



FEBRUARY 2018 : High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
FROM THE GRIDDLE	BAGEL NOSH	SKILLET SENSATIONS	NEW YORK THURSDAY	BAKERY FRESH
			New York Thursday 1	2
<u>Bagel Bar</u> An Assortment of Bagel Varieties & Spreads including Hummus, Peanut Butter, Cream Cheeses and Jelly <u>Egg Sandwich</u> Plain Egg Omelet with Cheese on a Soft Bun, English Muffin or Buttermilk Biscuit			New York Bagel Sticks Upstate Farms® Yogurt Choice Egg Sandwich Fresh New York Apples	Apple Cinnamon Muffin Turkey Sausage, Egg & Cheese on an Soft Roll Spiced Oatmeal Peach Topper <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit
5	6	7	New York Thursday 8	9
Tasty Waffles Served with Syrup Turkey Sausage Patty Back to the Roots® Cinnamon Cluster Egg Sandwich 100% Fruit Juice Fresh Fruit	Egg Sandwich Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds Spiced Oatmeal Peach Topper 100% Fruit Juice Fresh Fruit	Turkey Canadian Bacon, Egg & Cheese on an English Muffin Land O'Lakes® Cheddar Cheese Stick Back to the Roots® Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit	New York Bagel Sticks Yogurt Parfait Egg Sandwich New York Apple Slices	Blueberry Muffin Breakfast Quesadilla Spiced Oatmeal Peach Topper <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit
12	13	14	New York Thursday 15	Midwinter Recess 16
French Toast Dippers Served with Syrup Turkey Canadian Bacon Egg Sandwich Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Egg Sandwich Whole Grain Croissant Served with Jelly Organic Stonyfield® Yogurt Spiced Oatmeal Peach Topper 100% Fruit Juice Fresh Fruit	Cheese Omelet with a Buttermilk Biscuit Hot Cinnamon Roll Land O'Lakes® Mozzarella Cheese Stick <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit	New York Bagel Sticks Upstate Farms® Yogurt Choice Served with Craisins & Granola Egg Sandwich Fresh New York Apples	Banana Muffin Turkey Sausage Crumble Egg & Cheese Wrap Spiced Oatmeal Peach Topper Back to the Roots® Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Buttermilk Pancakes Served with Syrup Turkey Canadian Bacon Egg Sandwich Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Egg Sandwich Honey Corn Muffin Organic Stonyfield® Yogurt Spiced Oatmeal Peach Topper 100% Fruit Juice Fresh Fruit	Beef Sausage & White Cheddar Sandwich Land O'Lakes® Colby Cheese Stick Back to the Roots® Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit	New York Bagel Sticks Upstate Farms® Yogurt Choice Served with Craisins & Granola Egg Sandwich New York Apple Slices	Apple Cinnamon Muffin Turkey Sausage, Egg & Cheese on an Soft Roll Spiced Oatmeal Peach Topper <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit
26	27	28		
Tasty Waffles Served with Syrup Turkey Sausage Patty Back to the Roots® Cinnamon Cluster Egg Sandwich 100% Fruit Juice Fresh Fruit	Egg Sandwich Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds Spiced Oatmeal Peach Topper 100% Fruit Juice Fresh Fruit	Turkey Canadian Bacon, Egg & Cheese on an English Muffin Land O'Lakes® Cheddar Cheese Stick Back to the Roots® Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

OFFERED DAILY		Cold Cereal Choices	
<u>Milk</u> 1% Low-fat Fat Free Fat Free Chocolate Grab and Go Breakfast Pack	<u>Fresh Fruit</u> <u>Canned Fruit</u> Peaches, Pears, Pineapples	<u>100% Fruit Juice</u> Apple, Fruit Punch, Grape, Orange <u>Breakfast Dipping Sauces:</u> Ketchup, Hot Sauce, Salsa	Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Clusters