

Michelle Hales

Full Stack Software Developer

Ambitious software developer with the ability to learn and collaborate in rapidly changing environments. I am eager to tackle development challenges and work together with other critical thinkers.



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385-231-3109



Salt Lake City, UT



mich-hales.github.io/mich-portfolio/



linkedin.com/in/michelle-hales



github.com/mich-hales

EDUCATION

Bachelors of Science in Exercise and Wellness

Brigham Young University - Provo, UT

08/2012 - 12/2017

3.9 GPA

Full Stack Coding Bootcamp

University of Utah

07/2022 - 01/2023

Courses

- Worked as team lead on multiple real world projects to build complex applications and simulate a professional work environment
- Developed user-friendly websites using full-stack web technologies in various programming languages, libraries, and frameworks
- Current personal projects include: creating React websites, deploying docker instances, and hosting websites in AWS

SKILLS

Full Stack Development

React

HTML5

CSS

JavaScript

JQuery

Node.js

MySQL

Object Oriented
Programming

Model View Controller

Express.js

Git

Bootstrap

Handlebars

Sequelize

GitHub

APIs

GraphQL

Organization

Communication

Problem Solving

Time Management

Resourceful

WORK EXPERIENCE

Medical Aesthetician & Professional Laser Technician

SkinSpirit Skincare Clinic and Spa

05/2020 - Present

ATX, TX -> SLC, UT

Achievements/Tasks

- Consults clients on skincare and develop personalized treatment plans
- Provides exceptional medical-grade treatments tailored to each client
- Builds strong relationships and trust with clients while providing consistent results

F45 Senior Coach & Member Retention Specialist

F45

06/2019 - 03/2020

Sandy, UT

Achievements/Tasks

- Planned events to engage members and keep them up-to-date by creating monthly newsletters
- Lead F45 training classes utilizing positive and engaging techniques
- Focused on building, connecting, and maintaining relationships with previous and existing clients

Health and Wellness Coach

Diversant, LLC at Verizon

01/2019 - 06/2019

SLC, UT

Achievements/Tasks

- Created best-in-class health and wellness programs for members to inspire healthy living
- Conducted fitness assessments, lead group exercise classes, and provided personal training
- Provided nutritional advice and exercise prescriptions to help members achieve personal goals

Fitness Center Director

The Wellness Connection, Inc. at American Express

04/2018 - 01/2019

SLC, UT

Achievements/Tasks

- Provided personal health consultations and assisted with weight management
- Planned wellness incentive programs and performed biometric body assessments
- Taught a wide variety of group exercise classes and personal trained employees