

JANUARY 2018: Vegetarian Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	FROM THE GRIDDLE	BAGEL	SKILLET	NEW YORK THURSDAY	FRESH BAKERY
ı	Winter Recess 1	2	3	New York Thursday 4	5
	Tasty Waffles Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly	Whole Grain Croissant Served with Jelly	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly	Egg & Cheese on a Soft Roll
	Back to the Roots Organic Purple Corn Flakes	Land O'Lakes® Cheddar Cheese Stick	Organic Stonyfield® Yogurt Back to the Roots Organic Cinnamon Clusters	Upstate Farms® Yogurt Choice	Apple Cinnamon Loaf Back to the Roots Organic Cinnamon Clusters
	100% Fruit Juice Seasonal Fresh Fruit	100% Fruit Juice Seasonal Fresh Fruit	100% Fruit Juice Seasonal Fresh Fruit	New York Apple Slices 100% Fruit Juice	100% Fruit Juice Seasonal Fresh Fruit
	8	9	10	New York Thursday 11	12
	Cinnamon Pancakes Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly	Cheese Omelet with a Buttermilk Biscuit Organic Stonyfield® Yogurt	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly	Egg & Cheese on an English Muffin
	Back to the Roots Organic Purple Corn Flakes	Land O'Lakes® Colby Cheese Stick	Back to the Roots Organic Cinnamon Clusters	Upstate Farms® Yogurt Choice	Honey Corn Loaf Back to the Roots Organic Cinnamon Clusters
	100% Fruit Juice Seasonal Fresh Fruit	100% Fruit Juice Seasonal Fresh Fruit	100% Fruit Juice Seasonal Fresh Fruit	New York Apple Slices 100% Fruit Juice	100% Fruit Juice Seasonal Fresh Fruit
	Martin Luther King Day 15	16	17	New York Thursday 18	19
	French Toast Dippers Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly	Egg & Cheese Pita Organic Stonyfield® Yogurt	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly	Cheese Omelet Soft Wrap with Salsa
	Back to the Roots Organic Purple Corn Flakes	Land O'Lakes® Mozzarella Cheese Stick	Back to the Roots Organic Cinnamon Clusters	Upstate Farms® Yogurt Choice	Blueberry Loaf Back to the Roots Organic Cinnamon Clusters
	100% Fruit Juice Seasonal Fresh Fruit	100% Fruit Juice Seasonal Fresh Fruit	100% Fruit Juice Seasonal Fresh Fruit	Fresh New York Apples 100% Fruit Juice	100% Fruit Juice Seasonal Fresh Fruit
	22	23	24	New York Thursday 25	26
	Tasty Waffles Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly	Whole Grain Croissant Served with Jelly	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly	Egg & Cheese on a Soft Roll
	Back to the Roots Organic Purple Corn Flakes	Land O'Lakes® Cheddar Cheese Stick	Organic Stonyfield® Yogurt Back to the Roots Organic Cinnamon Clusters	Upstate Farms® Yogurt Choice	Apple Cinnamon Loaf Back to the Roots Organic Cinnamon Clusters
	100% Fruit Juice Seasonal Fresh Fruit	100% Fruit Juice Seasonal Fresh Fruit	100% Fruit Juice Seasonal Fresh Fruit	New York Apple Slices 100% Fruit Juice	100% Fruit Juice Seasonal Fresh Fruit
	29	30	31	9	
	Cinnamon Pancakes Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly	Cheese Omelet with a Buttermilk Biscuit Organic Stonyfield® Yogurt		
	Back to the Roots Organic Purple Corn Flakes	Land O'Lakes® Colby Cheese Stick	Back to the Roots Organic Cinnamon Clusters	THE W TO	
	100% Fruit Juice Seasonal Fresh Fruit	100% Fruit Juice Seasonal Fresh Fruit	100% Fruit Juice Seasonal Fresh Fruit	EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	
Ī	Milk		OFFERED DAILY		Cold Cereal Choices

<u>Milk</u>

1% Low-fat
Fat Free
Fat Free Chocolate

Hot Oatmeal
Warm Peach Topper

Seasonal Fresh Fruit

Apples, Oranges, Bananas, Pears

Canned Fruit

Peaches, Pears, Pineapples

OFFERED DAILY

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Vegetarian Breakfast Menu

100% Fruit Juice

Apple, Fruit Punch, Grape, Orange

<u>Breakfast Dipping Sauces:</u> Ketchup, Hot Sauce, Salsa

Cold Cereal Choices

Frosted Mini Wheats
Cinnamon Flakes
Multi-Grain Cheerios
Toasty-Oats
Raisin Bran
Back to the Roots®
Organic Purple Corn Flakes

& Cinnamon Cluster

ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK or RAISIN BRAN and Can Only Have JUICE on MONDAYS.





