

JANUARY	2018: Pre-	K - 8 Express	Hot Lunch Menu
			TIOL EGITOR MICH

CLUCKEN DELICATE		CHINARY		01774 04 077
CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
Monday	Tuesday	Wednesday	Thursday	Friday
Winter Recess 1	2	3	New York Thursday 4	5
Popcorn Chicken Dipping Sauce Cup	100% Beef Hamburgers & Cheeseburgers	Crispy Chicken Sandwich Served with Lettuce	Steamed Chicken Dumplings with Asian Dipping Sauce	Pizza Bagel
Garlic Toast	Burgers served with Lettuce Tomato & New York Onion	Tomato & New York Onion  Rold Gold® Heartzels	Egg Roll with Duck Sauce	Garlic Knot
Sweet Potato Wedge Fries	Chick Pea Salad	Home Fries	New York Cookie Treat  Fresh New York Apples	Kid Friendly Kale Salad
8	9	10	New York Thursday 11	12
Popcorn Chicken Dipping Sauce Cup  Warm Dinner Roll	Turkey Burger  Burgers served with Lettuce, Tomato & New York Onion	Bite Size Beef Tacos Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce Brown Rice	Fish & Cheese Sandwich  Served with Lettuce,  Tomato & New York Onion	Pizza Bagel  Garlic Knot
Warm Diffier Kon		Baked! Tostitos® Scoops®	French Fries	
Parmigiana Roasted Cauliflower	Sweet Potato Waffle Fries	Sofrito Seasoned Pinto Beans	Fresh New York Apples	Green Garden Salad
Martin Luther King Day 15	16	17	New York Thursday 18	19
Chicken Parmigiana on a New York Bun	100% Beef Hot & Spicy Cheeseburgers  Burgers served with Lettuce	"Super Chef" Shepherd's Pie A Delicious Blend of Mashed Potatoes, Turkey, & Cheese,	Jamaican Beef Patty  New York Cookie Treat	Pizza Bagel
Frito-Lay ® SunChips ®	Tomato & New York Onion	Warm Dinner Roll	French Fries	Garlic Knot
Roasted Zucchini	Orange Glazed Carrots	Broccoli Trees	New York Apple Slices	Chick Pea Salad
22	23	24	New York Thursday 25	26
Popcorn Chicken Dipping Sauce Cup	Steamed Chicken Dumplings with Asian Dipping Sauce Egg Roll	Crispy Chicken Sandwich Served with Lettuce Tomato & New York Onion	100% New York Beef Hamburgers & Cheeseburgers	Pizza Bagel
Garlic Toast	with Duck Sauce	Rold Gold® Heartzels	New York French Fries	Rold Gold® Heartzels
Sweet Potato Wedge Fries	New York Cookie Treat	Chick Pea Salad	Fresh New York Apples	Kid Friendly Kale Salad
29		31		
Popcorn Chicken Dipping Sauce Cup  Warm Dinner Roll	Turkey Burger  Burgers served with Lettuce, Tomato & New York Onion	Bite Size Beef Tacos Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce Brown Rice		
Wailli Dilliler Koll		Baked! Tostitos® Scoops®	EVERY THURSDAY WE'RE	
Parmigiana Roasted Cauliflower	Sweet Potato Waffle Fries	Sofrito Seasoned Pinto Beans	PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	
Entros Alternativas	NA*11	OFFERED DAILY	Draggings	
Entree Alternatives	Milk		<u>Dressings</u>	

### <u>Entree Alternatives</u>

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey Sandwich

## Hummus Grab & Go

# MIIK

1% Low-fat Fat Free **Fat Free Chocolate** 

**Dipping Sauce Cups** BBQ, Ranch, Honey Mustard, Hot Sauce Ketchup, Mayonnaise

**Seasonal Fresh Fruit** Apples, Oranges, Bananas, Pears

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Dressings Chipotle Ranch **Balsamic Vinaigrette** Ranch **Asian Sesame Honey Mustard** Caesar **French** 

**Italian Vinaigrette** 

### **Flavor Station**

**Granulated Garlic** Red Pepper Flakes **Parmesan Cheese** 

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### **ATTENTION:**

All Pre-K Students CANNOT be Offered CHOCOLATE MILK







MENUS ARE SUBJECT TO CHANGE SCHOOLFOOD HAS A PORK FREE MENU