



Chicago Touch

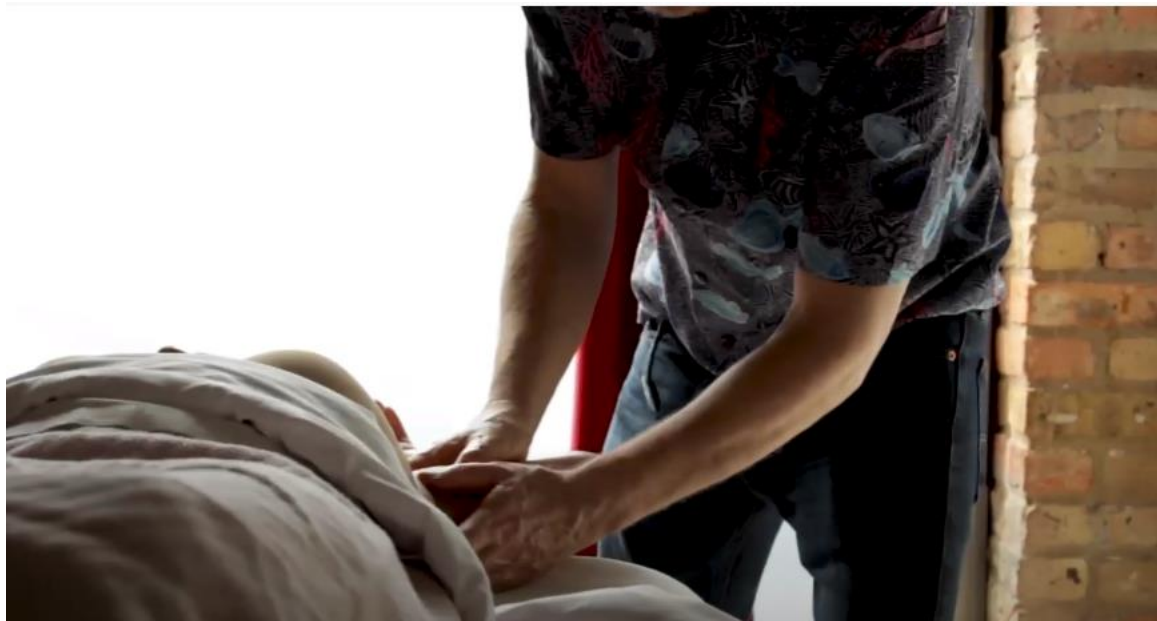
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## Manual Lymphatic Drainage (MLD) Massage

What is [manual lymphatic drainage](#) massage and why you should try it?

MLD is a specialized massage type (light, skin stretching massage) that gently assists the lymphatic system in maintaining the body's fluid balance, improving blood circulation, and boosting the immune system and it is also relaxing. It's also used with cleansing, detoxification and pain relieving after cosmetic surgery.

[Manual Lymphatic Drainage](#) is frequently recommended by plastic surgeons after some cosmetic procedures (liposuction, tummy tuck reduction and bbl) as it will expedite recovery and will reduce inflammation after the procedure by reducing the swelling and will also help with fibrosis by speeding up the shrinkage of scar tissue.



Usually, plastic surgeons recommend multiple massage therapy treatments after the procedure to expedite and help with the recovery. Lymph drainage will help your body to eliminate all the waste that has been accumulated after the medical procedure.

At Chicago Touch, we are offering an exciting new state-of-the-art treatment for MLD: Lymphatic Enhancement Technology™ (LET) using LymphstarPro®, a proven system of electronic instrumentation that improves circulation, assists detoxification and aids immune functions at a deep cellular level by amplifying the body's ability to release fluids.





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This treatment can help sufferers of post cancer edema, surgeries and injuries and can be combined with manual lymph drainage (MLD) techniques to further increase its results.



At Chicago Touch, all the staff members are trained and certified in the use of LET and they are also licensed massage therapists.

We have been providing Chicago Manual Lymphatic Drainage Massages for over 3 years, so we are here to partner with you and guide you after your procedure to get the best possible results. Do not hesitate to reach us by phone or email to consult with us.

