

## APRIL 2018: High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
FROM THE GRIDDLE	BAGEL NOSH	SKILLET SENSATIONS	NEW YORK THURSDAY	BAKERY FRESH
Spring Recess 2  Buttermilk Pancakes	Spring Recess 3 Egg Sandwich	Spring Recess 4 Cheese Omelet	Spring Recess 5 New York Bagel Sticks	Spring Recess 6 Apple Cinnamon Muffin
Served with Syrup		with a Buttermilk Biscuit		
Turkey Canadian Bacon	Honey Corn Muffin	Land O'Lakes®	Upstate Farms®  Yogurt Choice	Turkey Sausage, Egg & Cheese
	Organic Stonyfield® Yogurt	Colby Cheese Stick	Served with	on an Soft Roll
Egg Sandwich		Back to the Roots®	Craisins & Granola	
Back to the Roots®	Spiced Oatmeal	Purple Corn Flakes	Egg Sandwich	Bagel Bar
Cinnamon Cluster	Peach Topper	Bagel Bar		100% Fruit Juice
100% Fruit Juice Fresh Fruit	100% Fruit Juice Fresh Fruit	100% Fruit Juice Fresh Fruit	New York Apple Slices	Fresh Fruit
			N V I = 1 10	
7 Tasty Waffles	10 Egg Sandwich	11 Turkey Canadian Bacon,	New York Thursday 12  New York Bagel Sticks	Blueberry Muffin
Served with Syrup	Lyg Sandwich	Egg & Cheese	New Tork Dager Sticks	Bideberry Marrin
Turkey Sausage Patty	Organic Stonyfield® Yogurt Honey Roasted	on an English Muffin	Yogurt Parfait	Breakfast Quesadilla
	Sunflower Seeds	Land O'Lakes®		Spiced Oatmeal
Back to the Roots® Cinnamon Cluster	Spiced Oatmeal	Cheddar Cheese Stick	Egg Sandwich	Peach Topper
	Peach Topper	Back to the Roots®		Bagel Bar
Egg Sandwich	100% Fruit Juice	Purple Corn Flakes	New York Apple Slices	100% Fruit Juice
100% Fruit Juice Fresh Fruit	Fresh Fruit	<u>Bagel Bar</u> 100% Fruit Juice		Fresh Fruit
16 Testi Fiuit	17		New York Thursday 19	20
French Toast Dippers	Egg Sandwich	Beef Sausage &	New York Bagel Sticks	Banana Muffin
Served with Syrup	Whole Crain Craigsont	White Cheddar Sandwich	Upstate Farms®	Turkov Saucago Crumble Egg
Turkey Canadian Bacon	Whole Grain Croissant Served with Jelly		Yogurt Choice	Turkey Sausage Crumble Egg & Cheese Wrap
Egg Sandwich	Organic Stonyfield® Yogurt	Land O'Lakes® Mozzarella Cheese Stick	Served with Craisins & Granola	Back to the Roots®
				Purple Corn Flakes
Back to the Roots® Cinnamon Cluster	Spiced Oatmeal Peach Topper	<u>Bagel Bar</u>	Egg Sandwich	Bagel Bar
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice Fresh Fruit	Fresh New York Apples	100% Fruit Juice
Fresh Fruit	Fresh Fruit	i iosii i iuit		Fresh Fruit
23	24	25	New York Thursday 26	27
Buttermilk Pancakes Served with Syrup	Egg Sandwich	Cheese Omelet with a Buttermilk Biscuit	New York Bagel Sticks	Apple Cinnamon Muffin
	Honey Corn Muffin		Upstate Farms®	Turkey Sausage,
Turkey Canadian Bacon	Organic Stonyfield® Yogurt	Land O'Lakes® Colby Cheese Stick	Yogurt Choice	Egg & Cheese on an Soft Roll
Egg Sandwich	, ,	•	Egg Sandwich	Book to the Boote®
	Spiced Oatmeal	Back to the Roots® Purple Corn Flakes	Lgg Gandwich	Back to the Roots® Purple Corn Flakes
100% Fruit Juice Fresh Fruit	Peach Topper	Bagel Bar		Bagel Bar
	100% Fruit Juice	100% Fruit Juice	Fresh New York Apples	100% Fruit Juice
0.0	Fresh Fruit	Fresh Fruit		Fresh Fruit
Tasty Waffles		Bagel Bar		
Served with Syrup		An Assortment of Bagel	OF CAN	
Turkey Sausage Patty		Varieties & Spreads including Hummus,	R MAX	
Back to the Roots®		Peanut Butter,	*	
Cinnamon Cluster		Cream Cheeses and Jelly	VEW 10	
Egg Sandwich		Egg Sandwich		
		Plain Egg Omelet with Cheese on a	EVERY THURSDAY WE'RE PROUDLY CELEBRATING	
100% Fruit Juice Fresh Fruit		Soft Bun, English Muffin	LOCALLY SOURCED &	
		or Buttermilk Biscuit	PRODUCED FOOD	Cold Carool Chaire
		OFFERED DAILY		Cold Cereal Choices

## <u>Milk</u>

1% Low-fat **Fat Free Fat Free Chocolate**  **Fresh Fruit** 

<u>Canned Fruit</u> Peaches, Pears, Pineapples

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

High School Breakfast Menu

## 100% Fruit Juice

Apple, Fruit Punch, Grape, Orange

**Breakfast Dipping Sauces:** Ketchup, Hot Sauce, Salsa

Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Clusters



