

Brainstorming

- Email
- Password
- Recipes
 - Ingredients
 - Instructions
- Grocery list(s)?
 - Ingredients
- Occasion
 - Recipes

Tables/Relationships?

- User
 - User ID
 - Email
 - Password
- Recipe
 - Recipe by ID
 - Creator user by ID
 - Ingredients by ID
 - Ingredient ID
 - Ingredient Name
 - Instructions by ID
 - Instruction ID
 - Instruction content
 - Public by True/False
- Grocery List
 - List by ID
 - User by ID
 - Ingredients by ID
- Occasion
 - Occasion ID
 - User by ID
 - Recipes by ID