




MAY 2018: High School Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	1 Turkey Bologna, Turkey Salami & Cheese Sandwich Green Garden Salad	2 <u>Freshly Made Wraps</u> Turkey Caesar Wrap Marinated Green Beans	New York Thursday 3 Seasoned Turkey & Cheese Hero New York Cookie Treat Black Bean Salad Fresh New York Apples	4 Popcorn Chicken Salad Dressing Cup Frito-Lay® Baked Scoops® Confetti Corn Salad
7 Peanut Butter & Jelly Sandwiches Rold Gold® Heartzels Ranch Carrot Snacker	8 Turkey & Cheese Hero Green Garden Salad	9 <u>Freshly Made Wraps</u> Popcorn Chicken Wrap Marinated Green Beans	New York Thursday 10 Turkey Salami & Cheese on a Kaiser Roll New York Chocolate Chip Cookie Black Bean Salad New York Apple Slices	11 Chef Salad Dressing Cup Dinner Roll Confetti Corn Salad
14 Peanut Butter & Jelly Sandwiches Frito-Lay® SunChips® Ranch Carrot Snacker	15 Roasted Turkey, Seasoned Turkey & Cheese Wedge Green Garden Salad	16 <u>Freshly Made Wraps</u> Popcorn Chicken Wrap Marinated Green Beans	New York Thursday 17 Turkey Bologna & Cheese on a Kaiser Roll New York Cookie Treat Black Bean Salad Fresh New York Apples	18 Crispy Chicken Salad Dressing Cup Frito-Lay® Baked Scoops® Confetti Corn Salad
21 Peanut Butter & Jelly Sandwiches Frito-Lay® SunChips® Crunchy Carrots	22 Turkey Bologna, Turkey Salami & Cheese Sandwich Green Garden Salad	23 <u>Freshly Made Wraps</u> Turkey Caesar Wrap Marinated Green Beans	New York Thursday 24 Seasoned Turkey & Cheese Hero New York Cookie Treat Black Bean Salad Fresh New York Apples	25 Popcorn Chicken Salad Dressing Cup Frito-Lay® Baked Scoops® Confetti Corn Salad
Memorial Day 28 Turkey & Cheese Hero Green Garden Salad	29 Peanut Butter & Jelly Sandwiches Rold Gold® Heartzels Ranch Carrot Snacker	30 <u>Freshly Made Wraps</u> Popcorn Chicken Wrap Marinated Green Beans	New York Thursday 31 Turkey Salami & Cheese on a Kaiser Roll New York Chocolate Chip Cookie Black Bean Salad New York Apple Slices	

OFFERED DAILY

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey Sandwich
- Hummus Grab & Go

Milk

- 1% Low-fat
- Fat Free
- Fat Free Chocolate

Fresh Fruit

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Dressings

- Chipotle Ranch
- Balsamic Vinaigrette
- Ranch
- Asian Sesame
- Honey Mustard
- Caesar
- French
- Italian Vinaigrette

Condiments

- Ketchup, Mustard, Mayonnaise, Hot Sauce, BBQ Sauce
- HS Express Cold Lunch Menu

MENUS ARE SUBJECT TO CHANGE
SCHOOLFOOD MENUS ARE PORK FREE

