

## JANUARY 2018: Pre-K - 8 Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Winter Recess 1	2	3	New York Thursday 4	5
Hummus Grab & Go Lunch Pack	Peanut Butter & Jelly Sandwiches	Freshly Made Wraps	Turkey Salami & Cheese on a Kaiser Roll	<b>Chef Salad</b> Dressing Cup
	Rold Gold®	Popcorn Chicken Wrap	New York Chocolate Chip Cookie	Soft Roll
	Heartzels		Black Bean Salad	Crunchy Carrots Confetti Corn Salad
Green Garden Salad	Ranch Carrot Snacker	Marinated Green Beans	New York Apple Slices	
8	9	10	New York Thursday 11	12
Peanut Butter & Jelly Sandwiches	Roasted Turkey, Turkey Ham & Cheese Wedge	Freshly Made Wraps Popcorn Chicken Wrap	Turkey Bologna & Cheese on a Kaiser Roll	Crispy Chicken Salad Dressing Cup
			New York Cookie Treat	Frito-Lay ® SunChips ®
Ranch Carrot Snacker	Green Garden Salad	Marinated Green Beans	Black Bean Salad Fresh New York Apples	Crunchy Carrots Confetti Corn Salad
Martin Luther King Day 15	16	17	New York Thursday 18	19
Hummus Grab & Go	Peanut Butter & Jelly	Freshly Made Wraps	Turkey Ham &	Popcorn Chicken Salad
Lunch Pack	Sandwiches	Turkey Caesar Wrap	Cheese Hero	Dressing Cup
			New York Cookie Treat	Frito-Lay ® Baked Scoops ®
Green Garden Salad	Crunchy Carrots	Marinated Green Beans	Black Bean Salad Fresh New York Apples	Ranch Carrot Snacker Confetti Corn Salad
22	23	24	New York Thursday 25	26
Peanut Butter & Jelly	Turkey & Cheese	Freshly Made Wraps	Turkey Salami &	Chef Salad
Sandwiches	Hero	Popcorn Chicken Wrap	Cheese on a Kaiser Roll	Dressing Cup
Rold Gold® Heartzels		, , , , , , , , , , , , , , , , , , ,	New York Chocolate Chip Cookie	Soft Roll
Ranch Carrot Snacker	Green Garden Salad	Marinated Green Beans	Black Bean Salad New York Apple Slices	Crunchy Carrots Confetti Corn Salad
29	30	31		
Peanut Butter & Jelly	Roasted Turkey,	Freshly Made Wraps	OF A ON	
Sandwiches	Turkey Ham & Cheese Wedge	Popcorn Chicken Wrap	A VEW 10	
Ranch Carrot Snacker	Green Garden Salad	Marinated Green Beans	EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	
		OFFERED DAILY		

## **Entree Alternatives**

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey Sandwich Hummus Grab & Go

# Milk

1% Low-fat Fat Free Fat Free Chocolate

#### OFFERED DAILY

<u>Seasonal Fresh Fruit</u> Apples, Oranges, Bananas, Pears

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

#### <u>Dressings</u> Chipotle Ranch Balsamic Vinaigrette

Ranch
Asian Sesame
Honey Mustard
Caesar
French
Italian Vinaigrette

Ketchup, Mustard, Mayonnaise, Hot Sauce, BBQ Sauce

**Condiments** 

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## **ATTENTION:**

All Pre-K Students CANNOT be Offered CHOCOLATE MILK





