



APRIL 2018: High School Express Cold Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
Spring Recess 2		Spring Recess 3		Spring Recess 4		Spring Recess 5		Spring Recess 6	
Peanut Butter & Jelly Sandwiches		Roasted Turkey, Seasoned Turkey & Cheese Wedge		<u>Freshly Made Wraps</u>  Popcorn Chicken Wrap		Turkey Bologna & Cheese on a Kaiser Roll		Crispy Chicken Salad Dressing Cup	
Frito-Lay® SunChips®						New York Cookie Treat		Frito-Lay® Baked Scoops®	
Ranch Carrot Snacker		Green Garden Salad		Marinated Green Beans		Black Bean Salad Fresh New York Apples		Confetti Corn Salad	
9		10		11		New York Thursday 12		13	
Peanut Butter & Jelly Sandwiches		Turkey Bologna, Turkey Salami & Cheese Sandwich		<u>Freshly Made Wraps</u>  Turkey Caesar Wrap		Seasoned Turkey & Cheese Hero		Popcorn Chicken Salad Dressing Cup	
Frito-Lay® SunChips®						New York Cookie Treat		Frito-Lay® Baked Scoops®	
Marinated Green Beans		Black Bean Salad		Crunchy Carrots		Green Garden Salad Fresh New York Apples		Confetti Corn Salad	
16		17		18		New York Thursday 19		20	
Peanut Butter & Jelly Sandwiches		Turkey & Cheese Hero		<u>Freshly Made Wraps</u>  Popcorn Chicken Wrap		Turkey Salami & Cheese on a Kaiser Roll		Chef Salad Dressing Cup	
Rold Gold® Heartzels						New York Chocolate Chip Cookie		Dinner Roll	
Ranch Carrot Snacker		Green Garden Salad		Marinated Green Beans		Black Bean Salad New York Apple Slices		Confetti Corn Salad	
23		24		25		New York Thursday 26		27	
Peanut Butter & Jelly Sandwiches		Roasted Turkey, Seasoned Turkey & Cheese Wedge		<u>Freshly Made Wraps</u>  Popcorn Chicken Wrap		Turkey Bologna & Cheese on a Kaiser Roll		Crispy Chicken Salad Dressing Cup	
Frito-Lay® SunChips®						New York Cookie Treat		Frito-Lay® Baked Scoops®	
Ranch Carrot Snacker		Green Garden Salad		Marinated Green Beans		Black Bean Salad Fresh New York Apples		Confetti Corn Salad	
30						  EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD			
Peanut Butter & Jelly Sandwiches									
Frito-Lay® SunChips®									
Crunchy Carrots									

OFFERED DAILY

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey Sandwich
- Hummus Grab & Go

Milk

- 1% Low-fat
- Fat Free
- Fat Free Chocolate

Fresh Fruit

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Dressings

- Chipotle Ranch
- Balsamic Vinaigrette
- Ranch
- Asian Sesame
- Honey Mustard
- Caesar
- French
- Italian Vinaigrette

Condiments

- Ketchup, Mustard,
- Mayonnaise, Hot Sauce, BBQ Sauce
- HS Express Cold Lunch Menu



MENUS ARE SUBJECT TO CHANGE  
SCHOOLFOOD MENUS ARE PORK FREE