

FEBRUARY 2018: Breakfast Ex	cpress Menu
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Monday	Tuesday	Wednesday	Thursday	Friday
			New York Thursday 1	2
			Nature Valley™ Oats 'n Honey Granola Bar	Apple Cinnamon Muffin
			Upstate Farms® Yogurt Land O'Lakes® Colby Cheese Stick	Back to the Roots® Cinnamon Cluster
			Fresh New York Apples	Fresh Fruit
5	6	7	New York Thursday 8	9
Apple Cinnamon Cheerios®	Banana Muffin	Whole Grain Bagel with Cream Cheese & Jelly	Yogurt Parfait	Blueberry Muffin
Honey Graham Crackers	Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds		Land O'Lakes® Cheddar Cheese Stick	Back to the Roots® Cinnamon Cluster
100% Orange Tangerine Juice	100% Fruit Juice	Fresh Fruit	New York Apple Slices	Fresh Fruit
12	13	14	New York Thursday 15	Midwinter Recess 16
Fruity Cheerios®	Sunshine Zucchini Loaf	Whole Grain Bagel with Cream Cheese & Jelly	Nature Valley™ Oats 'n Honey Granola Bar	Whole Grain Croissant Served with Jelly
Honey Graham Crackers	Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds		Upstate Farms® Yogurt Land O'Lakes® Mozzarella Cheese Stick	Back to the Roots® Purple Corn Flakes
100% Apple Juice	100% Fruit Juice	Fresh Fruit	Fresh New York Apples	Fresh Fruit
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Sun Butter Cup	Honey Corn Muffin	Whole Grain Bagel with Cream Cheese & Jelly	Nature Valley™ Oats 'n Honey Granola Bar	Apple Cinnamon Muffin
Honey Graham Crackers Grape Jelly	Organic Stonyfield® Yogurt Served with Craisins & Granola		Upstate Farms® Yogurt Land O'Lakes®	Back to the Roots® Cinnamon Cluster
100% Fruit Juice	100% Fruit Juice	Fresh Fruit	Colby Cheese Stick Fresh New York Apples	Fresh Fruit
26	27	28		
Apple Cinnamon Cheerios® Honey Graham Crackers	Banana Muffin Organic Stonyfield® Yogurt Honey Roasted	Whole Grain Bagel with Cream Cheese & Jelly		
100% Orange Tangerine Juice	Sunflower Seeds 100% Fruit Juice	Fresh Fruit	EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

MILK

1% Low-fat
Fat Free
Fat Free Chocolate

Fresh Fruit

<u>Canned Fruit</u> Peaches, Pears, Pineapples OFFERED DAILY

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Breakfast Express /
Breakfast in the Classroom
Menu

Grab and Go Breakfast Pack

Cold Cereal Choices

Frosted Mini Wheats
Cinnamon Flakes
Multi-Grain Cheerios
Toasty-Oats
Back to the Roots®
Organic Purple Corn Flakes
& Cinnamon Clusters

ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.





