

## AED - MEDICAL TITLES IN STOCK

### BASIC NURSING AND PATIENT CARE

#### Activities of Daily Living

**R2 000.00**

Emphasizing the importance of encouraging long-term care residents to reach their highest possible functional levels, this program introduces methods healthcare workers can use to assist residents with daily activities. It covers such topics as basic communication principles; baths, showers, and bed baths; perineal care; mouth and nail care; shaving; dressing and undressing; and feeding. The DVD discusses standard precautions, proper documentation, and the development of individual care plans.

*DVD / 2005 / 16 min / HSMED001*

#### Community Health Nursing: A Practical View

**R2 000.00**

Featuring home health and public health nurses, this DVD compares and contrasts community health nursing practice in rural and urban settings. It also identifies nursing standards and illustrates the various roles of community health nurses.

*DVD / 2010 / 28 min / HSMED002*

#### Moving, Lifting, and Transfer Techniques

**R2 000.00**

This program illustrates proper body mechanics and shows how to move and position a client in a bed, transfer a client from a bed to a chair, help a client ambulate, and operate a mechanical lift. *DVD / 2006 / 11 min / HSMED003*

### PROPER TRANSFER TECHNIQUES FOR HEALTHCARE

**R2 000.00**

### PROFESSIONALS

#### Bathing

**R2 000.00**

Considering the confusion, frustration, and fear surrounding the bathing experience for individuals suffering from dementia, this program teaches how to create a comfortable, safe environment for bathing. It explains why residents resist bathing, emphasizes the importance of incorporating the patient's preferences into the bath, and presents strategies for ensuring resident health and safety. *DVD / 2008 / 30 min / HSMED004*

#### Care of the Patient With an Indwelling Urethral Catheter

**R2 000.00**

This DVD examines the anatomical structures of the urinary tract and discusses safe management of the catheter tube and drainage bag. *DVD / 1990 / 18 min / HSMED005*

#### Elimination, Specimen Collection, and Urinary Care

**R2 000.00**

This DVD shows how to collect stool and routine urine specimens. It teaches how to insert a rectal suppository, administer a cleansing enema, and change an ostomy bag. The program also explains how to measure urinary output, empty the urinary drainage bag, and provide daily catheter care. *DVD / 2004 / 20 min / HSMED006*

#### Feeding Individuals With Swallowing Disorders

**R2 000.00**

Designed for professionals who work with individuals with swallowing disorders, this program teaches appropriate feeding techniques. It also clarifies common feeding misconceptions. *DVD / 2005 / 15 min / HEMED007*

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## **How to Estimate Food and Fluid Intake**

**R2 000.00**

This program teaches techniques that can be used to accurately estimate food and fluid intake. It also offers documentation methods. *DVD / 1998 / 14 min / HSMED008*

## **Feeding Techniques for Patients Requiring Assistance**

**R2 000.00**

This DVD offers feeding techniques that help support a resident's dignity and self-esteem during nutritional intake. It also examines feeding adaptations for residents with feeding challenges. *DVD / 2007 / 30 min / HSMED009*

## **Parenteral Medication Administration:**

**R2 000.00**

### **Site Selection and Injection Techniques**

Examining intramuscular and subcutaneous injections, this program outlines considerations for site assessment and selection and features step-by-step demonstrations of medication administration techniques. *DVD / 2008 / 25 min / HSMED010*

### **Sterile Dressing Change**

**R2 000.00**

This program demonstrates sterile wound care for a surgical incision and a surgical drain, describes the phases of wound healing by primary intention, and reviews wound assessment and pain management. *DVD / 2005 / 15 min / HSMED011*

### **Transfer and Ambulation**

**R2 000.00**

This DVD demonstrates the correct techniques for performing a pivot transfer from a bed to a wheelchair, a two-person lift from a bed to a wheelchair, a transfer using a mechanical lift, and assistance with ambulation. It also covers injury prevention during a fall. *DVD / 2008 / 23 min / HSMED012*

### **Wound Care: Nursing Interventions**

**R2 000.00**

Discussing the physiological phases of wound healing and identifying various wound types, this program teaches nurses how to assess wounds for signs of normal or impaired healing. It covers nursing interventions that aid in wound healing, including debridement, wound cleansing, and wound dressing, and examines types of wound dressings. *DVD / 2007 / 37 min / HSMED013*

### **IV Medications and Additives**

**R2 000.00**

Featuring illustrative scenarios, this DVD discusses the various types of IV additives and details their uses. It examines the advantages, disadvantages, and safety precautions of each type. The program also considers the nurse's role in central line management. *DVD / 2008 / 18 min / HSMED014*

### **Peripheral IVs**

**R2 000.00**

This program teaches how to choose proper equipment and best site for peripheral IVs, prepare the site for needlestick, secure the catheter, and observe for complications. The DVD features a scenario that demonstrates techniques and shows how to educate patients about peripheral IVs. *DVD / 2008 / 17 min / HSMED015*

### **Nasogastric Tubes**

**R2 000.00**

Examining nasogastric tubes, this program discusses the rationale for their use; shows the procedure for placement in an awake, alert patient; and looks at nursing assessments and interventions before, during, and after insertion. *DVD / 2008 /*

*18 min / HSMED016*

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**Peripherally Inserted Central Catheters****R2 000.00**

This DVD features a case study that shows the insertion and maintenance of peripherally inserted central catheters, or PICC lines. The DVD discusses the rationale for PICC use and demonstrates patient preparation and post-procedure care. It also explores dressing changes and PICC complications. *DVD / 2008 / 22 min / HSMED017*

**Pressure Ulcer Prevention****R2 000.00**

This DVD teaches how to prevent pressure ulcers. It describes at-risk patients, identifies areas where ulcers develop, and describes the early appearance of an ulcer. *DVD / 2002 / 30 min / HSMED018*

**Principles of Wheelchair Seating and Evaluation****R2 000.00**

Describing the wheelchair evaluation process, this program teaches the biomechanical principles of sitting posture for individuals with intact and non-intact neuromuscular control. It also shows how to assess patient mobility and range of motion. *DVD / 2002 / 29 min / HSMED019*

**Safe and Courteous Wheelchair Handling****R2 000.00**

This DVD discusses types of wheelchairs, teaches how to plan for outings with patients who require wheelchairs, and presents tips for relating to individuals in wheelchairs. *DVD / 2006 / 14 min / HSMED020*

**Safe Medication Practices: Oral and Topical Meds****R2 000.00**

This program examines medication safety and error prevention. It covers the six rights of medication administration, describes types of oral medications and reasons for their use, and identifies topical medications. The DVD also outlines and demonstrates dispensing practices and systems. *DVD / 2008 / 23 min / HSMED021*

**Central Venous Access****R2 000.00**

This program introduces central venous catheters with external ports and examines those implanted beneath the skin. Featuring illustrative scenarios, it outlines the rationale for the use of each type of catheter. The DVD covers such topics as routine flushing, accessing the line for medication administration, and dressing changes for the Hickman catheter.

*DVD / 2008 / 25 min / HSMED022*

**Enteral Nutrition: Gastrostomy and Jejunostomy Tubes****R2 000.00**

This program highlights healthcare situations that lead to the placement of gastrostomy or jejunostomy tubes. It covers related anatomy and physiology, outlines types of tubes, discusses resident positioning, presents safety precautions, looks at skin care, and teaches how to secure tubes. *DVD / 2004 / 30 min / HSMED023*

**ENTERAL FEEDING TUBES: GUIDE PART 1 & 2 *HSMED208 & HSMED209***  
**each****R2 000.00****Suctioning: Nasotracheal, Oropharyngeal, and Endotracheal****R2 000.00****Techniques**

This program demonstrates practices and techniques in nasotracheal, oropharyngeal, and open and closed in-line endotracheal suctioning. It considers potential complications of suctioning procedures. *DVD / 2005 / 35 min / HSMED024*

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<b>Body Mechanics: The Science of Moving Safely</b>	<b>R2 000.00</b>
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This program explains the basic principles of body mechanics and illustrates the application of those principles to safely lifting and moving patients in a variety of healthcare settings. *DVD / 2006 / 20 min / HSMED025*

<b>BASIC VENIPUNCTURE</b> <i>HSMED026</i>	<b>R2 000.00</b>
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<b>PRESERVING DIGNITY</b> <i>HSMED027</i>	<b>R2 000.00</b>
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<b>MY PATIENT HAS A TRACHEOSTOMY</b> <i>HSMED028</i>	<b>R2 000.00</b>
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<b>SUTURING TECHNIQUES</b> <i>HSMED029</i>	<b>R2 000.00</b>
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<b>WOUND CARE: PHASES OF HEALING AND</b>	<b>R2 000.00</b>
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<b>TYPES OF WOUNDS</b> <i>HSMED030</i>	
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<b>CARING FOR THE DYING PERSON</b> <i>HSMED031</i>	<b>R2 000.00</b>
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<b>DIGNITY AND SELF ESTEEM</b> <i>HSMED032</i>	<b>R2 000.00</b>
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<b>CAREFULL OBSERVATION; PREVENTING DEHYDRATION</b> <i>HSMED033</i>	<b>R2 000.00</b>
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<b>MEDICINE / COMPASSION: CORE SKILLS</b> <i>HSMED034</i>	<b>R2 000.00</b>
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<b>TREATMENT OF ACCUTE PAIN</b> <i>HSMED035</i>	<b>R2 000.00</b>
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<b>PAIN MANAGEMENT</b> <i>HSMED036</i>	<b>R2 000.00</b>
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<b>CASE STUDIES / MEDICATION ERROR PREVENTION</b> <i>HSMED037</i>	<b>R2 000.00</b>
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<b>AGE SPECIFIC CARE: ADULTS</b> <i>HSMED038</i>	<b>R2 000.00</b>
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<b>Age-Specific Care: Toddlers Through Teens</b>	<b>R2 000.00</b>
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This program provides guidelines for age-specific care for toddlers through teens. It highlights nursing considerations and examines safety measures. The DVD also explores cultural and language differences among patient populations. *HSMED039*

<b>AGE SPECIFIC CARE – NEONATES AND INFANTS</b> <i>HSMED040</i>	<b>R2 000.00</b>
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<b>Restraints in Healthcare: Alternatives to Restraints</b>	<b>R2 000.00</b>
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This program shows how to find alternatives to restraint use in the healthcare setting. It describes health concerns related to restraint use, considers necessary training, and examines restraint alternatives. *DVD / 2008 / 15 min / HSMED041*

<b>Restraints in Healthcare: The Safe Application of Restraints</b>	<b>R2 000.00</b>
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This DVD discusses the safe application, use, and monitoring of restraints. *DVD / 2008 / 15 min / HSMED042*

**PRICES EXCLUDE VAT**

**Safe Use of Restraints****R2 000.00**

Exploring progress that has been made in the area of restraint use in healthcare facilities, this program shows how to apply and monitor restraints. It also considers alternative methods. *DVD / 2008 / 30 min / HSMED043*

**NURSING MANAGEMENT AND EDUCATION****A Decision Making Framework for Clinical Ethics****R2 000.00**

Differentiating between ethical dilemmas and moral distress, this program provides a framework for making clinical ethical decisions and presents case studies. *DVD / 2002 / 53 min / HSMED044*

**Ethical Issues in Nursing: Introduction — Concepts, Values, and Decision Making****R2 000.00**

Exploring nursing ethics, this program introduces fundamental ethical terms and considers such ethical concepts as justice, fidelity, autonomy, and moral distress. It highlights the role of personal values in practicing nursing ethics and discusses value conflicts. *DVD / 2006 / 22 min / HSMED045*

**Ethical Issues in Nursing: Respect — Dignity, Autonomy, and Relationships****R2 000.00**

This program examines the role of respect in nursing ethics. It discusses patients' dignity and right to self-determination, the nurse's role in supporting patient autonomy, and relationships with colleagues. *DVD / 2006 / 18 min / HSMED046*

**Facilitative Leadership: Teamwork, Planning, and Conflict Management****R2 000.00**

This program teaches how to set goals, create plans, mobilize resources, and manage conflict. It shows how to build positive working relationships and encourages collaborative action.

*DVD / 2005 / 40 min / CAP13389 HSMED047*

**Improving Communication With Patients and Families in the ICU****R2 000.00**

Introducing the principles and practices associated with integrative palliative and critical care, this program outlines the role of palliative care in the ICU, teaches how to communicate with patients and family members, and discusses interdisciplinary communication and collaboration issues. *DVD / 2009 / 60 min / HSMED048*

**Professional Behavior in Healthcare Professions:****R2 000.00****Effective Communication With Patients**

This program shows how to establish therapeutic relationships. It discusses Erikson's Stages of Life theory, considers communication with patients in pain or at the end of life, and addresses cultural and religious issues.

*DVD / 2007 / 24 min / HSMED049*

**Taking a Health History: Conducting a Patient Interview****R2 000.00**

This program teaches how to interview a patient to obtain a health history and current health information. It discusses establishing rapport, refraining from judgment, and ensuring confidentiality.

*DVD / 1993 / 19 min / HSMED050*

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## **Communicating Between Cultures**

**R2 000.00**

This DVD presents cross-cultural situations that show how such cultural givens as getting right to the point, saving face, and taking turns in conversation can complicate intercultural communication. It provides practical guidelines for communicating respectfully.  
*DVD / 2004 / 23 min / HSMED051*

## **Communication or Frustration: Men and Women in Dialogue**

**R2 000.00**

This program examines conflicts between genders and explores techniques that can be used to resolve them. It discusses the ways in which communication is affected by differing the rationales of men and women and a variety of gender characteristics.  
*DVD / 2005 / 25 min / HSMED052*

## **Communication Skills... What Everyone Needs to Know**

**R2 000.00**

This program presents techniques for clarifying work-related communications, including written, oral, and electronic messages and interactions with coworkers. Silver Davey Award. *DVD / 1997 / 30 min / HSMED053*

## **Conflict Management: The Art of Making Peace**

**R2 000.00**

In this video, conflict resolution specialist George Kohlrieser addresses the theory, practice, and problems of dialogue and negotiation as they relate to conflict resolution. Kohlrieser discusses the causes of conflict and teaches how to resolve conflict while maintaining interpersonal bonds. *DVD / 1999 / 55 min / HSMED054*

## **Critical Listening**

**R2 000.00**

Introducing the concept of critical listening, this program features dramatizations that illustrate visual cues in listening, considers the differences between hearing and listening, and explores listening for a purpose. It examines tone, pitch, and volume and teaches effective listening skills. *DVD / 1999 / 20 min / CAP13412 HSMED055*

## **Cross-Cultural Communication: How Culture Affects**

**R2 000.00**

### **Communication**

This program examines issues in cross-cultural communication. It discusses public behavior, taboos, power, stereotyping, prejudice, miscommunication, time conceptualization, socialization, direct and indirect communication, and context. The program features vignettes and offers practical applications for cross-cultural communication. *DVD / 2005 / 20 min / HSMED056*

## **Developing Positive Listening Skills**

**R2 000.00**

This program explores the characteristics of active listening, suggests ways listeners can best give feedback to speakers, evaluates the importance of nonverbal communication, and examines empathic and neutral forms of listening.  
*DVD / 2004 / 27min / HSMED057*

## **Overcoming Barriers to Intercultural Communication**

**R2 000.00**

This DVD focuses on ways to break down such barriers to communication as ethnocentrism, anxiety, and prejudices and increase positive cross-cultural communication in the global community. *DVD / 2005 / 25 min / HSMED058*

## **Them and Us: Cultural Awareness**

**R2 000.00**

Explaining that prejudice is rooted in a need to distinguish between "us" and "them," this program explores the mental processes that people use to evaluate other cultures. It shows how common thinking habits can lead to assumptions, biases, and prejudices.

*DVD/ HSMED059*

**PRICES EXCLUDE VAT**

## **Enhancing Communication and Counseling Skills in Today's Nursing Practice** **R2 000.00**

This DVD uses vignettes to teach communication and counseling skills, including attending, listening, empathizing, probing, confronting, and self-disclosing. *DVD / 2005 / 95 min / HSMED060*

## **Charting the Course for Nursing: Who Benefits When Documentation Is Complete?** **R2 000.00**

Considering liability issues in charting, this DVD explains what data can be captured and shows how it can impact care. *DVD / 2007 / 30 min / HSMED061*

## **Communication in Nursing: Basic Principles** **R2 000.00**

This DVD demonstrates techniques for communicating effectively with patients and healthcare colleagues. It also introduces the principles of therapeutic communication. *DVD / 1995 / 20 min / HSMED062*

## **Nursing Process and Critical Thinking: Critical Thinking in the Nursing Process** **R2 000.00**

This program presents critical thinking concepts and examines their relationship to the nursing process. Delineating what critical thinking is and is not, the program demonstrates the process of critically examining data and cues to health issues and patient care problems to arrive at sound patient care decisions. *DVD / 2007 / 27 min / HSMED063*

## **Cultural Diversity in Healthcare** **R2 000.00**

This DVD shows how to recognize and address the special needs of patients from different cultural backgrounds. It teaches how to be a patient advocate and promotes effective cross-cultural communication. *DVD / 2004 / 50 min / HSMED064*

## **De-Escalating a Situation** **R2 000.00**

This program teaches healthcare professionals how to recognize the signs of an escalating crisis and defuse a situation before violence occurs. *DVD / 2000 / 30 min / HSMED065*

## **Ethical Dilemmas and Decision Making** **R2 000.00**

This program shows how to implement a set of principles that are essential to ethical decision making in nursing practice. It addresses the roles of autonomy, freedom, beneficence, veracity, privacy, and fidelity in ethical practice and decision making. *DVD / 1995 / 25 min / HSMED066*

## **Ethical Issues in Nursing: Commitment — Patients, Professionalism, and Boundaries** **R2 000.00**

This DVD considers the nurse's role as a moral agent and patient advocate. It explores conflicts of interest and boundaries. *DVD / 2006 / 17 min / HSMED067*

## **Ethical Issues in Nursing: Protection — Privacy, Safety, and Standards** **R2 000.00**

In this program, experts address patient privacy and confidentiality. The DVD shows how nurses can advocate for their patients and explores standards and review mechanisms. It also covers questionable and impaired practice. *DVD / 2006 / 17 min / HSMED068*

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**History of Nursing: The Early Years****R2 000.00**

This DVD examines the provision of healthcare and the development of nursing across cultures from ancient times through the 19th century. It discusses the nursing care provided by nuns and the military and considers the establishment of hospitals dedicated to the care of the sick. The program also covers the contributions of Florence Nightingale. "[A]n essential tool," Nursing History Review. DVD / 2008 / 35 min / HSMED069

**Management Styles: Knowing Your Strengths and Weaknesses****R2 000.00**

This program describes management styles. It emphasizes the need to recognize individual communication abilities and explains how to develop a personalized style of management. DVD / 2006 / 30 min / HSMED070

**Assertiveness Training for Nurses****R2 000.00**

This DVD describes the characteristics of assertive communicators. It teaches how to speak confidently, disagree, offer feedback, and hold others accountable. DVD / 2003 / 60 min / HSMED071

**Beyond Compliance: Managing Diversity in the Healthcare Workplace****R2 000.00**

Nursing managers have a responsibility to treat all employees and patients with fairness and respect, regardless of cultural, ethnic, or racial background. This program teaches strategies for successfully developing and leading a diverse healthcare team. DVD / 2007 / 15 min / HSMED072

**How to Give and Receive Feedback****R2 000.00**

This program shows how to effectively give and receive feedback and explains how to avoid offending coworkers. DVD / 2004 / 30 min / HSMED073

**OBSTETRIC, NEONATAL AND PAEDIATRIC NURSING****Assisted Delivery and Cesarean Section****R2 000.00**

Introducing the common procedures used to assist a baby's birth, this DVD discusses the labor and delivery nurse's role in patient education. It also covers cesarean sections. DVD / 2004 / 19 min / HSMED074

**Clinical Applications of CTG Monitoring****R2 000.00**

This DVD focuses on interpretation of the cardiotocograph (CTG) for electronic fetal monitoring. It emphasizes the importance of consistently interpreting CTGs to prevent medicolegal cases involving the management of labor and delivery.

DVD / 2000 / 20 min / HSMED075

**Beginning Pediatric Nursing: Neonates, Infants, and Toddlers****R2 000.00**

This DVD describes the early developmental stages of neonates, infants, and toddlers. It teaches methods for non-traumatic physical assessments of young patients and offers care techniques.

DVD / 2007 / 17 min / HSMED076

**Beginning Pediatric Nursing: Preschoolers****R2 000.00**

This program discusses the developmental characteristics of preschool-age children. It offers methods for non-traumatic physical assessments of pediatric patients, discusses care techniques, and addresses ways to manage psychosocial and cultural differences. DVD / 2007 / 12 min / HSMED077

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**Beginning Pediatric Nursing: School-Age Children****R2 000.00**

This program presents developmental characteristics of school-age children. It discusses physical assessments, appropriate forms of care, ways to work with families, and techniques for managing psychosocial and cultural differences.

*DVD / 2007 / 12 min / HSMED078*

**Beginning Pediatric Nursing: Adolescents****R2 000.00**

This DVD examines the developmental characteristics of adolescents. It presents methods for performing physical assessments and covers issues related to weight and sexuality. The program also addresses working with families and dealing with psychosocial and cultural differences *DVD / 2007 / 12 min / HSMED079*

**Newborn Physical Examination****R2 000.00**

This DVD demonstrates examination techniques for infants. It outlines criteria for internal and external assessments and discusses gestational assessment. *DVD / 2006 / 24 min / HSMED080*

**Obstetrical Nursing: Labor and Delivery****R 2 000.00**

This DVD describes the four stages of the labor process and presents guidelines that help ensure positive delivery outcomes. *DVD / 2008 / 17 min / HSMED081*

**Obstetrical Nursing: Newborn Stabilization and Care****R 2 000.00**

This program presents newborn stabilization and care practices. It discusses physiological changes that occur in neonates after birth and shows how to assess a healthy neonate. *DVD / 2008 / 18 min / HSMED082*

**Obstetrical Nursing: Caring for the Postpartum Patient****R2 000.00**

Emphasizing the importance of emotional support and patient education, this program shows how to care for postpartum patients. It discusses physiological, psychological, and emotional changes in postpartum patients and explains how to perform a physical assessment of the postpartum patient. *DVD / 2008 / 18 min / HSMED083*

**Obstetrical Nursing: Pain Control****R2 000.00**

This program explains how the body responds to pain during labor and describes pain relief techniques and medications. It covers nonpharmacologic methods of pain relief and regional anesthesia. *DVD / 2008 / 14 min / HSMED084*

**Positions for Labor****R2 000.00**

This DVD demonstrates maternal positions for labor. It gives various positions that can be used when epidural anesthesia, fetal monitoring, or other physical limitations restrict movement and also explains how a baby's rotation to an optimal birth position can shorten labor, reduce the risk of cesarean surgery, and mitigate pain. *DVD / 2008 / 19 min / HSMED085*

**Maternal-Newborn and Women's Healthcare****R2 000.00**

This program covers such obstetric nursing skills as assisting during amniocentesis, auscultating the fetal heart rate, performing Leopold's Maneuvers, and assisting during labor. It also presents neonatal nursing skills and outlines such women's care skills as assisting with pelvic examinations and teaching breast self-examination.

*DVD / 2006 / 54 min / HSMED086*

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**Coping With Labor Ward Crises****R 2 000.00**

This program shows how to manage labor ward crises and teaches how to conduct scenario rehearsals. It uses models and obstetric mannequins to explain how to address such complications as shoulder dystocia, prolapsed cord, trapped breech, and ruptured uterus. *DVD / 2000 / 45 min / HSMED087*

**Leopold's Maneuvers****R2 000.00**

This DVD identifies and demonstrates the four maneuvers for palpating the maternal abdomen to determine fetal presentation, fetal lie, fetal engagement, and fetal attitude and predict the type of delivery that will occur.

*DVD / 2004 / 17 min / HSMED088*

**Teaching Resuscitation Skills for Delivery Attendants****R2 000.00**

Designed for all healthcare professionals who work with neonates, this DVD teaches how to successfully resuscitate newborns. *DVD / 2000 / 30 min / HSMED089*

**AGE SPECIFIC CARE – NEONATES AND INFANTS****R2 000.00****The Stages of Labor: A Visual Guide****R2 000.00**

Tracing the birth process from the first contraction through the delivery of the placenta, this DVD offers detailed three-dimensional animations of the labor process, live birth footage, and parents' descriptions of labor and delivery. **Gold Apple, National Educational Media Network.** *DVD / 2006 / 30 min / HSMED090*

**Gestational Age Assessment****R2 000.00**

This program shows how to determine gestational age based on physical characteristics and neuromuscular maturity. It also identifies common problems associated with dysmaturity and intrauterine growth. *DVD / 1995 / 24 min / HSMED091*

**Pain Control During Labor and Delivery****R2 000.00**

This program explores the physiologic and psychosocial causes of pain during labor and delivery. It describes discomfort associated with each stage of labor and discusses nonpharmacologic methods of pain management.

*DVD / 2004 / 29 min / HSMED092*

**Pediatric CPR****R2 000.00**

Exploring current standards for child and infant CPR and choking, this training program reviews basic CPR and examines infant and child life supports. It is designed to supplement classes for healthcare workers, parents, childcare workers, and caregivers.

*DVD / 2007 / 18 min / HSMED093*

**Recognizing and Treating Postpartum Depression****R2 000.00**

This DVD examines postpartum mood and anxiety disorders, differentiates between normal baby blues and serious disorders, outlines the critical aspects of patient assessments, offers information for identifying high-risk clients, discusses diagnostic clinical interviewing, and covers effective treatments and recovery issues. It includes a case study.

*DVD / 2005 / 44 min / HSMED094*

**INFANTS : COGNITIVE DEVELOPMENT** *HSMED095***R2 000.00**

## MENTAL HEALTH NURSING / GERIATRIC NURSING

**ALZHEIMERS DISEASE** *HSMED096* **R2 000.00**

**COMMUNICATING WITH OLDER ADULTS: DEMENTIA** *HSMED097* **R2 000.00**

**MENTAL HEALTH NURSING: CLIENTS WITH DEMENTIA** *HSMED098* **R2 000.00**

**Bipolar Disorders** **R2 000.00**

Defining bipolar disorders, this program illustrates the symptoms present during a manic episode and during hypomania. It discusses bipolar I and bipolar II disorders, mixed episodes, rapid cycling, and cyclothymia. The program also covers treatments. *DVD / 2001 / 29 min / HSMED099*

**A Closer Look at the Diagnosis and Treatment of Schizophrenia** **R2 000.00**

Defining the characteristics of schizophrenia, this DVD discusses conditions that mimic schizophrenia and explains the role of ancillary tests in differentiating schizophrenia from neurological conditions. It describes drug treatments and considers rational drug therapy. *DVD / 2000 / 60 min / HSMED100*

**The Role of the Mental Health Nurse in Facilitating Groups** **R2 000.00**

This program profiles an illness relapse prevention group attended by patients with serious psychiatric disorders. It shows how experienced psychiatric nurses work to gain patient participation, maintain group focus, and promote patient learning.

*DVD / 2001 / 40 min / HSMED101*

**Making Sense of Addiction** **R2 000.00**

This program guides recovering addicts in identifying the thoughts and feelings associated with different stages of their drug abuse and explains the psychological and biochemical factors at play in each stage of addiction. The program questions why addiction functions as a trap that keeps addicts abusing even as their lives are falling apart around them. It features Dr. John Keppler, who offers proactive ways to help heal an addicted brain and emphasizes the importance of abstinence and healthy lifestyle choices. *DVD / 2004 / 34 min / HSMED102*

**Treatment of Addiction** **R2 000.00**

Defining integrated treatment, this DVD shows how to apply integrated treatment methods to help control behavioral and chemical addictions. It covers such topics as medical evaluation and treatment, cognitive-behavioral therapy, and twelve-step programs. *DVD / 2004 / 18 min / HSMED103*

**Maslow's Hierarchy of Needs** **R2 000.00**

This program profiles Abraham Maslow and features scenarios that show how his Hierarchy of Needs theory relates to such disciplines as nursing and psychology. *DVD / 2007 / 22 min / HSMED104*

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## **Surviving Trauma and Tragedy: R2 000.00**

### **Lessons for Future Physicians and Mental Health Professionals**

This DVD features personal stories of traumatic events that led to diagnoses of posttraumatic stress disorder (PTSD). It encourages compassionate care for individuals with PTSD and features commentary from Frank Ochberg. **2007 Gold FREDDIE Award.**

*DVD / 2006 / 82 min / HSMED105*

## **Antidepressant Agents R2 000.00**

This program examines the causes and manifestations of depression. It considers neurotransmitters and receptors in the brain, presents theories about the ways in which medications provide relief from depression, and examines the three categories of antidepressant agents. *DVD / 2005 / 24 min / HSMED106*

## **Antidepressants and Mood Stabilizers R2 000.00**

This DVD examines the group of medications used to treat depression and bipolar disorders, highlighting theories about how they work. It also addresses medication administration and possible side effects. *DVD / 2001 / 24 min / HSMED107*

## **Antipsychotic Agents R2 000.00**

Featuring reenactments that illustrate such symptoms as cognitive dysfunction and dysphoric mood, this DVD examines common antipsychotic medications. It addresses precautions, side effects, and possible drug interactions.

*DVD / 2005 / 23 min / HSMED108*

## **Communicating With Clients With Mental Disorders or Emotional Problems R2 000.00**

### **Emotional Problems**

This DVD teaches techniques for communicating with patients who are suffering from mental disorders or experiencing emotional problems. It shows healthcare workers how to form trusting relationships that improve the quality of communication. *DVD / 1995 / 20 min / HSMED109*

## **Crisis Stabilization for Children: Disaster Mental Health R2 000.00**

This DVD presents guiding principles for responding to children after a disaster. It describes the physiological, cognitive, emotional, behavioral, and spiritual impacts of a disaster and offers key mental health and cognitive-behavioral concepts to use with children.

*DVD / 2006 / 60 min / HSMED110*

## **Delirium in the Older Person: A Medical Emergency R2 000.00**

This guidance-based program shows how to recognize the symptoms of delirium in older adults, teaches how to identify causes, and explains how to create appropriate interventions. It emphasizes the importance of proper staff training to recognize and respond to delirium-related issues.

*DVD / 2006 / 64 min / HSMED111*

## **Spiritual Care in Gerontological Nursing R2 000.00**

This program explores the nurse's role in the spiritual care of older adults and examines key spiritual issues and needs, including those that pertain to cognitively impaired patients. The DVD features a facilitator's guide with questions and exercises.

*DVD / 2003 / 19 min / HSMED112*

**PRICES EXCLUDE VAT**

## **Assessment of Elder Abuse and Neglect** **R2 000.00**

This program examines elder abuse. It teaches healthcare workers how to identify and assess cases of older-adult abuse.

*DVD / 2005 / 30 min / HSMED113*

## **How People With Dementia Communicate** **R2 000.00**

This DVD examines the communication patterns of individuals with memory impairment and suggests ways to communicate with individuals who are suffering from dementia. It considers the effects of brain damage on a dementia patient's communication abilities, shows how to use reminiscence with individuals with dementia, identifies common dementia-related language problems, and teaches how to help dementia patients converse. *DVD / 2007 / 30 min / HSMED114*

## **An Introduction to Psychopharmacology:** **R2 000.00**

### **Nurse Prescribing in the NHS**

This set introduces the principles of psychopharmacology. It covers such topics as the brain, neurotransmission, receptors, basic pharmacology, and P450. *2 DVDs / 2006 / 105 min total / HSMED115*

## **Psychopharmacology for the 21st Century: Antidepressants** **R2 000.00**

This DVD introduces antidepressants and reviews their efficacies, dosages, and potential side effects. It discusses the use of tricyclics, heterocyclics, lithium, and MAOIs for treating depression and anxiety disorders. *DVD / 1999 / 30 min / HSMED116*

## **The Older Adult World** **R2 000.00**

Allowing viewers to see and experience the world as an older adult, this program looks at the natural changes that affect the elderly adult's daily life. It explores changes in such areas as vision, hearing, manual dexterity, and taste. *DVD / 2004 / 27 min / HSMED117*

## **Alzheimer's Disease and Related Dementias** **R2 000.00**

This program addresses common issues and behaviors related to Alzheimer's disease. It discusses the stages of Alzheimer's disease progression and explores modifications that can be made in the home to help Alzheimer's patients. National Telly Award. *DVD / 2010 / 100 min / HSMED118*

## **Risk Factors for Falls** **R2 000.00**

This program examines the factors that place elderly individuals at greater risk for falls. It teaches ways to promote safety and educate the elderly. *DVD / 2006 / 30 min / HSMED119*

## **Caring for the Hearing Impaired** **R2 000.00**

This DVD examines hearing loss in elderly patients and presents strategies for improving communication with hearing-impaired individuals. It explores such assistive devices as hearing aids and considers the impacts of hearing loss.

*DVD / 2005 / 30 min / HSMED120*

## **Caring for the Visually Impaired** **R2 000.00**

This DVD explores visual impairment and its effects on the elderly. The program offers strategies for helping elders overcome visual limitations. *DVD / 2006 / 30 min / HSMED121*

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**Delirium in the Older Person: A Medical Emergency****R2 000.00**

This guidance-based program shows how to recognize the symptoms of delirium in older adults, teaches how to identify causes, and explains how to create appropriate interventions. It emphasizes the importance of proper staff training to recognize and respond to delirium-related issues. *DVD / 2006 / 64 min / HSMED122*

**FAMILY AND COMMUNITY HEALTH NURSING****Community Development in Community Health Nursing****R2 000.00**

Presenting the real-life experiences of nurses and community members, this program examines the role of the community health nurse in and considers the challenges of community development work. *DVD / 2010 / 25 min / HSMED123*

**Primary Health Care in Community Health Nursing****R2 000.00**

Featuring examples, this program illustrates the interconnection between primary healthcare and community health nursing. *DVD / 2010 / 29 min / HSMED124*

**Community and Aggregate Assessment****R2 000.00**

This program examines the process of and issues inherent in assessing a geographic community and various aggregates within such a community. It demonstrates a partnership approach to assessment and examines the role of the nurse in the process. *DVD / 2010 / 24 min / HSMED125*

**Family Assessment in Community Health Nursing****R2 000.00**

This program explores family assessments within the context of community health nursing practice. It features front-line nurses who illustrate the goals, processes, and issues inherent in assessing families and discusses the tools of family assessment, including genograms, ecomaps, and communication and counseling skills. *DVD / 2010 / 25 min / HSMED126*

**Family Intervention in Community Health Nursing****R4 000.00**

Outlining the various aspects of family nursing interventions, this DVD explores the process within the context of community health nursing practice. It features nursing professionals who offer insights and share personal anecdotes. The DVD also illustrates important community health nursing interventions, including education, advocacy, referral, and support.

*DVD / 2010 / 25 min / HSMED127*

**Home Visiting in Community Health Nursing****R4 000.00**

This program examines the practice of home visiting from the perspectives of a public health nurse and a home care nurse. It considers the advantages, possible contexts, and phases of home visiting and discusses nursing skills and qualities that can enhance the home visiting process. *DVD / 2010 / 26 min / HSMED128*

**Programming in Community Health Nursing****R4 000.00**

This DVD explores programming in community health nursing and outlines its stages, including assessment of need and program development, implementation, and evaluation. It illustrates the process using the example of the Healthy Baby Club program.

*DVD / 2010 / 29 min / HSMED129*

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## HEALTH AND WELLNESS SERIES / COMMUNICABLE DISEASES

### Episode 1: Introduction to HIV:

**R1 000.00**

Chapter 1: What is HIV?  
Chapter 2: The History of the HIV pandemic  
Chapter 3: Types of HIV  
Chapter 4: How can you get HIV?  
Chapter 5: Stages of HIV infection

### Episode 2: Understanding the human body:

**R1 000.00**

Chapter 1: Roles of body systems  
Chapter 2: Different types of germs  
Chapter 3: The healthy immune system  
Chapter 4: HIV lifecycle  
Chapter 5: The HIV infected immune system  
Chapter 6: What is a CD4 count?

### Episode 3: HIV Counselling and Testing (HCT):

**R1 000.00**

Chapter 1: What is HCT?  
Chapter 2: Who should go for HCT?  
Chapter 3: Know your rights  
Chapter 4: Pre-test counselling  
Chapter 5: Testing for HIV  
Chapter 6: Post-test counselling

### Episode 4: HIV Prevention:

**R1 000.00**

Chapter 1: Condoms  
Chapter 2: Reducing your number of sexual partners  
Chapter 3: Alcohol and drugs  
Chapter 4: Transactional sex  
Chapter 5: Sex between different age groups  
Chapter 6: Male circumcision

### Episode 5: Sexually Transmitted Infections (STIs):

**R1 000.00**

Chapter 1: Preventing sexually transmitted infections  
Chapter 2: Gonorrhea  
Chapter 3: Chlamydia  
Chapter 4: Herpes  
Chapter 5: Syphilis  
Chapter 6: Human papillomavirus (HPV)

### Episode 6: Opportunistic Infections (OIs):

**R1 000.00**

Chapter 1: How to keep your mouth healthy  
Chapter 2: Oral thrush and ulcers  
Chapter 3: Herpes simplex 1  
Chapter 4: Herpes simplex 2  
Chapter 5: Shingles  
Chapter 6: Kaposi's sarcoma  
Chapter 7: How to keep your skin healthy  
Chapter 8: Respiratory system  
Chapter 9: Sinusitis  
Chapter 10: Bronchitis  
Chapter 11: Pneumonia  
Chapter 12: PCP Pneumonia  
Chapter 13: Structure of the nervous system  
Chapter 14: Meningitis  
Chapter 15: Stroke  
Chapter 16: Peripheral neuropathy  
Chapter 17: Depression  
Chapter 18: Dementia

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**Episode 7: TB and HIV:****R1 000.00**

Chapter 1: How TB is transmitted  
 Chapter 2: Who can get TB?  
 Chapter 3: What happens when TB is inhaled into your lungs?  
 Chapter 4: The relationship between TB and HIV  
 Chapter 5: How do we identify TB?  
 Chapter 6: Diagnosing TB  
 Chapter 7: Treating TB  
 Chapter 8: Preventing TB  
 Chapter 9: Side effects of TB treatment  
 Chapter 10: Directly observed treatment short course (DOTS)  
 Chapter 11: Drug resistant TB

**Episode 8: Infection Control:****R1 000.00**

Chapter 1: What causes infections?  
 Chapter 2: How infections are spread  
 Chapter 3: General household hygiene  
 Chapter 4: Personal hygiene  
 Chapter 5: Caring for sick people in your home  
 Chapter 6: TB control  
 Chapter 7: Infection control in hospitals

**Episode 9: Positive Living:****R1 000.00**

Chapter 1: Basic rules for better living  
 Chapter 2: Living longer with HIV  
 Chapter 3: Condoms  
 Chapter 4: Substance abuse  
 Chapter 5: Unproven treatments  
 Chapter 6: Nutrition

**Episode 10: ARVs and Adults:****R1 000.00**

Chapter 1: How HIV infects and spreads in the human body  
 Chapter 2: How ARVs work  
 Chapter 3: Different types of ARVs  
 Chapter 4: Combination therapy  
 Chapter 5: When to start on ARV treatment  
 Chapter 6: Generics  
 Chapter 7: Post-exposure prophylaxis

**Episode 11: ARV Side Effects:****R1 000.00**

Chapter 1: Introduction to side effects  
 Chapter 2: Efavirenz  
 Chapter 3: Nevirapine  
 Chapter 4: 3TC (Lamivudine)  
 Chapter 5: d4T (Stavudine)  
 Chapter 6: Immune reconstitution inflammatory syndrome (IRIS)  
 Chapter 7: Unproven treatments and drug on drug interactions

**Episode 12: Adherence:****R1 000.00**

Chapter 1: What is adherence?  
 Chapter 2: Why is good adherence important?  
 Chapter 3: Causes of poor adherence  
 Chapter 4: Strategies for good adherence  
 Chapter 5: Community preparedness

**Episode 13: Women and HIV:****R1 000.00**

Chapter 1: Why are women so vulnerable to HIV?  
 Chapter 2: Gender based violence and rape  
 Chapter 3: What to do if you have been raped  
 Chapter 4: Accessing medical services after being raped (Post-exposure prophylaxis)  
 Chapter 5: Teenage pregnancy

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**Episode 14: PMTCT:****R1 000.00****Chapter 1: Maternal Health**

Chapter 2: How Babies Get HIV

Chapter 3: What is PMTCT?

Chapter 4: Rates of Mother-to-Child Transmission

Chapter 5: When to Start PMTCT Treatment

Chapter 6: Infant Feeding Options

Chapter 7: When to test your baby for HIV

**Episode 15: Maternal and Child Health:****R1 000.00**

Chapter 1: What is maternal and child health?

Chapter 2: Maternal care during pregnancy and after the birth of the child

Chapter 3: What is family planning?

Chapter 4: Monitoring the child's growth

Chapter 5: Child immunisation

Chapter 6: Infant and child nutrition

Chapter 7: Infection control and childcare

**Episode 16: Children and HIV:****R1 000.00**

Chapter 1: Rates of HIV infection in children

Chapter 2: Starting children on ARVs

Chapter 3: Preparing the caregiver

Chapter 4: Doses for children

Chapter 5: First line regimen

Chapter 6: Second line regimen

Chapter 7: Caring for HIV positive children not on ARVs

Chapter 8: Preventing other infections

**Episode 17: Chronic Diseases:****R1 000.00**

Chapter 1: What are chronic diseases?

Chapter 2: Lifestyle changes to prevent or manage chronic diseases

Chapter 3: Hypertension

Chapter 4: High cholesterol

Chapter 5: Diabetes

Chapter 6: Obesity and overweight

Chapter 7: Asthma

Chapter 8: Cancer

Chapter 9: Regular check ups

**Episode 18: Home Based Care:****R1 000.00**

Chapter 1: What is home based care?

Chapter 2: What are care plans?

Chapter 3: Home based care for people living with HIV and AIDS

Chapter 4: Practical advice on providing home based care

Chapter 5: Common conditions

Chapter 6: Additional support beyond home based care

**Episode 19: Human Rights:****R1 000.00**

Chapter 1: What are human rights?

Chapter 2: What is the constitution?

Chapter 3: Rights at work and HIV

Chapter 4: Medical scheme and the law

Chapter 5: Women's rights

Chapter 6: Children's rights

Chapter 7: Prisoner's rights

Chapter 8: Refugee rights

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## EMERGENCY MEDICAL CARE

### Treating Medical Emergencies

**R2 000.00**

This program from *The Doctor Is In* covers electrical shock, anaphylactic shock, poisoning, dog bites, automotive accidents, and heart attacks; highlights the danger of high-velocity sports; discusses what should and should not be done at the scene of an accident; and stresses that the primary causes of automobile accidents and injuries are the use of drugs or alcohol and the absence of seat belts. A Dartmouth-Hitchcock Medical Center production. (26 minutes) **Item#: HSMED130 Copyright date: ©1990**

### First Aid: When Seconds Count

**R2 000.00**

This program features the story of a young man whose quick-thinking and preparedness helped him to save the life of a man rendered unconscious in a swimming accident. The water rescue and use of the Heimlich maneuver are described, as well as the many precautions to take when administering first aid, including careful movement of victims to avoid additional injuries to the spine or other areas. The program stresses the importance of first aid knowledge: proper first aid can mean the difference between life and death. (18 minutes) **Item#: HSMED131 Copyright date: ©1994**

### What Should I Do? The Basics of First Aid

**R2 000.00**

Knowing what to do until medical assistance arrives is what first aid is all about. This video will prepare viewers to respond safely in emergency situations. Along with CPR and treating for shock, the program shows how to respond to minor injuries such as cuts, burns, sprains, and strains; how to recognize and care for heat and cold injuries; what to do in case of poisoning, bites, or stings; and how to pack a first aid kit with all the essential contents. Taken into consideration in developing the video were the national educational standards and the standards of the National Association for Sport & Physical Education. (28 minutes)

**Item#: HSMED132 Copyright date: ©2002**

### EMT

**R2 000.00**

With the growth of America's urban populations has come an increased demand for medical first responders—most notably, the emergency medical technician. This program guides students through the duties of the EMT-Basic and EMT-Paramedic, the skills and personality traits both require, and the financial and personal advantages that these positions offer. Featuring interviews with veterans of the profession, the program describes the 110-hour class and national or state registry exam an aspiring EMT must complete, along with specific functions—for EMT-Bs, supporting an ambulance team in the field and during patient transport, maintaining vitals and airway access, controlling bleeding, basic splinting, and applying a cervical collar; and for EMT-Paramedics, traction splinting, patient status assessment, and other functions that prepare patients for emergency room care. Both the Hollywood-style excitement and the routine aspects of EMT life are emphasized, in addition to the best high school courses and volunteer opportunities in which a would-be EMT should get involved. A viewable/printable instructor's guide is available online.

**Correlates to national and state board certification standards. (22 minutes)**

**Item#: HSMED133 Copyright date: ©2008**

### In Case of Emergency

**R2 000.00**

This program explores the conditions under which a patient should seek emergency care—chest or upper abdominal pain, difficulty in breathing, dizziness, weakness or sudden change in vision, severe vomiting—and the care typically available in community hospital emergency rooms. For minor conditions, a trauma center may be the last place to come for treatment, putting the patient at the end of a long line of more seriously injured people; but if an injury or illness is deemed serious and requiring immediate care, the patient should not hesitate to go to the emergency room. (19 minutes)

**Item#: HSMED134 Copyright date: ©1992**

### Emergency Professionals

**R2 000.00**

Fires, serious accidents, toxic chemical spills—emergency situations are becoming more frequent and more complex; at the same time, more sophisticated techniques and better-trained emergency personnel are becoming available. This program describes the technology and expertise of three types of emergency intervention teams: firemen, medical emergency squads, and companies that specialize in toxic spill cleanups. (23 minutes) **Item#: HSMED135 Copyright date: ©1990**

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## The Golden Hour: Trauma Patient Assessment

**R2 000.00**

Discussing the role of the trauma team in trauma assessment and management, this program introduces a procedure for trauma assessment. It offers statistics for trauma injury prevention. The DVD also looks at team leadership.

*DVD / 2005 / 36 min / HSMED136*

## Code Blue: Anaphylaxis

**R2 000.00**

This DVD illustrates the importance of proficiency in pediatric emergency care for all healthcare staff. It features a scenario in which a child visiting his grandparent on a geriatric floor has an anaphylactic allergic reaction to a cookie. The program identifies the roles of each code blue team member in administering pediatric advanced life support and shows how the team assesses the patient and manages his care. It highlights such pediatric issues as the use of Broselow™ Pediatric Emergency Tape, medication doses, equipment sizes, and intraosseous needle placement. *DVD / 2008 / 17 min / HSMED137*

## Code Blue: Drowning

**R2 000.00**

This program follows an emergency team as they prepare for the arrival of a patient who was found apneic and pulseless in a pond and presents their response once the patient arrives. It shows how they begin immediate evaluations and treatment protocols and outlines the medical management of drowning. The DVD also covers such topics as stopping resuscitation and family presence during a code. *DVD / 2008 / 20 min / HSMED138*

## Code Blue: Ventricular Fibrillation

**R2 000.00**

Featuring an illustrative scenario, this DVD demonstrates the resuscitation of a patient who has experienced a pulseless arrest on an acute-care floor. It shows the nurse's discovery of the unresponsive patient and describes her actions prior to the code blue team's arrival. The program identifies the role of each code blue team member, shows how the team performs appropriate and timely assessments and interventions, and demonstrates an algorithm for the management of ventricular fibrillation. *DVD / 2008 / 17 min / HSMED139*

## Code Blue: Roles of the Team Members

**R2 000.00**

This program uses a mock code scenario on an inpatient unit to demonstrate the roles of code blue team members, including the team leader, bedside nurses, anesthesiologist, procedure physician, medication nurse, CPR nurse, an recorder in a code blue event. The DVD specifically details each member's responsibilities during resuscitation.

*DVD / 2008 / 17 min / HSMED140*

## MEDICAL AND SURGICAL CARE

### CURRENT TRENDS IN PAIN MANAGEMENT *HSMED141*

**R2 000.00**

### END OF LIFE CARE AND MANAGEMENT OF PAIN PART 1 *HSMED142*

**R2 000.00**

### END OF LIFE CARE AND MANAGEMENT OF PAIN PART 2 *HSMED143*

**R2 000.00**

### Gestational Diabetes

**R2 000.00**

This program describes the development of gestational diabetes. It examines risk factors for gestational diabetes and emphasizes the need to test high-risk women before they conceive. The DVD also explains the role of diet in the prevention and treatment of the disease. *DVD / 2003 / 18 min / HSMED144*

**Tuberculosis in the Healthcare Environment****R2 000.00**

This DVD discusses the epidemiology, symptoms, and transmission of tuberculosis. It outlines CDC guidelines, offers an exposure control plan, identifies exposure situations, and details preventive practices. *DVD / 2006 / 22 min / HSMED145*

**Parkinson's Disease: Symptoms and Diagnosis****R2 000.00**

This program discusses the incidence, symptoms, and diagnosis of Parkinson's Disease. It emphasizes the importance of a thorough understanding of the disease to the provision of quality patient care. *DVD / 2004 / 30 min / HSMED146*

**Dialysis: Providing Care****R2 000.00**

This DVD reviews the normal function of the kidneys and shows how to monitor and treat patients who are experiencing declines in kidney function. It covers the biophysical principles involved in dialysis, the identification of abnormal laboratory values, and medication and dietary alterations. *DVD / 2007 / 30 min / HSMED147*

**Closed Chest Drainage****R2 000.00**

Explaining how chest drainage units operate, this program examines chest tube insertion. It demonstrates the placement of the dressing after chest tube insertion, shows how to assess for potential patient complications associated with closed chest drainage systems, and discusses potential equipment-related problems. *DVD / 2003 / 21 min / HSMED148*

**Airway Management****R2 000.00**

This DVD examines airway management issues that are common to all healthcare providers. It covers such topics as anatomy and physiology of the lungs; blood flow during low-flow periods, the effects of overventilation, basic ventilation techniques, and the assessment of effectiveness of ventilatory efforts. *DVD / 2008 / 30 min / HSMED149*

**Medical Errors: Impact and Recognition****R2 000.00**

This program discusses the negative impacts of medical errors and teaches how to recognize error-prone situations and vulnerable populations. The DVD covers surgical errors, diagnostic inaccuracies, and medication errors and introduces processes that improve patient outcomes. *DVD / 2004 / 30 min / HSMED150*

**Airway Care: Tracheostomy Care, Tube Change,****R2 000.00****and Artificial Airway Cuff Management**

This program covers the functions of the tracheostomy tube; teaches procedures for cleaning and changing the inner cannula, caring for the stoma, and changing a tracheostomy tube; and examines complications associated with over-inflation of a soft cuff. *DVD / 2005 / 25 min / HSMED151*

**Emergency Professionals****R2 000.00**

Fires, serious accidents, toxic chemical spills—emergency situations are becoming more frequent and more complex; at the same time, more sophisticated techniques and better-trained emergency personnel are becoming available. This program describes the technology and expertise of three types of emergency intervention teams: firemen, medical emergency squads, and companies that specialize in toxic spill cleanups. (23 minutes) **Item#: HSMED152 Copyright date: ©1990**

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**The Basics of Oxygen Administration****R2 000.00**

This program teaches how to administer oxygen to patients. It covers the use of high- and low-flow delivery devices, including nasal cannulas, simple masks, venturi masks, and non-rebreather masks. The program also looks at nursing considerations, infection control procedures, and safety measures for oxygen administration.

*DVD / 2005 / 20 min / HSMED153*

**ECG Interpretation: Ventricular Rhythms****R2 000.00**

This program discusses electrocardiogram interpretation and offers information related to electrode lead placement.

*DVD / 2003 / 30 min / HSMED154*

**ECG Interpretation: Foundation****R2 000.00**

Introducing electrocardiogram interpretation, this DVD discusses electrode lead placement and the waveforms captured on an ECG.

*DVD / 2003 / 30 min / HSMED155*

**Surgical Asepsis and Sterile Technique****R2 000.00**

This program for clinical medical assistants teaches how to open sterile packages, use sterile transfer forceps, pour sterile solutions, apply different types of dressings, change dressings, and use splints. *DVD / 1993 / 25 min / HSMED156*

**Suctioning: Nasotracheal, Oropharyngeal, and Endotracheal****R2 000.00****Techniques**

This program demonstrates practices and techniques in nasotracheal, oropharyngeal, and open and closed in-line endotracheal suctioning. It considers potential complications of suctioning procedures. *DVD / 2005 / 35 min / HSMED157*

**VIRUSES, VIROIDS AND PRIONS** *HSMED158***R2 000.00****Aseptic Technique: Principles and Practices****R2 000.00**

This DVD presents basic concepts, principles, and techniques used in surgical asepsis. It covers such topics as surgical conscience, handling sterile supplies, and maintaining a sterile field.

*DVD / 1999 / 20 min / HSMED159*

**Surgical Asepsis and Sterile Technique****R2 000.00**

This program for clinical medical assistants teaches how to open sterile packages, use sterile transfer forceps, pour sterile solutions, apply different types of dressings, change dressings, and use splints. *DVD / 1993 / 25 min / HSMED160*

**Microbial Growth****R2 000.00**

This DVD describes the basic nature of microbial growth, outlines several methods for measuring microbial growth, and considers different systems for studying microbial growth. It discusses the influence of various environmental factors on the growth of microorganisms and examines microbial growth in natural environments. *HSMED160*

**MICROBAIL METABOLISM** *HSMED161***R2 000.00****PRICES EXCLUDE VAT**

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**TRANSFUSION: BLOOD AND BLOOD PRODUCTS** *HSMED161* **R2 000.00**

**CONTROL OF INFECTIOUS DISEASES** *HSMED162* **R2 000.00**

**HIV/AIDS: TRANSMISSION** *HSMED163* **R2 000.00**

**TRACHEOSTOMY: CURRENT PRACTICE** *HSMED164* **R2 000.00**

**Needlestick Prevention** **R2 000.00**

Introducing OSHA and CDC sharps injury prevention regulations, this program teaches how to prevent needlestick and sharps injuries. It shows what to do when a needlestick injury occurs. *DVD / 2007 / 15 min / HSMED165*

**CARDIAC AUSCULTATION: ABNORMAL 1 AND 2** *HSMED166 & HSMED167* **R2 000.00 EACH**

**Suctioning: Nasotracheal, Oropharyngeal, and Endotracheal** **R2 000.00**

### Techniques

This program demonstrates practices and techniques in nasotracheal, oropharyngeal, and open and closed in-line endotracheal suctioning. It considers potential complications of suctioning procedures. *DVD / 2005 / 35 min / HSMED168*

**OSTOMY, URINARY DRAINAGE AND CATHETER** *HSMED169* **R2 000.00**

## ANATOMY

**The Human Body: How We Fail, How We Heal, 4 DVD SET** **R2 000.00**

In this lecture series, Anthony Goodman examines the ways in which the human body defends itself against disease and injury. He covers such topics as cell biology.

*DVD / 2007 / 30 min each / HSMED170*

**IMMUNE SYSTEM** *HSMED171* **R2 000.00**

**CIRCULATORY SYSTEM: GO WITH THE FLOW** *HSMED172* **R2 000.00**

**CIRCULATORY AND RESPIRATORY SYSTEMS** *HSMED173* **R2 000.00**

**ENDOCRINE SIGNS AND SYMPTOMS** *HSMED174* **R2 000.00**

**ENDOCRINE SYSTEMS** *HSMED175* **R2 000.00**

**NEUROLOGIC SIGNS AND SYMPTOMS** *HSMED176* **R2 000.00**

**CARDIAC SIGNS AND SYMPTOMS** *HSMED177* **R2 000.00**

**HUMAN BODY: DIGESTIVE AND RENAL SYSTEM** *HSMED178* **R2 000.00**

<b>MECHANICS OF LIFE: BONES AND JOINTS</b> <i>HSMED179</i>	<b>R2 000.00</b>
<b>MECHANICS OF LIFE: MUSCLES AND MOVEMENT</b> <i>HSMED180</i>	<b>R2 000.00</b>
<b>REPRODUCTIVE SYSTEM</b> <i>HSMED181</i>	<b>R2 000.00</b>

## PHARMACY

<b>MEDICATION CLASSIFICATIONS 1</b> <i>HSMED182</i>	<b>R2 000.00</b>
<b>Nature's Pharmacy: Herbal Medicine</b>	<b>R2 000.00</b>

This DVD considers the potential dangers associated with using herbal medications in conjunction with conventional drugs and examines issues associated with the unregulated herbal industry. *DVD / 2007 / 28 min / HSMED183*

<b>Evidence-Based Herbal Medicines</b>	<b>R2 000.00</b>
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This DVD discusses the current consumer demand for herbal products in the United States and looks at the assessment and evaluation processes. It covers common uses, side effects, safety issues, and scientific literature for herbal products.

*DVD / 2001 / 57 min / HSMED184*

<b>The Pharmacist's Role in the Management of HIV Disease</b>	<b>R2 000.00</b>
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This program discusses HIV medication compliance, potential drug interactions with HIV medications, and practical considerations. It also presents information for circumventing side effects. *DVD / 2001 / 60 min / HSMED185*

<b>Drug-Drug Interactions in the Elderly</b>	<b>R2 000.00</b>
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This DVD discusses drug-drug interactions in elderly patients and considers potential adverse reactions. It provides strategic methods for decreasing the occurrence and negative effects of drug-drug interactions in elderly patients.

*DVD / 2002 / 22 min / HSMED186*

<b>Polypharmacy in the Aged</b>	<b>R2 000.00</b>
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Presenting two patient cases based on real-life situations, this DVD teaches how to assess and manage elderly patients who are at risk for polypharmacy-related medical errors. It covers the review of medications, the use of such tools as electronic databases and PDAs, cooperation with colleagues and pharmacists, and client/caregiver education.

*DVD / 2005 / 60 min / HSMED187*

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## DENTAL

### Digital Dental Photography

**R2 000.00**

Exploring the role of digital photography in the diagnostic, treatment planning, case presentation, and marketing aspects of a dental practice, this DVD teaches how to utilize digital dental photography. *DVD / 2007 / 45 min / HSMED188*

### Effective Provisional Restorations

**R2 000.00**

This DVD teaches proven techniques for making provisional restorations. It shows how to cement provisional restorations with minimal or no tooth sensitivity and covers such topics as optimum occlusion and aesthetics, well-fitting margins, and maximum strength.

*DVD / 2008 / 60 min / HSMED189*

### ALL CERAMIC RESTORATIONS- IPS EMAX *HSMED190*

**R2 000.00**

### Dental Anatomy: All About Teeth

**R2 000.00**

Featuring animations and clinical footage, this program defines dental terminology and looks at tooth anatomy. It illustrates tooth surfaces, identifies the different types of teeth, outlines the parts of a tooth, and reviews tooth identification systems. The DVD also addresses issues surrounding dental health.

*DVD / 1997 / 75 min / HSMED191*

## RADIOLOGY

### Radiology Made Easy

**R2 000.00**

This program introduces radiology equipment and demonstrates techniques for achieving ideal diagnostic radiographs. It covers radiographic methods, radiographic processing, specialized techniques, and infection control. *DVD / 2004 / 40 min / HSMED192*

### Patient Care 2

**R2 000.00**

This program examines patient care skills for radiology patients. It highlights skills that are essential in the special imaging and CAT scan suites. *DVD / 2005 / 37 min / HSMED193*

### Infection Control in Radiology/Imaging

**R2 000.00**

Infection control is vital in hospitals. This video reviews the aspects of infection control that pertain to radiology and imaging.

*DVD(NTSC) / 1998 / 30 min / HSMED194*

### Approach to Pediatric Care in Radiology

**R2 000.00**

Introducing a developmental approach to pediatric care in radiology, this DVD examines the physical and emotional needs of children at different developmental stages and offers strategies to meet those needs. *DVD / 2006 / 55 min / HSMED195*

### Radiography

**R2 000.00**

This DVD shows how a clinical chief technologist performs an MRI scan on a young woman's brain and how a senior imaging technologist performs a CT scan on another woman's upper body. It explores their results and includes discussions with the radiologists. *DVD / 2002 / 15 min / HSMED196*

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## **Fundamentals of Radiation Safety**

**R2 000.00**

Considering departmental administrative needs, this program presents necessary radiation safety procedures that protect patients and radiographers. It also discusses important compliance issues and introduces a variety of key regulatory bodies.

*DVD / 2006 / 32 min / HSMED197*

## **A Diagnostic Comparison of CT to Other Imaging Modalities**

**R2 000.00**

This program compares computed tomography to and contrasts it with a variety of other imaging modalities. The DVD discusses such factors as equipment, imaging resolution, and radiation.

*DVD / 2005 / 45 min / HSMED198*

## **Image Reconstruction**

**R2 000.00**

This DVD offers a step-by-step, comprehensive analysis of the formation of an actual CT image. It also explains image reconstruction. *DVD / 2005 / 23 min / HSMED199*

## **Diagnostic Radiology: Focus on MRI**

**R2 000.00**

This program introduces magnetic resonance imaging (MRI). It examines the indications for the use of MRI, considers associated risks and benefits, and describes the workings of the technology. The program identifies objects that can interfere with MRI tests and considers such issues as patient claustrophobia. *DVD / 2007 / 30 min / HSMED200*

## **Diagnostic Radiology: Focus on CT Scans**

**R2 000.00**

This program presents indications for the use of diagnostic computed tomography (CT) imaging, considers the risks and benefits of CT imaging, and explains how CT technology works. The DVD also discusses contrast materials and related allergies.

*DVD / 2006 / 30 min / HSMED201*

## **Enhancing Your Overall Medical Knowledge in the CT Department**

**R2 000.00**

This program covers such topics in computed tomography as contrast media, radiation protection, laboratory values, drugs, and nursing procedures. It also introduces and defines relevant terminology. *DVD / 2005 / 53 min / HSMED202*

## **Chest X-Ray Interpretation: A Primary Care Approach**

**R2 000.00**

This DVD teaches how to evaluate radiographic patterns in chest x-rays. The program covers such topics as anatomical landmarks; correlating patient presentation with radiographic findings; and radiological changes associated with such conditions as asthma, COPD, pneumonia, lung abscess, and malignancy. *DVD / 1998 / 120 min / HSMED203*

## **Coronary Angiogram and Nonsurgical Interventions**

**R2 000.00**

This DVD examines pre- and post-procedural nursing care of patients undergoing such cardiovascular procedures as angiograms, angioplasty, and stent placement. It features illustrative graphics and live footage.

*DVD / 1997 / 26 min / HSMED204*

## **Pharmacology Pearls for the Radiologic Healthcare Professional**

**R2 000.00**

Identifying ionic and non-ionic contrast agents, this DVD examines significant drug interactions that affect radiologic care.

*DVD / 2006 / 85 min / HSMED205*

**Nuclear Medicine****R2 000.00**

This DVD explores the use of radiopharmaceuticals in examinations and considers the benefits of radioactive tracer drugs in the search for blockages or damaged areas of the body's organs and systems. *DVD / 2002 / 15 min / HSMED206*

**Radiation Therapy****R2 000.00**

Featuring a radiation oncologist, a clinical physicist, a dosimetrist, and radiation therapists, this DVD demonstrates the use of radiation therapy to attack cancer cells while avoiding damage to surrounding tissue. *DVD / 2002 / 15 min / HSMED207*

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