

JUNE 2018: High School Express Hot Lunch Menu

Popcorn Chicken Dipping Sauce Cup 100% Beef Hamburgers & Cheese Bread Marinara Sauce With Lettuce, Tomato & New York Onion Garlic Toast Sweet Potato Wedge Fries 18 19 20 New York Apple Slices Chick Pea Salad Popcorn Chicken Dipping Sauce Cup 18 Pizza Bagel Popcorn Chicken Dipping Sauce Cup Dipping Sauce Cup Prito-Lay® SunChips® 19 20 New York Apple Slices Chick Pea Salad Chick Pea Salad Cheese Broccoli New York Thursday Dipping Sauce Cup Popcorn Chicken Dipping Sauce Cup Dipping Sauce Cup Prito-Lay® SunChips® Ranch Carrot Snacker Mexicali Beans French Fries New York Thursday Deluxe Toppings New York Chocolate Chip Cookie Healthy Cole Slaw New York Apple Slices Green Garden Salad The State Bagel Popcorn Chicken Dipping Sauce Cup Deluxe Toppings New York Chocolate Chip Cookie Healthy Cole Slaw New York Apple Slices Green Garden Salad	Monday	Tuesday	Wednesday	Thursday	Friday
Frito-Lay® SunChips® Popcorn Chicken Properties P	CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
Frito-Lay® SunChips® Popcorn Chicken Properties P					1
PODUCT CELEBRATING COCALLY SOURCED & PRODUCED FOOD Anilversary Day 7 Popcorn Chicken Dipping Sauce Cup Burgers served with Lettuce, Tomato & New York Onion Mac-N-Cheese Stewed Pinto Beans Stewed Pinto Beans Stewed Pinto Beans Sweet Potato Waffle Fries Sweet Potato Wedge Fries Prico-Lay® SunChips® Trito-Lay® SunChips® Anilversary Day 7 Pizza Bagel Frito-Lay® SunChips® French Fries Green Garden Salad Garlic Knot Cheesy Bread Marinara Sauce Marinara Sauce Marinara Sauce Marinara Sauce Medge Fries Prico-Lay® SunChips® Trito-Lay® SunChips® Roasted Broccoli New York Thursday 14 Fizza Bagel Prizza Bagel Popcorn Chicken Dipping Sauce Cup Deluxe Toppings Prito-Lay® SunChips® Trench Fries New York Thursday 21 Regents Rating Day HS Chicken Sandwich New York Apple Slices Green Garden Salad Chick Pea Salad Chicken Sandwich Deluxe Toppings New York Chocolate Chip Cookle Healthy Cole Slaw New York Apple Slices Green Garden Salad Total Research Dipping Sauce Cup Deluxe Toppings New York Thursday 28 Dipping Sauce Cup Deluxe Toppings New York Thursday 28 Dipping Sauce Cup Deluxe Toppings New York Chocolate Chip Cookle Deluxe Toppings New York Chocolate Chip Cookle Deluxe Toppings New York Chocolate Chip Cookle Healthy Cole Slaw Deluxe Toppings New York Chocolate Chip Cookle Healthy Cole Slaw Deluxe Toppings				OF OR	
Popcorn Chicken Dipping Sauce Cup Mac-N-Cheese Surgers served with Lettuce, Tomato & New York Onloin Stewed Pinto Beans 11 12 12 13 New York Thursday 14 Eld al-Fitr Popcorn Chicken Dipping Sauce Cup With Lettuce, Tomato & New York Onloin 12 13 New York Thursday 14 Eld al-Fitr Popcorn Chicken Dipping Sauce Cup With Lettuce, Tomato & New York Onloin Frito-Lay® SunChips® Reasted Broccoli 18 19 20 New York Apple Silices Chick Pea Salad Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup				PROUDLY CELEBRATING LOCALLY SOURCED &	Chickpea Salad
Dipping Sauce Cup Mac-N-Cheese Surgers served with Lettuce, Tomato & New York Onion Tito-Lay® SunChips® Seasoned Wedge Fries Tench Fries Sweet-N-Spicy" Sweet Potato Warfie Fries Sweet Potato Wedge Fries French Fries Topping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Tench Fries	4	5	6	Anniversary Day 7	8
Stewed Pinto Beans Sweet Potato Waffle Fries Seasoned Wedge Fries French Fries Green Garden Salad 11 12 13 14 15 15 16 17 18 18 19 19 18 19 19 20 18 18 19 20 10% Beef Hamburgers & Chick Pea Salad Wedge Fries Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup SunChips® Frito-Lay® SunChips® Ranch Carrot Snacker Rexided Broccoli Rexided Broccoli Reset Potato Wedge Fries Pizza Bagel Popcorn Chicken Dipping Sauce Cup SunChips® Frito-Lay® SunChips® Ranch Carrot Snacker Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Rexided Broccoli Realthy Cole Slaw Popcorn Chicken Dipping Sauce Cup Pizza Bagel Pizza Bagel Pizza Bagel Pizza Bagel Pizza Bagel Pizza Bagel Pizza Ba	Dipping Sauce Cup	Burgers served with Lettuce,	Sandwich ,	Supreme Sandwich	·
Popcorn Chicken Dipping Sauce Cup I 100% Beef Hamburgers & Cheeseburgers With Lettuce, Tomato & New York Onion Sweet Potato Wedge Fries I 19 Popcorn Chicken Dipping Sauce Cup I 8 Pizza Bagel Popcorn Chicken Dipping Sauce Cup Dipping Sauce Cup I 8 Pizza Bagel Popcorn Chicken Dipping Sauce Cup Dipping Sauce Cup Frito-Lay® SunChips® Ranch Carrot Snacker I 8 Pizza Bagel Popcorn Chicken Dipping Sauce Cup Dipping Sauce Cup SunChips® Prito-Lay® SunChips® I 100% Beef Hamburgers & Cheesy Bread Marinara Sauce Marinara Sauce Healthy Cole Slaw New York Cookie Treat New York Apple Slices Chick Pea Salad Chick Pea Salad I 8 Popcorn Chicken Dipping Sauce Cup Deluxe Toppings New York Chocolate Chip Cookie Healthy Cole Slaw New York Apple Slices Green Garden Salad I 8 Pizza Bagel Popcorn Chicken Dipping Sauce Cup Dipping Sauce Cup Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Dipping Sau	Stewed Pinto Beans	•	-	French Fries	Green Garden Salad
Popcorn Chicken Dipping Sauce Cup It lettuce, Tomato & New York Onion Sweet Potato Wedge Fries It lettuce, Tomato & New York Onion French Fries Roasted Broccoli It lettuce, Tomato & New York Cookie Treat New York Apple Slices Popcorn Chicken Dipping Sauce Cup Dipping Sauce Cup Popcorn Chicken Dipping Sauce Cup Dipping Sauce Cup Ranch Carrot Snacker It letture, Tomato & New York Cookie Treat New York Apple Slices Chick Pea Salad It letture, Tomato & New York Thursday 21 Regents Rating Day HS Crispy Chicken Sandwich Deluxe Toppings New York Chocolate Chip Cookie Healthy Cole Slaw Reanch Carrot Snacker Mexicali Beans French Fries Pizza Bagel Popcorn Chicken Dipping Sauce Cup SunChips ® Prito-Lay ® SunChips ® It letture, Tomato & New York Cookie Treat New York Apple Slices Chick Pea Salad Chick Pea Salad Chick Pea Salad Popcorn Chicken Deluxe Toppings New York Chocolate Chip Cookie Healthy Cole Slaw New York Apple Slices Green Garden Salad It letture, Toppings New York Chocolate Chip Cookie Healthy Cole Slaw New York Chocolate Chip Cookie Healthy Cole Slaw Regents Rating Day HS Crispy Chicken Sandwich Deluxe Toppings New York Chocolate Chip Cookie Healthy Cole Slaw Regents Rating Day HS Crispy Chicken Sandwich Deluxe Toppings New York Chocolate Chip Cookie Healthy Cole Slaw	11	12	13	New York Thursday 14	Eid al-Fitr 15
Garlic Toast Sweet Potato Wedge Fries French Fries Roasted Broccoli New York Apple Slices Chick Pea Salad 18 19 20 New York Apple Slices Chick Pea Salad Pizza Bagel Popcorn Chicken Dipping Sauce Cup Deluxe Toppings Frito-Lay® SunChips® Ranch Carrot Snacker Mexicali Beans French Fries Popcorn Chicken Dipping Sauce Cup SunChips® Prench Fries Prench Fries Prench Fries Prench Fries Popcorn Chicken Dipping Sauce Cup Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Popcor	•	Cheeseburgers With Lettuce, Tomato &	-	·	Pizza Bagel
Sweet Potato Wedge Fries Roasted Broccoli New York Apple Slices Chick Pea Salad 18 19 20 New York Thursday 21 Regents Rating Day HS Pizza Bagel Popcorn Chicken Dipping Sauce Cup Deluxe Toppings Ranch Carrot Snacker Mexicali Beans French Fries New York Chocolate Chip Cookie Healthy Cole Slaw Ranch Carrot Snacker Pizza Bagel Popcorn Chicken Dipping Sauce Cup 100% Beef Hamburgers Research Fries New York Apple Slices Green Garden Salad 100% Beef Hamburgers Research Fries New York Apple Slices Popcorn Chicken Dipping Sauce Cup Dipping Sauce Cup Regents Rating Day HS Crispy Chicken Sandwich Deluxe Toppings New York Thursday Deluxe Toppings New York Chocolate Chip Cookie Healthy Cole Slaw Regents Rating Day HS Crispy Chicken Sandwich Deluxe Toppings New York Chocolate Chip Cookie Healthy Cole Slaw	Garlic Toast	New York Onion	Frito-Lay® SunChips®	·	Garlic Knot
Pizza Bagel Popcorn Chicken Dipping Sauce Cup Dipping Sauce Cup Deluxe Toppings Frito-Lay ® SunChips ® Popcorn Chicken Dipping Sauce Cup SunChips ® Last Day of Classes 26 Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Pizza Bagel Popcorn Chicken Dipping Sauce Cup Deluxe Toppings New York Chocolate Chip Cookie Healthy Cole Slaw Popcorn Chicken Dipping Sauce Cup Deluxe Toppings New York Chocolate Chip Cookie Healthy Cole Slaw		French Fries	Roasted Broccoli		Chick Pea Salad
Dipping Sauce Cup Beluxe Toppings Frito-Lay ® SunChips ® Ranch Carrot Snacker Mexicali Beans French Fries Pizza Bagel Popcorn Chicken Dipping Sauce Cup Frito-Lay ® SunChips ® Last Day of Classes 26 Pizza Bagel Popcorn Chicken Dipping Sauce Cup Frito-Lay ® SunChips ® French Fries Rew York Apple Slices French Fries New York Thursday 28 Jamaican Patty Deluxe Toppings New York Chocolate Chip Cookie Healthy Cole Slaw Deluxe Toppings New York Chocolate Chip Cookie Healthy Cole Slaw	18	19	20	New York Thursday 21	Regents Rating Day HS 22
Ranch Carrot Snacker Mexicali Beans French Fries New York Apple Slices Green Garden Salad 25 Last Day of Classes 26 Popcorn Chicken Dipping Sauce Cup Dipping Sauce Cup Frito-Lay ® SunChips ® Frito-Lay ® SunChips ®	Pizza Bagel	Dipping Sauce Cup Frito-Lay ®	& Cheeseburger	New York Chocolate Chip Cookie	Crispy Chicken Sandwich Deluxe Toppings
Pizza Bagel Popcorn Chicken Dipping Sauce Cup Crispy Chicken Sandwich Beluxe Toppings New York Chocolate Chip Cookie SunChips ® Healthy Cole Slaw	Ranch Carrot Snacker	Mexicali Beans	French Fries		Green Garden Salad
Pizza Bagel Popcorn Chicken Dipping Sauce Cup 100% Beef Hamburgers & Cheeseburger Deluxe Toppings New York Chocolate Chip Cookie SunChips ® Healthy Cole Slaw Crispy Chicken Sandwich Deluxe Toppings Healthy Cole Slaw	25	Last Day of Classes 26	27	New York Thursday 28	29
SunChips ® Healthy Cole Slaw	Pizza Bagel	Dipping Sauce Cup	& Cheeseburger	New York	Crispy Chicken Sandwich Deluxe Toppings
Ranch Carrot Snacker Mexicali Beans French Fries New York Apple Slices Green Garden Salad					
OFFERED DAILY	Ranch Carrot Snacker	Mexicali Beans		New York Apple Slices	Green Garden Salad

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey Sandwich
- Hummus Grab & Go

<u>Milk</u>

1% Low-fat
Fat Free
Fat Free Chocolate

Dipping Sauce Cups

BBQ, Ranch, Honey Mustard, Hot Sauce Ketchup, Mayonnaise

OFFERED DAILY

Seasonal Fresh Fruit Apples, Oranges,

Apples, Oranges, Bananas, Pears

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

<u>Dressings</u>

Chipotle Ranch
Balsamic Vinaigrette
Ranch
Asian Sesame
Honey Mustard
Caesar

French
Italian Vinaigrette

Flavor Station

Granulated Garlic Red Pepper Flakes Parmesan Cheese

HS Express Hot Lunch Menu





