

FEED YOUR MIND

www.schoolfoodnyc.org

FREE Lunch for All Students.

APRIL 2018: High School Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
Spring Recess 2	Spring Recess 3	Spring Recess 4	Spring Recess 5	Spring Recess 6
Baked Penne  Garlic Toast  Roasted Zucchini  Salad Bar Broccoli and Cranberry Salad	100% Beef Hamburgers & Cheeseburgers Served with Lettuce, Tomato & New York Onion  Seasoned Wedge Fries  Salad Bar Fresh Cilantro Slaw	Hot Sliced Turkey with Gravy  Warm Corn Bread  Mashed Potatoes  Orange Roasted Carrots Salad Bar Confetti Corn Salad	Spinach and Mozzarella Quesadilla with Tomatoes with Rice and Salsa  Seasoned Pinto Beans  Salad Bar Kale Salad Fresh New York Apples	Classic Cheese Pizza  Veggie Pizza  Kale Caesar Salad  Salad Bar Italian Marinated Cucumber Salad
9	10	11	New York Thursday 12	13
Crunchy Tofu with Korean BBQ Sauce  Vegetable Fried Rice  Vegetable Egg Roll with Duck Sauce  Salad Bar Italian Classico Salad	100% Beef Greek Style Cheeseburgers Served on Ciabatta Bread  Turkey Burger Burgers served with Lettuce Tomato & New York Onion  Sweet Potato Waffle Fries Salad Bar Confetti Corn Salad	Black Bean Quesadilla with Rice and Salsa  Corn on the Cob  Spring Mix Salad  Salad Bar Carrot & Lemon Salad	Hot Turkey Caprese on Ciabatta Bread  French Fries  Garlicky Green Beans  New York Cookie Treat  Salad Bar Celery & Apple Salad New York Apple Slices	Classic Cheese Pizza  Pesto Pizza Fresh Basil & Tomatoes  Garlic Knot  White Bean Salad  Salad Bar Roasted Broccoli & Cauliflower Salad
16	17	18	New York Thursday 19	20
Mexicali Chili with Rice and Salsa  Honey Corn Muffin  Sweet Plantains  Salad Bar Green Garden Salad	Steamed Chicken Dumplings with Asian Dipping Sauce  Vegetable Fried Rice  Cobb Salad  Roasted Broccoli  Salad Bar Asian Slaw	"Super Chef" Veggie Shepherd's Pie A Delicious Blend of Mashed Potatoes, Beans & Cheese  Parmigiana Roasted Cauliflower  Salad Bar Spinach & Cranberry Salad	100% Beef New York Cheeseburgers Served on Ciabatta Bread with Lettuce Tomato & New York Onion  New York French Fries  New York Cookie Treat Salad Bar Celery & Apple Salad New York Apple Slices	Classic Cheese Pizza  Margherita Pizza  Garlic Knot  Roasted Chickpea with Basil Pesto  Salad Bar Fresh Marinated Vegetable Salad
23	24	25	New York Thursday 26	27
Baked Penne  Garlic Toast  Roasted Zucchini  Salad Bar Broccoli and Cranberry Salad	100% Beef Hamburgers & Cheeseburgers Served with Lettuce, Tomato & New York Onion  Seasoned Wedge Fries  Salad Bar Fresh Cilantro Slaw	Hot Sliced Turkey with Gravy  Warm Corn Bread  Mashed Potatoes  Orange Roasted Carrots Salad Bar Confetti Corn Salad	Spinach and Mozzarella Quesadilla with Tomatoes with Rice and Salsa  Seasoned Pinto Beans  Salad Bar Kale Salad Fresh New York Apples	Classic Cheese Pizza  Veggie Pizza  Kale Caesar Salad  Salad Bar Italian Marinated Cucumber Salad
30			 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

OFFERED DAILY

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey Sandwich
- Hummus Grab & Go
- Cheese & Tomato Bagel with Fresh Fruit Grab & Go

Milk

1% Low-fat  
Fat Free  
Fat Free Chocolate

Fresh Fruit

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Homemade Dressings

Balsamic Vinaigrette  
Caesar  
Italian Vinaigrette

Flavor Station

Granulated Garlic  
Red Pepper Flakes  
Parmesan Cheese

HS Alternative Lunch Menu

SchoolFood  
Feed your mind

NYC  
Department of Education

URBAN SCHOOL  
FOOD ALLIANCE

MENUS ARE SUBJECT TO CHANGE  
SCHOOLFOOD MENUS ARE PORK FREE