



JANUARY 2018 : High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
FROM THE GRIDDLE	BAGEL	SKILLET	NEW YORK THURSDAY	FRESH BAKERY
Winter Recess 1	2	3	New York Thursday 4	5
Tasty Waffles Served with Syrup Turkey Canadian Bacon Back to the Roots® Organic Purple Corn Flakes <u>Daily Egg Sandwich</u> 100% Fruit Juice Seasonal Fresh Fruit	Daily Egg Sandwich Land O'Lakes® Mozzarella Cheese Stick Hot Oatmeal Warm Peach Topper <u>Bagel Bar</u> 100% Fruit Juice Seasonal Fresh Fruit	Beef Sausage & White Cheddar Sandwich Organic Stonyfield® Yogurt Served with Craisins & Granola <u>Bagel Bar</u> 100% Fruit Juice Seasonal Fresh Fruit	Assorted Warm NY Bagel Sticks Upstate Farms® Yogurt Choice <u>Daily Egg Sandwich</u> New York Apple Slices	Whole Grain Croissant Served with Jelly Turkey Sausage Crumble Egg & Cheese Wrap Back to the Roots® Organic Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Seasonal Fresh Fruit
8	9	10	New York Thursday 11	12
Buttermilk Pancakes Served with Syrup Turkey Canadian Bacon Back to the Roots® Organic Purple Corn Flakes <u>Daily Egg Sandwich</u> 100% Fruit Juice Seasonal Fresh Fruit	Daily Egg Sandwich Land O'Lakes® Colby Cheese Stick Hot Oatmeal Warm Peach Topper <u>Bagel Bar</u> 100% Fruit Juice Seasonal Fresh Fruit	Cheese Omelet with a Buttermilk Biscuit Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds <u>Bagel Bar</u> 100% Fruit Juice Seasonal Fresh Fruit	Assorted Warm NY Bagel Sticks Upstate Farms® Yogurt Choice <u>Daily Egg Sandwich</u> New York Apple Slices	Warm Honey Corn Loaf Turkey Sausage, Egg & Cheese on an Soft Roll Back to the Roots® Organic Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Seasonal Fresh Fruit
Martin Luther King Day 15	16	17	New York Thursday 18	19
French Toast Dippers Served with Syrup Turkey Sausage Patty Back to the Roots® Cinnamon Cluster <u>Daily Egg Sandwich</u> 100% Fruit Juice Seasonal Fresh Fruit	Daily Egg Sandwich Land O'Lakes® Cheddar Cheese Stick Hot Oatmeal Warm Peach Topper <u>Bagel Bar</u> 100% Fruit Juice Seasonal Fresh Fruit	Canadian Bacon, Egg & Cheese on an English Muffin Organic Stonyfield® Yogurt Served with Craisins & Granola <u>Bagel Bar</u> 100% Fruit Juice Seasonal Fresh Fruit	Assorted Warm NY Bagel Sticks Yogurt Parfait <u>Daily Egg Sandwich</u> Fresh New York Apples	Warm Blueberry Loaf Cheese Omelet with Buttermilk Biscuit Back to the Roots® Cinnamon Cluster <u>Bagel Bar</u> 100% Fruit Juice Seasonal Fresh Fruit
22	23	24	New York Thursday 25	26
Tasty Waffles Served with Syrup Turkey Canadian Bacon Back to the Roots® Organic Purple Corn Flakes <u>Daily Egg Sandwich</u> 100% Fruit Juice Seasonal Fresh Fruit	Daily Egg Sandwich Land O'Lakes® Mozzarella Cheese Stick Hot Oatmeal Warm Peach Topper <u>Bagel Bar</u> 100% Fruit Juice Seasonal Fresh Fruit	Beef Sausage & White Cheddar Sandwich Organic Stonyfield® Yogurt Served with Craisins & Granola <u>Bagel Bar</u> 100% Fruit Juice Seasonal Fresh Fruit	Assorted Warm NY Bagel Sticks Upstate Farms® Yogurt Choice <u>Daily Egg Sandwich</u> New York Apple Slices	Whole Grain Croissant Served with Jelly Turkey Sausage Crumble Egg & Cheese Wrap Back to the Roots® Organic Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Seasonal Fresh Fruit
29	30	31		
Cinnamon Pancakes Served with Syrup Turkey Canadian Bacon Back to the Roots® Organic Purple Corn Flakes <u>Daily Egg Sandwich</u> 100% Fruit Juice Seasonal Fresh Fruit	Daily Egg Sandwich Land O'Lakes® Colby Cheese Stick Hot Oatmeal Warm Peach Topper <u>Bagel Bar</u> 100% Fruit Juice Seasonal Fresh Fruit	Cheese Omelet with a Buttermilk Biscuit Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds <u>Bagel Bar</u> 100% Fruit Juice Seasonal Fresh Fruit	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	<u>Bagel Bar</u> An Assortment of Bagel Varieties & Spreads including Hummus, Peanut Butter, Cream Cheeses and Jelly <u>Daily Egg Sandwich</u> Plain Egg Omelet with Cheese on a Soft Bun, English Muffin or Buttermilk Biscuit

OFFERED DAILY				
<u>Milk</u> 1% Low-fat Fat Free Fat Free Chocolate	<u>Seasonal Fresh Fruit</u> Apples, Oranges, Bananas, Pears <u>Canned Fruit</u> Peaches, Pears, Pineapples	No Artificial flavors, colors, or sweeteners in all SchoolFood Products High School Breakfast Menu	<u>100% Fruit Juice</u> Apple, Fruit Punch, Grape, Orange <u>Breakfast Dipping Sauces:</u> Ketchup, Hot Sauce, Salsa	<u>Cold Cereal Choices</u> Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Raisin Bran Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster



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Education



MENUS ARE SUBJECT TO CHANGE
SCHOOLFOOD HAS A PORK FREE MENU