



JANUARY 2018: High School Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Winter Recess 1	2	3	New York Thursday 4	5
Hummus Grab & Go Lunch Pack	Peanut Butter & Jelly Sandwiches	Freshly Made Wraps Popcorn Chicken Wrap	Turkey Salami & Cheese on a Kaiser Roll New York Chocolate Chip Cookie	Chef Salad Dressing Cup Soft Roll
Green Garden Salad	Ranch Carrot Snacker	Marinated Green Beans	Black Bean Salad New York Apple Slices	Confetti Corn Salad
8	9	10	New York Thursday 11	12
Peanut Butter & Jelly Sandwiches	Roasted Turkey, Turkey Ham & Cheese Wedge	Freshly Made Wraps Popcorn Chicken Wrap	Turkey Bologna & Cheese on a Kaiser Roll New York Cookie Treat	Crispy Chicken Salad Dressing Cup Frito-Lay® SunChips®
Ranch Carrot Snacker	Green Garden Salad	Marinated Green Beans	Black Bean Salad Fresh New York Apples	Confetti Corn Salad
Martin Luther King Day 15	16	17	New York Thursday 18	19
Hummus Grab & Go Lunch Pack	Peanut Butter & Jelly Sandwiches	Freshly Made Wraps Turkey Caesar Wrap	Turkey Ham & Cheese Hero New York Cookie Treat	Popcorn Chicken Salad Dressing Cup Frito-Lay® Baked Scoops®
Green Garden Salad	Ranch Carrot Snacker	Marinated Green Beans	Black Bean Salad Fresh New York Apples	Confetti Corn Salad
22	23	24	New York Thursday 25	26
Peanut Butter & Jelly Sandwiches	Turkey & Cheese Hero	Freshly Made Wraps Popcorn Chicken Wrap	Turkey Salami & Cheese on a Kaiser Roll New York Chocolate Chip Cookie	Chef Salad Dressing Cup Soft Roll
Rold Gold® Heartzels	Green Garden Salad	Marinated Green Beans	Black Bean Salad New York Apple Slices	Confetti Corn Salad
Ranch Carrot Snacker				
29	30	31	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	
Peanut Butter & Jelly Sandwiches	Roasted Turkey, Turkey Ham & Cheese Wedge	Freshly Made Wraps Popcorn Chicken Wrap		
Ranch Carrot Snacker	Green Garden Salad	Marinated Green Beans		

OFFERED DAILY				
<u>Entree Alternatives</u> • PB&J Sandwich • Cheese Sandwich • Plain Turkey Sandwich • Hummus Grab & Go	<u>Milk</u> 1% Low-fat Fat Free Fat Free Chocolate	<u>Seasonal Fresh Fruit</u> Apples, Oranges, Bananas, Pears No Artificial flavors, colors, or sweeteners in all SchoolFood Products	<u>Dressings</u> Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette	<u>Condiments</u> Ketchup, Mustard, Mayonnaise, Hot Sauce, BBQ Sauce HS Express Cold Lunch Menu