

APRIL 2018: J.H.S. & Middle School Lunch Menu

	Tarada		TOOI LUIICII WE	Folder.
Monday	Tuesday	Wednesday	Thursday	Friday
CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
Spring Recess 2	, ,	Spring Recess 4	Spring Recess 5	Spring Recess 6
Popcorn Chicken Dipping Sauce Cup	100% Beef Hamburgers & Cheeseburgers	Cheesy Bread Marinara Sauce	Mozzarella Sticks Marinara Sauce	Classic Cheese Pizza
With Mac-N-Cheese	Burgers served with Lettuce, Tomato & New York Onion	Seasoned Wedge Fries	French Fries	Meat Lovers Pizza Bacon & Sausage
Stewed Pinto Beans	"Sweet-N-Spicy" Sweet Potato Waffle Fries	Baked! Tostitos® Scoops®	Garlicky Green Beans New York Cookie Treat	Green Garden Salad
Salad Bar Broccoli and Cranberry Salad	<u>Salad Bar</u> Fresh Cilantro Slaw	Salad Bar Confetti Corn Salad	<u>Salad Bar</u> Kale Salad New York Apple Slices	<u>Salad Bar</u> Italian Marinated Cucumber Salad
9	Burger Promo 10	11	New York Thursday 12	13
Popcorn Chicken Dipping Sauce Cup	100% Beef Bacon Cheddar Cheeseburger	Steak & Cheese Empanada	Jamaican Beef Patty	Classic Cheese Pizza
With Mac-N-Cheese	Served on Ciabatta Bread	Frite Land Quarter	Mozzarella Sticks Marinara Sauce	Extra Zesty Pizza
Garlic Toast	Turkey Burger Burgers served with Lettuce Tomato & New York Onion	Frito-Lay ® SunChips ®	Onion Rings Crunchy Carrot Sticks	Garlic Knot Chickpea Salad
Sweet Potato Wedge Fries	Roasted Broccoli	French Fries Salad Bar	New York Hot Pretzel Salad Bar	<u>Salad Bar</u> Roasted Broccoli
<u>Salad Bar</u> Italian Classico Salad	<u>Salad Bar</u> Confetti Corn Salad	Caesar Salad	Celery & Apple Salad New York Apple Slices	& Cauliflower Salad
Brunch for Lunch 16	17	18	New York Burger & Fries 19	20
<u>Brunch</u> Crispy Chicken Waffle Sandwich	Steamed Chicken Dumplings with Asian Dipping Sauce	Baked Penne	100% Beef New York Cheeseburgers Served on Ciabatta Bread	Classic Cheese Pizza Ranch Chicken Pizza
served with syrup	Vegetable Fried Brown Rice	Mozzarella Sticks Marinara Sauce	Burgers served with Lettuce	with Popcorn Chicken
Mac-N-Cheese Home Fries	Egg Roll with Duck Sauce	Roasted Carrots	Tomato & New York Onion New York French Fries	White Bean Salad Kale Caesar Salad
	= 40.1 = 4000	Dinner Roll	New York Cookie Treat	Garlic Knot
Frito-Lay ® SunChips ® Salad Bar Green Garden Salad	<u>Salad Bar</u> Asian Slaw	Spinach & Cranberry Salad	<u>Salad Bar</u> Celery & Apple Salad	Salad Bar Fresh Marinated
			Fresh New York Apples	Vegetable Salad
Panagra Chiakan	24	Stock & Change	New York Thursday 26	27 Classic Cheese Pizza
Popcorn Chicken Dipping Sauce Cup With	100% Beef Hamburgers & Cheeseburgers	Steak & Cheese Empanada	Hot Turkey Melt with Gravy on Ciabatta Bread	Meat Lovers Pizza
Mac-N-Cheese	Turkey Burger Burgers served with Lettuce, Tomato & New York Onion	Seasoned Wedge Fries	Mozzarella Sticks Marinara Sauce	Bacon & Sausage Garlic Knot
Stewed Pinto Beans	"Sweet-N-Spicy" Sweet Potato Waffle Fries	Baked! Tostitos® Scoops® Salad Bar	French Fries Healthy Cole Slaw	Green Garden Salad
Salad Bar Broccoli and Cranberry Salad	Salad Bar Carrot & Lemon Salad	Fresh Cilantro Slaw	New York Cookie Treat Salad Bar Kale Salad New York Apple Slices	Salad Bar Italian Marinated Cucumber Salad
30			4	
Popcorn Chicken Dipping Sauce Cup With			OF ON	
Mac-N-Cheese Garlic Toast			A VEW TO	
Sweet Potato Wedge Fries			EVERY THURSDAY WE'RE PROUDLY CELEBRATING	
<u>Salad Bar</u> Italian Classico Salad			LOCALLY SOURCED & PRODUCED FOOD	
Entree Alternatives	Milk	OFFERED DAILY	Dressings	Flavor Station

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey Sandwich
- Hummus Grab & Go

<u>Milk</u>

1% Low-fat Fat Free **Fat Free Chocolate**

Dipping Sauce Cups BBQ, Ranch, **Honey Mustard**

Fresh Fruit

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Dressings Chipotle Ranch Balsamic Vinaigrette

Ranch Asian Sesame **Honey Mustard** Caesar **French** Italian Vinaigrette

Flavor Station

Granulated Garlic Red Pepper Flakes Parmesan Cheese

JHS Lunch Menu

