part Disner Roll Seasoned Wedge Fries Saltad Bar Rocordi and Crantherry Saltad Saltad Bar Rocordi and Crantherry Saltad Bar Roco	Spring Recess 2	Spring Recess 3	Spring Recess 4	Spring Recess 5	Spring Recess	6	
Roasted Zucchini Salad Bar Broccoll and Cramberry Salad Presh Claratro Slow  9 10 11 New York Thrursday 12 13  Cramchy Tofu with Korean BBG Sauce Vegetable Egg Roll with Durk Sauce Warm Dinner Roll Salad Bar Italian Classico Salad Salad Bar Carrot & Lemon Salad Marinara Sauce Wedge Fries Salad Bar Carrot & Lemon Salad Salad Bar Carrot & Lemon Salad Served with Rice Seasoned Wedge Fries Salad Bar Carrot & Lemon Salad Salad Bar Carrot & Lemon Salad Served With Rice Seasoned Wedge Fries Seasoned Wedge Fries Seasoned Wedge Fries Spring Mix Salad Sp		Served with Rice	Served with	Quesadilla with Tomatoes	Pizza		
Salad Bar Broccoll and Cronberry Salad  9 10 11 New York Thursday 12 13  Crunchy Tofus with Koroan BBO Sauce Vegetable Fried Rice Vegetable Fried Rice Vegetable Fried Rice Vegetable Fried Rice Salad Bar Italian Classico Salad Salad Bar Italian Classico Salad Salad Bar Italian Classico Salad Salad Bar Salad Bar Grown Curron Muffin Salad Bar Grown Curron Muffin Salad Bar Grown Curron Salad Salad Bar Grown Curron Muffin Salad	Roasted Zucchini						
Crunchy Tofu with Korean BEQ Sauce Vegetable Fried Rice Vegetable Fig B foll with Duck Sauce Salad Bar Italian Classico Salad Salad Bar Caror & Lemon Salad Salad Bar Healthy Cole Slaw Warm Dinner Roll Salad Bar Caror & Car		<u>Salad Bar</u>		Kale Salad	Italian Marinated		
With Korean BBQ Sauce  Vegetable Fried Rice  Warm Dinner Roll  Vegetable Egg Roll with Duck Sauce  Warm Dinner Roll  Sweet Plantains Salad Bar Italian Classico Salad  Salad Bar Caesar Salad Caesar Salad  Salad Bar Caesar Salad Caesar Salad  Mexical Chill with Rice and Salsa  Were Plantains Salad Bar Green Garden Salad  Warm Dinner Roll  Salad Bar Green Garden Salad  Salad Bar Green Garden Salad  Were Vork Apple Salad Salad Bar Green Garden Salad  Salad Bar Green Caesar Salad  Salad Bar Green Caesar Salad  With Rice and Salsa  Salad Bar Green Garden Salad  Salad Bar Green Garden Salad  Salad Bar Green Caesar Salad  Salad Bar Green Caesar Salad  Salad Bar Green Garden Salad  Salad Bar Gree	9	10	11	New York Thursday 12		13	
Vegetable Egg Roll with Duck Sauce  Salad Bar Italian Classico Salad  Salad Bar Italian Classico Salad  Salad Bar Caesar Salad  Salad Bar Caesar Salad  16  17  18  New York Thursday 19  Caesar Salad Roll Black Bean Quesadilla with Rice and Salsa Warm Dinner Roll Salad Bar Green Garden Salad  Salad Bar Green Garden Salad  Served With Rice Seasoned Wedge Fries Spring Mix Salad Sweet Plantains Salad Bar Green Garden Salad  Served With Rice Served with Rice and Salsa Served with Rice and Salsa Served with Rice Served with Rice Served with Rice Served with Rice and Salsa Served With Rice Served With		-		with <b>Plantains</b>			
with Duck Saluce  Salad Bar Italian Classico Salad  Salad Bar Caesar Salad  Salad Bar Caesar Salad  Salad Bar Caesar Salad  17 18 New York Thrusday 19 220  Mexicali Chili with Rice and Salas  Black Bean Quesadilla with Rice and Salas  Honey Corn Muffin  Seasoned Wedge Fries Spring Mix Salad  Salad Bar Greek Zuochini Salad  Salad Bar Greek Zuochini Salad  Greek Zuochini Salad Bar Greek Zuochini Salad  Garlic Toast  Baked Penne  Vegetarian Chili Served with Rice and Salsa  Sweet Plantains  Salad Bar Greek Zuochini Salad  Salad Bar Served with Rice and Salas  Sweet Plantains  Salad Bar Served with Rice and Salas  Sweet Plantains  Salad Bar Served with Rice and Salas  Sweet Plantains  Salad Bar Served with Rice and Salas  Sweet Plantains  Salad Bar Served with Rice and Salas  Sweet Plantains  Salad Bar Served with Rice and Salas  Sweet Plantains  Salad Bar Served with Rice and Salas  Sweet Plantains  Salad Bar Served with Rice and Salas  Sweet Plantains  Salad Bar Served with Rice and Salas  Sweet Plantains  Salad Bar Kale Caesar Salad  Salad Bar Kale Salad Bar Kale Caesar Salad  Salad Bar Kale Salad Bar K	_		Broccoli Trees	Seasoned Wedge Fries			
Salad Bar (Cales Salad Bar Cales Salad Bar Carot & Lemon Salad Bar Cales Salad Bar Sal		Wedge Fries	Green Garden Salad	New York Cookie Treat	White Bean Salad		
Mexicali Chili with Rice and Salsa Ward Potatoes, Beans & Cheese Seasoned Wedge Fries Spring Mix Salad Syring Mix Salad Salad Bar Green Garden Salad  Salad Bar Green Garden Salad  Vegetarian Chili Served with Rice and Salsa Served With Rice Salad Bar Green Garden Salad  Z3  Z4  Z5  Baked Penne Vegetarian Chili Served with Rice and Salsa Served with Whole Grain Pasta Kale Caesar Salad Seasoned Wedge Fries Salad Bar Green Garden Salad  Seasoned Wedge Fries Salad Bar Fresh Cilantro Slaw  Salad Bar Fresh Cilantro Slaw  Caruchy Tofu with Korean BBQ Sauce Vegetable Fried Rice Vegetable Fried Rice Vegetable Fried Rice Vegetable Salad Salad Bar Italian Classico Salad  Seasoned Wedge Fries Salad Bar Italian Classico Salad  Calssic Cheese Pizza Margherita Pizza Garlic Knot Salad Bar Healthy Cole Slaw Fresh New York Apples Fresh Marinated Vegetable Salad Served with Whole Grain Pasta Seasoned Wedge Fries Salad Bar Kale Caesar Salad Seasoned Wedge Fries Salad Bar Confetti Corn Salad Fresh New York Apples  Classic Cheese Pizza Margherita Pizza Garlic Knot Salad Bar Fresh Marinated Vegetable Salad Bar Fresh Marinated Fresh New York Apples  Classic Cheese Pizza With Cheese And Salsa Served With Rice Served With Rice Salad Bar Healthy Cole Slaw Fresh New York Apples  Classic Cheese Pizza With Rice and Salsa Vegetable Salad Served With Rice Salad Bar Kale Caesar Salad Served With Rice Selad Bar Healthy Cole Slaw Fresh New York Apples  Classic Cheese Pizza Margheria Pizza Served With Rice Salad Bar Healthy Cole Slaw Fresh New York Apples  Classic Cheese Pizza Margheria Pizza Se		Salad Bar		Celery & Apple Salad	<u>Salad Bar</u> Roasted Broccoli		
with Rice and Salsa  With Rice and Salsa  With Rice and Salsa  Woggie Shepherd's Pie A Delicious Blond of Mashed Potatoes, Beans & Cheese  Garlicky Green Beans  Sweet Plantains  Salad Bar Green Garden Salad  Served With Rice  Salad Bar Green Garden Salad  Vegetarian Chili Served with Rice and Salsa  Served with Rice and Salsa  Warm Dinner Roll Salad Bar Spinach & Cranberry Salad  Served With Rice Salad Bar Fresh New York Apples  Served with Rice Salad Bar Fresh Maintaned Vegetable Salad Served with Whole Grain Pasta Kale Caesar Salad Seasoned Wedge Fries Salad Bar Broccoli and Cranberry Salad  Crunchy Tofu with Korean BBQ Sauce Vegetable Fried Rice Vegetable Egg Roll with Duck Sauce Salad Bar Italian Classico Salad  With Rice and Salsa  Warm Dinner Roll Salad Bar Salad Bar Spinach & Cranberry Salad Seasoned Wedge Fries Salad Bar Confetti Corn Salad Seasoned Wedge Fries Salad Bar Italian Classico Salad  With Cheese and Salsa Served With Rice Salad Bar Salad Bar Salad Bar Confetti Corn Salad Sewet Plotato Waffle Fries  Warm Dinner Roll Salad Bar Fresh New York Apples  Served with Basil Pesto Salad Bar Rale Salad Bar Kale Salad Bar Kale Salad Fresh New York Apples  Salad Bar Kale Salad Fresh New York Apples  Salad Bar Rale Salad Bar Kale Salad Fresh New York Apples  Salad Bar Rale Salad Bar Rale Salad Bar Rale Salad Bar Rale Salad Fresh New York Apples  Salad Bar Ral	16	17	18	New York Thursday 19		20	
Honey Corn Muffin  Seasoned Wedge Fries Spring Mix Salad Sweet Plantains Salad Bar Green Garden Salad  Potatoses, Beans & Cheese  Sarlicky Green Beans Warm Dinner Roll Salad Bar Green Garden Salad  Salad Bar Green Garden Salad  Vegetarian Chili Served with Rice Served with Rice Salad Bar Fresh Marinated Vegetable Salad Bar Fresh Cilantro Slaw  A Delicious Blend of Mashed Potatoses, Beans & Cheese  Served With Rice Warffle Fries Salad Bar Healthy Cole Slaw Fresh Mew York Apples  New York Apples  Served with Rice A Salad Bar Healthy Cole Slaw Fresh Mew York Apples  Served with Rice A New York Apples  Served with Rice A New York Apples  Served with Rice A New York Apples  Served with Rice A Salad Bar Warm Dinner Roll Salad Bar Healthy Cole Slaw Fresh Marinated Vegetable Salad Vegetable Bar Rale Caesar Salad Served with Whole Grain Pasta Kale Caesar Salad Seasoned Wedge Fries Salad Bar Rale Salad			•		Classic Cheese Pizza		
Sweet Plantains Salad Bar Green Garden Salad  Salad Bar Spinach & Cranberry Salad  Served with Rice and Salsa Sweet Plantains  Salad Bar Green Garden Salad  Served with Rice and Salsa Sweet Plantains  Salad Bar Broccoli and Cranberry Salad  Salad Bar Fresh Cilantro Slaw  Salad Bar Fresh Cilantro Slaw  Green Garden Salad  Seasoned Wedge Fries Salad Bar Confetti Corn Salad  Salad Bar Fresh New York Apples  Salad Bar Kale Salad Bar Kale Salad Fresh New York Apples  Salad Bar Kale Salad Bar Kale Salad Fresh New York Apples  Salad Bar Kale Salad Fresh New York Apples  Salad Bar Kale Salad Cucumber Salad  Salad Bar Kale Salad Fresh New York Apples  Salad Bar Kale Salad Cucumber Salad  Salad Bar Kale Salad Fresh New York Apples  Salad Bar Kale Salad Cucumber Salad  Salad Bar Kale Salad Cucumber Salad  Cu			A Delicious Blend of Mashed		<b>U</b>		
Salad Bar Green Garden Salad  Salad Bar Greek Zucchini Salad  Spinach & Cranberry Salad  Served with Rice and Salad Bar Broccoli and Cranberry Salad  Salad Bar Fresh Mex York Apples  Served with Rice and Salsa  Sweet Plantains  Roasted Zucchini  Salad Bar Broccoli and Cranberry Salad  Crunchy Tofu with Korean BBQ Sauce  Vegetable Fried Rice  Vegetable Egg Roll with Duck Sauce  Salad Bar Italian Classico Salad  Salad Bar Italian Classico Salad  Salad Bar Italian Classico Salad	·		·		Roasted Chickpea		
Salad Bar Greek Zucchini Salad  Greek Zucchini Salad  Spinach & Cranberry Salad  Spinach & Cranberry Salad  Fresh New York Apples  Presh Marinated Vegetable Salad  Yegetable Salad Bar Served with Rice and Salsa  Served with Rice and Salsa  Served with Rice and Salsa  Seesoned Wedge Fries  Salad Bar Broccoli and Cranberry Salad  Crunchy Tofu with Korean BBQ Sauce  Vegetable Fried Rice  Vegetable Egg Roll with Duck Sauce  Salad Bar Italian Classico Salad  Italian Classico Salad  Greek Zucchini Salad  Spinach and Mozzarella Classic Cheese Pizza  Spinach and Mozzarella Classic Cheese Pizza  Spinach and Mozzarella Classic Cheese Pizza  Veggie Pizza  Veggie Pizza  Veggie Pizza  Veggie Pizza  Salad Bar Kale Salad Bar Italian Marinated Cucumber Salad  Seasoned Wedge Fries  Salad Bar Kale Salad Bar Kale Salad Bar Kale Salad Bar Kale Salad Bar Italian Marinated Cucumber Salad  Seasoned Wedge Fries  Salad Bar Kale Salad Bar Kale Salad Bar Kale Salad Bar Italian Marinated Cucumber Salad  Seasoned Wedge Fries  Salad Bar Kale Salad Bar Kale Salad Bar Kale Salad Bar Italian Marinated Cucumber Salad  Seasoned Wedge Fries  Salad Bar Kale Salad Bar Kale Salad Bar Kale Salad Bar Italian Marinated Cucumber Salad  Seasoned Wedge Fries  Salad Bar Kale Salad Bar Kale Salad Bar Kale Salad Bar Kale Salad Bar Italian Marinated Cucumber Salad  Seasoned Wedge Fries  Salad Bar Kale Salad Bar	Sweet Plantains	Salad Bar	Warm Dinner Roll	Salad Bar			
Baked Penne  Vegetarian Chili Served with Rice and Salsa Sweet Plantains  Roasted Zucchini Salad Bar Broccoli and Cranberry Salad  Crunchy Tofu with Korean BBQ Sauce  Vegetable Fried Rice Vegetable Fried Rice Salad Bar Italian Classico Salad  Italian Classico Salad  Vegetarian Chili Served with Rice and Salsa Served with Whole Grain Pasta Served with Rice and Salsa Veggie Pizza Veggie Pizza  Salad Bar Kale Salad Bar Kale Salad Bar Kale Salad Bar Roor Fresh New York Apples  Salad Bar Italian Marinated Cucumber Salad  Fresh New York Apples  EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD				Healthy Cole Slaw	Fresh Marinated		
Garlic Toast  Served with Rice and Salsa  Sweet Plantains  Roasted Zucchini  Salad Bar Broccoli and Cranberry Salad  Crunchy Tofu with Korean BBQ Sauce  Vegetable Fried Rice  Vegetable Fige Roll with Duck Sauce  Salad Bar Italian Classico Salad  Served with Whole Grain Pasta Whole Grain Pasta Kale Caesar Salad Seasoned Wedge Fries Salad Bar Confetti Corn Salad  Seasoned Wedge Fries Salad Bar Confetti Corn Salad Fresh New York Apples  Salad Bar EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	23	24	25	New York Thursday 26		27	
Roasted Zucchini  Salad Bar Broccoli and Cranberry Salad  Crunchy Tofu with Korean BBQ Sauce  Vegetable Fried Rice  Vegetable Egg Roll with Duck Sauce  Salad Bar Italian Classico Salad  Sweet Plantains  Kale Caesar Salad Seasoned Wedge Fries Salad Bar Confetti Corn Salad  Salad Bar Confetti Corn Salad  Fresh New York Apples  Salad Bar Kale Caesar Salad Seasoned Wedge Fries Salad Bar Kale Caesar Salad Stewed Pinto Beans  Salad Bar Kale Caesar Salad Seasoned Wedge Fries		Served with Rice	Served with	Quesadilla with Tomatoes	Pizza		
Roasted Zucchini  Salad Bar Broccoli and Cranberry Salad  Salad Bar Fresh Cilantro Slaw  Salad Bar Fresh Cilantro Slaw  Seasoned Wedge Fries Salad Bar Confetti Corn Salad Fresh New York Apples  Salad Bar Kale Salad Fresh New York Apples  Salad Bar Kale Salad Fresh New York Apples  Cucumber Salad  Cucumber Salad  Vegetable Fried Rice  Vegetable Egg Roll with Duck Sauce  Salad Bar Litalian Classico Salad  EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	Garillo 1 Galot		Kale Caesar Salad	Stawad Pinta Roans			
Salad Bar Broccoli and Cranberry Salad  Salad Bar Fresh Cilantro Slaw  Salad Bar Confetti Corn Salad Fresh New York Apples  Italian Marinated Cucumber Salad  Cucumber Salad  Cucumber Salad  Cucumber Salad  Cucumber Salad  Italian Marinated Cucumber Salad  Cucumber Salad  Cucumber Salad  Cucumber Salad  Fresh New York Apples  Cucumber Salad  Cucumbe	Roasted Zucchini		Seasoned Wedge Fries				
Crunchy Tofu with Korean BBQ Sauce  Vegetable Fried Rice  Vegetable Egg Roll with Duck Sauce  EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD		<u>Salad Bar</u>		Kale Salad	Italian Marinated		
With Korean BBQ Sauce  Vegetable Fried Rice  Vegetable Egg Roll with Duck Sauce  Salad Bar Italian Classico Salad  EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	30						
with Duck Sauce  EVERY THURSDAY WE'RE  PROUDLY CELEBRATING  LOCALLY SOURCED &  PRODUCED FOOD	with Korean BBQ Sauce			OF OF OF			
Salad Bar Italian Classico Salad PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD				EVERY THIDSDAY INCIDE			
OFFEDED DAILY				PROUDLY CELEBRATING LOCALLY SOURCED &			

## **OFFERED DAILY**

#### **Entree Alternatives**

- PB&J Sandwich
- Cheese Sandwich
- Hummus Grab & Go
- 8 oz. Yogurt Grab & Go

# Milk 1% Low-fat Fat Free

**Fat Free Chocolate** 

Pre-K - 8 Vegetarian Lunch Menu

# **Fresh Fruit**

No Artificial flavors, colors, or sweeteners in all **SchoolFood Products** 

## Homemade Dressings

**Balsamic Vinaigrette** Caesar Italian Vinaigrette

### **Flavor Station**

**Granulated Garlic Red Pepper Flakes** Parmesan Cheese





