



FEBRUARY 2018: High School Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
			New York Thursday 1	2
			Vegetarian Chili with Seasoned Rice & Salsa	Classic Cheese Pizza
			Roasted Zucchini	Veggie Pizza
			Salad Bar Kale Salad Fresh New York Apples	Seasoned Pinto Beans
				Salad Bar Italian Marinated Cucumber Salad
5	6	7	New York Burger & Fries 8	9
Crunchy Tofu with Korean BBQ Sauce	Hot Turkey Caprese on Ciabatta Bread	Black Bean Quesadilla with Rice and Salsa	100% Beef New York Cheeseburgers Served on Ciabatta Bread with Lettuce Tomato & New York Onion	Classic Cheese Pizza
Vegetable Fried Rice	Sweet Potato Waffle Fries	Corn on the Cob	New York French Fries	Pesto Pizza Fresh Basil & Tomatoes
Vegetable Egg Roll with Duck Sauce	Garlicky Green Beans	Spring Mix Salad	New York Cookie Treat	Garlic Knot
Salad Bar Italian Classico Salad	Salad Bar Caesar Salad	Salad Bar Carrot & Lemon Salad	Salad Bar Celery & Apple Salad New York Apple Slices	White Bean Salad
12	13	14	New York Thursday 15	Midwinter Recess 16
Mexicali Chili with Rice and Salsa	100% Beef Hamburgers & Cheeseburgers Burgers served with Lettuce, Tomato & New York Onion	"Super Chef" Veggie Shepherd's Pie A Delicious Blend of Mashed Potatoes, Beans & Cheese	Steamed Chicken Dumplings with Asian Dipping Sauce	Classic Cheese Pizza
Honey Corn Muffin	Sweet Potato Waffle Fries	Parmigiana Roasted Cauliflower	Vegetable Fried Rice	Margherita Pizza
Sweet Plantains	Salad Bar Greek Zucchini Salad	Salad Bar Spinach & Cranberry Salad	Cobb Salad	Garlic Knot
			Roasted Broccoli	Roasted Chickpea with Basil Pesto
Salad Bar Green Garden Salad			Salad Bar Asian Slaw Fresh New York Apples	Salad Bar Fresh Marinated Vegetable Salad
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Baked Penne	100% Beef Hamburgers & Cheeseburgers Served with Lettuce, Tomato & New York Onion	Hot Sliced Turkey with Gravy	Spinach and Mozzarella Quesadilla with Tomatoes with Rice and Salsa	Classic Cheese Pizza
Garlic Toast	Seasoned Wedge Fries	Warm Corn Bread	Seasoned Pinto Beans	Veggie Pizza
Roasted Zucchini	Salad Bar Fresh Cilantro Slaw	Mashed Potatoes		Kale Caesar Salad
Salad Bar Broccoli and Cranberry Salad		Orange Roasted Carrots	Salad Bar Kale Salad Fresh New York Apples	Salad Bar Italian Marinated Cucumber Salad
26	Burger Promo 27	28		
Crunchy Tofu with Korean BBQ Sauce	100% Beef Greek Style Cheeseburgers Served on Ciabatta Bread	Black Bean Quesadilla with Rice and Salsa		
Vegetable Fried Rice	Turkey Burger Burgers served with Lettuce Tomato & New York Onion	Corn on the Cob	EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	
Vegetable Egg Roll with Duck Sauce	Sweet Potato Waffle Fries	Garlicky Green Beans		
Salad Bar Italian Classico Salad	Salad Bar Confetti Corn Salad	Salad Bar Carrot & Lemon Salad		

OFFERED DAILY

<u>Entree Alternatives</u> • PB&J Sandwich • Cheese Sandwich • Plain Turkey Sandwich • Hummus Grab & Go • Cheese & Tomato Bagel with Fresh Fruit Grab & Go	<u>Milk</u> 1% Low-fat Fat Free Fat Free Chocolate	<u>Fresh Fruit</u> No Artificial flavors, colors, or sweeteners in all SchoolFood Products	<u>Homemade Dressings</u> Balsamic Vinaigrette Caesar Italian Vinaigrette	<u>Flavor Station</u> Granulated Garlic Red Pepper Flakes Parmesan Cheese
HS Alternative Lunch Menu				



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MENUS ARE SUBJECT TO CHANGE
SCHOOLFOOD MENUS ARE PORK FREE