



MARCH 2018 : High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
FROM THE GRIDDLE	BAGEL NOSH	SKILLET SENSATIONS	NEW YORK THURSDAY	BAKERY FRESH
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	<u>Bagel Bar</u> An Assortment of Bagel Varieties & Spreads including Hummus, Peanut Butter, Cream Cheeses and Jelly <u>Egg Sandwich</u> Plain Egg Omelet with Cheese on a Soft Bun, English Muffin or Buttermilk Biscuit		New York Thursday 1 New York Bagel Sticks Yogurt Parfait Egg Sandwich New York Apple Slices	2 Blueberry Muffin Breakfast Quesadilla Spiced Oatmeal Peach Topper <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit
5	6	7	New York Thursday 8	9
French Toast Dippers Served with Syrup Turkey Canadian Bacon Egg Sandwich Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Egg Sandwich Whole Grain Croissant Served with Jelly Organic Stonyfield® Yogurt Spiced Oatmeal Peach Topper 100% Fruit Juice Fresh Fruit	Beef Sausage & White Cheddar Sandwich Hot Cinnamon Roll Land O'Lakes® Mozzarella Cheese Stick <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit	New York Bagel Sticks Upstate Farms® Yogurt Choice Served with Craisins & Granola Egg Sandwich Fresh New York Apples	Banana Muffin Turkey Sausage Crumble Egg & Cheese Wrap Spiced Oatmeal Peach Topper Back to the Roots® Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit
12	13	14	New York Thursday 15	16
Cinnamon Pancakes Served with Syrup Turkey Canadian Bacon Egg Sandwich Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Egg Sandwich Honey Corn Muffin Organic Stonyfield® Yogurt Spiced Oatmeal Peach Topper 100% Fruit Juice Fresh Fruit	Cheese Omelet with a Buttermilk Biscuit Land O'Lakes® Colby Cheese Stick Back to the Roots® Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit	New York Bagel Sticks Upstate Farms® Yogurt Choice Served with Craisins & Granola Egg Sandwich Fresh New York Apples	Apple Cinnamon Muffin Turkey Sausage, Egg & Cheese on an Soft Roll Spiced Oatmeal Peach Topper <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit
19	20	21	New York Thursday 22	23
Tasty Waffles Served with Syrup Turkey Sausage Patty Back to the Roots® Cinnamon Cluster Egg Sandwich 100% Fruit Juice Fresh Fruit	Egg Sandwich Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds Spiced Oatmeal Peach Topper 100% Fruit Juice Fresh Fruit	Turkey Canadian Bacon, Egg & Cheese on an English Muffin Land O'Lakes® Cheddar Cheese Stick Back to the Roots® Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit	New York Bagel Sticks Yogurt Parfait Egg Sandwich New York Apple Slices	Blueberry Muffin Breakfast Quesadilla Spiced Oatmeal Peach Topper <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit
26	27	28	New York Thursday 29	Spring Recess 30
French Toast Dippers Served with Syrup Turkey Canadian Bacon Egg Sandwich Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Egg Sandwich Whole Grain Croissant Served with Jelly Organic Stonyfield® Yogurt Spiced Oatmeal Peach Topper 100% Fruit Juice Fresh Fruit	Beef Sausage & White Cheddar Sandwich Hot Cinnamon Roll Land O'Lakes® Mozzarella Cheese Stick <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit	New York Bagel Sticks Upstate Farms® Yogurt Choice Served with Craisins & Granola Egg Sandwich Fresh New York Apples	Banana Muffin Turkey Sausage Crumble Egg & Cheese Wrap Spiced Oatmeal Peach Topper Back to the Roots® Purple Corn Flakes <u>Bagel Bar</u> 100% Fruit Juice Fresh Fruit

OFFERED DAILY				
<u>Milk</u> 1% Low-fat Fat Free Fat Free Chocolate	<u>Fresh Fruit</u> <u>Canned Fruit</u> Peaches, Pears, Pineapples	No Artificial flavors, colors, or sweeteners in all SchoolFood Products High School Breakfast Menu	<u>100% Fruit Juice</u> Apple, Fruit Punch, Grape, Orange <u>Breakfast Dipping Sauces:</u> Ketchup, Hot Sauce, Salsa	<u>Cold Cereal Choices</u> Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster