

UAITO	AKT 2010. HIÇ	JII OCHOOL AILE	mative Eurich	Menu
Monday	Tuesday	Wednesday	Thursday	Friday
Winter Recess 1	2	3	New York Thursday 4	5
Red, White and Green Panini	100% Beef Hamburgers &	"Super Chef"	Chef Salad	Classic Cheese Pizza
	Cheeseburgers	Shepherd's Pie	Garlic Knot	Margherita Pizza
Parmigiana Roasted Cauliflower	Burgers served with Lettuce, Tomato & New York Onion	A Delicious Blend of Mashed Potatoes, Turkey, & Cheese	Classic Tuna on Ciabatta Bread	Roasted Chickpea Salad
Sweet Plantains	Crunchy Carrot Sticks	Warm Dinner Roll	Seasoned Wedge Fries	Kid Friendly Kale Salad
<u>Salad Bar</u> Green Garden Salad	Salad Bar	Broccoli Trees	Salad Bar	Salad Bar
Green Garden Galad	Greek Zucchini Salad	Spinach & Cranberry Salad	Celery & Apple Salad Fresh New York Apples	Fresh Marinated Vegetable Salad
8	9	10	New York Thursday 11	12
Turkey Carnitas	100% Beef Hamburgers &	Hot Sliced Turkey	Vegetarian Chili	Classic Cheese
Burrito	Cheeseburgers	with Gravy	with Rice and Salsa	Pizza
Brown Rice	Burgers served with Lettuce, Tomato & New York Onion	Warm Corn Bread	Roasted Zucchini	Veggie Pizza Seasoned Pinto Beans
Green Garden Salad	Sweet Potato Wedge Fries	Mashed Potatoes Garlicky Green Beans	Corn on the Cob	Kid Friendly Kale Salad
	·	·	Salad Bar	Salad Bar
<u>Salad Bar</u> Broccoli & Cranberry Salad	<u>Salad Bar</u> Carrot & Lemon Salad	<u>Salad Bar</u> Confetti Corn Salad	Kale Salad Fresh New York Apples	Italian Marinated Cucumber Salad
Martin Luther King Day 15	16		New York Thursday 18	19
Black Bean Quesadilla	100% Beef Hot & Spicy	Mushroom Bolognese	Turkey Ham	Classic Cheese Pizza
with Rice and Salsa	Cheeseburgers	with Whole Grain Rotini	Cubano Panini	
	Burgers served with Lettuce,	Garlic Toast	Italian Marinated	Bruschetta Pizza Fresh Tomatoes & Onions
Confetti Corn Salad	Tomato & New York Onion		Cucumber Salad	Garlic Knot
Spring Mix Salad	Chickpea Salad Marinated Tomato Salad	Orange Glazed Carrots	Salad Bar	Kid Friendly Kale Salad
Salad Bar Italian Classico Salad	Salad Bar	Salad Bar	Asian Slaw New York Apple Slices	Salad Bar
	Caesar Salad	Fresh Cilantro Slaw		Roasted Broccoli & Cauliflower Salad
22	23	24	New York Thursday 25	26
Red, White and Green Panini	Chef Salad	"Super Chef"	100% New York Beef	Classic Cheese Pizza
	Opella Karat	Shepherd's Pie	Hamburgers &	Manulania Dise
Parmigiana Roasted	Garlic Knot	A Delicious Blend of Mashed	Cheeseburgers	Margherita Pizza
Cauliflower	Classic Tuna	Potatoes, Turkey, & Cheese	Burgers served with Lettuce,	
Sweet Plantains	on Ciabatta Bread	Warm Dinner Roll	Tomato & New York Onion	Roasted Chickpea Salad
Salad Bar	Seasoned Wedge Fries	Broccoli Trees	Crunchy Carrot Sticks	Kid Friendly Kale Salad
Green Garden Salad	Salad Bar	Dioccon riees	Salad Bar	Salad Bar
	Greek Zucchini Salad	<u>Salad Bar</u> Spinach & Cranberry Salad	Celery & Apple Salad Fresh New York Apples	Fresh Marinated Vegetable Salad
29	30	31		
Turkey Carnitas Burrito	100% Beef Hamburgers & Cheeseburgers	Hot Sliced Turkey with Gravy	SE ST.	
Brown Rice	Burgers served with Lettuce, Tomato & New York Onion	Warm Corn Bread		
	Sweet Potato	Mashed Potatoes	CW /	
Green Garden Salad	Wedge Fries	Garlicky Green Beans	EVEDV THIS OF AV	
Salad Bar	Salad Bar	Salad Bar	EVERY THURSDAY WE'RE PROUDLY CELEBRATING	
Broccoli & Cranberry Salad	Carrot & Lemon Salad	Confetti Corn Salad	LOCALLY SOURCED &	
		OFFEDER RALV	PRODUCED FOOD	
Entrop Alternatives		OFFERED DAILY	Droceinge	

## **Entree Alternatives**

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey Sandwich
- Hummus Grab & Go
- Cheese & Tomato with Fresh Fruit Grab & Go

# Milk 1% Low-fat Fat Free **Fat Free Chocolate**

**Seasonal Fresh Fruit** Apples, Oranges, Bananas, Pears

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

### **Dressings**

**Balsamic Vinaigrette** Caesar Italian Vinaigrette

## **Flavor Station**

**Granulated Garlic Red Pepper Flakes Parmesan Cheese** 

Pre-K 3 - Grade 8 Alternative Lunch Menu





