



MARCH 2018: Vegetarian Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
FROM THE GRIDDLE	BAGEL NOSH	SKILLET SENSATIONS	NEW YORK THURSDAY	BAKERY FRESH
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD			New York Thursday 1	2
			Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly Upstate Farms® Yogurt Choice Fresh New York Apples 100% Fruit Juice	Cheese Omelet Soft Wrap with Salsa Blueberry Muffin Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
	5	6	New York Thursday 8	9
	Tasty Waffles Served with Syrup Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Whole Grain Bagel with Cream Cheese & Jelly Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	Whole Grain Croissant Served with Jelly Organic Stonyfield® Yogurt Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Egg & Cheese on a Soft Roll Apple Cinnamon Muffin Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
	12	13	New York Thursday 15	16
Buttermilk Pancakes Served with Syrup Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Whole Grain Bagel with Cream Cheese & Jelly Land O'Lakes® Colby Cheese Stick 100% Fruit Juice Fresh Fruit	Cheese Omelet with a Buttermilk Biscuit Organic Stonyfield® Yogurt Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly Upstate Farms® Yogurt Choice New York Apple Slices 100% Fruit Juice	Egg & Cheese on an English Muffin Honey Corn Muffin Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
19	20	21	New York Thursday 22	23
French Toast Dippers Served with Syrup Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Whole Grain Bagel with Cream Cheese & Jelly Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice Fresh Fruit	Egg & Cheese Pita Organic Stonyfield® Yogurt Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly Upstate Farms® Yogurt Choice Fresh New York Apples 100% Fruit Juice	Cheese Omelet Soft Wrap with Salsa Blueberry Muffin Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
26	27	28	New York Thursday 29	Spring Recess 30
Tasty Waffles Served with Syrup Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Whole Grain Bagel with Cream Cheese & Jelly Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	Whole Grain Croissant Served with Jelly Organic Stonyfield® Yogurt Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly Upstate Farms® Yogurt Choice New York Apple Slices 100% Fruit Juice	Egg & Cheese on a Soft Roll Apple Cinnamon Muffin Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
<div><div><u>Milk</u> 1% Low-fat Fat Free Fat Free Chocolate <u>Spiced Oatmeal</u> Warm Peach Topper</div><div><u>Fresh Fruit</u> <u>Canned Fruit</u> Peaches, Pears, Pineapples Grab and Go Breakfast Pack</div><div><u>OFFERED DAILY</u> No Artificial flavors, colors, or sweeteners in all SchoolFood Products Vegetarian Breakfast Menu</div><div><u>100% Fruit Juice</u> Apple, Fruit Punch, Grape, Orange <u>Breakfast Dipping Sauces:</u> Ketchup, Hot Sauce, Salsa</div><div><u>Cold Cereal Choices</u> Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster</div></div>				

ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.