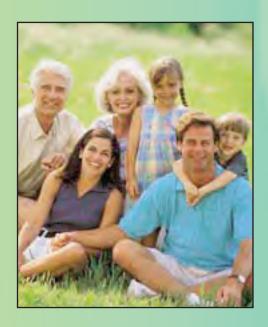
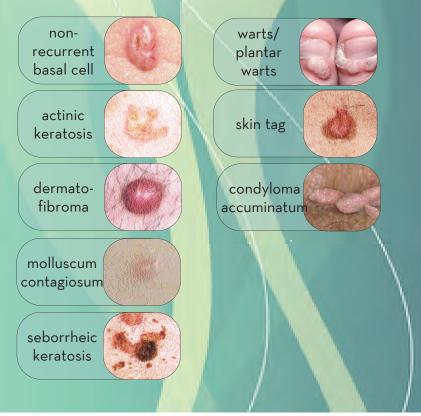
cryosurgery...

focusing on your complete health care needs...





Skin for Life...

...So Wear it Well®

this office is now offering cryosurgery using the CryoPen®

the CryoPen® offers... ...cryosurgery without the use of cryogenic gases or liquids.

this service is offered to women, men, young adults and children

If you would like to learn more about this skin care service, please ask one of our staff members or your physician.

We're happy to answer your **Questions**

CryoPen, Inc. www.cryopen.com

Have you examined your Skin lately?

The purpose of self-examination is to assist in the early diagnosis of skin cancer.

Do not ignore a suspicious spot simply because it does not hurt. Skin cancer might be painless, but dangerous all the same. If you notice one or more of the warning signs, see your physician right away.

The Warning Signs

A skin growth that increases in size and appears pearly, translucent, tan, brown, black, or multicolored. A mole, birthmark, beauty mark, or any brown spot that:

- changes color increases in size or thickness changes in texture
- is irregular in outline is bigger than 6mm, the size of a pencil eraser
- appears after age 21

A spot or sore that continues to itch, hurt, crust, scab, erode, or bleed. An open sore that does not heal within three weeks

Actinic keratoses, also called solar keratoses, are caused by the sun, and occur on body areas that have been exposed to sunlight. These growths are more common among pale-skinned, fair-haired, light-eyed individuals. They are flatter, redder, and rougher than seborrheic keratoses. Actinic keratoses are pre-cancerous, which means they may become cancerous. Any raised, reddish, rough-textured growth should be examined by your physician.

Tips for Sun Protection:

- Use sunscreen with an SPF of at least 15 on all exposed skin, including lips, even on cloudy days
- Re-apply sunscreen frequently
- Plan outdoor activities early or late. Avoid peak sunlight hours between 10am and 4pm