



MAY 2018 : High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
FROM THE GRIDDLE	BAGEL NOSH	SKILLET SENSATIONS	NEW YORK THURSDAY	BAKERY FRESH
	1	2	New York Thursday 3	4
	Egg Sandwich Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice Fresh Fruit	Turkey Canadian Bacon, Egg & Cheese on an English Muffin Land O'Lakes® Cheddar Cheese Stick <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit	New York Bagel Sticks Yogurt Parfait Egg Sandwich New York Apple Slices	Blueberry Muffin Breakfast Quesadilla Back to the Roots® Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit
7	8	9	New York Thursday 10	11
French Toast Dippers Served with Syrup Turkey Canadian Bacon Egg Sandwich Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Egg Sandwich Whole Grain Croissant Served with Jelly Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	Beef Sausage & White Cheddar Sandwich Hot Cinnamon Roll Land O'Lakes® Mozzarella Cheese Stick <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit	New York Bagel Sticks Upstate Farms® Yogurt Choice Served with Craisins & Granola Egg Sandwich Fresh New York Apples	Banana Muffin Turkey Sausage Crumble Egg & Cheese Wrap Back to the Roots® Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit
14	15	16	New York Thursday 17	18
Cinnamon Pancakes Served with Syrup Turkey Canadian Bacon Egg Sandwich 100% Fruit Juice Fresh Fruit	Egg Sandwich Honey Corn Muffin Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	Cheese Omelet with a Buttermilk Biscuit Land O'Lakes® Colby Cheese Stick <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit	New York Bagel Sticks Upstate Farms® Yogurt Choice Egg Sandwich Fresh New York Apples	Apple Cinnamon Muffin Turkey Sausage, Egg & Cheese on an Soft Roll Back to the Roots® Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit
21	22	23	New York Thursday 24	25
Tasty Waffles Served with Syrup Turkey Sausage Patty Back to the Roots® Cinnamon Cluster Egg Sandwich 100% Fruit Juice Fresh Fruit	Egg Sandwich Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice Fresh Fruit	Canadian Bacon, Egg & Cheese on an English Muffin Land O'Lakes® Cheddar Cheese Stick <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit	New York Bagel Sticks Yogurt Parfait Egg Sandwich New York Apple Slices	Blueberry Muffin Breakfast Quesadilla Back to the Roots® Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit
Memorial Day 28	29	30	New York Thursday 31	
French Toast Dippers Served with Syrup Turkey Canadian Bacon Egg Sandwich Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Egg Sandwich Whole Grain Croissant Served with Jelly Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	Beef Sausage & White Cheddar Sandwich Hot Cinnamon Roll Land O'Lakes® Mozzarella Cheese Stick <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit	New York Bagel Sticks Upstate Farms® Yogurt Choice Served with Craisins & Granola Egg Sandwich Fresh New York Apples	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD

Milk

1% Low-fat
Fat Free
Fat Free Chocolate

Fresh Fruit

Canned Fruit
Peaches, Pears, Pineapples

OFFERED DAILY

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

High School Breakfast Menu

100% Fruit Juice
Apple, Fruit Punch, Grape, Orange

Breakfast Dipping Sauces:
Ketchup, Hot Sauce, Salsa

Cold Cereal Choices

Frosted Mini Wheats
Cinnamon Flakes
Multi-Grain Cheerios
Toasty-Oats
Back to the Roots® Organic Purple Corn Flakes & Cinnamon Clusters