

JANUARY 2018: Early Childhood Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------------------|---|---------------------------------|--|----------------------------------|
| Winter Recess 1 | 2 | 3 | New York Thursday 4 | 5 |
| French Toast Sticks Served with Syrup | Whole Grain Croissant with Grape Jelly | Cheese Omelet | Tasty Waffles Served with Syrup | Egg and Cheese on a Soft Roll |
| Hot Oatmeal | Organic Stonyfield® Yogurt | Buttermilk Biscuit Hot Oatmeal | Upstate Farms® Yogurt Choice | Hot Oatmeal |
| | Hot Oatmeal | | Hot Oatmeal | |
| Apple Sauce Milk | Sliced Peaches Milk | Diced Pears Milk | Apple Sauce Milk | Fresh Banana Milk |
| 8 | 9 | 10 | New York Thursday 11 | 12 |
| Cinnamon Pancakes Served with Syrup | Warm Honey Corn Loaf | Cheese Omelet | French Toast Sticks Served with Syrup | Egg and Cheese on a Soft Roll |
| Hot Oatmeal | Organic Stonyfield® Yogurt | Buttermilk Biscuit | Upstate Farms® Yogurt Choice | Hot Oatmeal |
| | Hot Oatmeal | Hot Oatmeal | Hot Oatmeal | |
| Apple Sauce Milk | Sliced Peaches Milk | Diced Pears Milk | Apple Sauce Milk | Fresh Banana Milk |
| Martin Luther King Day 15 | 16 | 17 | New York Thursday 18 | 19 |
| Tasty Waffles Served with Syrup | Whole Grain Croissant with Grape Jelly | Cheese Omelet | Buttermilk Pancakes Served with Syrup | Egg and Cheese on a Soft Roll |
| Hot Oatmeal | Organic Stonyfield® Yogurt | Whole Wheat Bread Hot Oatmeal | Upstate Farms® Yogurt Choice | Hot Oatmeal |
| | Hot Oatmeal | | Hot Oatmeal | |
| Apple Sauce Milk | Sliced Peaches Milk | Diced Pears Milk | Apple Sauce Milk | Fresh Banana Milk |
| 22 | 23 | 24 | New York Thursday 25 | 26 |
| French Toast Sticks Served with Syrup | Whole Grain Croissant with Grape Jelly | Cheese Omelet | Tasty Waffles Served with Syrup | Egg and Cheese on a Soft Roll |
| Hot Oatmeal | Organic Stonyfield® Yogurt | Buttermilk Biscuit | Upstate Farms® Yogurt Choice | Hot Oatmeal |
| | Hot Oatmeal | Hot Oatmeal | Hot Oatmeal | |
| Apple Sauce Milk | Sliced Peaches Milk | Diced Pears Milk | Apple Sauce Milk | Fresh Banana Milk |
| 29 | 30 | 31 | | |
| Cinnamon Pancakes Served with Syrup | Warm Honey Corn Loaf | Cheese Omelet | OF OF | |
| Hot Oatmeal | Organic Stonyfield® Yogurt | Buttermilk Biscuit | * | |
| Hot Gatineal | Hot Oatmeal | Hot Oatmeal | EVEDY THIDSDAY WEIDS | |
| Apple Sauce Milk | Sliced Peaches Milk | Diced Pears Milk | EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD | |

Milk
1% Low-fat
Fat Free
Whole Milk

Seasonal Fresh Fruit

Apples, Oranges, Bananas, Pears

Canned Fruit

Peaches, Pineapples Pears, Applesauce

OFFERED DAILY

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

> Early Childhood Breakfast Menu

100% Fruit Juice

Apple, Fruit Punch, Grape, Orange

Breakfast Dipping Sauces: Ketchup, Syrup

Cold Cereal Choices

Frosted Mini Wheats
Cinnamon Flakes
Multi-Grain Cheerios
Toasty-Oats
Raisin Bran
Back to the Roots®
Organic Purple Corn Flakes
& Cinnamon Cluster

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available for youngsters 12 to 24 months. Formula is to be provided by the parent.

Children Between 9 - 12 Months Cannot have Juice, Raisin Bran cereal or Frosted Mini Wheats cereal





