



Hello, Faith!

Eating well made  
even more simple  
with the Sprig app.

3 taps to a delicious  
meal delivered in  
minutes.

*Enter phone number*

TEXT ME THE APP

SAN FRANCISCO

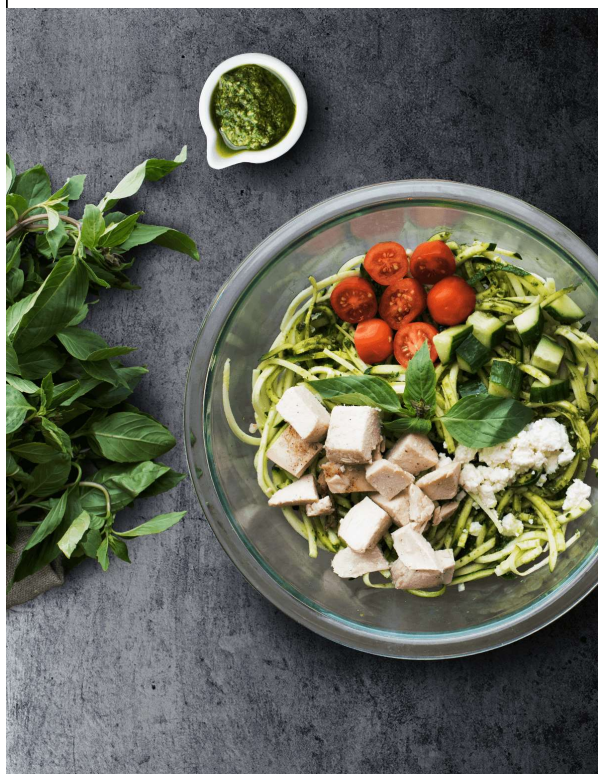
*Today's Lunch  
Menu*

GOING TO

**820 Jones Street**

ETA: **15-25** min.

*Heaping bowl of shredded, raw  
zucchini with a basil-walnut pesto,  
grilled chicken, feta cheese, cherry*



Sprig

tomatoes, and diced cucumbers.  
Served ambient.



Gluten Free

## INGREDIENTS

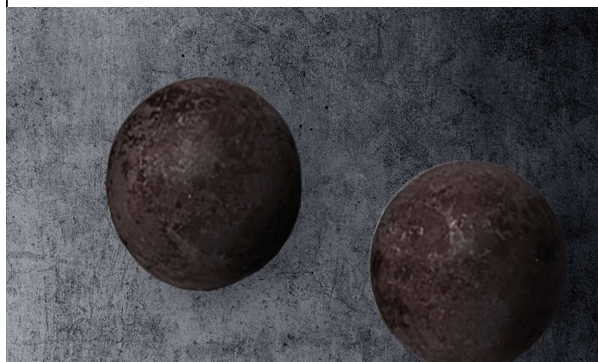
## NUTRITION

basil-walnut pesto (extra virgin olive oil, fresh organic basil, grana padano parmesan cheese, kosher salt, organic baby spinach, organic garlic, organic lemons, walnuts), zoodle salad with chicken (bay leaves, black pepper, canola and olive oil, feta cheese, free range chicken breast, fresh organic basil,

## CHICKEN OVER ZUCCHINI NOODLES & BASIL WALNUT PESTO

\$9.95

0



The always-classic and all-original Sprig Truffle™ with rich dark chocolate and creamy coconut caramel filling. Round out your meal with something sweet.



Dairy Free



Gluten Free



Vegan



## INGREDIENTS

## NUTRITION

*Dark chocolate, coconut, sugar, coconut milk, lemon juice.*

### DARK CHOCOLATE COCONUT TRUFFLES

\$5

1



*Chopped romaine and kale topped with grilled chicken, bacon crumbles, hard boiled egg, pickled red onions, cherry tomatoes and a side of avocado-yogurt ranch dressing.*



*Gluten Free*

# ORDER CONFIRMATION



*Thanks for your order!*

*Delivery ETA*

**29 minutes**

*Get the app. Hot healthy meals are only 3 taps away.*

---

PEPPERJACK CHICKEN  
MELT WITH CHIPOTLE  
AIOLI

*\$11.95*

1

WE'RE  
MAKING  
MORE



*Warm chocolate chip cookie with 63% dark and 37% milk chips, topped with Maldon Sea Salt.*



Vegetarian

## INGREDIENTS

## NUTRITION

*chocolate chip cookie (63% dark chocolate, baking soda, brown sugar, butter, cage free eggs, large, kosher salt, maldon sea salt, milk chocolate, 39%, unbleached flour, vanilla extract, white sugar)*

## CHOCOLATE CHIP COOKIE

\$3.25

0



*A 14.5 oz citrus blend with an extra kick from ginger and cayenne.*



Dairy Free



Gluten Free



Paleo

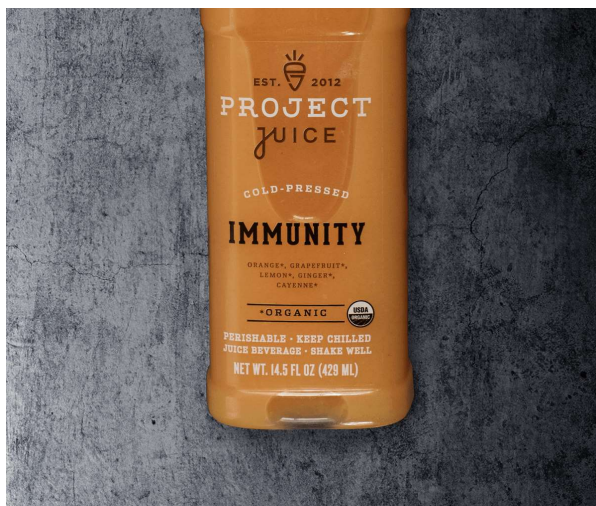


Vegan



Vegetarian





## INGREDIENTS

## NUTRITION

*All organic orange, grapefruit, ginger, lemon, cayenne*

## PROJECT JUICE IMMUNITY

\$8.50

0



*14.5 oz of organic energy packed blend of vitamin and enzyme rich juice that increases energy levels. D-Tox has pineapple, young coconut water, mint, green apple, and chlorophyll water*



Gluten Free



Vegan

## INGREDIENTS

*Pineapple, Young Coconut Water, Mint, Green Apple, and Chlorophyll Water*

## PROJECT JUICE D-TOX

\$8.50

0



*Cold-brewed Ritual coffee combined with pure, organic almond milk and medjool dates creates a smooth blend that's naturally nutritious and less acidic than traditional coffee. From our friends at Pop & Bottle.*



Dairy Free



Gluten Free



Paleo



Vegan

## INGREDIENTS

## NUTRITION

*Ritual cold brew coffee (purified water, coffee beans), organic sprouted almonds, purified water, organic medjool date, pink Himalayan salt*

COLD BREW COFFEE  
ALMOND MILK

\$5.75

0

SOLD OUT



*Organic quinoa and mushroom meatballs smothered in our zesty marinara on a bed of parmesan polenta. Served with a side of roasted broccoli tossed with lemon and red pepper flake.*



Vegetarian

## INGREDIENTS

## NUTRITION

parmesan polenta (black pepper, canola and olive oil, coarse polenta, cream, grana padano parmesan cheese, kosher salt, milk, organic garlic, organic parsley, organic yellow onions, water), mushroom & quinoa meatballs (cage free eggs, large, canola and olive oil, fine rice flour, garlic powder, grana padano)

## QUINOA & MUSHROOM MEATBALLS WITH POLENTA

\$10.95

0

SOLD OUT

*Citrus-ginger shrimp on a bed of mixed greens with flat rice noodles, mango, bean sprouts, pickled carrots, cucumber, avocado, bell pepper and fresh herbs. Served with cashew dressing.*



Dairy Free



Gluten Free





## INGREDIENTS

## NUTRITION

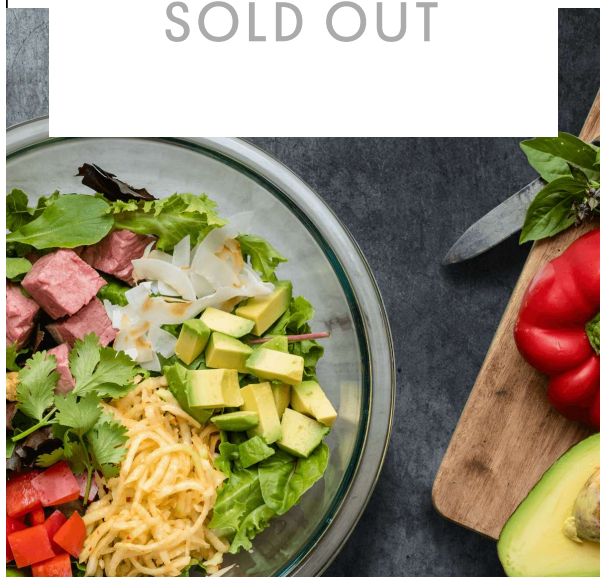
royal thai shrimp salad (black pepper, canola and olive oil, carrots, extra virgin olive oil, honey, kosher salt, lemon juice, lime juice, organic bean sprouts, organic cilantro, organic english cucumber, organic ginger, organic hass avocado, organic mangoes, organic mint, organic orange juice, organic red bell peppers,

## ASIAN SHRIMP SALAD WITH CASHEW DRESSING

\$12.95

0

SOLD OUT



*Chopped bavette steak paired with mixed greens, marinated papaya, fresh herbs, diced avocado, crunchy cashews and toasted coconut flakes. Served with a spicy Thai basil vinaigrette.*



Dairy Free



Gluten Free



Spicy

## INGREDIENTS

## NUTRITION

thai basil steak salad (black pepper, canola and olive oil, fish sauce, green



## Sprig

*papaya, honey, kosher salt, lime juice, never ever flap steak, organic bean sprouts, organic cilantro, organic hass avocado, organic red bell peppers, organic spring mix, sambal, sesame oil, xanthan gum), thai basil vinaigrette*

## GRILLED STEAK & PAPAYA SALAD WITH THAI BASIL

**\$13.95**

**0**

When we make our dishes, cross-contact with other foods (like wheat, soy, milk, eggs, peanuts, tree nuts, fish and shellfish) may occur and our ingredient information may not always include such foods. If you have serious food allergies, please check with your doctor to see whether ordering our food is a safe option for you.

# sprig

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