

# MedMap Quick-Start Guide

Welcome to MedMap! This guide helps you set up your first medication list.

## Steps:

1. Open the MedMap app or web form
2. Add your medicines:
  - Scan the barcode
  - Snap a photo
  - Type them in manually
3. Review and confirm your list
4. Share securely with your clinician or pharmacist

## Need help?

Visit our FAQ: [medmap.study/resources/faq](https://medmap.study/resources/faq)

Contact support: [research@medmap.study](mailto:research@medmap.study)