

# Michael Nima Hekmat

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## EDUCATION

**M.S. in Clinical Mental Health Counseling | 4.00/4.00 GPA | Anticipated 2026**

*University of Wisconsin – Milwaukee*

**B.S. in Psychology | 3.36/4.00 GPA | August 2020 – May 2024**

*University of Wisconsin - Madison*

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## RESEARCH EXPERIENCE

**Research Assistant | UW-Milwaukee | February 2025 – Current**

*Brain Imaging and Neuropsychology (BraIN) Lab – Dr. Krista Lisdahl*

- Undergoing training in psychiatric interviews, neuropsychological testing, and MRI data collection for the Adolescent Brain Cognitive Development (ABCD) Study.
- Assisting with research on adolescent brain development considering stress, substance use, and mental health.
- Collaborating with a research team to ensure data integrity and adherence to study protocols.

**Research Assistant | UW-Madison | September 2022 – June 2024**

*Action Research Facility – Dr. Nick Buttrick and Dr. Sosuke Okada*

- Assisted with data collection for a firearm study by measuring physiological arousal levels including heart rate, facial muscle contractions, and skin conductance.
- Trained in electrocardiogram (ECG), facial electromyography (fMEG) placement, and skin preparation procedures.
- Recruited future undergraduate research assistants in 2023 and 2024 UW-Madison Undergraduate Research Fair.

**Research Assistant | UW-Madison | August 2023 – May 2024**

*Learning and Transfer Lab – Dr. Shawn Green*

- Collected data from over 100 participants during 50+ sessions for perceptual learning tasks (PLFest).
- Administered Snellen tests and contributed to lab discussions on visual perception and learning.
- Implemented efficient participant recruitment strategies through visually compelling marketing materials.

**Laboratory Technician | UW-Madison | May 2022 – May 2024**

*Pelegri Lab – Dr. Francisco Pelegri*

- Monitored and reported health status (temperature, conductivity diet, etc.) of Zebrafish and Poison Dart Frogs.
  - Advised new team members on lab and expectations for efficient coordination between employees.
  - Sanitized petri dishes and fish tanks for genetics research.
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## SELECTED WORK IN PROGRESS

- Hekmat, M. N., Bakke, K. A., & Lisdahl, K. M. (in preparation). *Does extreme heat exposure moderate the relationship between environment and externalizing behaviors?*
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## CLINICAL EXPERIENCE

**Clinical Mental Health Counseling Practicum Student | Milwaukee, Wisconsin | May 2025 – Current**

*NeuroWave Therapy Group LLC - Miriam E Corona (LPC) and Christina Ramos (LPC)*

- Provided individual and group counseling to clients under direct supervision, using CBT and person-centered therapy
  - Conducted intake assessments, documented case conceptualizations, and developed treatment plans
  - Participated in weekly supervision and engaged in community outreach for professional development
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## ACCOMPLISHMENTS AND VOLUNTEERING

- **Awards:** Outstanding Undergraduate Research Scholar (OURS) Award and Spring 2023 Dean's List candidate (UW-Madison)
  - **Volunteering:** Educational Psychology Student Association Volunteer (October 2024 - Current) and Crisis Counselor - Crisis Text Line (June 2023 – December 2023)
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## SKILLS

**Programming Languages:** Python and R

**Research Tools:** SPSS

**Software:** Microsoft Office (Word, Excel, PowerPoint), AutoCAD, Adobe Photoshop, and Adobe Premiere Pro

**Languages:** English (fluent) and Persian (fluent)

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