# Introduction to NHANES and sampling

**EXPERIMENTAL DESIGN IN R** 



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#### Intro to NHANES dataset

NHANES = National Health and Nutrition Examination Survey

- Conducted by the National Center for Health Statistics (NCHS), a division of the Centers for Disease Control (CDC)
- Data collected a variety of ways, including interviews & a physical exam
- Questions cover medical, dental, socioeconomic, dietary, and general health-related conditions

## Intro to sampling

Probability Sampling: probability is used to select the sample (in various ways)

Non-probability Sampling: probability is not used to select the sample

- Voluntary response: whoever agrees to respond is the sample
- Convenience sampling: subjects convenient to the researcher are chosen.

## Sampling - Part 1

Simple Random Sampling (SRS)

Every unit in a population has an equal probability of being sampled

```
sample()
```

#### Stratified Sampling

- Splitting your population by some strata variable
- Taking a simple random sample inside of each stratified group

```
dataset %>%
  group_by(strata_variable) %>%
  slice_sample()
```

## Sampling - Part 2

#### Cluster Sampling

Divide the population into groups called clusters

#### Systematic Sampling

- Choosing a sample in a systematic way
- Best implemented in R with a custom function

Multi-stage Sampling

Combines one or more sampling methods

# Let's practice!

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# Randomized Complete Block Designs (RCBD)

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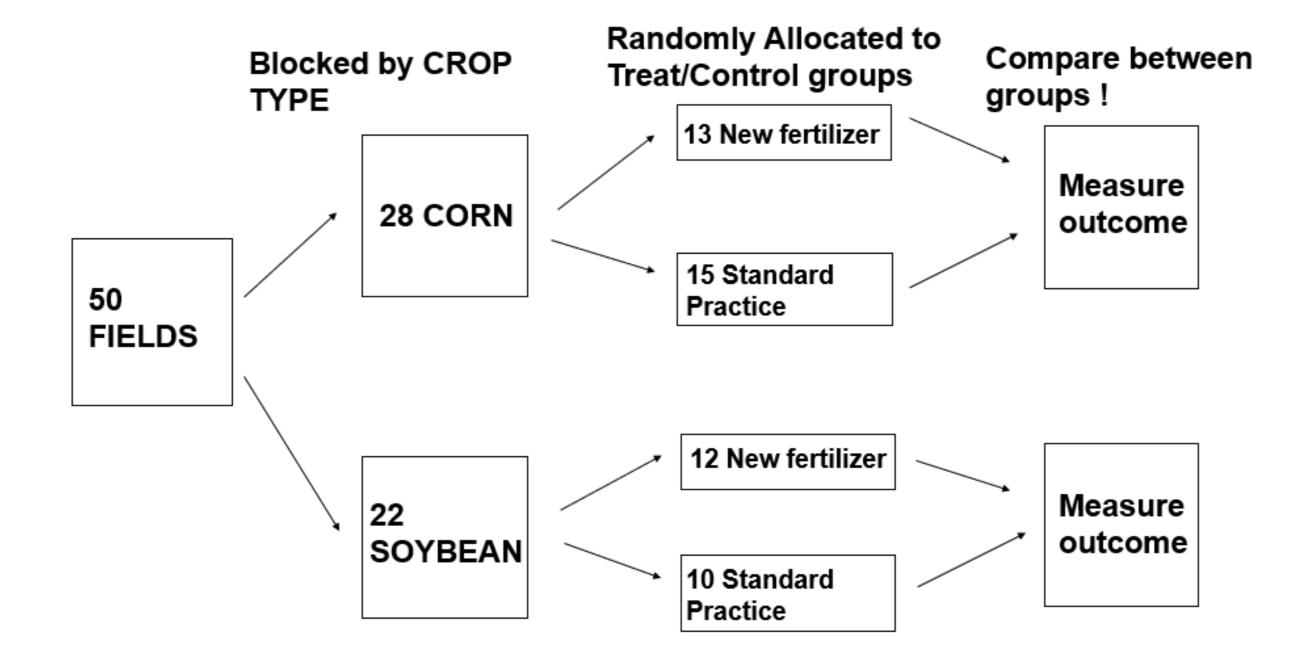
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#### **RCBDs**

- Randomized the treatment is assigned randomly inside each block
- Complete each treatment is used the same number of times in every block
- Block experimental groups are blocked to be similar (e.g. by sex)
- Design this is your experiment!

#### **RCBD** workflow

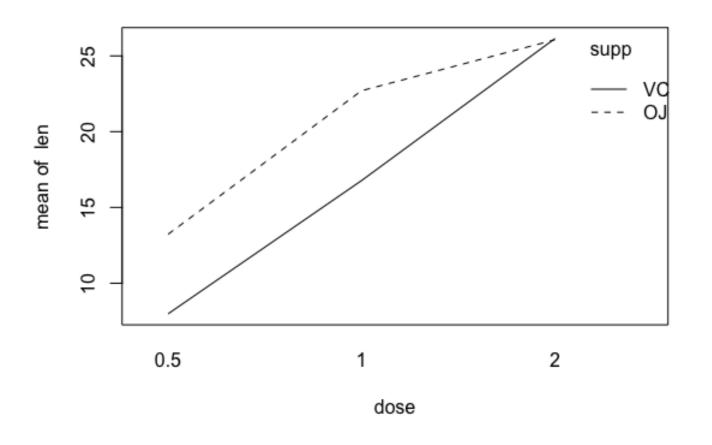


## agricolae

```
[,1] [,2] [,3] [,4]
[1,] "d" "c" "a" "b"
[2,] "b" "a" "d" "c"
[3,] "d" "a" "b" "c"
[4,] "a" "b" "d" "c"
```

#### Model validation - Interaction plots

```
with(dataset, interaction.plot(x.factor, trace.factor, response))
# example with the ToothGrowth dataset
with(ToothGrowth, interaction.plot(dose, supp, len))
```





# Let's practice!

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# Balanced Incomplete Block Designs (BIBD)

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### **Balanced Incomplete Block Designs**

- Balanced each pair of treatments occur together in a block an equal number of times
- Incomplete not every treatment will appear in every block
- Block experimental groups are blocked to be similar (e.g. by sex)
- Design this is your experiment!

#### Is there a BIBD? - Part 1

- Let:
  - **t** = # of treatments
  - **k** = # of treatments per block
  - **r** = # replications

$$\circ \;\; \lambda = r imes rac{(k-1)}{t-1}$$

•  $\lambda$  is whole number? There is a BIBD!

#### Is there a BIBD? - Part 2

```
library(agricolae)
trt <- c("A","B","C","D")
k <- 3
my_design <- design.bib(trt,k,seed = 42)</pre>
```

```
Parameters BIB

===========

Lambda : 2

treatmeans : 4

Block size : 3

Blocks : 4

Replication: 3
```

# BIBD examples (1)

$$\lambda = r \times \frac{(k-1)}{t-1}$$

```
lambda = 2 * (2-1) / 4-1
lambda = 2/3 # = 0.667
```

#### **Invalid BIBD**

Α	В	С	D
Α	С	D	Α
Α	В	D	Α
В	С	D	Α

# BIBD examples (2)

$$\lambda = r \times \frac{(k-1)}{t-1}$$

```
lambda = 3 * (3-1) / 4-1
```

lambda = 
$$6/3$$
 # = 2

#### Valid BIBD

В	С	Α	D
D	A	C	В
В	С	Α	D
A	В	D	С

# Let's practice!

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