



# RANCHO BERNARDO HIGH SCHOOL

## CROSS COUNTRY TEAM 2024





## RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY TEAM 2024

Boys	Grade
Camden Luecht	12
David Zhang	12
Jose Ramirez	12
Naoya Mizui	12
Alexander Hoxha	11
Daniel Yip	11
Devin Cottom	11
Jayden Moffit	11
Jonathan Ng	11
Lucas Bradbury	11
William Liu	11
Zain Alemi	11
Asher Johnson	10
Jacob Stoffers	10
Kalil Thrall	10
Minseo Sakong	10
Pouria Ebadi Haghghi	10
Sebastian Nicholas	10
Trevor Cottom	10
Alexander Co	9
Antonio Ramirez	9
Cole Miller	9
Hrudai Shrivatsa	9
Jacob Tesiero	9
Kai Pisor	9
Kyle Clayton	9
Lukasz Odwazny	9
Max Backer	9
Tevin Sessoms	9

Girls	Grade
Anvi Kakar	12
Kate Hendrickson	12
Meadow Cannon	12
Rheya Cummins	12
Anna Grant	11
Charlize Chammas	11
Emilie Carter	11
Livia Dangio	11
Mollie Brailsford	11
Paige Moidek	11
Sophia Baccei	11
Angelina Barron	10
Caitlin Han	10
Emily Lorenz	10
Rebecca Davis	10
Riley Biddle	10
Riley Desbois	10
Ruby Norton	10
Savannah Maguire	10
Madilyn Fuentes	9
Rayna Lim	9



# 2024 Season Summary

## RB Cross Country



Date	Event	Course
Sat, Aug 24	Bronco Roundup	Kit Carson Park, Escondido
Sat, Aug 31	CCA Ravens XC Invitational	CCA HS
Sat, Sep 14	Palomar League Cluster #1	MC Campus Course
Sat, Sep 21	ASICS / Sundevil Cross Country Inv.	Morley Field
Sat, Oct 12	42nd Annual Southern Cal Invitational	Guajome Park, CA US
Sat, Oct 19	Palomar League Cluster #2	Del Norte HS
Fri, Oct 25	Kit Carson Invitational	Kit Carson Park, Escondido
Sat, Oct 26	76th Annual Mt. Sac Cross-Country Inv.	Mt SAC
Fri, Nov 1	Palomar League JV Cluster # 3	Kit Carson Park, Escondido
Sat, Nov 2	UC HOKA Postal 2 Mile Championships	UC HS
Sat, Nov 9	NCC Championships	Kit Carson Park, Escondido
Sat, Nov 16	CIF-SDS XC Championships	Morley Field
Sat, Nov 30	CIF STATE Championships	Woodward Park, Fresno



# BRONCO ROUND-UP 2024 @ Kit Carson Park

Saturday, August 24th, 2024

2.0 Miles Varsity, JV 10-12, JV Frosh/Novice



## Girls Results

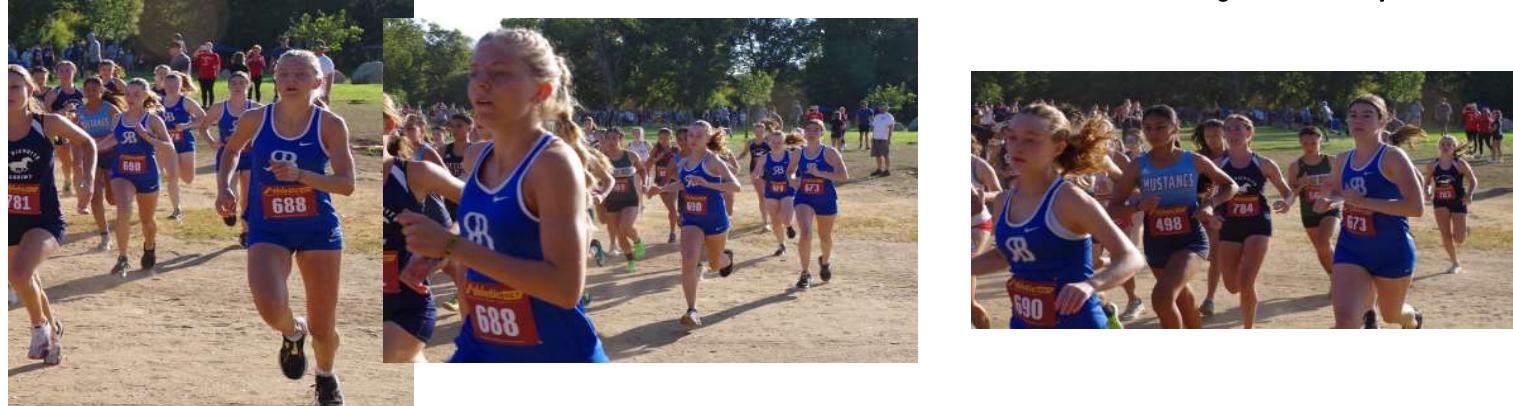
### Varsity Girls

Place	Name	Grade	1 MILE	FINISH	PACE
1	Riley Biddle	10	545	<b>11:37.6</b>	5:48.8
29	Kate Hendrickson	12	600	<b>12:30.6</b>	6:15.3
30	Anna Grant	11	610	<b>12:30.7</b>	6:15.4
49	Livia Dangio	11	625	<b>13:00.3</b>	6:30.2
53	Emily Lorenz	10	630	<b>13:08.3</b>	6:34.2
70	Sophia Baccei	11	635	<b>13:39.1</b>	6:49.6
80	Meadow Cannon	12	651	<b>14:42.3</b>	7:21.2
82	Rheya Cummins	12	652	<b>14:51.6</b>	7:25.8

### 2 Miles D2 Varsity

#### Official Team Scores

1 Del Norte	64
2 Scripps Ranch	72
3 Cathedral Catholic	82
4 Patrick Henry	128
5 Temecula Valley	130
6 Rancho Bernardo	130
7 Poway	138
8 University City	163
9 San Dieguito Academy	247



### JV GIRLS

Place	Name	Grade		FINISH	PACE
8	Riley Desbois	10		<b>13:39.2</b>	6:49.6
31	Charlize Chammas	11		<b>14:55.3</b>	7:27.7
32	Emilie Carter	11		<b>14:55.4</b>	7:27.7
34	Angelina Barron	10		<b>15:09.2</b>	7:34.6
77	Mollie Brailsford	11		<b>21:24.2</b>	10:42.1

### 2 Miles D2 Junior Varsity

#### Official Team Scores

1 Mt Carmel	36
2 Del Norte	74
3 Cathedral Catholic	106
4 Patrick Henry	109
5 San Dieguito Academy	114
6 Rancho Bernardo	121
7 San Marcos	172
8 Otay Ranch	172

# BRONCO ROUND-UP 2024 @ Kit Carson Park

Saturday, August 24th, 2024

2.0 Miles Varsity, JV 10-12, JV Frosh/Novice

## Frosh/Novice Girls

Place	Name	Grade		FINISH	PACE
14	Ruby Norton	10		<b>14:43.9</b>	7:22.0
15	Rebecca Davis	10		<b>14:45.6</b>	7:22.8
32	Caitlin Han	10		<b>16:17.2</b>	8:08.6
39	Paige Moidek	11		<b>16:42.5</b>	8:21.2
48	Rayna Lim	9		<b>17:11.1</b>	8:35.6
56	Madilyn Fuentes	9		<b>19:43.8</b>	9:51.9



## 2 Miles D2 Frosh/Novice

### Official Team Scores

1	Del Norte	51
2	Torrey Pines	80
3	San Dieguito Academy	81
4	Poway	82
5	Rancho Bernardo	126
6	Temecula Valley	130
7	Patrick Henry	130

# BRONCO ROUND-UP 2024 @ Kit Carson Park

Saturday, August 24th, 2024

2.0 Miles Varsity, JV 10-12, JV Frosh/Novice

## Boys Results

### Varsity Boys

Place	Name	Grade	1 MILE	FINISH	PACE
2	Camden Luecht	12	4:49	<b>9:51.6</b>	4:55.8
18	Naoya Mizui	12	5:04	<b>10:26.1</b>	5:13.1
32	Devin Cottom	11	5:10	<b>10:40.4</b>	5:20.2
39	Jose Ramirez	12	5:11	<b>10:47.1</b>	5:23.5
45	William Liu	11	5:17	<b>10:51.0</b>	5:25.5
63	Jayden Moffit	11	5:25	<b>11:11.2</b>	5:35.6
78	Zain Alemi	11	5:35	<b>11:23.6</b>	5:41.8
80	Daniel Yip	11	5:38	<b>11:25.1</b>	5:42.6
99	Sebastian Nicholas	10	5:30	<b>11:46.6</b>	5:53.3

### 2 Miles D2 Varsity

#### Official Team Scores

1	Del Norte	62
2	Cathedral Catholic	66
3	Vista	87
4	Poway	98
5	Rancho Bernardo	112
6	Scripps Ranch	120
7	Temecula Valley	184
8	San Marcos	188
9	San Dieguito Academy	247
10	Otay Ranch	273
11	Patrick Henry	274

### JV Boys

Place	Name	Grade	1 MILE	FINISH	PACE
4	Asher Johnson	10	534	<b>11:04.7</b>	5:32.3
16	Trevor Cottom	10	539	<b>11:44.7</b>	5:52.3
19	Jonathan Ng	11	542	<b>11:46.2</b>	5:53.1
24	Minseo Sakong	10	543	<b>11:52.5</b>	5:56.3
27	Kalil Thrall	10	544	<b>11:55.0</b>	5:57.5
57	Lucas Bradbury	11	547	<b>12:29.9</b>	6:15.0
60	Jacob Stoffers	10	607	<b>12:31.8</b>	6:15.9

### 2 Miles D2 Junior Varsity

#### Official Team Scores

1	Del Norte	32
2	Mt Carmel	88
3	Rancho Bernardo	90
4	Patrick Henry	144
5	Temecula Valley	158
6	Torrey Pines	164
7	Otay Ranch	180
8	San Marcos	197
9	Poway	200
10	Scripps Ranch	235
11	Cathedral Catholic	287
12	San Dieguito Academy	323

# BRONCO ROUND-UP 2024 @ Kit Carson Park

Saturday, August 24th, 2024

2.0 Miles Varsity, JV 10-12, JV Frosh/Novice

## Frosh/Novice Boys

Place	Name	Grade	1 MILE	FINISH	PACE
9	Antonio Ramirez	9	531	<b>11:24.4</b>	5:42.2
20	Max Backer	9	542	<b>12:00.1</b>	6:00.1
55	Tevin Sessoms	9	622	<b>13:14.7</b>	6:37.3
59	David Zhang	12	630	<b>13:29.6</b>	6:44.8
74	Cole Miller	9	646	<b>14:23.5</b>	7:11.8
87	Alexander Co	9	657	<b>15:17.0</b>	7:38.5
93	Kai Pisor	9	728	<b>16:20.7</b>	8:10.4
103	Lukasz Odwazny	9	815	<b>19:13.7</b>	9:36.9

## 2 Miles D2 Frosh/Novice

### Official Team Scores

1	Del Norte	76
2	Cathedral Catholic	89
3	Poway	92
4	Mt Carmel	115
5	Torrey Pines	122
6	Scripps Ranch	151
7	Temecula Valley	163
8	San Dieguito Academy	185
9	Rancho Bernardo	185
10	Patrick Henry	203



# BRONCO ROUND-UP 2024 @ Kit Carson Park

Saturday, August 24th, 2024  
2.0 Miles Varsity, JV 10-12, JV Frosh/Novice



# CCA Ravens Fleet Feet SD XC Invitational

Saturday, August 31, 2024  
 Canyon Crest Academy  
 3 Miles Varsity, Grade Level

## Girls Results

### 3 Miles Senior/ Invitational

PL	NAME	GR	1 MILE	2 MILE	FINISH	PACE
7	Riley Biddle	10	531	1119	<b>17:22.1</b>	5:47.4
25	Anna Grant	11	552	1219	<b>18:21.2</b>	6:07.1
32	Kate Hendrickson	12	553	1233	<b>18:35.6</b>	6:11.9
55	Livia Dangio	11	554	1257	<b>19:25.0</b>	6:28.3
95	Rheya Cummins	12	632	1507	<b>21:37.7</b>	7:12.6
105	Meadow Cannon	12	651	1555	<b>22:30.5</b>	7:30.2

### 3 Miles Junior

PL	NAME	GR	1 MILE	2 MILE	FINISH	PACE
47	Charlize Chammas	11	651	1449	<b>22:37.2</b>	11:18.6
83	Paige Moidek	11	729	1617	<b>25:38.5</b>	12:49.2
100	Mollie Brailsford	11	923		<b>30:48.3</b>	15:24.1

### 3 Miles Sophomore

PL	NAME	GR	1 MILE	2 MILE	FINISH	PACE
14	Riley Desbois	10	632	1354	<b>21:13.3</b>	7:04.4
29	Rebecca Davis	10	648	1414	<b>22:17.3</b>	7:25.8
30	Ruby Norton	10	648	1416	<b>22:17.6</b>	7:25.9
46	Savannah Maguire	10	653	1441	<b>23:00.3</b>	7:40.1
48	Angelina Barron	10	643	1459	<b>23:07.3</b>	7:42.4
53	Caitlin Han	10	658	1449	<b>23:19.8</b>	7:46.6

### 1.5 Miles Freshmen/ Sophomore

PL	NAME	GR	1 MILE		FINISH	PACE
73	Rayna Lim	9	736		<b>11:32.5</b>	7:41.7
108	Madilyn Fuentes	9	825		<b>13:11.9</b>	8:47.9

# CCA Ravens Fleet Feet SD XC Invitational

Saturday, August 31, 2024  
Canyon Crest Academy  
3 Miles Varsity, Grade Level



# CCA Ravens Fleet Feet SD XC Invitational

Saturday, August 31, 2024  
 Canyon Crest Academy  
 3 Miles Varsity, Grade Level

## Boys Results

### 1.5 Miles Junior/ Senior

PL	NAME	GR	1 MILE		FINISH	PACE
33	David Zhang	12	555		<b>8:57.9</b>	5:58.6

### 3 Miles Senior/ Invitational

PL	NAME	GR	1 MILE	2 MILE	FINISH	PACE
3	Camden Luecht	12	449	944	<b>14:42.5</b>	4:54.2
16	Jose Ramirez	12	459	1015	<b>15:26.6</b>	5:08.9
45	Naoya Mizui	12	504	1024	<b>15:53.4</b>	5:17.8
57	Devin Cottom	11	510	1029	<b>16:00.9</b>	5:20.3
87	Jayden Moffit	11	518	1054	<b>16:32.9</b>	5:31.0
109	William Liu	11	515	1047	<b>16:48.6</b>	5:36.2
124	Asher Johnson	10	531	1117	<b>16:58.0</b>	5:39.3
139	Zain Alemi	11	520	1112	<b>17:13.2</b>	5:44.4
140	Daniel Yip	11	524	1112	<b>17:13.4</b>	5:44.5

### 3 Miles Junior

PL	NAME	GR	1 MILE	2 MILE	FINISH	PACE
55	Jonathan Ng	11	548	1158	<b>18:08.2</b>	6:02.7

### 3 Miles Sophomore

PL	NAME	GR	1 MILE	2 MILE	FINISH	PACE
32	Sebastian Nicholas	10	539	1132	<b>17:37.8</b>	8:48.9
40	Trevor Cottom	10	538	1148	<b>17:55.5</b>	8:57.8
47	Minseo Sakong	10	532	1215	<b>18:10.6</b>	9:05.3
48	Kalil Thrall	10	543	1154	<b>18:10.9</b>	9:05.5

### 3 Miles Freshmen

PL	NAME	GR	1 MILE	2 MILE	FINISH	PACE
1	Antonio Ramirez	9	515	1120	<b>16:44.6</b>	5:34.9
19	Max Backer	9	551	1140	<b>17:52.8</b>	5:57.6

# CCA Ravens Fleet Feet SD XC Invitational

Saturday, August 31, 2024  
Canyon Crest Academy  
3 Miles Varsity, Grade Level

## 1.5 Miles Freshmen/ Sophomore

PL	NAME	GR	1 MILE		FINISH	PACE
22	Jacob Stoffers	10	544		<b>8:45.1</b>	5:50.1
64	Cole Miller	9	607		<b>9:38.5</b>	6:25.7
90	Kai Pisor	9	635		<b>10:19.0</b>	6:52.7
111	Kyle Clayton	9	705		<b>11:13.5</b>	7:29.0
112	Hrudai Shrivatsa	9	706		<b>11:13.5</b>	7:29.0
126	Lukasz Odwazny	9	802		<b>12:41.7</b>	8:27.8



# CCA Ravens Fleet Feet SD XC Invitational

Saturday, August 31, 2024  
Canyon Crest Academy  
3 Miles Varsity, Grade Level



# Palomar League Cluster #1



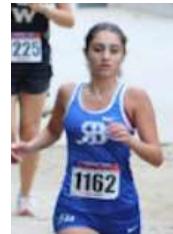
Saturday, September 14, 2024 @ Mt. Carmel Campus Course

3.0 MILE

## Girls Results

### 3 Miles Varsity

PL	FIRST	GR	1MILE	2MILE	FINISH	PACE
2	Riley Biddle	10	552	1221	<b>18:23.4</b>	6:07.8
12	Kate Hendrickson	12	616	1258	<b>19:28.9</b>	6:29.6
16	Livia Dangio	11	616	1305	<b>19:57.2</b>	6:39.1
34	Riley Desbois	10	616	1309	<b>21:36.7</b>	7:12.2
40	Meadow Cannon	12	659	1540	<b>23:03.6</b>	7:41.2



### 3 Miles Junior Varsity

PL	FIRST	GR	1MILE	2MILE	FINISH	PACE
8	Rebecca Davis	10	659	1445	<b>22:19.7</b>	7:26.6
9	Ruby Norton	10	659	1446	<b>22:29.4</b>	7:29.8
13	Angelina Barron	10	657	1501	<b>22:43.4</b>	7:34.5
18	Charlize Chammas	11	655	1504	<b>23:01.3</b>	7:40.4
19	Savannah Maguire	10	712	1510	<b>23:01.6</b>	7:40.5
25	Emilie Carter	11	714	1526	<b>23:30.7</b>	7:50.2
37	Caitlin Han	10	745	1617	<b>24:17.4</b>	8:05.8
48	Paige Moidek	11	745	1640	<b>25:39.6</b>	8:33.2
50	Rayna Lim	9	749	1650	<b>25:46.3</b>	8:35.4
60	Madilyn Fuentes	9	855	1927	<b>29:34.5</b>	9:51.5



### 3 Miles Varsity

#### Official Team Scores

1 Del Norte	27
2 Poway	58
3 Mt Carmel	85
<b>4 Rancho Bernardo</b>	<b>97</b>
5 Westview	125
6 Mission Hills	136



### 3 Miles Junior Varsity

#### Official Team Scores

1 Del Norte	27
2 Poway	52
<b>3 Rancho Bernardo</b>	<b>67</b>
4 Westview	72
5 Mission Hills	114



# Palomar League Cluster #1

Saturday, September 14, 2024 @ Mt. Carmel Campus Course

3.0 MILE

## Boys Results

### 3 Miles Varsity

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
1	Camden Luecht	12	446	1003	<b>15:08.0</b>	5:02.7
13	Naoya Mizui	12	507	1054	<b>16:34.3</b>	5:31.4
17	Jayden Moffit	11	508	1044	<b>16:42.2</b>	5:34.1
18	Devin Cottom	11	506	1051	<b>16:43.8</b>	5:34.6
29	Asher Johnson	10	531	1136	<b>17:12.6</b>	5:44.2
35	Antonio Ramirez	9	531	1136	<b>17:26.1</b>	5:48.7
41	William Liu	11	512	1126	<b>17:51.0</b>	5:57.0
42	Zain Alemi	11	527	1150	<b>17:57.0</b>	5:59.0
43	Sebastian Nicholas	10	536	1159	<b>18:02.5</b>	6:00.8
44	Daniel Yip	11	532	1147	<b>18:05.0</b>	6:01.7
45	Trevor Cottom	10	537	1159	<b>18:10.3</b>	6:03.4
59	David Zhang	12	608		<b>21:23.5</b>	7:07.8

### 3 Miles Varsity

#### Official Team Scores

1 Del Norte	39
2 Mt Carmel	70
<b>3 Rancho Bernardo</b>	<b>76</b>
4 Poway	82
5 Westview	90
6 Mission Hills	139



### 3 Miles Junior Varsity

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
12	Minseo Sakong	10	548	1207	<b>18:27.5</b>	6:09.2
22	Jonathan Ng	11	552	1232	<b>19:07.1</b>	6:22.4
24	Jacob Stoffers	10	558	1242	<b>19:10.5</b>	6:23.5
43	Lucas Bradbury	11	610	1328	<b>20:36.3</b>	6:52.1
55	Alexander Hoxha	11	615	1335	<b>21:19.5</b>	7:06.5

### 3 Miles Junior Varsity

#### Official Team Scores

1 Del Norte	21
2 Poway	60
3 Mt Carmel	67
4 Westview	90
<b>5 Rancho Bernardo</b>	<b>131</b>
6 Mission Hills	164

### 3 Miles Frosh

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
6	Max Backer	9	545	1207	<b>18:31.2</b>	6:10.4
13	Jacob Tesiero	9	616	1321	<b>20:01.4</b>	6:40.5
22	Cole Miller	9	633	1356	<b>21:11.0</b>	7:03.7
36	Kai Pisor	9	716	1535	<b>23:42.6</b>	7:54.2
37	Kyle Clayton	9	710	1535	<b>24:00.3</b>	8:00.1
39	Hrudai Shrivatsa	9	717		<b>25:48.5</b>	8:36.2
41	Lukasz Odwazny	9	808		<b>28:52.0</b>	9:37.3

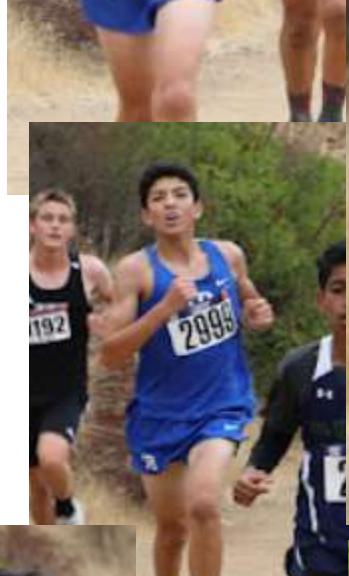
### 3 Miles Frosh

#### Official Team Scores

1 Del Norte	41
2 Mt Carmel	48
3 Westview	59
<b>4 Rancho Bernardo</b>	<b>98</b>
5 Poway	103

# Palomar League Cluster #1

Saturday, September 14, 2024 @ Mt. Carmel Campus Course  
3.0 MILE



# 44th Mt. Carmel/ASICS XC Invitational

Saturday, September 21, 2024, @ Morley Field, CA

3.0 Miles



## Girls Results

### 3 Miles D-1 Senior/Invite

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
12	Kate Hendrickson	12	606	1325	<b>19:34.7</b>	6:31.6
74	Meadow Cannon	12	654	1603	<b>23:51.8</b>	7:57.3

### 3 Miles D-1 Junior

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
4	Anna Grant	11	604	1331	<b>19:53.7</b>	6:37.9
5	Livia Dangio	11	606	1334	<b>20:03.6</b>	6:41.2
29	Sophia Baccei	11	640	1513	<b>22:18.9</b>	7:26.3
38	Charlize Chammas	11	649	1547	<b>23:07.1</b>	7:42.4
44	Emilie Carter	11	656	1607	<b>23:51.2</b>	7:57.1
76	Paige Moidek	11	743	1828	<b>27:46.6</b>	9:15.5
86	Mollie Brailsford	11	927	2310	<b>33:58.8</b>	11:19.6

### 3 Miles D-1 Sophomore

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
1	Riley Biddle	10	544	1246	<b>18:57.9</b>	6:19.3
17	Riley Desbois	10	629	1441	<b>21:22.0</b>	7:07.3
31	Rebecca Davis	10	633	1529	<b>22:42.1</b>	7:34.0
45	Angelina Barron	10	641	1558	<b>23:19.0</b>	7:46.3
55	Ruby Norton	10	652	1558	<b>24:01.0</b>	8:00.3
59	Caitlin Han	10	710	1638	<b>24:20.6</b>	8:06.9
75	Savannah Maguire	10	710	1638	<b>25:18.1</b>	8:26.0

### 3 Miles D-1 Frosh

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
89	Rayna Lim	9	759	1834	<b>27:16.3</b>	9:05.4
105	Madilyn Fuentes	9	824	2033	<b>30:27.0</b>	10:09.0

### 3 Miles D-1 Junior

#### Official Team Scores

1 Del Norte	38
2 Rancho Bernardo	42
3 Cienega	55
4 Mira Mesa	86

### 3 Miles D-1 Sophomore

#### Official Team Scores

1 Canyon Crest Academ	33
2 Rancho Bernardo	70
3 San Dieguito Academy	91
4 Westview	135
5 Rancho Cucamonga	146
6 Mountain View Marana	148
7 La Quinta (La Quinta)	154
8 Bonita Vista	156
9 Fallbrook	183

# 44th Mt. Carmel/ASICS XC Invitational

Saturday, September 21, 2024, @ Morley Field, CA



# 44th Mt. Carmel/ASICS XC Invitational

Saturday, September 21, 2024, @ Morley Field, CA

3.0 Miles

## Boys Results

### 3 Miles D-1 Senior/Invite

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
2	Camden Luecht	12	446	1023	<b>15:15.6</b>	5:05.2
18	Naoya Mizui	12	509	1117	<b>16:32.1</b>	5:30.7
178	David Zhang	12	615	1408	<b>21:25.0</b>	7:08.3

### 3 Miles D-1 Junior

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
4	Jayden Moffit	11	514	1115	<b>16:31.1</b>	5:30.4
15	Devin Cottom	11	515	1136	<b>17:10.9</b>	5:43.6
19	William Liu	11	528	1143	<b>17:15.6</b>	5:45.2
32	Zain Alemi	11	534	1218	<b>17:56.1</b>	5:58.7
42	Daniel Yip	11	536	1229	<b>18:13.8</b>	6:04.6
97	Lucas Bradbury	11	550	1353	<b>20:35.3</b>	6:51.8

### 3 Miles D-1 Sophomore

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
4	Asher Johnson	10	524	1141	<b>17:02.0</b>	5:40.7
35	Trevor Cottom	10	536	1227	<b>18:10.7</b>	6:03.6
49	Minseo Sakong	10	536	1233	<b>18:39.3</b>	6:13.1
55	Sebastian Nicholas	10	537	1232	<b>18:49.9</b>	6:16.6
56	Kalil Thrall	10	538	1245	<b>18:50.4</b>	6:16.8
85	Jacob Stoffers	10	555	1316	<b>19:45.3</b>	6:35.1
200	Pouria Ebadi Haghghi	10	642	1609	<b>23:55.9</b>	7:58.6

### 3 Miles D-1 Frosh

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
5	Antonio Ramirez	9	525	1154	<b>17:30.9</b>	5:50.3
11	Max Backer	9	541	1221	<b>18:13.7</b>	6:04.6
75	Tevin Sessoms	9	625	1358	<b>20:28.1</b>	6:49.4
114	Jacob Tesiero	9	646	1454	<b>21:50.9</b>	7:17.0
119	Cole Miller	9	647	1459	<b>22:06.4</b>	7:22.1
149	Kai Pisor	9	654	1609	<b>23:43.4</b>	7:54.5
160	Hrudai Shrivatsa	9	707	1650	<b>25:05.8</b>	8:21.9
178	Lukasz Odwazny	9	837	2101	<b>30:52.1</b>	10:17.4

### 3 Miles D-1 Junior

#### Official Team Scores

1 Rancho Cucamonga	47
<b>2 Rancho Bernardo</b>	<b>69</b>
3 Cibola	110
4 Mt Carmel	163
5 Eleanor Roosevelt	169

### 3 Miles D-1 Sophomore

#### Official Team Scores

1 Del Norte	66
2 Mira Mesa	95
3 Mt Carmel	141
4 Burroughs (Burbank)	162
<b>5 Rancho Bernardo</b>	<b>172</b>
6 Rancho Cucamonga	189

### 3 Miles D-1 Frosh

#### Official Team Scores

1 Mt Carmel	84
2 Eleanor Roosevelt	92
3 Del Norte	116
4 Westview	181
5 San Dieguito Academy	196
6 Canyon Crest Academ	224
7 Torrey Pines	226
<b>8 Rancho Bernardo</b>	<b>233</b>

# 44th Mt. Carmel/ASICS XC Invitational

Saturday, September 21, 2024, @ Morley Field, CA

3.0 Miles



# 42nd Annual Asics Southern Cal Invitational

Saturday, October 12, 2024 Guajome Park Course ~ Oceanside, CA



## Girls Results

### 5,000 Meters Girls Varsity (1-3)

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
6	Riley Biddle	10	558		18:20.4	5:54.2
16	Anna Grant	11	613		19:10.5	6:10.3
29	Livia Dangio	11	633		20:12.9	6:30.4



### 5,000 Meters Girls Varsity (4 & 5)

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
9	Riley Desbois	10			21:10.3	6:48.9
35	Angelina Barron	10			23:42.1	7:37.7

### 5,000 Meters Girls Varsity (6 & 7)

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
3	Sophia Baccei	11			22:02.8	7:05.8
9	Charlize Chammas	11			22:55.9	7:22.9

### 5,000 Meters Division 1 & 2 Novice Girls

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
10	Rebecca Davis	10			23:01.9	7:24.8
14	Savannah Maguire	10			23:17.0	7:29.7
30	Paige Moidek	11			25:49.2	8:18.6
43	Rayna Lim	9			27:33.3	8:52.1
48	Madilyn Fuentes	9			29:31.9	9:30.3

### Novice Girls

#### Official Team Scores

1 Poway	29
2 Carlsbad	50
3 Westview	68
4 Rancho Bernardo	77

### 5,000 Meters Division 1 Junior Varsity Girls

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
5	Meadow Cannon	12	725	1517	23:27.2	7:32.9
15	Emilie Carter	11	738	1531	24:20.7	7:50.2
17	Rheya Cummins	12	720	1524	24:34.1	7:54.5

# 42nd Annual Asics Southern Cal Invitational

Saturday, October 12, 2024 Guajome Park Course ~ Oceanside, CA



# 42nd Annual Asics Southern Cal Invitational

Saturday, October 12, 2024 Guajome Park Course ~ Oceanside, CA

## Boys Results

### 5,000 Meters Boys Varsity (1-3)

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
1	Camden Luecht	12	455	959	15:23.9	4:57.4
20	Naoya Mizui	12	520	1045	16:29.5	5:18.5
35	Jayden Moffit	11	521	1042	16:59.3	5:28.1



### 5,000 Meters Boys Varsity (4&5)

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
3	Devin Cottom	11	524	1046	16:43.0	5:22.8
10	William Liu	11	541	1113	17:25.1	5:36.4

### 5,000 Meters Boys Varsity (6&7)

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
8	Zain Alemi	11	540	1133	17:45.2	5:42.8
15	Daniel Yip	11	549	1142	18:14.0	5:52.1

### 5,000 Meters Division 1 & 2 Novice

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
4	Antonio Ramirez	9	541	1139	18:04.6	5:49.1
7	Max Backer	9	552	1150	18:22.1	5:54.7
33	Tevin Sessoms	9	620	1253	19:55.0	6:24.6
57	Cole Miller	9	640	1335	21:03.9	6:46.8
76	Kai Pisor	9	650	1402	21:57.2	7:04.0
104	Pouria Ebadi Haghghi	10			23:45.8	7:38.9
129	Jacob Tesiero	9	725		26:41.4	8:35.4
134	Lukasz Odwazny	9			27:23.5	8:49.0

### Novice Boys

#### Official Team Scores

1	San Clemente	66
2	Westview	73
3	Del Norte	89
4	El Camino (Oceanside)	109
<b>5</b>	<b>Rancho Bernardo</b>	<b>135</b>
6	Poway	136
7	Torrey Pines	190
8	San Pasqual	210
9	San Diego	217
10	Canyon Crest Academy	225
11	Canyon Springs	297
12	Sage Creek	332

# 42nd Annual Asics Southern Cal Invitational

Saturday, October 12, 2024 Guajome Park Course ~ Oceanside, CA

## 5,000 Meters Division 1 JV Boys

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
8	Sebastian Nicholas	10	556		18:41.5	6:01.0
23	Minseo Sakong	10	602		19:19.2	6:13.1
32	Jacob Stoffers	10	609		19:42.4	6:20.6
61	Lucas Bradbury	11	614		20:33.1	6:36.9
63	David Zhang	12	637		20:35.5	6:37.7
95	Jonathan Ng	11	620		21:56.9	7:03.9



## JV Boys

### Official Team Scores

1	El Camino (Oceanside)	57
2	Mt Carmel	70
3	San Clemente	72
4	Del Norte	78
5	Poway	116
6	Rancho Bernardo	178
7	Westview	201
8	Classical Academy	218
9	San Pasqual	275
10	Oceanside	286
11	Canyon Crest Academy	296
12	Carlsbad	298
13	Torrey Pines	308

# Palomar League Cluster #2

Saturday, October 19, 2024 @ Del Norte HS Campus Course



## Girls Results

### 3 Miles Varsity

PL	FIRST	GR	1MILE	2MILE	FINISH	PACE
10	Anna Grant	11	549	1159	<b>18:05.5</b>	6:01.8
14	Kate Hendrickson	12	559	1215	<b>18:16.1</b>	6:05.4
20	Livia Dangio	11	559	1224	<b>18:54.7</b>	6:18.2
29	Riley Desbois	10	630	1309	<b>19:32.2</b>	6:30.7
40	Sophia Baccei	11	630	1328	<b>20:26.4</b>	6:48.8
45	Meadow Cannon	12	644	1358	<b>21:00.1</b>	7:00.0
48	Rheya Cummins	12	630	1346	<b>21:13.0</b>	7:04.3
49	Charlize Chammas	11	648	1424	<b>21:56.0</b>	7:18.7

### 3 Miles Varsity

#### Official Team Scores

1	Del Norte	19
2	Poway	68
3	Mt Carmel	73
4	Rancho Bernardo	109
5	Westview	116
6	Mission Hills	137

### 3 Miles Junior Varsity

PL	FIRST	GR	1MILE	2MILE	FINISH	PACE
7	Rebecca Davis	10	632	13:59	<b>21:03.8</b>	7:01.3
8	Ruby Norton	10	633	13:59	<b>21:05.8</b>	7:01.9
9	Savannah Maguire	10	643	14:04	<b>21:07.7</b>	7:02.6
24	Emilie Carter	11	722	14:23	<b>21:46.0</b>	7:15.3
28	Angelina Barron	10	639	14:29	<b>22:03.3</b>	7:21.1
38	Paige Moidek	11	730	15:30	<b>23:23.9</b>	7:48.0
46	Rayna Lim	9	730	16:00	<b>24:13.0</b>	8:04.3
50	Madilyn Fuentes	9	730	16:38	<b>25:24.7</b>	8:28.2

### 3 Miles JV

#### Official Team Scores

1	Del Norte	27
2	Rancho Bernardo	75
3	Mt Carmel	81
4	Mission Hills	89
5	Poway	105
6	Westview	123



# Palomar League Cluster #2,

Saturday, October 19, 2024 @ Del Norte HS Campus Course

## Boys Results

### 3 Miles Varsity

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
2	Camden Luecht	12	440	932	<b>14:31.5</b>	4:50.5
14	Naoya Mizui	12	502	1023	<b>15:34.0</b>	5:11.3
16	Devin Cottom	11	500	1010	<b>15:36.5</b>	5:12.2
17	Jayden Moffit	11	500	1011	<b>15:36.9</b>	5:12.3
29	William Liu	11	517	1050	<b>15:56.7</b>	5:18.9
32	Jose Ramirez	12	515	1030	<b>16:15.4</b>	5:25.1
37	Antonio Ramirez	9	518	1100	<b>16:22.5</b>	5:27.5
45	Zain Alemi	11	525	1109	<b>16:45.4</b>	5:35.1
46	Daniel Yip	11	521		<b>16:46.2</b>	5:35.4
50	Trevor Cottom	10	540		<b>17:10.2</b>	5:43.4
51	Sebastian Nicholas	10	505	1040	<b>17:22.7</b>	5:47.6
52	Max Backer	9			<b>17:23.4</b>	5:47.8

### 3 Miles Varsity

#### Official Team Scores

1	Del Norte	41
2	Poway	71
3	Rancho Bernardo	77
4	Westview	81
5	Mt Carmel	89
6	Mission Hills	159



### 3 Miles Junior Varsity

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
7	Minseo Sakong	10	528	1118	<b>17:25.8</b>	5:48.6
30	Jacob Stoffers	10	548	1159	<b>18:15.0</b>	6:05.0
31	Jonathan Ng	11	542	1153	<b>18:24.1</b>	6:08.0
33	Lucas Bradbury	11	539	1203	<b>18:29.6</b>	6:09.9
45	David Zhang	12		1300	<b>19:23.4</b>	6:27.8
62	Alexander Hoxha	11	610	1320	<b>20:53.1</b>	6:57.7

### 3 Miles JV

#### Official Team Scores

1	Del Norte	22
2	Mt Carmel	72
3	Poway	72
4	Westview	73
5	Rancho Bernardo	130
6	Mission Hills	178

### 3 Miles Frosh

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
15	Tevin Sessoms	9	605	1239	<b>19:07.2</b>	6:22.4
22	Kai Pisor	9	615	1316	<b>20:15.9</b>	6:45.3
27	Jacob Tesiero	9	650	1352	<b>20:41.3</b>	6:53.8
34	Kyle Clayton	9	636	1426	<b>22:48.6</b>	7:36.2
35	Lukasz Odwazny	9	705	1525	<b>23:38.7</b>	7:52.9

### 3 Miles Frosh

#### Official Team Scores

1	Del Norte	23
2	Westview	41
3	Rancho Bernardo	79



# Jaguar Kit Carson XC Invitational

Friday, October 25, 2024 Kit Carson Park ~ Escondido, CA

## Girls Results

### 2.75 Miles Black Division Varsity

PL	NAME	GR	FINISH	PACE
9	Riley Desbois	10	<b>18:43.4</b>	6:48.5
19	Anvi Kakar	12	<b>19:26.6</b>	7:04.2
29	Meadow Cannon	12	<b>20:00.2</b>	7:16.4
35	Savannah Maguire	10	<b>20:18.0</b>	7:22.9
47	Rheya Cummins	12	<b>20:47.8</b>	7:33.7
51	Charlize Chammas	11	<b>20:57.2</b>	7:37.2
56	Emilie Carter	11	<b>21:05.5</b>	7:40.2
61	Angelina Barron	10	<b>21:30.1</b>	7:49.1
65	Emily Lorenz	10	<b>21:45.8</b>	7:54.8
90	Madilyn Fuentes	9	<b>26:57.1</b>	9:48.0

### 2.75 Miles Varsity

#### Official Team Scores

1	Del Norte	55
2	Valley Center	57
3	Trabuco Hills	83
4	Rancho Bernardo	110
5	San Dieguito Academy	134
6	Granite Hills	148
7	Mission Hills	171
8	Paloma Valley	223
9	Westview	225
10	Heritage (Menifee)	226
11	Mission Vista	246
12	Palo Verde	330



# Jaguar Kit Carson XC Invitational

Friday, October 25, 2024 Kit Carson Park ~ Escondido, CA

## Boys Results

### 3.05 Miles Black Division JV

PL	NAME	GR	FINISH	PACE
26	Zain Alemi	11	<b>18:16.0</b>	5:59.3
33	Daniel Yip	11	<b>18:30.6</b>	6:04.1
37	Max Backer	9	<b>18:34.8</b>	6:05.5
42	Trevor Cottom	10	<b>18:56.2</b>	6:12.5
51	Minseo Sakong	10	<b>19:07.3</b>	6:16.2
76	Sebastian Nicholas	10	<b>20:10.0</b>	6:36.7
77	David Zhang	12	<b>20:13.5</b>	6:37.9
83	Jacob Stoffers	10	<b>20:24.3</b>	6:41.4
86	Jonathan Ng	11	<b>20:28.7</b>	6:42.8
102	Lucas Bradbury	11	<b>21:41.3</b>	7:06.7

### 3.05 Miles JV

#### Official Team Scores

1 Del Norte	24
2 Granite Hills	87
3 Valley Center	97
4 Calvin Christian	120
5 Rancho Bernardo	125
6 Canyon Crest Academy	147
7 Westview	161
8 San Dieguito Academy	189
9 Mission Vista	242
10 Mission Hills	282

### 3.05 Miles Black/Teal Division Frosh

PL	NAME	GR	FINISH	PACE
5	Tevin Sessoms	9	<b>19:22.2</b>	5:32.1
47	Cole Miller	9	<b>21:26.3</b>	6:07.5
54	Jacob Tesiero	9	<b>21:56.1</b>	6:16.0
60	Kai Pisor	9	<b>22:13.4</b>	6:21.0
93	Kyle Clayton	9	<b>24:20.2</b>	6:57.2
109	Lukasz Odwazny	9	<b>29:05.9</b>	8:18.8

### 3.05 Miles JV

#### Official Team Scores

1 Point Loma	66
2 Del Norte	70
3 Otay Ranch	87
4 Scripps Ranch	105
5 Mission Vista	120
6 Paloma Valley	136
7 Bonita Vista	162
<b>8 Rancho Bernardo</b>	<b>181</b>
9 Escondido Charter	191



# 76th Annual Mt. SAC XC Invitational

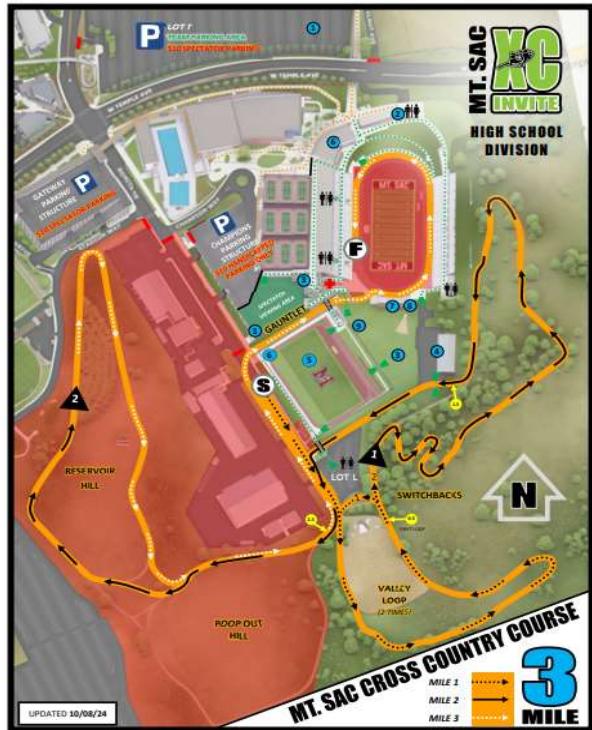
Saturday, October 26, 2024 Mt. San Antonio College ~ Walnut, CA



## Girls Results

### 3.0 Miles D1&2 Individual Sweepstakes

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
18	Riley Biddle	10	544	1215	<b>18:43</b>	6:14
39	Kate Hendrickson	12	559	1314	<b>20:06</b>	6:42
42	Anna Grant	11	600	1321	<b>20:07</b>	6:42
54	Livia Dangio	11	559	1311	<b>20:22</b>	6:47
98	Sophia Baccei	11	639	1449	<b>22:35</b>	7:31
111	Rebecca Davis	10	644	1553	<b>24:32</b>	8:10
112	Ruby Norton	10	644	1601	<b>24:37</b>	8:12



### Official Team Scores

1	Crescenta Valley	110
2	Arcadia	116
3	Vista Murrieta	157
4	Clovis West	159
5	Poly (Long Beach)	166
6	Patrick Henry	179
7	Ayala	188
8	Peninsula	201
<b>9</b>	<b>Rancho Bernardo</b>	<b>225</b>
10	Canyon Crest Academy	235
11	Santa Monica	244
12	Westview	276
13	Norco	316
14	Helix	318
15	Westlake	333
16	Rancho Cucamonga	355
17	Etiwanda	402



# 76th Annual Mt. SAC XC Invitational

Saturday, October 26, 2024 Mt. San Antonio College ~ Walnut, CA

## Boys Results

### 3.0 Miles D1&2 Individual Sweepstakes

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
2	Camden Luecht	12	454	1007	<b>15:20</b>	5:06
43	Naoya Mizui	12	516	1104	<b>16:44</b>	5:34
54	Devin Cottom	11	513	1111	<b>17:03</b>	5:41
56	Jose Ramirez	12	520	1127	<b>17:05</b>	5:41
81	Jayden Moffit	11	506	1120	<b>17:32</b>	5:50
94	Antonio Ramirez	9	532	1155	<b>18:00</b>	6:00
116	William Liu	11	525	1129	<b>22:21</b>	7:27

### Official Team Scores

1	Santiago (Corona)	147
2	La Serna	161
3	Valley View	164
4	Ventura	171
5	Poway	174
6	Steele Canyon	194
7	Eleanor Roosevelt	196
8	Lancaster	210
9	Fountain Valley	216
<b>10</b>	<b>Rancho Bernardo</b>	<b>220</b>
11	University Irvine	226
12	Chaffey	245
13	Northwood	257
14	Camarillo	269
15	Pleasant Grove	269
16	Cajon	304



# Palomar League JV Cluster #3



Friday, November 1, 2024 @ Kit Carson Park CC Course

## Girls Results

### 3.0 Miles JV

PL	FIRST	GR	FINISH	PACE
4	Rebecca Davis	10	<b>22:08.2</b>	7:22.7
9	Emily Lorenz	10	<b>22:43.0</b>	7:34.3
10	Ruby Norton	10	<b>22:54.6</b>	7:38.2
15	Savannah Maguire	10	<b>23:04.2</b>	7:41.4
25	Charlize Chammas	11	<b>24:06.3</b>	8:02.1
30	Emilie Carter	11	<b>24:18.8</b>	8:06.3
33	Angelina Barron	10	<b>24:36.8</b>	8:12.3
40	Rayna Lim	9	<b>25:28.0</b>	8:29.3
49	Madilyn Fuentes	9	<b>27:55.7</b>	9:18.6

### 3.0 Miles JV

#### Official Team Scores

1 Mission Hills	42
2 Del Norte	45
<b>3 Rancho Bernardo</b>	<b>48</b>
4 Westview	81

### 3.0 Miles Senior

PL	NAME	GR	FINISH	PACE
1	Meadow Cannon	12	<b>23:26.6</b>	7:41.2



# Palomar League JV Cluster #3

Friday, November 1, 2024 @ Kit Carson Park CC Course

## Boys Results

### 3.0 Miles JV

PL	NAME	GR	FINISH	PACE
19	Minseo Sakong	10	<b>19:11.4</b>	6:17.5
26	Tevin Sessoms	9	<b>19:30.3</b>	6:23.7
40	Jonathan Ng	11	<b>20:08.8</b>	6:36.3
46	Jacob Stoffers	10	<b>20:23.3</b>	6:41.1
54	Lucas Bradbury	11	<b>20:47.7</b>	6:49.1
65	Jacob Tesiero	9	<b>21:26.5</b>	7:01.8
68	Kai Pisor	9	<b>21:40.7</b>	7:06.5
81	Alexander Hoxha	11	<b>23:15.9</b>	7:37.7
89	Pouria Ebadi Haghghi	10	<b>23:54.8</b>	7:50.4
93	Lukasz Odwazny	9	<b>25:27.3</b>	8:20.8

### 3.0 Miles JV

#### Official Team Scores

1 Del Norte	29
2 Mt Carmel	56
3 Westview	56
4 Poway	98
<b>5 Rancho Bernardo</b>	<b>137</b>
6 Mission Hills	168

### 3.0 Miles Senior

PL	NAME	GR	FINISH	PACE
4	David Zhang	12	<b>20:08.8</b>	6:36.3





# UC Postal 2-Mile

Saturday, November 2, 2024 @ University City High School

## Girls Results

### 2 Miles Varsity - Section 1

PLACE (overall)	PL	NAME	GR	FINISH	PACE
45	12	Livia Dangio	11	<b>11:59.3</b>	5:59.6
78	16	Sophia Baccei	11	<b>12:30.1</b>	6:15.0

Name	402m	804m	1206m	1609m	2011m	2413m	2815m	3218m
Livia Dangio	84	247	418	550	723	857	1030	<b>11:59</b>
Sophia Baccei	84	257	431	606	743	919	1102	<b>12:31</b>



# UC Postal 2-Mile

Saturday, November 2, 2024 @ University City High School

## Boys Results

2 Miles Varsity - Section 1

PLACE (overall)	PL	NAME	GR	FINISH	PACE
2	2	Camden Luecht	12	9:21.3	4:40.7
40	12	Naoya Mizui	12	10:05.6	5:02.8
42	14	Jayden Moffit	11	10:06.0	5:03.0
45	27	Jose Ramirez	12	10:07.5	5:03.7
110	10	Zain Alemi	11	10:38.5	5:19.3
148	36	Antonio Ramirez	9	10:48.5	5:24.3
161	16	Sebastian Nicholas	10	10:51.4	5:25.7
162	28	Daniel Yip	11	10:52.0	5:26.0
229	38	Trevor Cottom	10	11:16.3	5:38.1

## SPLITS

Name	402m	804m	1206m	1609m	2011m	2413m	2815m	3218m
Camden Luecht	65	215	326	436	549	702	816	9:21
Naoya Mizui	72	227	344	500	618	736	856	10:07
Jayden Moffit	76	230	348	504	618	735	853	10:05
Jose Ramirez	76	229	348	504	617	735	852	10:06
Zain Alemi	75	235	357	517	641	806	930	10:48
Antonio Ramirez	76	234	355	514	637	757	919	10:38
Sebastian Nicholas	76	234	355	515	635	803	928	10:52
Daniel Yip	78	240	402	526	652	822		11:16
Trevor Cottom	79	241	403	523	645	808	931	10:51

# UC Postal 2-Mile

Saturday, November 2, 2024 @ University City High School

## **Combined Team Score (Top 10 of 32 schools with 5 or more runners)**

# North County Conference Championships

Saturday, November 9, 2024 @ Kit Carson Course - Escondido, CA



## Girls Results

### 3.05 Miles Palomar League

PL	FIRST	GR	1MILE	2MILE	FINISH	PACE
3	Riley Biddle	10	5:57	12:07	<b>18:56.8</b>	6:12.7
10	Anna Grant	11	6:13	12:51	<b>19:51.3</b>	6:30.6
12	Kate Hendrickson	12	6:17	13:05	<b>19:56.5</b>	6:32.3
19	Riley Desbois	10	6:35	13:29	<b>20:41.3</b>	6:47.0
20	Livia Dangio	11	6:20	13:17	<b>20:43.2</b>	6:47.6
37	Emily Lorenz	10	6:46	14:10	<b>22:13.2</b>	7:17.1
41	Sophia Baccei	11	6:44	14:17	<b>22:27.0</b>	7:21.6
49	Rebecca Davis	10	6:54	14:35	<b>22:57.9</b>	7:31.8
50	Savannah Maguire	10	6:58	14:35	<b>23:05.3</b>	7:34.2
56	Meadow Cannon	12	7:19	15:37	<b>24:11.9</b>	7:56.0
59	Charlize Chammas	11	7:19	15:37	<b>24:17.2</b>	7:57.8

### Official Team Scores

1 Del Norte	25
2 Poway	63
<b>3 Rancho Bernardo</b>	<b>64</b>
4 Mt Carmel	79
5 Mission Hills	129
6 Westview	143



LEAGUE STANDINGS		
FINAL	WINS	LOSSES
1 Del Norte	20	0
2 Poway	16	4
<b>3 Rancho Bernardo</b>	<b>10</b>	<b>10</b>
4 Mt Carmel	10	10
5 Westview	2	18
6 Mission Hills	2	18

# North County Conference Championships

Saturday, November 9, 2024 @ Kit Carson Course - Escondido, CA

## Boys Results

### 3.05 Miles Palomar League

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
1	Camden Luecht	12	4:57	10:18	<b>15:45.5</b>	5:10.0
10	Jose Ramirez	12	5:11	10:46	<b>16:44.0</b>	5:29.2
13	Naoya Mizui	12	5:17	11:03	<b>17:08.7</b>	5:37.3
35	William Liu	11	5:27	11:35	<b>18:08.0</b>	5:56.7
39	Zain Alemi	11	5:32	11:43	<b>18:19.3</b>	6:00.4
46	Daniel Yip	11	5:44	11:58	<b>18:37.7</b>	6:06.5
48	Trevor Cottom	10	5:44	11:58	<b>18:40.5</b>	6:07.4
49	Sebastian Nicholas	10	5:44	12:07	<b>18:48.7</b>	6:10.1
51	Devin Cottom	11	5:32	11:50	<b>19:03.8</b>	6:15.0
54	Max Backer	9	5:48	12:16	<b>19:08.8</b>	6:16.7
60	Antonio Ramirez	9	5:44	12:12	<b>19:35.4</b>	6:25.4
64	Jayden Moffit	11	5:32		<b>21:05.9</b>	6:55.0

### Official Team Scores

1 Poway	51
2 Del Norte	55
3 Westview	68
<b>4 Rancho Bernardo</b>	<b>88</b>
5 Mt Carmel	112
6 Mission Hills	139



### LEAGUE STANDINGS

FINAL	WINS	LOSSES
1 Del Norte	18	2
2 Poway	16	4
<b>3 Rancho Bernardo</b>	<b>10</b>	<b>10</b>
4 Westview	9	11
5 Mt Carmel	7	13
6 Mission Hills	0	20



# CIF San Diego Section Championships

Saturday, November 16, 2024 @ Morley Field XC Course ~ San Diego, CA

## 2.96 Miles Div I Girls

PL	FIRST	GR	1MILE	2MILE	FINISH	PACE
8	Riley Biddle	10	5:44	12:26	<b>18:33.8</b>	6:16.3
16	Kate Hendrickson	12	6:09	13:10	<b>19:10.1</b>	6:28.5
26	Anna Grant	11	6:14	13:14	<b>19:29.1</b>	6:35.0
39	Riley Desbois	10	6:19	13:56	<b>20:02.7</b>	6:46.3
48	Livia Dangio	11	6:35	13:46	<b>20:31.8</b>	6:56.1
78	Savannah Maguire	10	6:51	14:29	<b>21:27.7</b>	7:15.0
89	Sophia Baccei	11	6:46	14:53	<b>22:04.5</b>	7:27.5

1	Del Norte	33
2	Canyon Crest Academy	88
3	Poway	101
4	Patrick Henry	105
<b>5</b>	<b>Rancho Bernardo</b>	<b>137</b>
6	Eastlake	192
7	Torrey Pines	196
8	Mission Hills	224
9	El Camino (Oceanside)	249
10	Helix	279
11	Westview	283
12	Carlsbad	291
13	Granite Hills	353
14	Otay Ranch	358
15	Olympian	379
16	Calexico	474
17	Sweetwater	489



# CIF San Diego Section Championships

Saturday, November 16, 2024 @ Morley Field XC Course ~ San Diego, CA



## 2.96 Miles Div I Boys

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
2	Camden Luecht	12	4:58	10:23	<b>15:15.0</b>	5:09.1
21	Naoya Mizui	12	5:23	11:13	<b>16:26.2</b>	5:33.2
26	Jose Ramirez	12	5:23	11:13	<b>16:32.7</b>	5:35.4
48	Jayden Moffit	11	5:17	11:21	<b>17:01.5</b>	5:45.1
61	William Liu	11	5:38	11:44	<b>17:21.0</b>	5:51.7
96	Antonio Ramirez	9	5:47	12:06	<b>17:58.4</b>	6:04.3
122	Devin Cottom	11	5:33	12:37	<b>18:55.2</b>	6:23.5



1	Del Norte	65
2	Poway	68
3	Westview	104
4	Torrey Pines	118
<b>5</b>	<b>Rancho Bernardo</b>	<b>158</b>
6	Carlsbad	188
7	Helix	190
8	San Marcos	207
9	Mira Mesa	265
10	Otay Ranch	270
11	El Camino (Oceanside)	277
12	Olympian	292
13	Mission Hills	315
14	Patrick Henry	344
15	Canyon Crest Academy	348
16	Granite Hills	401
17	Eastlake	435
18	Sweetwater	490
19	San Ysidro	598

# CIF San Diego Section Championships

Saturday, November 16, 2024 @ Morley Field XC Course ~ San Diego, CA



# 37th CIF State Championships

Saturday, November 30, 2024 @ Woodward Park, Fresno CA



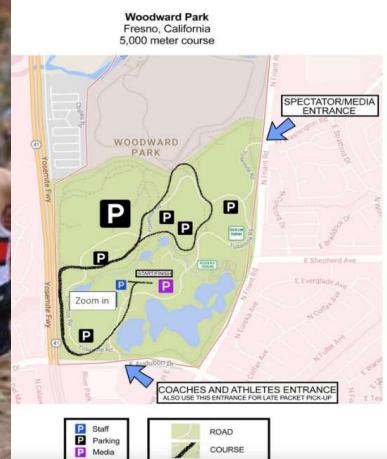
## 5K Div I Girls

PL	NAME (bib#)	GR	1MILE (PL)	2.05 MILE (PL)	FINISH	PACE
66	Riley Biddle (1425)	10	5:47.3 (68)	12:48.1 (61)	<b>18:55.1</b>	6:05.0



## 5K Div I Boys

PL	NAME (bib#)	GR	1MILE (PL)	2.05 MILE (PL)	FINISH	PACE
13	Camden Luecht	12	4:48.1 (9)	10:29.5 (13)	<b>15:25.8</b>	4:57.7



# RANCHO BERNARDO HIGH SCHOOL GIRLS CROSS COUNTRY HISTORY

<b>GIRLS</b>				
YEAR	LEAGUE	COACH	RECORD	PLACE
1990	AVOCADO	DON JONES	5 WINS - 2 LOSSES	3RD
1991	AVOCADO	DON JONES	5 WINS - 2 LOSSES	3RD
1992	PALOMAR	DON JONES	3 WINS - 4 LOSSES	4TH
1993	PALOMAR	DON JONES	3 WINS - 4 LOSSES	5TH
1994	PALOMAR	DON JONES	4 WINS - 3 LOSSES	3RD
1995	PALOMAR	DON JONES	6 WINS - 1 LOSSES	2ND
1996	PALOMAR	DON JONES	4 WINS - 3 LOSSES	5TH
1997	PALOMAR	DON JONES	5 WINS - 2 LOSSES	2ND
1998	PALOMAR	DON JONES	5 WINS - 0 LOSSES	1ST
1999	PALOMAR	DON JONES	5 WINS - 0 LOSSES	1ST
2000	PALOMAR	TERRY DOCKERY	3 WINS - 2 LOSSES	3RD
2001	PALOMAR	TERRY DOCKERY	4 WINS - 1 LOSSES	2ND
2002	PALOMAR	TERRY DOCKERY	7 WINS - 3 LOSSES	2ND
2003	PALOMAR	TERRY DOCKERY	10 WINS - 0 LOSSES	1ST (TIE)
2004	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST
2005	PALOMAR	TERRY DOCKERY	4 WINS - 6 LOSSES	4TH
2006	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2007	PALOMAR	TERRY DOCKERY	6 WINS - 3 LOSSES	2ND
2008	PALOMAR	TERRY DOCKERY	10 WINS - 0 LOSSES	1ST
2009	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST
2010	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2011	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2012	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST (TIE)
2013	PALOMAR	TERRY DOCKERY	16 WINS - 4 LOSSES	2ND
2014	PALOMAR	TERRY DOCKERY	11 WINS - 9 LOSSES	3RD
2015	PALOMAR	TERRY DOCKERY	15 WINS - 5 LOSSES	2ND
2016	PALOMAR	TERRY DOCKERY	14 WINS - 6 LOSSES	3RD
2017	PALOMAR	TERRY DOCKERY	20 WINS - 0 LOSSES	1ST
2018	PALOMAR	TERRY DOCKERY	14 WINS - 2 LOSSES	1ST (TIE)
2019	PALOMAR	TERRY DOCKERY	8 WINS - 8 LOSSES	3RD (TIE)
2020	PALOMAR	TERRY DOCKERY	5 WINS - 0 LOSSES	1ST
2021	PALOMAR	TERRY DOCKERY	5 WINS - 15 LOSSES	5TH
2022	PALOMAR	BOB MUSHECK	8 WINS - 12 LOSSES	5TH
2023	PALOMAR	TERRY DOCKERY	12 WINS - 8 LOSSES	3RD
2024	PALOMAR	TERRY DOCKERY	10 WINS - 10 LOSSES	3RD (TIE)

OVERALL RECORD : 270 WINS - 132 LOSSES (.677%)

# RANCHO BERNARDO HIGH SCHOOL

## BOYS CROSS COUNTRY HISTORY

<b>BOYS</b>				
<b>YEAR</b>	<b>LEAGUE</b>	<b>COACH</b>	<b>RECORD</b>	<b>PLACE</b>
1990	AVOCADO	DON JONES	3 WINS - 4 LOSSES	6TH
1991	AVOCADO	DON JONES	3 WINS - 4 LOSSES	3RD
1992	PALOMAR	DON JONES	4 WINS - 3 LOSSES	3RD
1993	PALOMAR	DON JONES	6 WINS - 1 LOSSES	2ND
1994	PALOMAR	DON JONES	5 WINS - 2 LOSSES	2ND
1995	PALOMAR	DON JONES	2 WINS - 5 LOSSES	5TH
1996	PALOMAR	DON JONES	7 WINS - 0 LOSSES	2ND
1997	PALOMAR	DON JONES	3 WINS - 4 LOSSES	5TH
1998	PALOMAR	DON JONES	0 WINS - 5 LOSSES	5TH
1999	PALOMAR	DON JONES	1 WIN - 4 LOSSES	5TH
2000	PALOMAR	TERRY DOCKERY	0 WINS - 5 LOSSES	6TH
2001	PALOMAR	TERRY DOCKERY	0 WINS - 5 LOSSES	6TH
2002	PALOMAR	TERRY DOCKERY	4 WINS - 6 LOSSES	4TH
2003	PALOMAR	TERRY DOCKERY	5 WINS - 5 LOSSES	3RD
2004	PALOMAR	TERRY DOCKERY	3 WINS - 7 LOSSES	4TH
2005	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST
2006	PALOMAR	TERRY DOCKERY	8 WINS - 2 LOSSES	2ND
2007	PALOMAR	TERRY DOCKERY	7 WINS - 2 LOSSES	2ND
2008	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2009	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2010	PALOMAR	TERRY DOCKERY	10 WINS - 0 LOSSES	1ST
2011	PALOMAR	TERRY DOCKERY	3 WINS - 7 LOSSES	4TH
2012	PALOMAR	JAYSON FULTZ	1 WIN - 9 LOSSES	5TH (TIE)
2013	PALOMAR	JOHN COLSON	0 WIN - 20 LOSSES	6TH
2014	PALOMAR	JOHN COLSON	11 WINS - 9 LOSSES	3RD
2015	PALOMAR	JOHN COLSON	17 WINS - 3 LOSSES	1ST
2016	PALOMAR	JOHN COLSON	9 WINS - 11 LOSSES	4TH
2017	PALOMAR	JOHN COLSON	8 WINS - 12 LOSSES	4TH
2018	PALOMAR	JOHN COLSON	6 WINS - 10 LOSSES	3RD (TIE)
2019	PALOMAR	JOHN COLSON	1 WIN - 15 LOSSES	5TH
2020	PALOMAR	JOSE RAMIREZ	0 WIN - 5 LOSSES	5TH
2021	PALOMAR	BOB MUSHECK	2 WIN - 18 LOSSES	6TH
2022	PALOMAR	BOB MUSHECK	10 WIN - 10 LOSSES	3RD
2023	PALOMAR	BOB MUSHECK	10 WIN - 10 LOSSES	3RD (TIE)
2024	PALOMAR	KEVIN SCHUBERT	10 WIN - 10 LOSSES	3RD

OVERALL RECORD : 180 WINS - 222 LOSSES (.448%)

# RBHS ALL-TIME TOP 10 LIST

## BOYS

BRONCO ROUND-UP KIT CARSON 2 MILE (RECORDS START 2005 DUE TO CHANGE IN COURSE \*\*CHANGED IN 2021)

RANK	NAME	TIME	YEAR
1	CAMDEN LUECHT	9:52	2024
2	DIMITRI VOYTILLA	9:53	2011
3	GEOFF BOGAN	9:53	2009
4	BRENDAN GEE	10:01	2012
5	NOAH RESTO	10:02	2009
6	FUYUKI KUROIWA	10:02	2016
7	PARKER STINSON	10:03	2007
8	MIKIO KUROIWA	10:03	2014
9	SENRI KUROIWA	10:05	2016
10	WYATT HILL	10:06	2014

## GIRLS

RANK	NAME	TIME	YEAR
1	MOLLY GRABILL	10:53	2009
2	DANIELLE VOYLES	11:23	2012
3	NIA AKINS	11:34	2015
4	RILEY BIDDLE	11:38	2024
5	JACEY FARMER	11:39	2019
6	ASHLEY LEARN	11:44	2019
7	LAUREN VOYLES	11:44	2012
8	CAROLINE DRAPER	11:47	2007
9	KATIE SAMMER	12:00	2013
10	KRISTA EGENSE	12:02	2005

**MT. SAC COURSE (3.0 MILES starting 2024 prior 2.93 MILES)**

RANK	NAME	TIME	YEAR	2.93
1	CAMDEN LUECHT	15:20	2024	14:58
2	PARKER STINSON	15:33	2007	15:12
3	COLTON TULLY-DOYLE	15:38	2005	15:17
4	KEVIN MIHALIK	15:45	2011	15:23
5	GEOFF BOGAN	15:51	2010	15:29
6	NOAH RESTO	15:54	2009	15:32
7	CARL DARGITZ	15:55	2005	15:33
8	BRENDAN GEE	16:01	2012	15:39
9	DIMITRI VOYTILLA	16:04	2010	15:42
10	BURAK TUFECI	16:06	2015	15:44

RANK	NAME	TIME	YEAR	2.93
1	MOLLY GRABILL	17:04	2009	16:41
2	JACEY FARMER	18:21	2021	17:56
3	NIA AKINS	18:26	2015	18:01
4	DANIELLE VOYLES	18:28	2012	18:03
5	BRYANNA FULLER	18:35	2014	18:09
6	RILEY BIDDLE	18:43	2024	18:16
7	CAROLINE DRAPER	18:46	2008	18:20
8	ASHLEY LEARN	18:51	2017	18:25
9	LAUREN VOYLES	18:53	2011	18:27
10	MICHELLE LEROUX	19:01	2009	18:35

**c = convert to 2024 course 3.0 MILES**

**MORLEY FIELD CIF COURSE (BOYS 2.96 MILES - GIRLS 2.96 MILES) \*\* New Course as of 2017 \*\***

RANK	NAME	TIME	YEAR
1	CAMDEN LUECHT	15:15	2024
2	TREVOR BOAZ	15:43	2018
3	LUIS BARRON	15:46	2018
4	BRANDON DAY	15:59	2022
5	JUSTIN FERGUSON	16:11	2018
6	VAUGHN LACOUR	16:12	2021
7	BOBBY SANTOS	16:13	2017
8	ROWAN NICHOLAS	16:16	2022
9	NAOYA MIZUI	16:27	2024
10	MAX SCHALLER	16:30	2023

RANK	NAME	TIME	YEAR
1	JACEY FARMER	17:27	2021
2	ASHLEY LEARN	18:14	2018
3	AUDRA SUTHERLAND	18:26	2021
4	RILEY BIDDLE	18:34	2024
5	EMMA GEORGE	18:39	2019
6	ALLISON BOAZ	19:04	2017
7	ALYSSA TIVADAR	19:11	2017
8	KATE HENDRICKSON	19:11	2024
9	MADISON LORENZ	19:15	2023
10	VICTORIA DINOV	19:21	2019

**MORLEY FIELD CIF COURSE (BOYS 3.05 MILES - GIRLS 2.75 MILES) \*\* before 2017 \*\***

RANK	NAME	TIME	YEAR	c
1	KEVIN MIHALIK	15:54	2011	15:25
2	SEAN RICKETTS	15:55	1998	15:26
3	COLTON TULLY-DOYLE	16:04	2005	15:35
4	DIMITRI VOYTILLA	16:15	2011	15:46
5	JEFF MEISNER	16:16	1994	15:47
6	PARKER STINSON	16:22	2007	15:53
7	FUYUKI KUROIWA	16:31	2016	16:01
8	JEFF STEWART	16:32	2014	16:02
9	RYAN SHORT	16:33	1994	16:03
10	WYATT HILL	16:35	2014	16:05

RANK	NAME	TIME	YEAR	c
1	MOLLY GRABILL	*15:25	2009/10	16:36
2	LINDSAY DELAMONTAIGNE	16:03	2001	17:16
3	JULIE MANSON	16:23	1999	17:38
4	KATIE SAMMER	16:25	2013	17:40
5	DANIELLE VOYLES	16:33	2012	17:48
6	ALLISON HALL	16:36	1999	17:52
7	NIA AKINS	16:40	2015	17:56
8	CAROLINE DRAPER	16:41	2008	17:57
9	ELISA KARHU	16:45	2009	18:01
10	LAUREN VOYLES	16:48	2011	18:04

\*course recorded

**WOODWARD PARK STATE MEET COURSE (5000 Meters)**

RANK	NAME	TIME	YEAR
1	CAMDEN LUECHT	15:26	2024
2	SEAN RICKETTS	15:37	1999
3	PARKER STINSON	15:38	2007
4	KEVIN MIHALIK	15:40	2011
5	ANTHONY GIROLAMO	15:52	2010
6	GEOFF BOGAN	15:58	2010
7	FUYUKI KUROIWA	16:00	2015
8	DIMITRI VOYTILLA	16:01	2010
9	WYATT HILL	16:01	2014
10	FUYUKI KUROIWA	16:04	2016

RANK	NAME	TIME	YEAR
1	MOLLY GRABILL	17:06	2009
2	JACEY FARMER	17:41	2021
3	LINDSAY DELAMONTAIGNE	17:57	2004
4	CAROLINE DRAPER	18:14	2008
5	NIA AKINS	18:15	2015
6	KATIE SAMMER	18:22	2013
7	ASHLEY LEARN	18:24	2018
8	ELISA KARHU	18:25	2009
9	KALEENA YEE	18:30	1997
10	JULIE MANSON	18:31	1999

**RANCHO BERNARDO HIGH SCHOOL  
CROSS COUNTRY  
ALL-LEAGUE SELECTIONS (FINISH IN TOP 10)**

**GIRLS**

LEAH BROWN (1991, 1992)  
LAURA LEECH (1992)  
KAREN RICHTER (1993)  
SARAH WILKINS (\*1995, 1996, 1998)  
CHRISTINE KITCHEN (1995)  
JULIE MANSON (1996, 1997, \*1998, \*1999)  
KALEENA YEE (1997, 1999, 2000)  
KATIE BOYD (1997, 1998)  
ALLISON HALL (1998, 1999, 2000, 2001)  
JAMIE DOYLE (1999)  
LINDSAY DELAMONTAIGNE (\*2001, 2002, 2003, 2004)  
AIMEE BRADLEY (2002)  
AMY SONNENBURG (2002)  
AHNALISE DRAPER (2002)  
DANA GERSTEN (2003)  
KIYARA IRAVANIAN (2004)  
KRISTA EGENSE (2004, 2005, 2006)  
CAROLINE DRAPER (2006, 2007, 2008)  
MOLLY GRABILL (2007, \*2008, \*2009, \*2010)  
MICHELLE LEROUX (2008, 2009)  
DARINA DINOV (2008, 2009)  
ELISA KARHU (2009)  
DANIELLE VOYLES (2011,2012)  
LAUREN VOYLES (2011, 2012)  
NIA AKINS (2012, \*2013, 2014, \*2015)  
KATIE SAMMER (2013)  
BRYANNA FULLER (2014)  
KASSADY LEARN (2014,2016)  
SYDNEY PRESNELL (2015)  
ALI HARPER (2016)  
ALYSSA TIVADAR (2017)  
ALLISON BOAZ (2017)  
ASHLEY LEARN (2017, 2018, 2019)  
JACEY FARMER (\*2018,\*2021)  
EMMA GEORGE (2019)  
AUDRA SUTHERLAND (2021,2022)  
**RILEY BIDDLE (2023, 2024)**  
**ANNA GRANT (2024)**

\* LEAGUE CHAMPION

**RANCHO BERNARDO HIGH SCHOOL  
CROSS COUNTRY  
ALL-LEAGUE SELECTIONS (FINISH IN TOP 10)**

**BOYS**

SCOTT KOLENIC (1990, 1991, 1992)  
JOSE LUNA (1992)  
JEFF MEISNER (1993, 1994)  
RYAN SANDERS (1993)  
RYAN SHORT (1994)  
ERON TELLO (1995, 1996)  
MATT GALAVIZ (1996)  
SEAN RICKETTS (1996, 1997, \*1998, 1999)  
MATT LEETCH (2002)  
BRETT THOMASON (2002)  
MATT SCHUBERT (2003)  
COLTON TULLY-DOYLE (2004, 2005)  
CARL DARGITZ (2005)  
PARKER STINSON (2006, \*2007)  
JARED FENLASON (2006)  
JAKE WERTNER (2006)  
SEAN PROEHL (2007)  
NOAH RESTO (2007, 2008, 2009)  
ANTHONY GIROLAMO (2008, 2010)  
KEVIN MIHALIK (2010, 2011)  
DIMITRI VOYTILLA (2011)  
BRENDAN GEE (2012)  
ALEX GRIGORIEV (2012)  
WYATT HILL (2014)  
JEFFREY STEWART (2014)  
FUYUKI KUROIWA (2015,2016)  
TRISTAN CAPARAS (2015)  
SENRI KUROIWA (2016)  
BOBBY SANTOS (2017)  
TREVOR BOAZ (2018)  
MILES JONES (2019)  
BRANDON DAY (2022)  
MAX SCHALLER (2023)  
**CAMDEN LUECHT (2021, 2022, 2023, \*2024)**  
**JOSE RAMIREZ (2024)**

\* LEAGUE CHAMPION

## RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY SAN DIEGO SECTION ALL-CIF SELECTIONS (FINISH IN TOP 20)

### GIRLS

LEAH BROWN (1992)  
LAURA LEECH (1992)  
KAREN RICHTER (1993)  
SARAH WILKINS (1995, 1996)  
JULIE MANSON (1996, 1997, 1998, 1999)  
KALEENA YEE (1997, 1999)  
ALLISON HALL (1998, 1999, 2001)  
JAMIE DOYLE (1999)  
LINDSAY DELAMONTAIGNE (2001, 2002, 2003, 2004)  
CAROLINE DRAPER (2005, 2006, 2007, 2008)  
MOLLY GRABILL (2007, 2008, 2009, 2010)  
ELISA KARHU (2009)  
MICHELLE LEROUX (2009)  
DANIELLE VOYLES (2011, 2012)  
KATIE SAMMER (2013)  
BRYANNA FULLER (2014)  
KASSADY LEARN (2014,2016)  
SYDNEY PRESNELL (2015)  
NIA AKINS (2013, 2014, 2015)  
ALI HARPER (2016)  
ALYSSA TIVADAR (2016,2017)  
ASHLEY LEARN (2017, 2018, 2019)  
ALLISON BOAZ (2017, 2018)  
JACEY FARMER (2018, 2021)  
VICTORIA DINOV (2018, 2019)  
EMMA GEORGE (2019)  
AUDRA SUTHERLAND (2021,2022)  
MADISON LORENZ (2023)  
**RILEY BIDDLE (2024)**  
**KATE HENDRICKSON (2024)**



### SAN DIEGO SECTION CIF CHAMPIONS

MOLLY GRABILL (2007, 2008, 2009, 2010)  
LINDSAY DELAMONTAIGNE (2001, 2004)  
NIA AKINS (2014, 2015)  
JACEY FARMER (2021)  
SARAH WILKINS (1995)

CIF TEAM CHAMPIONSHIP DIVISION 1 GIRLS (1999, 2004, 2018)

**RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY  
SAN DIEGO SECTION ALL-CIF SELECTIONS (FINISH IN TOP 20)**

**BOYS**

SCOTT KOLENIC (1990)  
JEFF MEISNER (1994)  
MATT GALAVIZ (1995)  
SEAN RICKETTS (1996, 1997, 1998, 1999)  
COLTON TULLY-DOYLE (2004, 2005)  
SEAN PROEHL (2007)  
PARKER STINSON (2007)  
GEOFF BOGAN (2010)  
KEVIN MIHALIK (2010, 2011)  
JEFFREY STEWART (2014)  
FUYUKI KUROIWA (2015,2016)  
SENRI KUROIWA (2016)  
BOBBY SANTOS (2017)  
TREVOR BOAZ (2018)  
LUIS BARRON (2018)  
BRANDON DAY (2022)  
ROWAN NICHOLAS (2022)  
**CAMDEN LUECHT (2022, 2023, 2024)**

**SAN DIEGO SECTION CIF CHAMPIONS**

CIF TEAM CHAMPIONSHIP DIVISION 1 BOYS (2005, 2010)

**RANCHO BERNARDO HIGH SCHOOL  
CROSS COUNTRY 2024  
COACHING STAFF AND SUPPORT TEAM**

**HEAD COACH**  
KEVIN SCHUBERT

**GIRLS COACH**  
TERRY DOCKERY

**PRINCIPAL**  
HANS BECKER

**ATHLETIC DIRECTOR**  
TRACY STOWE

**ATHLETIC ASSISTANT**  
TERESA SMALL

**ATHLETIC TRAINER**  
ROBBIE BOWERS, A.T.C.



**THANK YOU FOR SUPPORTING RBHS CROSS COUNTRY 2024!**