



FREE Lunch for All Students.

FEBRUARY 2018: High School Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
			New York Thursday 1	2
			Southwest Fish & Cheese Sandwich Served with Lettuce, Tomato & New York Onion French Fries Fresh New York Apples	Pizza Bagel Garlic Knot Crunchy Carrots Green Garden Salad
5	6	7	New York Burger & Fries 8	9
Popcorn Chicken Dipping Sauce Cup Garlic Toast Sweet Potato Wedge Fries	Jamaican Beef Patty New York Cookie Treat Healthy Cole Slaw	Steak & Cheese Empanada Frito-Lay® SunChips® Roasted Broccoli	100% Beef New York Cheeseburgers Served on Ciabatta Bread With Lettuce, Tomato & New York Onion New York French Fries New York Apple Slices	Pizza Bagel Garlic Knot Roasted Chickpea with Basil Pesto
Brunch for Lunch 12	13	14	New York Thursday 15	Midwinter Recess 16
Crispy Chicken Waffle Sandwich served with syrup Home Fries	100% Beef Hamburgers & Cheeseburgers Served with Lettuce Tomato & New York Onion French Fries	Mozzarella Sticks Marinara Sauce Baked! Tostitos® Scoops® Roasted Zucchini	Steamed Chicken Dumplings with Asian Dipping Sauce Crunchy Carrots New York Cookie Treat Fresh New York Apples	Pizza Bagel Kale Caesar Salad White Bean Salad
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Popcorn Chicken Dipping Sauce Cup Warm Dinner Roll Stewed Pinto Beans	Turkey Burger Burgers served with Lettuce, Tomato & New York Onion "Sweet-N-Spicy" Sweet Potato Waffle Fries	Steak & Cheese Empanada Frito-Lay® SunChips® Seasoned Wedge Fries	Southwest Fish & Cheese Sandwich Served with Lettuce, Tomato & New York Onion Healthy Cole Slaw Fresh New York Apples	Pizza Bagel Garlic Knot Green Garden Salad
26	Burger Promo 27	28		
Popcorn Chicken Dipping Sauce Cup Garlic Toast Sweet Potato Wedge Fries	100% Beef Greek Style Cheeseburgers Served on Ciabatta Bread With Lettuce, Tomato & New York Onion French Fries	Cheesy Bread Marinara Sauce Frito-Lay® SunChips® Broccoli Trees	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey Sandwich
- Hummus Grab & Go

Milk

1% Low-fat
Fat Free
Fat Free Chocolate

Dipping Sauce Cups

BBQ, Ranch,
Honey Mustard, Hot Sauce
Ketchup, Mayonnaise

OFFERED DAILY

Fresh Fruit

No Artificial flavors, colors,
or sweeteners in all
SchoolFood Products

Dressings

Chipotle Ranch
Balsamic Vinaigrette
Ranch
Asian Sesame
Honey Mustard
Caesar
French
Italian Vinaigrette

Flavor Station

Granulated Garlic
Red Pepper Flakes
Parmesan Cheese

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