

JUNE 2018: High School Breakfast Menu

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Monday	Tuesday	Wednesday	Thursday	Friday	
FROM THE GRIDDLE	BAGEL NOSH	SKILLET SENSATIONS	NEW YORK THURSDAY	BAKERY FRESH	
			4	1	
Bagel Bar				Banana Muffin	
An Assortment of Bagel Varieties & Spreads including			OF THE OWN	Turkey Sausage Crumble Egg	
Hummus,			Z Z	& Cheese Wrap	
Peanut Butter, Cream Cheeses and Jelly			*	Back to the Roots®	
Daily Egg Sandwich			VEW	Purple Corn Flakes	
Plain Egg Omelet			EVERY THURSDAY WE'RE	Bagel Bar	
with Cheese on a Soft Bun, English Muffin			PROUDLY CELEBRATING LOCALLY SOURCED &	100% Fruit Juice	
or Buttermilk Biscuit			PRODUCED FOOD	Fresh Fruit	
4	5	6	Anniversary Day 7	8	
Cinnamon Pancakes Served with Syrup	Egg Sandwich	Cheese Omelet with a Buttermilk Biscuit	New York Bagel Sticks	Apple Cinnamon Muffin	
	Honey Corn Muffin		Upstate Farms®	Turkey Sausage,	
Turkey Canadian Bacon	Organic Stonyfield® Yogurt	Land O'Lakes® Colby Cheese Stick	Yogurt Choice	Egg & Cheese on an Soft Roll	
Egg Sandwich	Spiced Oatmeal	Home Fries	Egg Sandwich	Back to the Roots®	
	Peach Topper			Purple Corn Flakes	
100% Fruit Juice Fresh Fruit	100% Fruit Juice	<u>Bagel Bar</u> 100% Fruit Juice	Fresh New York Apples	Bagel Bar	
	Fresh Fruit	Fresh Fruit		100% Fruit Juice Fresh Fruit	
Tasty Waffles	Egg Sandwich	Canadian Bacon,	New York Thursday 14 New York Bagel Sticks	Eid al-Fitr 15 Blueberry Muffin	
Served with Syrup		Egg & Cheese			
Turkey Sausage Patty	Organic Stonyfield® Yogurt Honey Roasted	on an English Muffin	Yogurt Parfait	Breakfast Quesadilla	
, , ,	Sunflower Seeds	Land O'Lakes® Cheddar Cheese Stick	Egg Sandwich	Back to the Roots®	
	Back to the Roots®		Lyg Sandwich	Purple Corn Flakes	
Egg Sandwich	Cinnamon Cluster	<u>Bagel Bar</u>		<u>Bagel Bar</u>	
100% Fruit Juice Fresh Fruit	100% Fruit Juice Fresh Fruit	100% Fruit Juice Fresh Fruit	New York Apple Slices	100% Fruit Juice Fresh Fruit	
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Summer Menu Kickoff					
FROM THE GRIDDLE	BAGEL	SKILLET	NEW YORK THURSDAY	FRESH BAKERY	
18	19	20	New York Thursday 21	Regents Rating Day HS 22	
Cinnamon Pancakes Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly	Turkey Sausage, Egg & Cheese	New York Bagel Sticks with Cream Cheese & Jelly	Apple Cinnamon Muffin	
Served with Syrup	·	on a Soft Roll	with Greath Cheese & Jelly		
Turkey Canadian Bacon	Organic Stonyfield® Yogurt Served with	Land O'Lakes®	Upstate Farms®	Land O'Lakes®	
·	Craisins & Granola	Cheddar Cheese Stick	Yogurt Choice	Colby Cheese Stick	
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	Fresh New York Apples	100% Fruit Juice	
Fresh Fruit	Fresh Fruit	Fresh Fruit		Fresh Fruit	
25		27	New York Thursday 28	29	
Tasty Waffles Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly	Turkey Canadian Bacon, Egg & Cheese	Honey Corn Muffin	Assorted Muffins	
, -1	Organic Stonyfield® Yogurt	on an English Muffin		Land O'Lakes®	
Turkey Sausage Patty	Honey Roasted	Nature Valley™ Oats 'n	Upstate Farms®	Mozzarella Cheese Stick	
	Sunflower Seeds	Honey Granola Bar	Yogurt Choice		
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	New York Apple Slices	100% Fruit Juice	
Fresh Fruit	Fresh Fruit	Fresh Fruit		Fresh Fruit	
<u>Milk</u>		OFFERED DAILY	100% Fruit Juice	Cold Cereal Choices Frosted Mini Wheats	
1% Low-fat	<u>Fresh Fruit</u>	No Artificial flavors, colors,	Apple, Fruit Punch,	Cinnamon Flakes Multi-Grain Cheerios	
Fat Free		or sweeteners in all	Grape, Orange	Toasty-Oats Back to the Roots®	

Fat Free Chocolate

Grab and Go Breakfast Pack <u>Canned Fruit</u> Peaches, Pears, Pineapples

SchoolFood Products

High School Breakfast Menu

Breakfast Dipping Sauces: Ketchup, Hot Sauce, Salsa

Back to the Roots® Organic Purple Corn Flakes & Cinnamon Clusters



