



JANUARY 2018: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Winter Recess 1	2	3	New York Thursday 4	5
Upstate Farms® Yogurt	Seasonal Fresh Fruit	Land O'Lakes® Colby Cheese Stick	Back to the Roots® Cinnamon Cluster	Rold Gold® Heartzels
	Nature Valley™ Oats 'n Honey Granola Bar	Whole Grain Crackers		
100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit
8	9	10	New York Thursday 11	12
Organic Stonyfield® Yogurt	2 Fresh Bananas	Land O'Lakes® Mozzarella Cheese Stick	Back to the Roots® Organic Purple Corn Flakes	Rold Gold® Heartzels
	Apple Granola	Whole Grain Crackers		
100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit
Martin Luther King Day 15	16	17	New York Thursday 18	19
Honey Roasted Sunflower Seeds	New York Apple Slices	Ranch Carrot Snackers	Rold Gold® Heartzels	Land O'Lakes® Cheddar Cheese Stick
Craisins	Blueberry Granola		Hummus Cup	Whole Grain Crackers
100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit
22	23	24	New York Thursday 25	26
Upstate Farms® Yogurt	Seasonal Fresh Fruit	Land O'Lakes® Colby Cheese Stick	Back to the Roots® Cinnamon Cluster	Rold Gold® Heartzels
	Nature Valley™ Oats 'n Honey Granola Bar	Whole Grain Crackers		
100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit
29	30	31	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	
Organic Stonyfield® Yogurt	2 Fresh Bananas	Land O'Lakes® Mozzarella Cheese Stick		
	Apple Granola	Whole Grain Crackers		
100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit		

Milk Choices

1% Low-fat
Fat Free
Fat Free Chocolate

All Fruit Offerings are 1 cup
If Juice is served there must ALSO be a Fruit

After School
Snack Menu



MENUS ARE SUBJECT TO CHANGE
SCHOOLFOOD HAS A PORK FREE MENU