



**N·A·N·A·I·M·O  
DIAMONDS**

**2018 - 2019  
REGISTRATION PACKAGE**

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*Contact Us*

*Club:*

*NANAIMODIAMONDS@OUTLOOK.COM*

*Head Coach:*

*NANAIMODIAMONDSHEADCOACH@OUTLOOK.COM*

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# Welcome!

Welcome to the Nanaimo Diamonds Synchronized Swim Club. We are looking forward to start another exciting year swimming.

We are starting the process early this year to have everyone ready to dive in come season opening. Sign up early during the year end Water Show to secure your spot, save money, and receive an exclusive, one-time only Diamonds tank!

If you have friends that wish to join the club please have them contact us at [nanaimodiamonds@outlook.com](mailto:nanaimodiamonds@outlook.com) , to ensure they are on our new swimmers contact list. They will be able to register during our fall registration which will be announced.

## Mission Statement

The Nanaimo Diamonds Synchronized Swim Club fosters a positive environment where swimmers of all abilities have the opportunity to reach their potential.

## Goals and Objectives

- Development of synchronized swimming skills through instruction, practice, and participation in major sanctioned competitions to the best of each team member's abilities.
- Individual growth, focusing on: self-esteem, responsibility, leadership, and physical fitness.
- To foster an environment in which swimmers, coaches, and parents can actively participate in team and club activities.
- To encourage the promotion and enjoyment of the sport of synchronized swimming both as an individual and team member.
- To have FUN!

## Membership fees

- All fees must be paid **prior** to the swimmer starting.
- Membership fees are calculated on an annual basis and divided into monthly installments. The monthly **dues are not based on the number of practices**, and a swimmer not attending multiple practices will not be entitled to any reduction in rates. While the Diamonds may choose to pro-rate the fees of a swimmer joining the club after the start of the season, swimmers taking time off mid-season are expected to maintain their account in good standing during their absence. Any adjustment to membership fees must be endorsed by the Diamonds Executive.

- A swimmer must give a month notice when withdrawing from the Club prior to the season's end. The swimmer is welcome to swim for the withdrawal month.
- Fee will be withdrawn on the 1st Friday of the month through the automated withdraw program (form attached). Complete form, choose "Variable" and attach a void cheque or fill out the banking information. All other fees (extra routine, equipment, raffle, etc.) will be withdrawn on the 3<sup>rd</sup> Friday.
- This year, competitive swimmers will be responsible for their entry fees to the meets. The cost covers figures and team routine. For each extra routine, there will be an additional fee. These fees will be withdrawn on the 2<sup>nd</sup> Friday of the month of the meet. Fundraising can be used to supplement these costs.

## Overarching Provincial and National Entities

The Nanaimo Diamonds Synchronized Swim Club follows and abides by guidelines and policies provided by Synchro BC and Synchro Canada. For details about Synchro BC and Synchro Canada please visit their web sites:

- <http://www.synchro.bc.ca/>
- <http://www.synchro.ca/>

## Team Schedule/Planning

Schedules have not yet been determined. The Provincial and National swimmers will start the third week of August with the boot camp and conditioning. The regular season will begin in September.

All AquaSquirts and Development teams will begin in October.

Coaches will contact swimmers as soon as start dates, schedules and locations are determined.

Coaches will also be organizing parent/team meetings to discuss team schedules, meets and training expectations at the beginning and throughout the season, as required.

The club does not operate on statutory holidays.

## Fundraising

As a non-profit organization, The Diamonds rely on funding from grants and fundraising to operate and augment annual fees and in order to keep fees as low as possible, the Diamonds hold several club fundraising events. Our two main fundraisers are the swim-a-thon and club raffle but other fundraising activities are held throughout the year. **Volunteering your time at fundraising activities, attending or organizing a Club fundraiser will count towards your fundraising hours.** Please refer to the handbook for more information.

### Club fundraisers:

**Swim-a-thon:** Pledges over and above the minimum fee must be submitted to the club.

**Club Raffle:** Swimmers can be reimbursed for their raffle fees by selling tickets. Additional books may be requested to raise more funds. Funds over and above the raffle ticket fee must be submitted to the club.

**Synchro BC Raffle:** Distributed to Development 2, Provincial and Masters teams.

**CO-OP Number 1076769** (use this number when you buy gas at a co-op station)

**Thrifty Foods** – Thrifty Foods will reimburse the club up to \$1,500.00 for the upcoming season. It costs nothing for you to take part in this fundraiser

## **Other possible fundraisers:**

**Bottle Drives**

**Purdy's Chocolates**

**Bowling Nights**

**Cookie Dough**

**Burger and Milkshakes/Beer**

Families are encouraged to participate in fundraising events, as the money made helps out the club as a whole. If you have any fundraising ideas for the club, please e-mail [nanaimodiamonds@outlook.com](mailto:nanaimodiamonds@outlook.com). New ideas are always encouraged.

Competitive teams may wish to organize their own team fundraisers to offset any travel costs with the approval of the board, so as to not overlap with club fundraiser.

Please refer to the handbook for more information.

## **Club Attire**

- Club items can be purchased through the online store: **nanaimodiamonds.jimdo.com**
- Digital 'Shark Cards' to receive discounts at the NAC swim shop will be made available by the Club.
- Please refer to the Handbook for team specific requirements.

## **Travel**

All travel costs are covered by each individual swimmer/family. For out of province travel, teams are expected to cover the cost of coach expenses, as outlined by the Executive.

## **Cancellations/Missed Practice**

Due to personal circumstances, coaches may be unable to attend a practice. As such, all coaches are expected to notify the club and parents at their earliest convenience. If possible, the club will look at finding a sub coach for the practice. If there is not enough time to find a sub coach or if sub coaches are not available then the practice will be cancelled. If a practice is cancelled the club cannot guarantee a make-up day; however, the Executive will investigate options to see if pool time is available.

## **Volunteering**

The Diamonds run on "Volunteer Power". Each athlete shall be responsible for a set number of volunteer hours.

Our entire Club Executive, Registrar, Equipment Manager, Fundraising Coordinator and committee plus so many others are all volunteers. There are also numerous opportunities to volunteer at competitions,

fundraisers, club events and in maintaining the club's bulletin boards, trophy cases and website. If you wish to volunteer in any capacity, or have an idea to help the club, please contact the club via e-mail [nanaimodiamonds@gmail.com](mailto:nanaimodiamonds@gmail.com).

The club will also send out e-mails when volunteer opportunities arise.  
Please refer to the handbook for more information.

## **Opportunities**

- Board member
- Fundraising Committee
- Sell Attire at Water Show
- Volunteer at the Bottle Drive
- Run a fundraiser
- Apply for grants
- Synchro BC Athlete Registration
- Meet registration
- Volunteer at meets
- MC at Water Shows
- Set up and Clean up at year end Banquet
- Sell 50/50 tickets at the Water Shows
- Sell flowers at the Water Shows
- Manage front display case at Beban and NAC
- Team parent (organize travel arrangements, keep track of fundraising activities and funds, organize team events, and other activities as requested by the coach)
- If you have specific skill (web development, dance, yoga, etc) that could be applied, please let us know.

