

Michael Yue

Artist Statement

How might virtual reality help us to cultivate a healthy frame of mind? How can we use existing strategies for dealing with stress in a virtual environment? I am interested in working with the immersive technological tool, virtual reality, to explore these questions.

I have developed high quality renderings of a peaceful, mountainous landscape with natural sound effects, such as a gentle breeze, and sounds of birds and wildlife animals. The concept of the work is based on the practice of “zen” and other meditative practices for alleviating stressful moments.

How might virtual reality help us to cultivate a healthy frame of mind? How can we use existing strategies for dealing with stress in a virtual environment? I am interested in working with the immersive technological tool, virtual reality, to explore these questions. In general, virtual reality can be utilized in many ways, ranging from military to mental health and then entertainment purposes. For this project, I will mainly focus on mental health, modeling a natural landscape. Through this project explores the possibilities of an immersive virtual, yet naturalistic landscape as a way to alleviate stress and improve mental health. users will experience an invigorating landscape that alleviates the stressful times that they encountered. In this virtual experience artwork, High quality renderings of a photorealistic landscape are paired with natural sound effects, encompasses the voices of the nature such as a gentle breeze, and sounds of birds and wildlife animals. I am interested in ways that an immersive, virtual experience of nature can further improve mental ability. The concept of the work is based on the practice of “zen” and other meditative practices for alleviating stressful moments.