Photomodulation of Oxidative Metabolism and Electron Chain Enzymes in Rat Liver Mitochondria

Wei Yu, John O. Naim, Margit McGowan, Kim Ippolito and Raymond J. Lanzafame*

Laser Surgical Research Laboratory, Department of Surgery, Rochester General Hospital and the University of Rochester School of Medicine and Dentistry, Rochester, NY, USA

Received 3 June 1997; accepted 12 September 1997

ABSTRACT

Low-level laser irradiation has been applied in a variety of laboratory studies and clinical trials for photobiostimulation over the last three decades. Considerable skepticism exists regarding the concept of photostimulation within the medical community. One of the major difficulties with photoirradiation research is that it lacks experimentally supportable mechanisms for the alleged photobiostimulatory effects. This study was undertaken to determine whether oxidative metabolism and electron chain enzymes in rat liver mitochondria can be modulated by photoirradiation. Oxygen consumption, phosphate potential, and energy charge of rat liver mitochondria were determined following photoirradiation. Activities of mitochondrial enzymes were analyzed to assess the specific enzymes that are directly involved with the photostimulatory process. An argon-dye laser at a wavelength of 660 nm and at a power density of 10 mW/cm² was used as a photon source. Photoirradiation significantly increased oxygen consumption (0.6 J/cm² and 1.2 J/cm^2 , P < 0.05), phosphate potential, and the energy charge (1.8 J/cm² and 2.4 J/cm², P < 0.05) of rat liver mitochondria and enhanced the activities of NADH: ubiquinone oxidoreductase, ubiquinol: ferricytochrome C oxidoreductase and ferrocytochrome C: oxygen oxidoreductase (0.6 J/cm², 1.2 J/cm², 2.4 J/cm² and 4.8 J/cm², P < 0.05). The activities of succinate ubiquinone oxidoreductase, ATPase, and lactate dehydrogenase were not affected by photoirradiation.

INTRODUCTION

Photobiostimulation currently enjoys widespread clinical popularity in Europe, Canada, China and Japan. There is extensive literature on the effects of low-level laser irradiation on cell and bacteria cultures, animal models and clinical studies (1–10). Since Mester *et al.* (1) reported that low-level laser irradiation had a stimulatory effect on wound healing, low-level laser therapy has been successfully used in treating trophic ulcers and indolent wounds of diverse etiologies after

traditional treatments had little effect (2,3). Additionally, low-level laser irradiation has been shown to affect the acceleration of bone repair following fracture or radiation-induced necrosis (4-6). Great variations in the type of the experimental animal used, the type and size of the wound treated, the method of assessment of results, the choice of laser wavelengths and fluences and the conditions of the irradiation often produce conflicting results (7-10). The clinical application of laser biostimulation is extremely controversial in the United States. Considerable skepticism exists regarding the concept of photostimulation within the medical community. The efficacy of laser biostimulation has not yet been demonstrated unequivocally with properly controlled experiments and clinical trials. One of the major difficulties with photoirradiation research is that it lacks experimentally supportable mechanisms for the alleged photobiostimulatory effects.

Photosynthesis in both green plants and common living organisms is carried out in cellular membranes where the photochemical reaction center is composed of light-absorbing species (i.e. photosensitizer) and electron transfer mediators. This combined redox system serves as an elaborately and completely organized system (11). It is unknown whether mammalian cells have photoactive systems similar to those found in plant cells and common living organisms. Arvanitaki and Chalazonitis compared the action spectrum for Helix pomatia myocardium stimulation with the absorption spectrum of isolated mitochondria and demonstrated the ability of mitochondria to act as a subcellular light receptor (12). Chance and Hess (13) have shown that the absorption spectrum of whole cells is qualitatively similar to that of isolated mitochondria. If photoirradiation can induce chemical interactions in mammalian cells, mitochondrial flavins, iron-sulfur centers or hemes should be considered to be potential endogenous photosensitizers that are involved with visible light absorption.

The issue of photosensitivity of mammalian cells was raised in the 1970s when photobiostimulatory effects were being applied to a variety of medical problems. There are many arguments offered regarding the mechanism of photostimulation in mammalian cells. Karu (14) speculates that the mitochondria are the photoreceptors for visible light energy and that the absorption of light by the respiratory chain components may cause a short-term activation of the respiratory chain and oxidation of the NADH pool. This leads to

^{*}To whom correspondence should be addressed at: Laser Center, Department of Surgery, Rochester General Hospital, 1425 Portland Ave., Rochester, NY 14621, USA. Fax: 716-544-8761.

^{© 1997} American Society for Photobiology 0031-8655/97 \$5.00+0.00

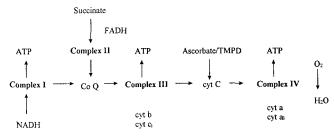


Figure 1. Schema of respiratory chain in hepatic mitochondria.

changes in the redox status of both the mitochondria and the cytoplasm. Activation of the electron-transport chain results in an increase of proton-motive force, an increase in the electrical potential of the mitochondrial membrane and the ATP pool, the alkalization of cytoplasm and finally, the activation of nucleic acid synthesis. However, the lack of detailed supporting evidence for this theory not only makes it difficult to convince most skeptics but also has been the justification for the Food and Drug Administration's withholding of the approval of laser biostimulation devices in the United States (15).

In the last several years, we have investigated photobiostimulatory effects on cellular proliferation, the release of cytokines and growth factors from cells, wound healing, functional preservation of the isolated heart and the immune response in sepsis (16-19). We found that low-level laser irradiation at certain wavelengths and fluences has significant biostimulatory effects on cells and tissues. In this present study, we further investigated the possible mechanism of photomodulation (both stimulatory and inhibitory) using a cell-free system. We assumed that mitochondria in mammalian cells are acting as photoreceptors and that the protein complexes of the mitochondrial respiratory electron chain (Fig. 1) are the photoreaction site. First, we determined whether photoirradiation alters oxygen consumption, phosphate potential and the energy charge of rat liver mitochondria. Then, the activities of mitochondrial enzymes were analyzed to assess the specific enzymes that are directly involved with the photostimulatory process.

MATERIALS AND METHODS

Preparation of mitochondria and inner mitochondrial membranes. Sprague Dawley rats were sacrificed by decapitation. After washing with cold distilled water, the livers were minced in a cold extraction solution (25-30 mL per 10 g tissue) containing 0.25 M sucrose, 1 mM EDTA and 0.1% bovine serum albumin (BSA).† The tissue was then homogenized using a glass-Teflon Potter-Elvejhem homogenizer. The homogenate was centrifuged at 600 g for 10 min, and the supernatant fractions were collected and centrifuged again at 15 000 g for 5 min. The pellets were resuspended in the extraction solution and centrifuged at $15\,000\,g$ for 5 min. Washed mitochondria were suspended in the extraction buffer at a final concentration of 10 mg/mL protein. The mitochondrial suspension was used immediately for oxygen electrode studies and for determination of phosphate potential and energy charge. For enzyme activity analysis, the mitochondrial suspension was stored at -70°C and used within 2 weeks of its initial preparation.

Photoirradiation and devices. A Lexel Aurora model 600 argondye laser (Lexel, Fremont, CA) was used as the light source for all of our studies. Precise measurement of the laser wavelength was determined via a spectrophotometer (RS Instruments, San Jose, CA). The power output was measured using a laser power meter (Molectron Detector Inc., Portland, OR). Photoirradiation was carried out at a wavelength of 660 nm and a power density of 10 mW/cm2 at room temperature. The requisite experimental fluences were achieved by varying the irradiation time (1, 2, 3, 4 or 8 min) accordingly. The fluences and the wavelength of light utilized in these experiments were chosen based upon our previous investigations and the work of other investigators

Oxygen electrode studies. Mitochondrial oxygen consumption was analyzed by standard techniques (20) using a Clark-type electrode (Microelectrodes Inc., Londonderry, NH). Mitochondria (5 mg protein) were incubated in a 1 mL custom-designed cuvette chamber equipped with a stirring bar and maintained at 25°C in an incubation medium that consisted of 0.25 M sucrose, 2 mM MgCl₂, 10 mM K₂HPO₄, 10 mM KCl and 0.2 mM EDTA and 4 mM HEPES, pH 7.4. Following laser irradiation, oxygen consumption was determined using either succinate at a final concentration of 20 mM or ascorbate/N,N,N,'N'-tetramethyl-phenylenediamine (TMPD) at final concentrations of 7.2 mM and 0.24 mM, respectively, as substrates. State 3 oxygen consumption was initiated by the addition of ADP $(1 \mu M)$ to the incubations. When succinate was used as a substrate, state 3 oxygen consumption was determined in the presence of rotenone at a 4 mM final concentration. State 3 respiration using ascorbate/TMPD as substrates was determined in the presence of 0.6 µg/ mL antimycin A.

Phosphate potential and energy charge. Phosphate potential and energy charge were determined using mitochondrial incubation techniques as was described by Stucki et al. (21). Following laser irradiation, approximately 5 mg of mitochondrial protein was added to a test tube containing 3 mL of the incubation medium (100 mM KCl, 5 mM L-glutamate and 1 mM MgCl₂ in 8 mM potassium phosphate buffer, pH 7.4) and was incubated at 37°C in a shaker water bath that was shaking at 100 strokes/min. One milliliter from each sample was removed at 7 min and 12 min time intervals and quickly deproteinized by the addition of 1 mL of perchloric acid (0.3 M). After neutralization with KOH and centrifugation, the concentrations of ATP, ADP and AMP in the supernatant were determined using enzymatic methods (22). Inorganic phosphorus (Pi) was assayed using a Sigma diagnostic kit. The phosphate potential (G_p) was calculated as follows (21):

$$G_p = [G_{op} + RT \ln(ATP)]/[(ADP) \times (Pi)]$$

where G_{op} = 8.5 kcal, R = gas constant, T = absolute temperature, and ln = natural logarithm. The energy charge was calculated as follows (23):

Energy charge = [(ATP) + 0.5 (ADP)]/[(ATP) + (ADP) + (AMP)].

Assays for mitochondrial protein complexes I, II, II and IV. Assays of mitochondrial protein complexes I, II and III were performed as was described by Ragan et al. (24) with the following modifications:

The complex I assay (NADH: ubiquinone oxidoreductase) was modified using a plate reader at 340 nm to measure the oxidization of NADH to NAD+ at 30°C. Following laser irradiation, 10 μL of mitochondrial protein in 25 mM potassium buffer was added to 96 well plates. Each well contained 285 µL of Tris buffer (pH 8.0, 0.05 M) and 100 μM NADH. The assay was carried out at 30°C and initiated after the addition of 5 μL coenzyme Q_{10} (Co Q_{10} , 3 mM) to each well. The results were expressed as micromoles of NADH oxidized per minute per milligram of mitochondrial protein using a combined NADH-ubiquinone extinction coefficient of 6.81 mM/ cm⁻¹. The reaction was repeated in the presence of 2.5 µmol/rotenone. The rotenone insensitive activity was subtracted from the total activity, resulting in the rotenone-sensitive or complex I activity.

Complex II (succinate ubiquinone oxidoreductase) was measured by the rate of the secondary reduction of dichlorophenolindophenol by the ubiquinol formed. Following laser irradiation, 10 µL of mitochondrial protein (3 mg/mL) was added to a 1 mL solution containing 10 mM succinate, 100 µM EDTA and 75 µM 2,6-dichlorophenolindophenol in 50 mM potassium phosphate buffer (pH 7.5)

[†]Abbreviations: BCA, bicinchoninic assay; BSA, bovine serum albumin; CoQ10; COX, cytochrome c oxidase; LDH, lactate dehydrogenase; PBS, phosphate-buffered saline; TMPD, N,N,N',N'tetramethyl-phenylene diamine.

Table 1. State 3 oxygen consumption of mitochondria following photoirradiation*

	Succinate	Ascorbate/TMPD
Control	155 ± 10	286 ± 37
0.6 J/cm ²	$212 \pm 3 \dagger$	$404 \pm 27\dagger$
1.2 J/cm ²	189 ± 15†	357 ± 79
1.8 J/cm ²	186 ± 16†	NA
2.4 J/cm ²	166 ± 22	NA

^{*}Oxygen consumption is expressed as natoms/min/mg mitochondrial protein. The data were pooled from three experiments and presented as mean \pm SE. N = 8-12.

in a spectrophotometer cell. The reaction began with the addition of $10 \, \mu L$ of CoQ_{10} ($100 \, \mu M$). The decrease in absorbance at 600 nm was used to calculate specific activity (S.A.) using an extinction coefficient of 21/mM/cm.

S.A. =
$$\Delta$$
 absorbency (600 nm)/mg of protein \times 21 \times Δt .

Complex III (ubiquinol: ferricytochrome C oxidoreductase) was assayed by the rate of reduction of cytochrome c by ubiquinol. A plate reader was used at 550 nm to measure reduced cytochrome c. Following laser irradiation, 5 μL of mitochondrial protein in a sucrose–Tris-HCl buffer was added to a 96 well plate containing 100 μL of 50 mM phosphate-buffered saline (PBS) (pH 7.4), 10 μL of 10 mM EDTA and 5 μL of 1 mM cytochrome c. After equilibration at 30°C, 5 μL of ubiquinol was added to the mixed solution to initiate the reaction. The increase in absorbance at 550 nm was calculated as the S.A. using an extinction coefficient of 18.5/mM/cm.

S.A. =
$$\Delta$$
 absorbency (550)/mg of protein \times 18.5 \times Δ t.

Complex IV (ferrocytochrome C: oxygen oxidoreductase) was assayed by the rate of oxidation of ferrocytochrome c following a decrease in the absorbance at 550 nm (25). Preparation of ferrocytochrome c was as follows: 1.0% cytochrome c was dissolved in 10 mM PBS (pH 7.0). The solution was reduced with 2 mg of potassium ascorbate. Excess ascorbate was removed by dialysis in 10 mM PBS (pH 7.0) for 24 h with three separate changes of dialysate.

For the assay, 90 μ L/well of 7% ferrocytochrome c in PBS (0.01 M, pH 7.0) was added to a 96 well plate and equilibrated at 30°C. A blank well was oxidized using 10 μ L of 1 M potassium ferricyanide. The reaction was initiated by the addition of 10 μ L of sample. The decrease in absorbency was measured every 15 s at 550 nm. The activity of cytochrome c oxidase was defined as the first-order velocity constant (k=2.3 log A [initial]/A[final 1 min] min $^{-1}$). The specific activity was calculated as:

S.A. =
$$k$$
 (concentration cytochrome c)/mg protein.

Activity of ATPase and lactate dehydrogenase (LDH). Mitochondrial ATPase activity was determined in the presence of ouabain using a coupled enzyme reaction according to the method of Scharschmidt et al. (26). The activity of LDH (a soluble cytosolic) was measured using a Sigma LDH/LD diagnostic kit.

Protein assay. All protein concentrations in the mitochondrial preparations were determined using the bicinchoninic assay (BCA). Bovine serum albumin (BSA) was used as a standard.

Statistical analysis. Statistical analysis of the differences between control and photoirradiation groups was performed using the Student's t-test. A P value of <0.05 was considered statistically significant.

RESULTS

Oxygen consumption of mitochondria following photoirradiation

The results of the oxygen consumption studies are shown in Table 1. The coupling site II of the electron respiratory chain, which is located on the path of electrons from cytochrome b to cytochrome c, was evaluated using succinate as an electron donor and using rotenone to block between NADH and CoQ path. The results show that state 3 oxygen consumption following laser irradiation at fluences of 0.6 J/cm², 1.2 J/cm² and 1.8 J/cm² was significantly increased. When ascorbate/TMDP was used as the substrate, coupling site III of the electron respiratory chain was evaluated following blocking with rotenone and antimycin A. The results imply that photoirradiation alters mitochondrial oxygen consumption. However, the observed changes were significant only at an energy density of 0.6 J/cm².

Phosphate potential and energy charge

Mitochondrial energy metabolism can be characterized by determining the phosphate potential and the energy charge in mitochondrial incubations. Both phosphate potential and energy charge reflect the energy state of a cell or of isolated mitochondria. After a 7 min incubation, both the phosphate potential and energy charge were significantly increased in the laser groups (Table 2). However, there was no significant difference between the control and the laser irradiation groups following a 12 min incubation.

Activity of mitochondrial enzymes

Increased activity of the respiratory chain can be associated with different mitochondrial complexes and enzymes. To assess the specific complexes and enzymes that may respond to photostimulation, the activities of mitochondrial protein complexes I through IV, ATPase and LDH were determined. The enzyme activity results are shown in Tables 3 and 4. Photoirradiation at fluences of 1.2 J/cm² and 2.4 J/cm² increased the activity of complex I (P < 0.05). Complex II activity appears not to be affected by photoirradiation. Complex III and complex IV activities were significantly increased following photoirradiation at fluences of 0.6 J/cm², 1.2 J/cm², 2.4 J/cm² and 4.8 J/cm² (P < 0.05). Photoirradia-

Table 2. Phosphate potential (Kcal) and energy charge in isolated hepatic mitochondria*

	Control	0.6 J/cm ²	1.2 J/cm ²	1.8 J/cm ²	2.4 J/cm ²
Phosphate potential (7 min)	6.62 ± 2.26	10.67 ± 2.58	18.59 ± 5.09†	13.86 ± 5.45†	22.38 ± 6.73†
Phosphate potential (12 min)	17.2 ± 4.58	35.1 ± 18.16	25.5 ± 14.9	15.7 ± 3.21	13.5 ± 2.49
Energy charge (7 min)	0.88 ± 0.04	0.92 ± 0.02	0.93 ± 0.01	$0.95 \pm 0.02 \dagger$	$0.97 \pm 0.01 \dagger$
Energy charge (12 min)	0.92 ± 0.02	0.95 ± 0.03	0.95 ± 0.01	0.96 ± 0.02	0.92 ± 0.01

^{*}This study was repeated twice. The data were pooled from two experiments and are presented as mean \pm SE. N = 8. $\pm P < 0.05$ vs the control.

 $[\]dagger P < 0.05$ vs the control.

Table 3. Activities of mitochondrial electron transport protein complexes*

Group	Complex I (nmol min ⁻¹ mg protein ⁻¹)	Complex II (nmol min ⁻¹ mg protein ⁻¹)	Complex III (nmol min ⁻¹ mg protein ⁻¹)	Complex IV (1 min ⁻¹ mg protein ⁻¹)
Control	9.33 ± 3.03	9.85 ± 1.44	3.55 ± 0.57	0.514 ± 0.060
0.6 J/cm ²	16.47 ± 6.15	8.20 ± 0.49	$7.33 \pm 1.70 \dagger$	$0.691 \pm 0.052 \dagger$
1.2 J/cm ²	$33.74 \pm 5.96 \dagger$	9.85 ± 2.34	$7.12 \pm 1.60 \dagger$	$0.732 \pm 0.065 \dagger$
2.4 J/cm ²	$45.65 \pm 6.90 \dagger$	7.72 ± 0.23	$15.3 \pm 3.04 \dagger$	$0.930 \pm 0.098 \dagger$
4.8 J/cm ²	N/A	9.45 ± 0.72	$7.06 \pm 1.49 \dagger$	$0.936 \pm 0.070 \dagger$

^{*}This study was repeated twice. The data were pooled from two experiments and are presented as mean \pm SE. N = 6. $\dagger P < 0.05 \text{ } vs \text{ the control.}$

tion did not have a statistically significant effect on the activities of LDH and ATPase at any of the fluences studied.

DISCUSSION

We examined mitochondrial oxidative metabolism to determine whether essential mitochondrial functions can be altered following laser irradiation. The oxygen electrode studies showed that laser irradiation at certain fluences significantly increased state 3 oxidation rates when succinate or ascorbate/TMDP were used as substrates. Our results are consistent with other researchers (27,28). Analysis of the phosphate potential and the energy charge has been shown to further characterize mitochondrial function following laser irradiation. Following a 7 min incubation, the mitochondria that received laser irradiation appeared to have a significantly higher phosphate potential and energy charge than mitochondria without photoirradiation. However, we found no difference between control and laser irradiation groups following a 12 min incubation. These data suggest that laser irradiation does alter mitochondrial functions at certain fluences and that photoirradiation may accelerate the redox reaction rate of the electron respiratory chain of mitochondria. However, this stimulatory effect only lasts for a short period. Whether the late-stage interaction, i.e. the secondary dark reaction, is related to mitochondrial events following photoirradiation is unclear and warrants further investigation.

Increased activity of mitochondrial electron transport can be associated with a variety of mitochondrial enzyme activities. Photostimulatory effects for a variety of mitochondrial enzymes (i.e. protein complexes in respiratory transport chain, ATPase) have been proposed and studied by different researchers (28-31). However, most of the proposed mechanisms are based on oxygen consumption studies and lack of direct experimental support. In this study, we used specific enzyme assays to examine the oxidoreductase activities of the four electron transport protein complexes as well as the activities of ATPase and LDH. Our study demonstrates that photoirradiation can significantly increase the activities of complex I, complex III and complex IV. Photoirradiation did not appear to have a statistically significant effect on the activities of mitochondrial protein complex II, ATPase or LDH.

Based on the findings of our studies, which demonstrate that the electron chain complex I, complex III and complex IV can be activated by photoirradiation, we postulate that the mechanism of photointeraction in mammalian cells is as follows (Fig. 2): metal sites in the protein complexes of the electron respiratory chain play a major role in photomodulation and can directly serve as the principal photoreceptors. When photons from laser light energize the metal sites in these complexes, shaking/vibration of these metals may alter either the enzyme conformation or the redox reaction, and this in turn increases the transfer of electrons throughout the respiratory chain and/or pumping of protons from the membrane. Increased transference of electrons and protons accelerates oxidative metabolism and leads to an increase in ATP synthesis. Increased ATP production may in turn promote cellular metabolism, resulting in photobiostimulation. However, we speculate that excessive photoirradiation may produce fully oxidized and fully reduced complexes. These fully reacted complexes will not be associated with electron transfer but will undergo a structural rearrangement (32), thereby resulting in bioinhibitory effects. However, this hypothesis requires specific investigation for confirmation.

Harvard researchers have already used laser light as a tool to shake/knock off binding sites between carbon monoxide and iron in myoglobin (33). In their study, infrared laser light was used to bend carbon monoxide, and an argon laser was used to shake iron from the heme molecule. These experiments provide some insights and seem to support our current theory of laser biostimulation. We used complex IV (cytochrome c and cytochrome c oxidase [COX]) as a model

Table 4. Activities of enzymes in isolated liver mitochondria*

Enzymes	Control	0.6 J/cm ²	1.2 J/cm ²	1.8 J/cm ²	2.4 J/cm ²
ATPase†	1.02 ± 0.2	1.15 ± 0.3	1.41 ± 0.51	0.96 ± 0.31	0.72 ± 0.27
LDH‡	9.35 ± 0.28	9.35 ± 0.73	9.56 ± 0.22	9.75 ± 0.32	9.7 ± 0.29

^{*}This study was repeated twice. The data were pooled from two experiments and presented as mean ± SE. N = 8. No statistically significant difference between the control and irradiation groups was demonstrated.

[†]The ATPase activity is expressed as umol Pi/mg protein h.

[‡]The LDH activity is expressed as an international unit/mg protein.

Figure 2. The proposed photostimulatory/inhibitory mechanisms (speculation).

to illustrate our theory in detail because much information is available for the activity of this complex. The main function of COX is energy conservation. This is the terminal enzyme in the respiratory chain. Cytochrome c oxidase is a proton pump situated in the inner mitochondrial membrane of the mammalian cell. This enzyme uses redox chemistry to drive protons from the mitochondrial matrix across the membrane. Electron transfer to cytochrome oxidase is initiated by the binding of cytochrome c to subunit II on the external side of the membrane. This subunit contains a Cu_A center. Most studies of electron transference indicate that a linear sequence of events occurs with the electrons proceeding from cytochrome c to CuA then to heme a and then onward to the heme a₃-Cu_B center. Heme a, Heme a₃ and Cu_B are all liganded to residues within subunit I of the oxidase (Fig. 1). Absorbance changes in partly reduced COX have been observed, and the reaction producing the absorbance changes is sensitive to ligands that bind in the a₃-Cu_R site, which suggests that cytochrome a₃ or the immediate environment of this center is associated with the light-induced changes (32). When photons are directly absorbed by the metals in these heme complexes, the shaken vibrated metal groups undergo shaking or vibration that causes increased binding between cytochrome c and COX, and this in turn accelerates electron processing and leads to an accelerated redox reaction.

Our current studies provide some insights into the photostimulatory mechanism in a cell-free system. Whether photobiostimulation involves other mechanisms such as secondary dark reactions and/or enzyme transformation needs further study.

Acknowledgements—The authors thank Mr. Scott Gibson and Professor Russell Hilf for reviewing this manuscript.

REFERENCES

- 1. Mester, E., T. Spiry, B. Szende and J. G. Tota (1971) Effect of laser rays on wound healing. Am. J. Surg. 122, 532.
- Mester, E. (1980) Laser application in promoting of wound-healing. In *Lasers in Medicine* (Edited by N. K. Koebner), p. 83–85. Wiley, New York.
- Gamaleya, N. F. (1977) Laser biomedical research in the USSR. In Laser Application in Medicine and Biology, Vol. 3 (Edited by M. Wolbarsht), p. 1–175. Plenum Press, New York.

- 4. Rosenblum, D. M. and K. N. Yuen (1987) The helium-neon laser in podiatry. *Curr. Podiat. Med.* (Feb.), 16-19.
- Trelles, M. A. (1981) The biostimulatory effect of the He-Ne laser beams for osseous regeneration. In *Proceedings of the 5th International Congress Laser 81, Optoelectronics in Medicine* (Edited by W. Waidelich), p. 153–163. Springer-Verlag, New York.
- 6. Trelles, M. A. and E. Mayayo (1987) Bone fracture consolidates faster with low-power laser. *Lasers Surg Med.* 7, 36–45.
- Smith, R. J., M. Birndorf, G. Gluck, D. Hammond and W. D. Moore (1992) The effect of low-energy laser on skin-flap survival in the rat and porcine animal models. *Plastic Reconstr. Surg.* 89, 306–310.
- 8. Anneroth, G., G. Hall, H. Ruden and L. Zetterqvist (1988) The effect of low-energy infra-red laser radiation wound healing in rats. Br. J. Oral Maxillofac. Surg. 26, 12-17.
- Hunter, J., L. Leonard, R. Wilson, G. Snider and J. Dixon (1984) Effects of low energy laser on wound healing in a porcine model. *Lasers Surg. Med.* 3, 285–290.
- Graham, D. J. and J. J. Alexander The effects of argon laser on bovine aortic endothelial and smooth muscle cell proliferation and collagen production. *Curr. Surg.* 47, 27–29.
- Katsuhiko, T. and Y. Sawaki (1993) Photochemical reaction in organized and semiorganized media. Crit. Rev. Biochem Mole. Biol. 28, 323-367.
- Arvanitaki, A. and N. Chalazonitis (1947) Reactions bioelectriques a la photoactivation des cytochromes. Arch. Sci. Physiol. 1, 385, 405
- Chance, B and B. Hess. (1959) Spectroscopic evidence of metabolic control. Science 129, 707–708.
- Karu, T. (1989) Photobiology of low-power laser effects. Health Phys. 56:691–704.
- Food and Drug Administration (FDA) (1984) "Fact sheet laser biostimulation" FDA, Center for devices and radiological health, Division of Consumer Affairs.
- 16. Wei, Y., J. O. Naim and R. J. Lanzafame (1994) The effect of laser irradiation on the release of bFGF from 3T3 fibroblasts. *Photochem. Photobiol.* **59**, 167–170.
- 17. Wei, Y., J. O. Naim and R. J. Lanzafame (1997) Improvement of wound healing in genetically diabetic mice by low level laser irradiation. *Lasers Surg. Med.* 20, 56–63.
- Wei, Y., L.-H. Chi, J. O. Naim and R. J. Lanzafame (1997). Improvement of the host response to sepsis by photobiomodulation. *Lasers Surg. Med.* 21, 262–268.
- Zhu, Q. Y., Wei, Y., X. P. Yang, G. L. Hicks, R. J. Lanzafame and T. C. Wang (1997) Low level laser irradiation improved functional preservation of the isolated rat heart. *Lasers Surg. Med.* 20, 332-339
- Estabrook, R. W. and M. E. Pullman (1967) Mitochondrial respiratory control and the polarographic measurement of ADP:O ratios. *Methods Enzymol.* 10, 41–47.
- Stucki, J. W., L. H. Lehmann and P. Mani (1984) Transient kinetics of thermodynamic buffering. *Biophys. Chem.* 19, 131– 185.
- Estabrook, R. W. and M. E. Pullman (1967) Assay for ATP, ADP and AMP. Methods Enzymol. 10, 477–479.
- Atkins, D. E. (1968) The energy charge of the adenylate pool as a regulatory parameter: interaction with feedback modifiers. *Biochemistry* 7, 4030–4034.
- Ragan, C. I., M. T. Wilson, V. M. Darley-Usmar and P. N. Lowe (1987) Sub-fractionation of mitochondria and isolation of the proteins of oxidative phosphorylation. In *Mitochondria: A Practical Approach* (Edited by V. M. Darley-Usmar, D. Rickwood and M. T. Wilson), p. 79–112. IRL Press, Washington, DC
- Sherratt, H. S., N. J. Watmough, M. A. Johnson and D. M. Turnbull (1988) Methods for study of normal and abnormal skeletal muscle mitochondria. *Methods Biochem. Anal.* 33, 243– 335.
- Scharschmidt, B. F., E. B. Keeffe, N. M. Blankenship and R. K. Ockner (1979) Validation of a recording spectrophotometric method for the measurement of membrane-associated Mg-and Na, K- ATPase activity. *J. Lab. Clin. Med.* p. 690–695.
- 27. Morimoto, Y., T. Arai, M. Kikuchi, S. Nakajima and H. Nak-

- amura (1994) Effect of low-intensity argon laser irradiation on mitochondrial respiration. Lasers Surg. Med. 15, 191-199.
- 28. Kato, M. K. Shinzawa and S. Yoshikawa (1981) Cytochrome oxidase is a possible photoreceptor in mitochondria. Photobiochem. Photobiophys. 2, 263-269.
- 29. Salet, C., S. Passarella and E. Quagliariello (1987) Effects of selective irradiation mammalian mitochondria. Photochem. Photobiol. 45, 433-438.
- 30. Pastore, D., M. Greco, V. A. Petragallo and S. Passarella (1994) Increase in H^+/e^- ratio of the cytochrome c oxidase reaction in mitochondria irradiated with helium-neon laser. Biochem. Mol. Biol. Int. 34, 817-826.
- 31. Karu, T. I, and N. A. Afanasyeva (1995) Cytochrome c oxidase as primary photoacceptor for cultured cells in visible and near IR regions. Dokla. Biophys. 342, 693-695.
- 32. Hallen S. and P. Brzezinski (1994) Light-induced structural changes in cytochrome c oxidase: implication for the mechanism of electron and proton gating. Biochim. Biophys. Acta **1184**, 207–218.
- 33. Lim M., T. A. Jackson and P. A. Anfinrud (1995) Binding of CO to myoglobin from a heme pocket docking site to form nearly linear Fe-C-O. *Science* **269**, 963–966.