Digital epidemiology Lesson 3

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Testing & Diagnostics

Identify cases

In the previous lecture we talked about these questions

- ▶ How do we find cases?
- ▶ How many cases are there?
- What causes them?
- What are the consequences?

But there is a more fundamental questions behind all of them...

Identify cases



Identify cases

- For most of medical history, diagnosis was purely based on observations on symptoms and their history
- As science advanced, more tools became available to make a diagnosis. Today, laboratory tests are available for many diseases.
- ▶ However, any diagnosis ultimately comes with uncertainty.
- ▶ Even for modern, highly specific lab tests, the accuracy is never 100%.
- It is highly non-intuitive how a test that is almost perfect can lead to very misleading epidemiological conclusions.

False positives and false negatives

- Let's assume we know for absolute certainty whether a person has a disease or not. If we have a dichotomous test, there are 4 scenarios:
- You have the disease, the test is positive: true positive
- You have the disease, but the test is negative: false negative
- You don't have the disease, and the test is negative: true negative
- You don't have the disease, but the test is positive: false positive

False positives and false negatives

Test

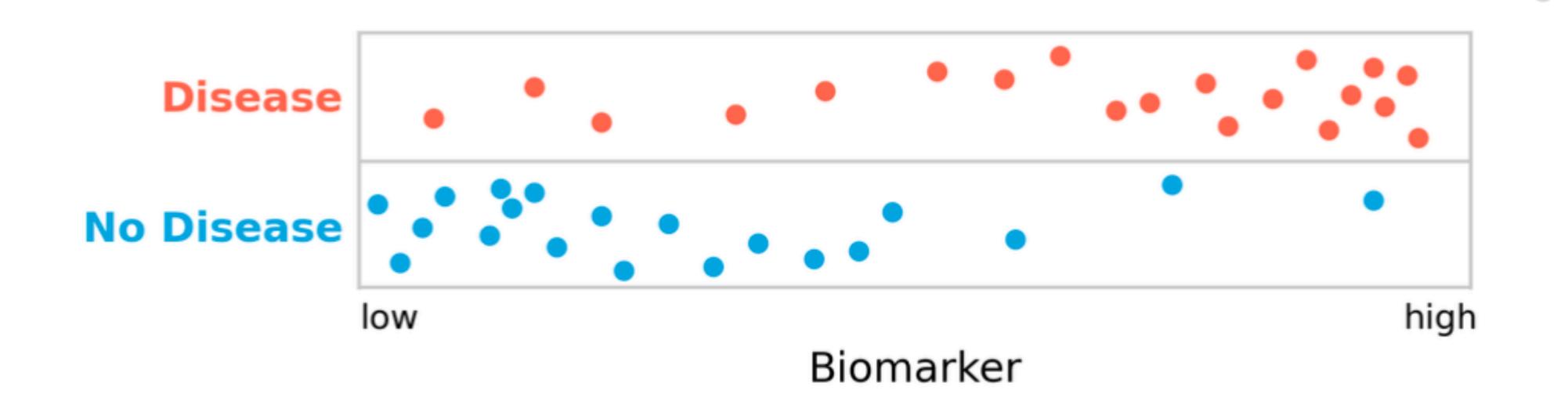
		Positive	Negative
Disease	Present	True positive	False negative
	Absent	False positive	True negative

(For those familiar with classifiers, this is also called a confusion matrix)

False positives and false negatives

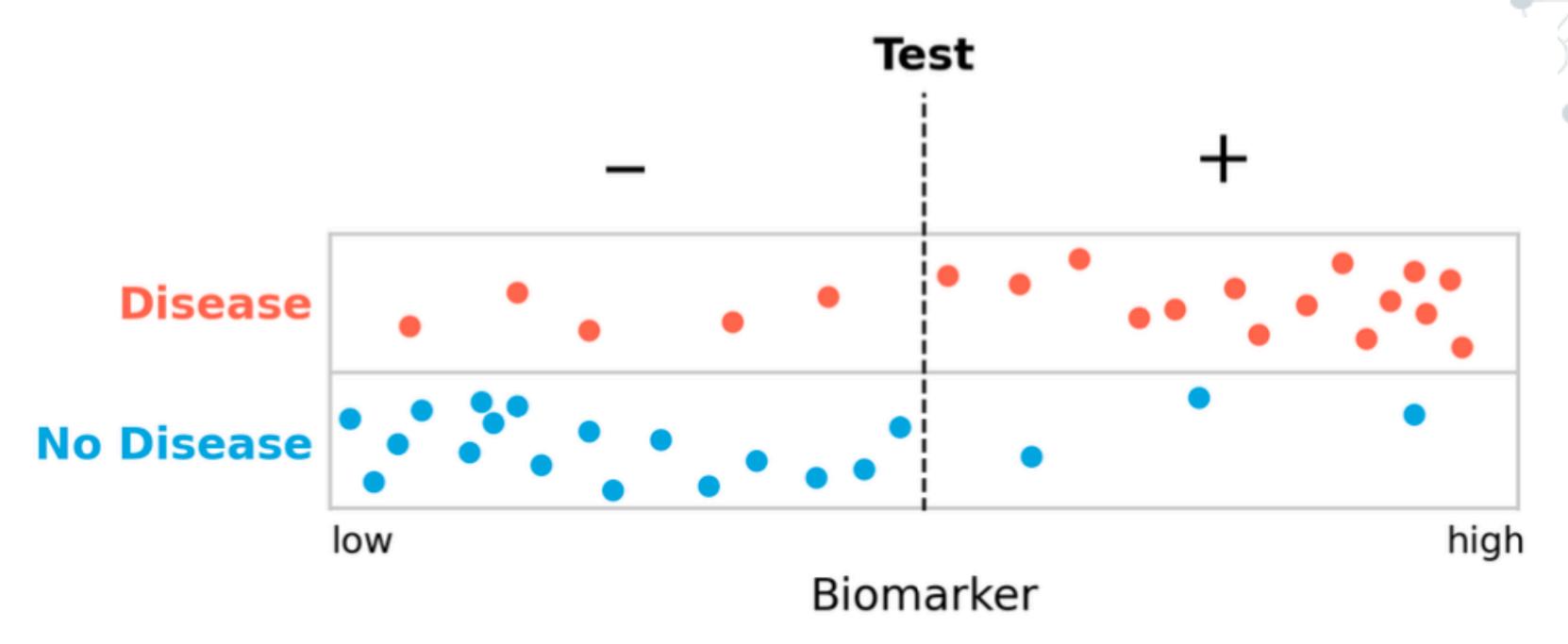
- ▶ Type I error: you think something is there but it is not a false alarm.
- ▶ Type II error: you miss something that is actually there.
- Which error is worse usually depends on the situation.
- ▶ For example, a false positive test may lead to a treatment with very strong negative side effects. A rather bad Type I error.
- Missing a disease with a false negative test outcome can be just as bad, as the disease may not get the necessary treatment. A classic Type II error.

Testing



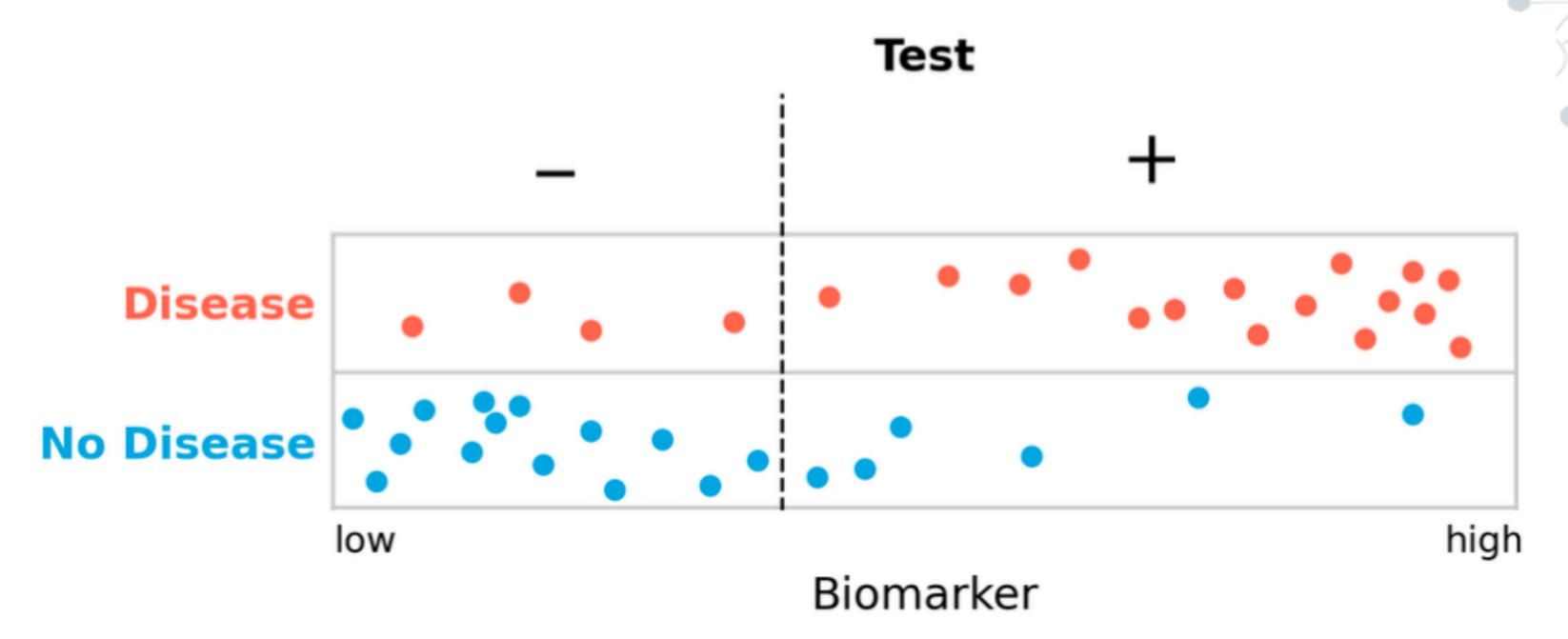
Many diagnostics tests work by measuring the presence or amount of a biomarker.

Testing



- ▶ We need to define a **cutoff**, above which we declare the presence of the disease.
- There is **no perfect cutoff.** The choice will impact the number of false positive and false negatives. We now miss 5 individuals with the disease...

Testing



- Let's move the cutoff to the left, to reduce the number of false negatives...
- ▶ Of course, the number of false positives will increase...
- ▶ We need to a framework to deal with this uncertainty.

- We may want a test to rarely miss people who have the disease. Thus, few false negatives. We want the test to be sensitive.
- ▶ Or, we may want the test to rarely misclassify as having the disease when they have not. Thus, few false positives. We want the test to be **specific**.
- Sensitivity
- Specificity

Sensitivity =
$$\frac{TP}{TP + FN}$$

Specificity =
$$\frac{TN}{TN + FP}$$



- ▶ Sensitivity is also called the true positive rate (TPR).
- ▶ Specificity is also called the true negative rate (TNR)
- False positive rate (FPR) and false negative rate (FNR) are defined as:

$$FNR = \frac{FN}{TP + FN}$$

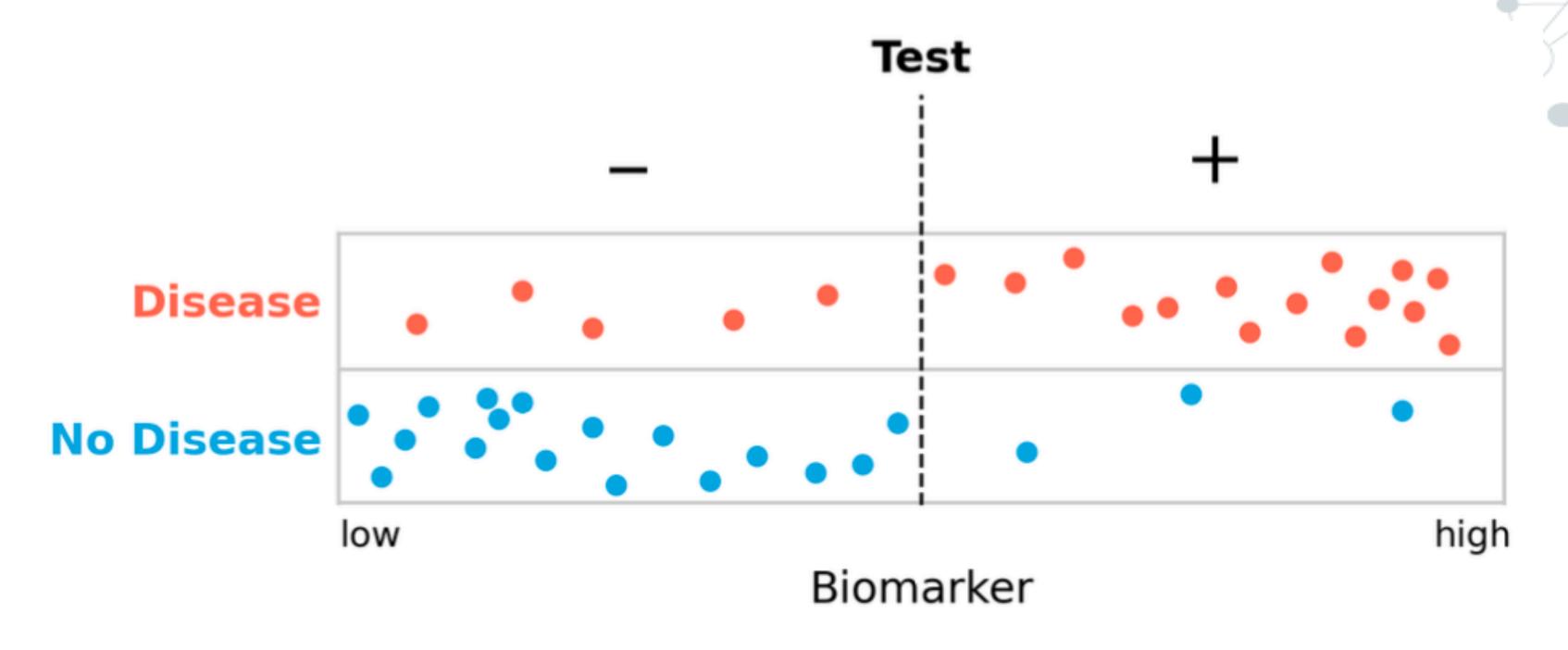
$$\mathsf{FPR} = \frac{FP}{TN + FP}$$

▶ It is immediate to see that:

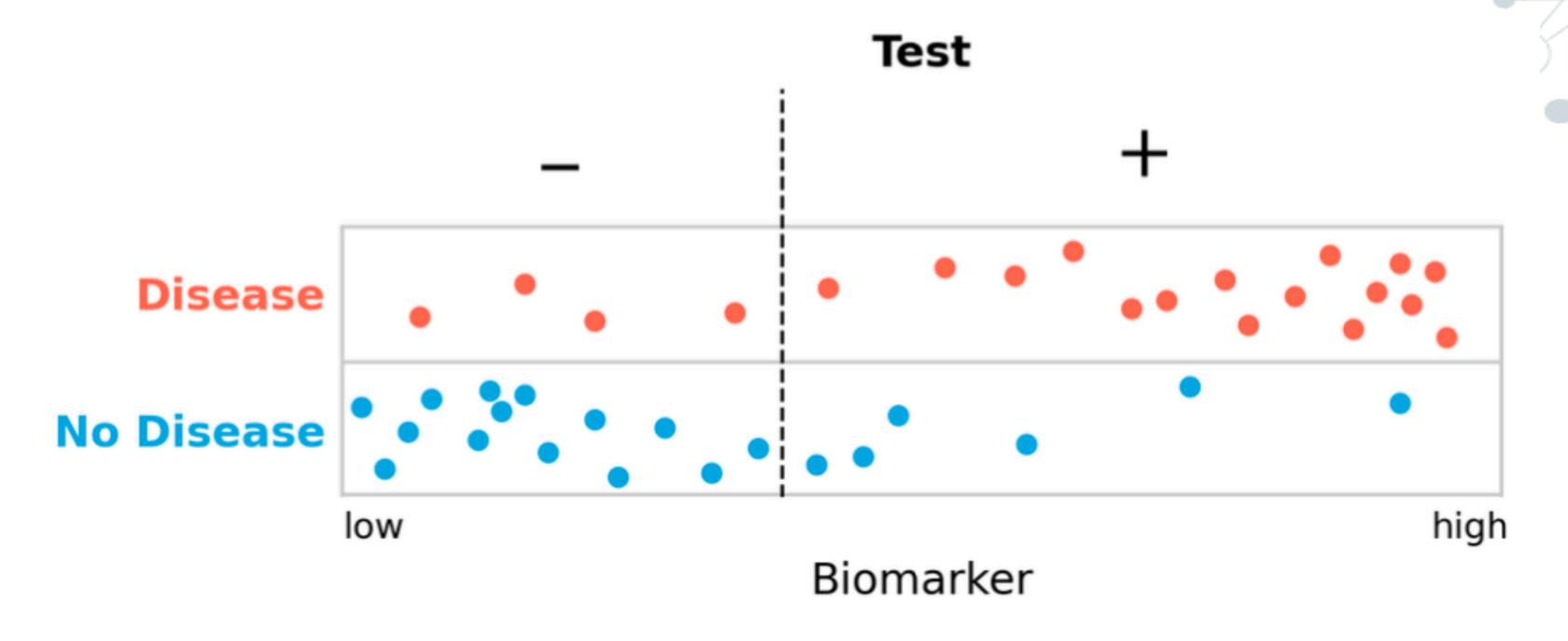
Sensitivity =
$$\frac{TP}{TP + FN}$$
 = 1 - FNR

Specificity =
$$\frac{TN}{TN + FP}$$
 = 1 - FPR

- Both sensitivity and specificity need each other in order to be meaningful.
- In the expression for sensitivity there is no false positive term, so sensitivity does not tell anything about false positives.
- ▶ The same can be said for the specificity, without any reference to false negatives.
- Let's imagine we have a "test" that is always positive. This is useless test but it will have a sensitivity of 100%.
- Of course, it will have a specificity of 0%, too.
- Specificity and sensitivity always go together.

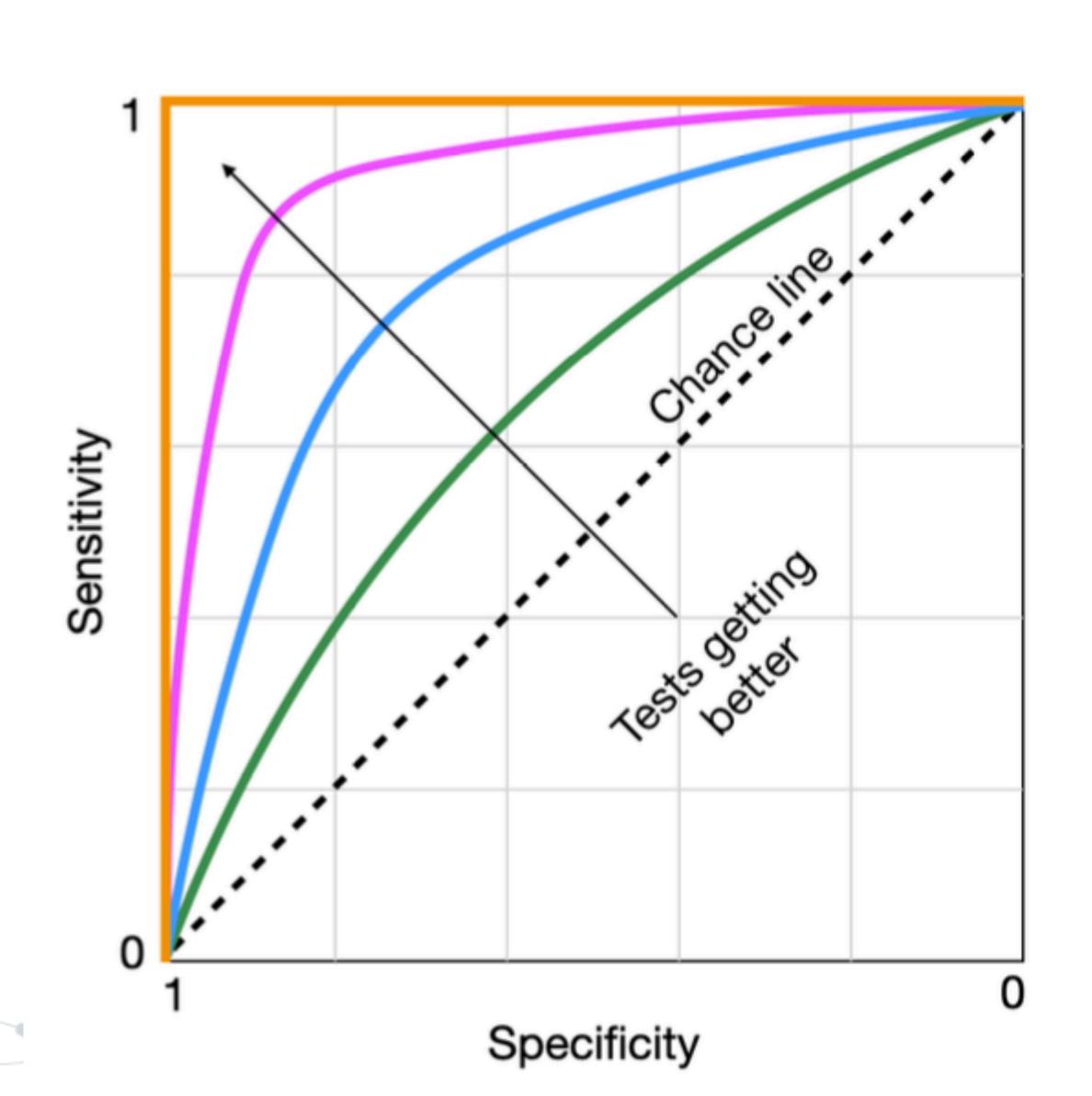


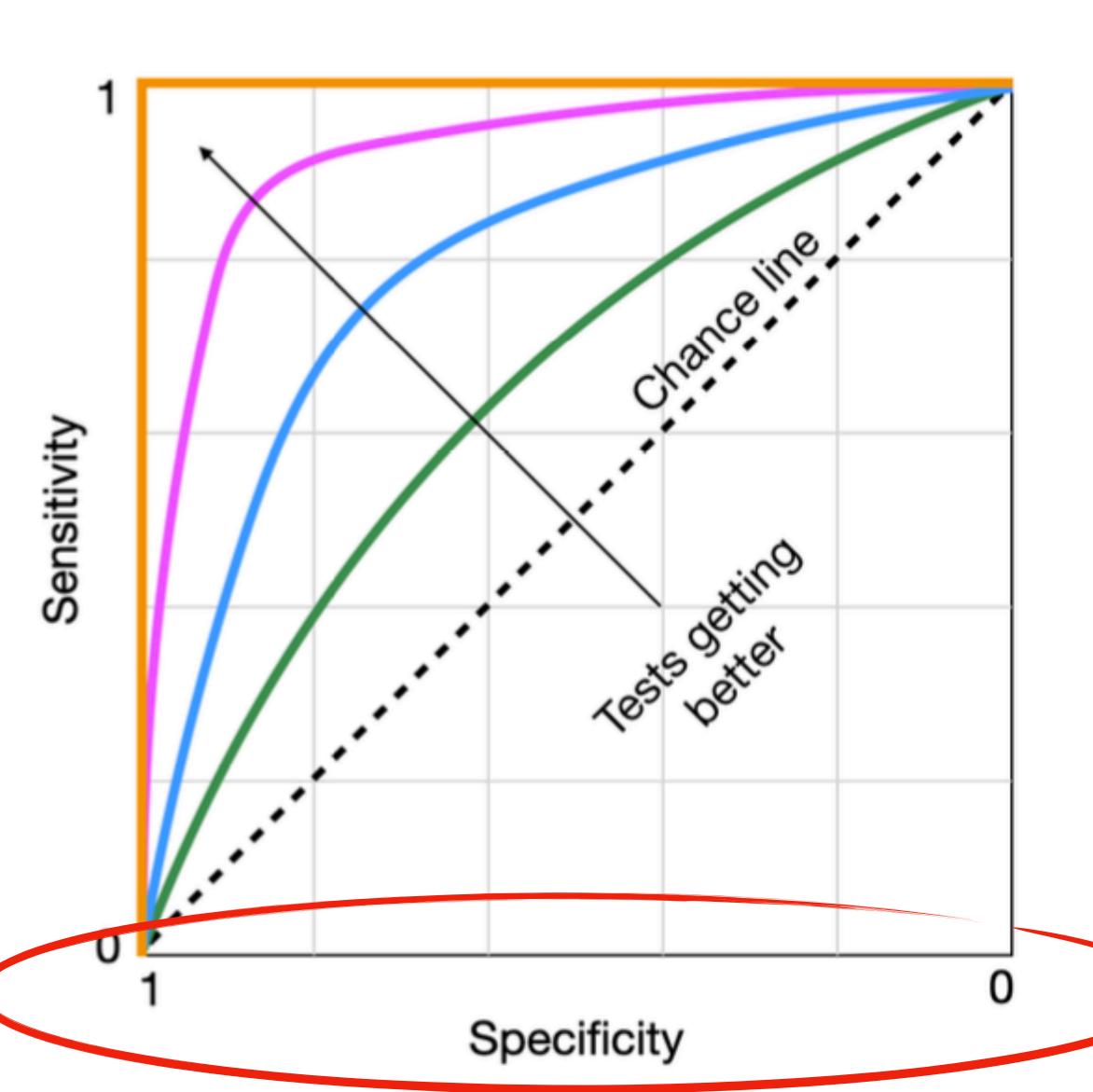
Sensitivity =
$$\frac{TP}{TP + FN} = \frac{15}{20} = 75\%$$
 Specificity = $\frac{TN}{TN + FP} = \frac{17}{20} = 85\%$



Sensitivity =
$$\frac{TP}{TP + FN} = \frac{16}{20} = 80\%$$
 Specificity = $\frac{TN}{TN + FP} = \frac{14}{20} = 70\%$

- ▶ How do we make a decision about the cutoff?
- We try different cutoff and we see what that does to the tradeoff of the sensitivity and specificity of the test.
- ▶ The most common way to visualize this is the ROC curve (receiver operating characteristics)
- Very common in classification tasks for machine learning and several other domains.



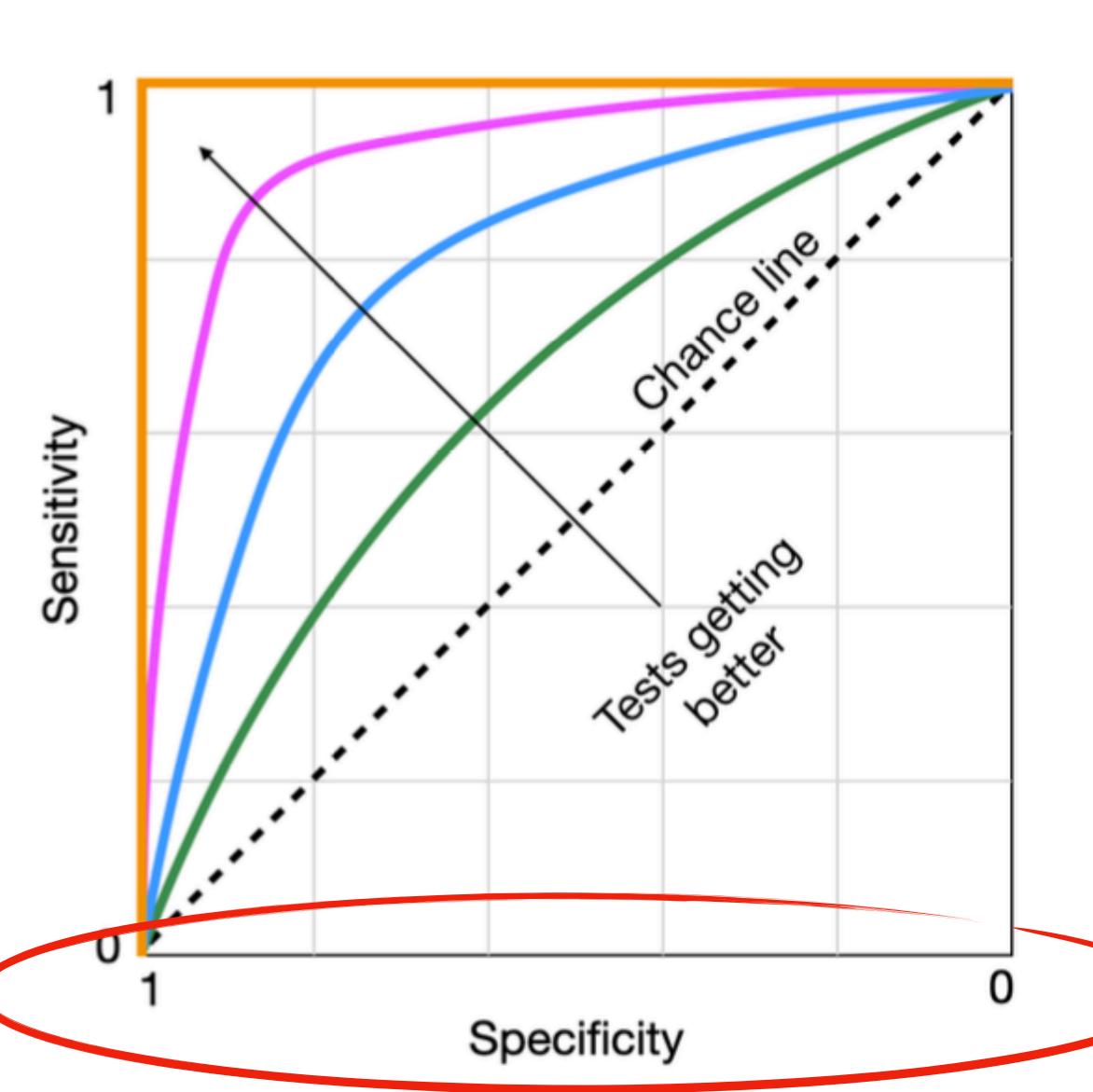


Note that we have inverted the x-axis

Otherwise, the x-axis should show

1-specificity

that is the FPR



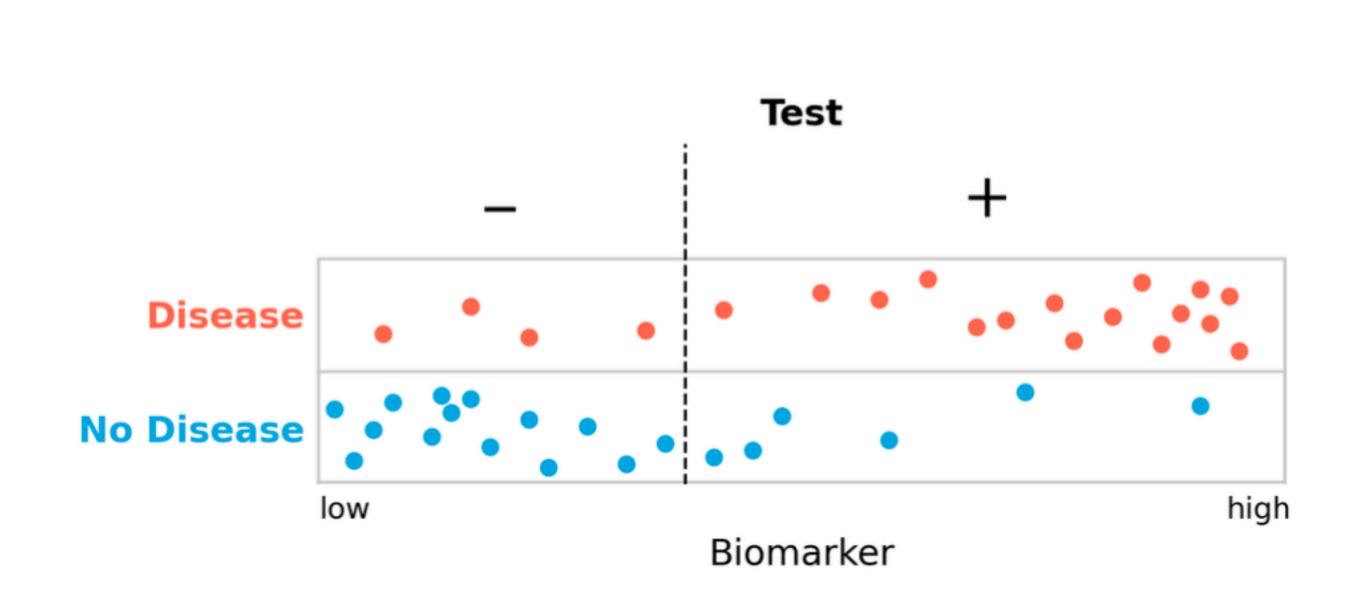
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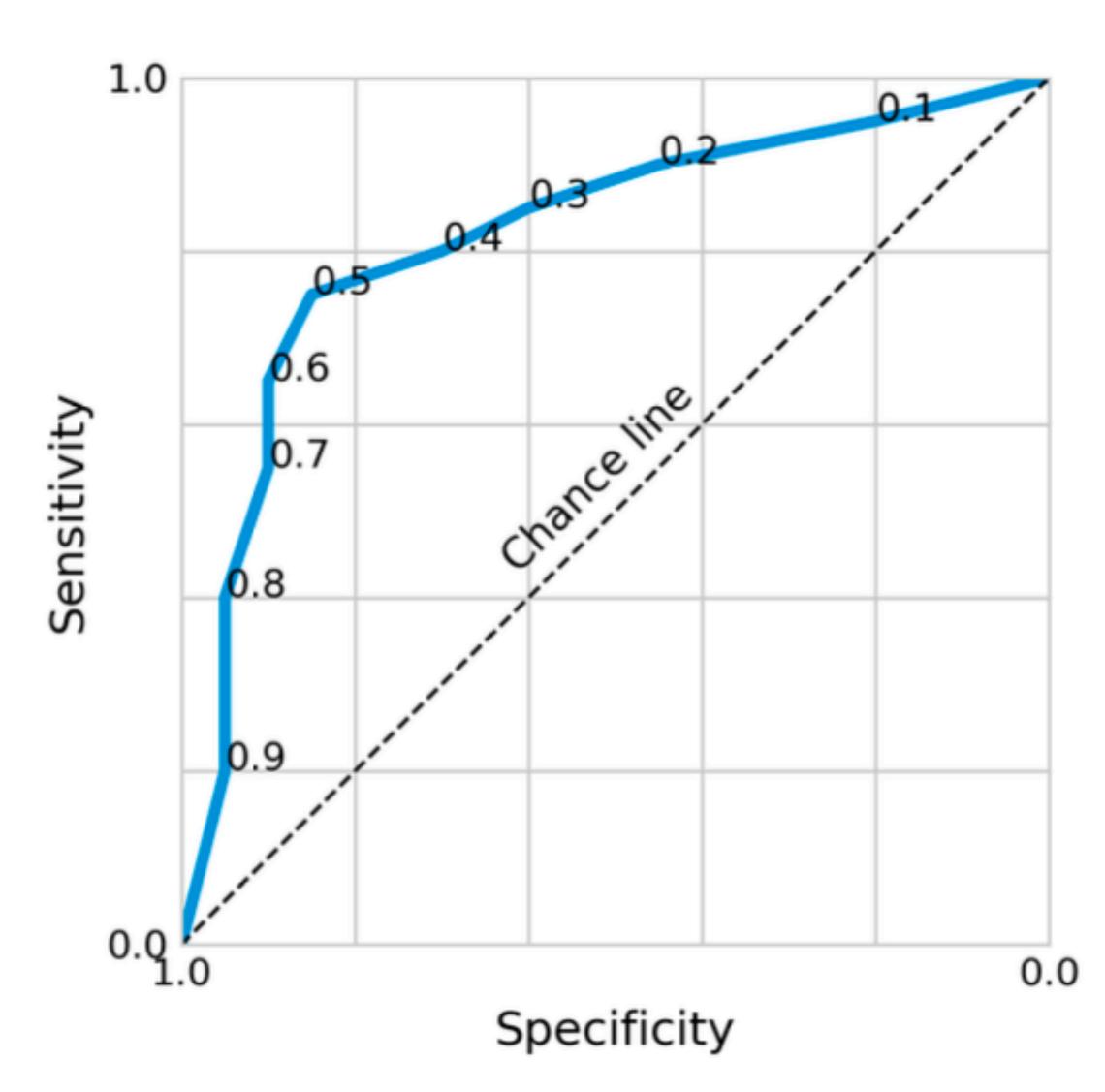
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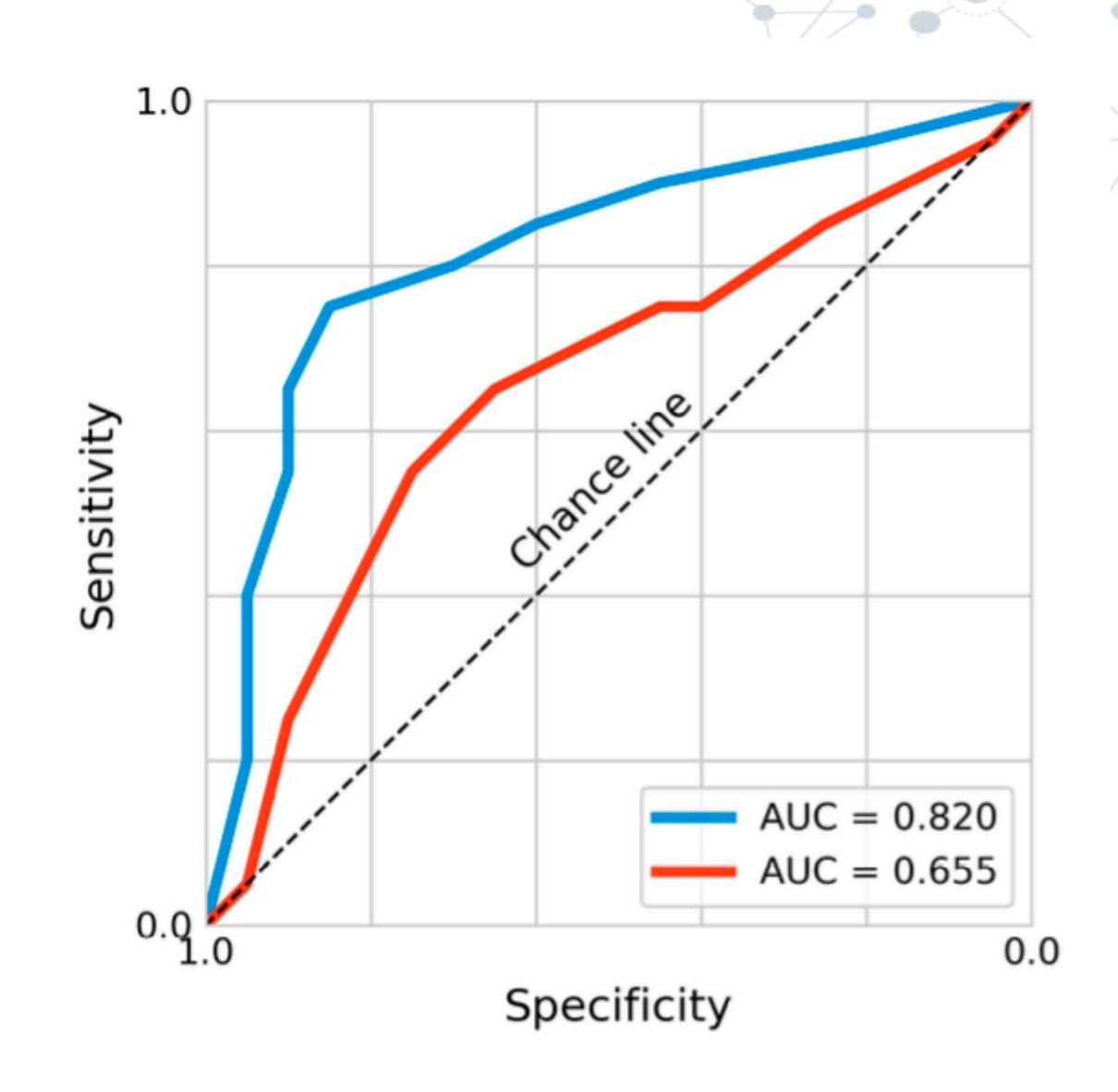
- If we start following a line at the bottom left, we start with highly specific tests that very rapidly also achieve high levels of sensitivity, without having to sacrifice a lot of specificity.
- ▶ However, eventually, we reach a point where each additional small reduction in specificity does not gain us a lot of sensitivity in exchange, and the tradeoff stops being valuable.
- These points typically sit "on the shoulder" of the curve towards the top left corner. This is our ideal cutoff.





The AUC

- The Area Under the Curve (AUC) allows to compare two or more different tests.
- In the figure, two hypothetical tests are compared and the blue one performs better for any given cutoff.



- We have focused on a question that is: how accurate is this test in discriminating between disease and no disease?
- Sensitivity and specificity need to be evaluated before the tests can be used in practice. They are estimated in lab experiments.
- Once the test enters the daily medical practice, another question becomes relevant:
- ► If I tested positive, what is the probability that I actually have the disease? This is the positive predictive value.

- In a given population, the prevalence of a disease is 0.9%.
- ▶ You have a rather accurate test for the disease, with a sensitivity of 92%, and a specificity of 91%.
- You now test a random person of this population, and the test result is positive. What is the actual probability that the person truly has the disease?
- ▶ (When physicians were presented with this problem, only 10% got it right*)

- ▶ Of course, that key insight is that the prevalence in the population is very low and a random person getting tested most likely doesn't have the disease to begin with.
- ▶ 1000 people, 9 have the disease, 991 don't.
- ▶ 9% of 991 will get a false positive test (91% specificity) = 89 people
- ▶ 92% of 9 people will get a true positive test (92% TPR) = 8 people
- ▶ Only 8 people out of 97 truly have the disease. That is 8.2%.

Bayes' theorem

$$P(A \mid B) = \frac{P(B \mid A)P(A)}{P(B)}$$

$$P(D | T+) = \frac{P(T+|D)P(D)}{P(T+)}$$

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$$P(A \mid B) = \frac{P(B \mid A)P(A)}{P(B)}$$

$$P(D | T+) = \frac{P(T+|D)P(D)}{P(T+)}$$

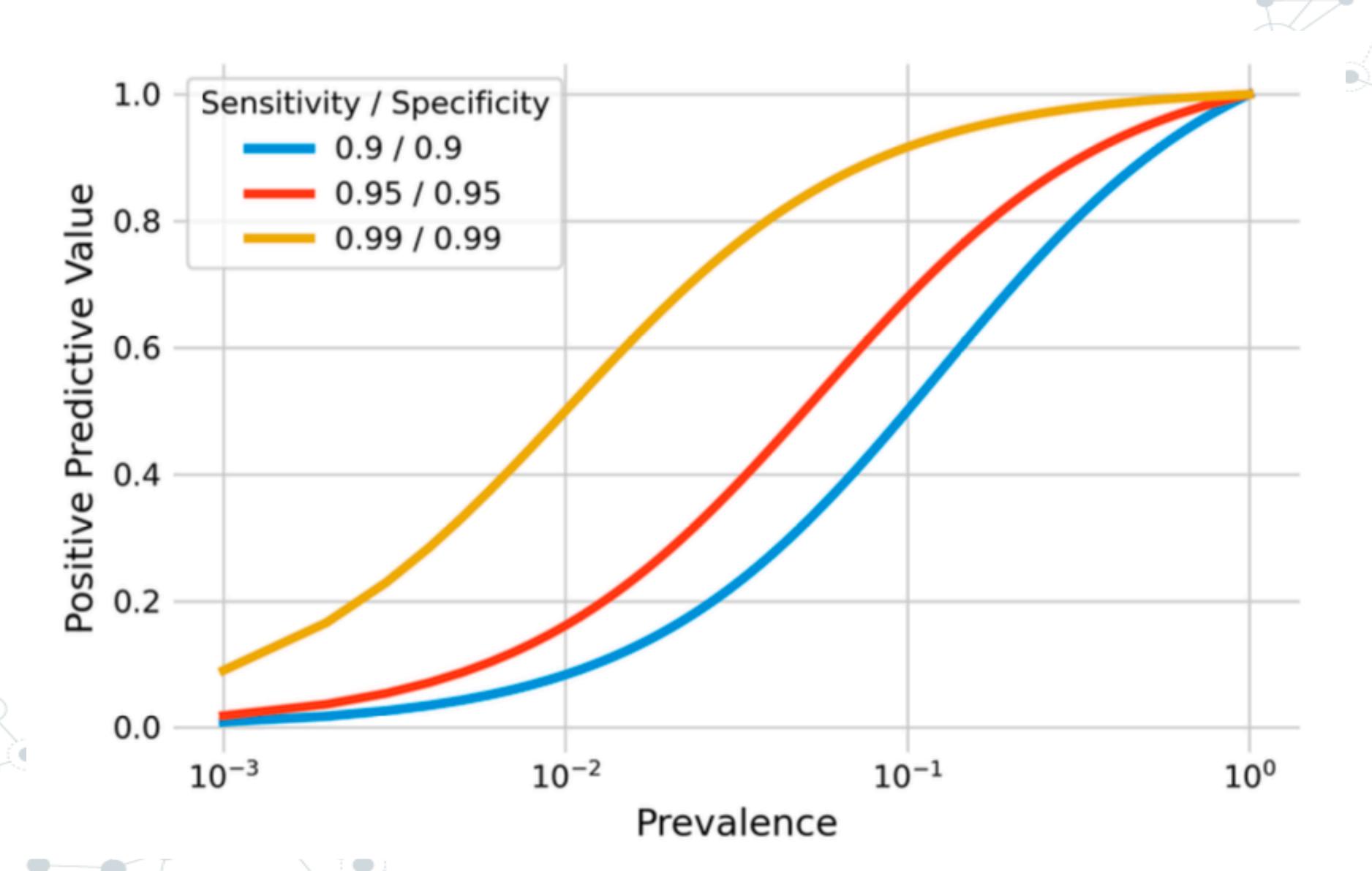
$$P(D | T+) = \frac{P(T+|D)P(D)}{P(T+|D)P(D) + P(T+|\neg D)P(\neg D)}$$

Bayes' theorem

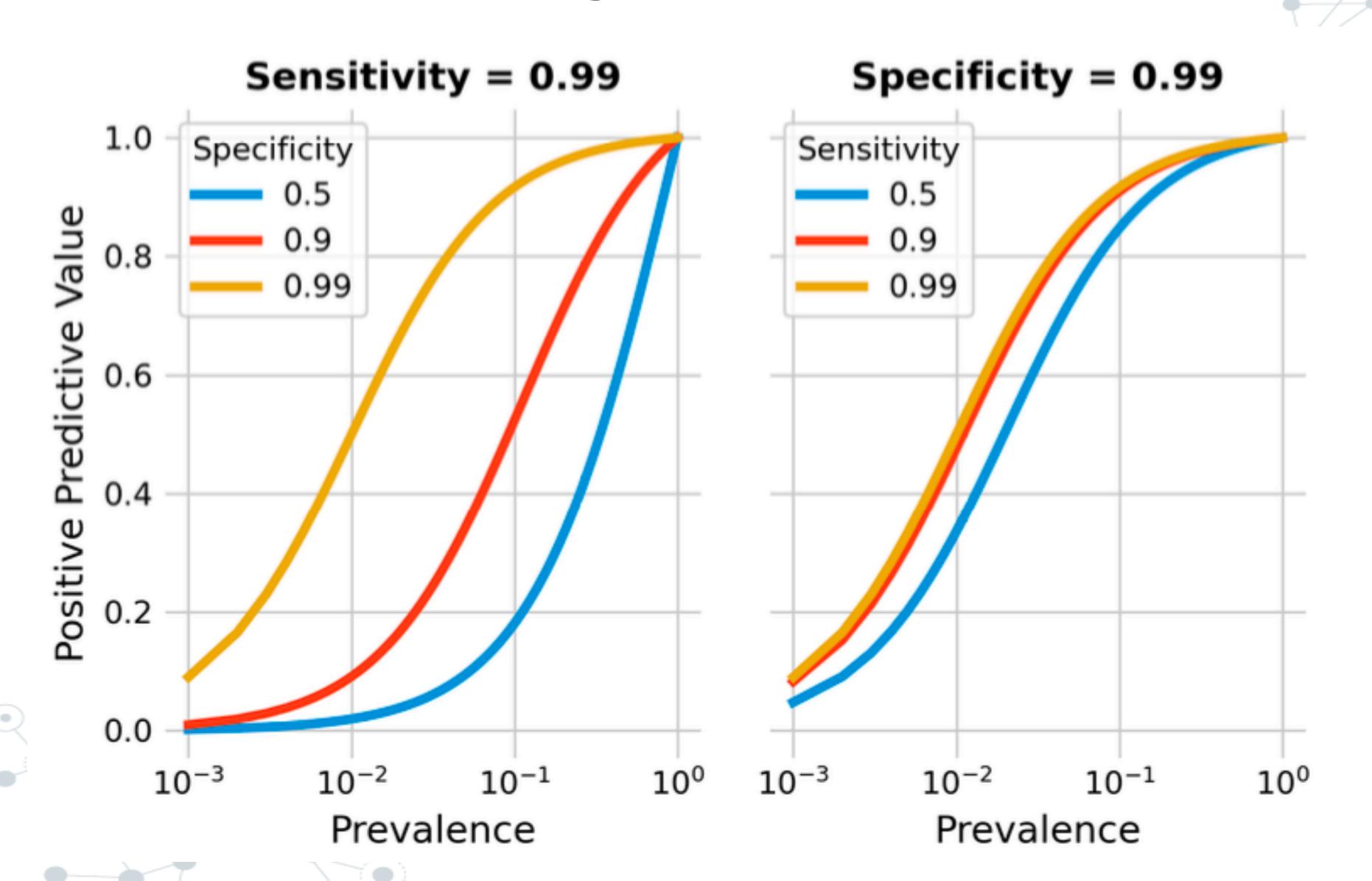
$$P(D \mid T+) = \frac{P(T+|D)P(D)}{P(T+|D)P(D) + P(T+|\neg D)P(\neg D)}$$

$$P(D \mid T+) = \frac{\text{Sensitivity * Prevalence}}{\text{Sensitivity * Prevalence} + 1-\text{Specificity * 1-Prevalence}}$$

$$P(D \mid T+) = 0.085$$



Specificity matters a lot



- ▶ Testing low-prevalence populations can thus easily be a waste of resources.
- ▶ While we can't change the prevalence in itself, we can change the population that we test.
- ▶ If we ensure that pre-test probability is higher for example by focusing on high-risk groups for a given disease we can increase the positive predictive value of a test.

- ▶ It would be very convenient to have some idea about how performant a test is in providing a jump from the pre-test probability to the post-test probability independent of the prevalence when the test is performed.
- This is what the likelihood ratio of a test is doing.
- ▶ The likelihood ratio of a test can be computed using specificity and sensitivity only.

Positive likelihood ratio

$$LR + = \frac{P(T + | D)}{P(T + | \neg D)}$$

$$LR + = \frac{\text{sensitivity}}{1 - \text{specificity}}$$

Negative likelihood ratio

$$LR - = \frac{P(T - | D)}{P(T - | \neg D)}$$

$$LR - = \frac{1 - \text{sensitivity}}{\text{specificity}}$$



Odds

- Likelihood ratios are meant to work with odds rather than probabilities
- The odds of an event with probability p are defined as

$$\mathbf{odds} = \frac{p}{1 - p}$$

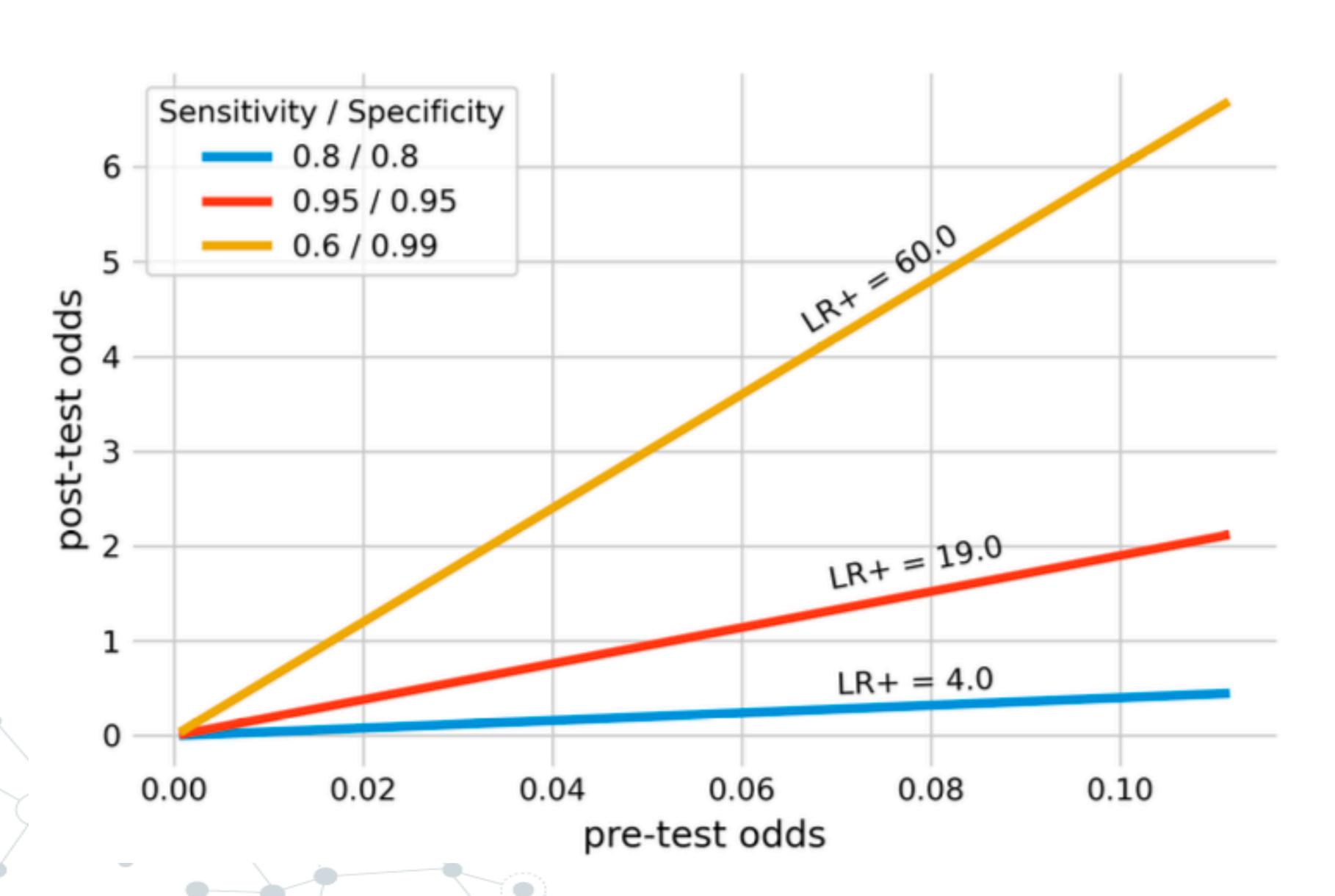
The power of likelihood ratios lies in transforming *pre-test odds* to *post-test odds* in the most simple way:

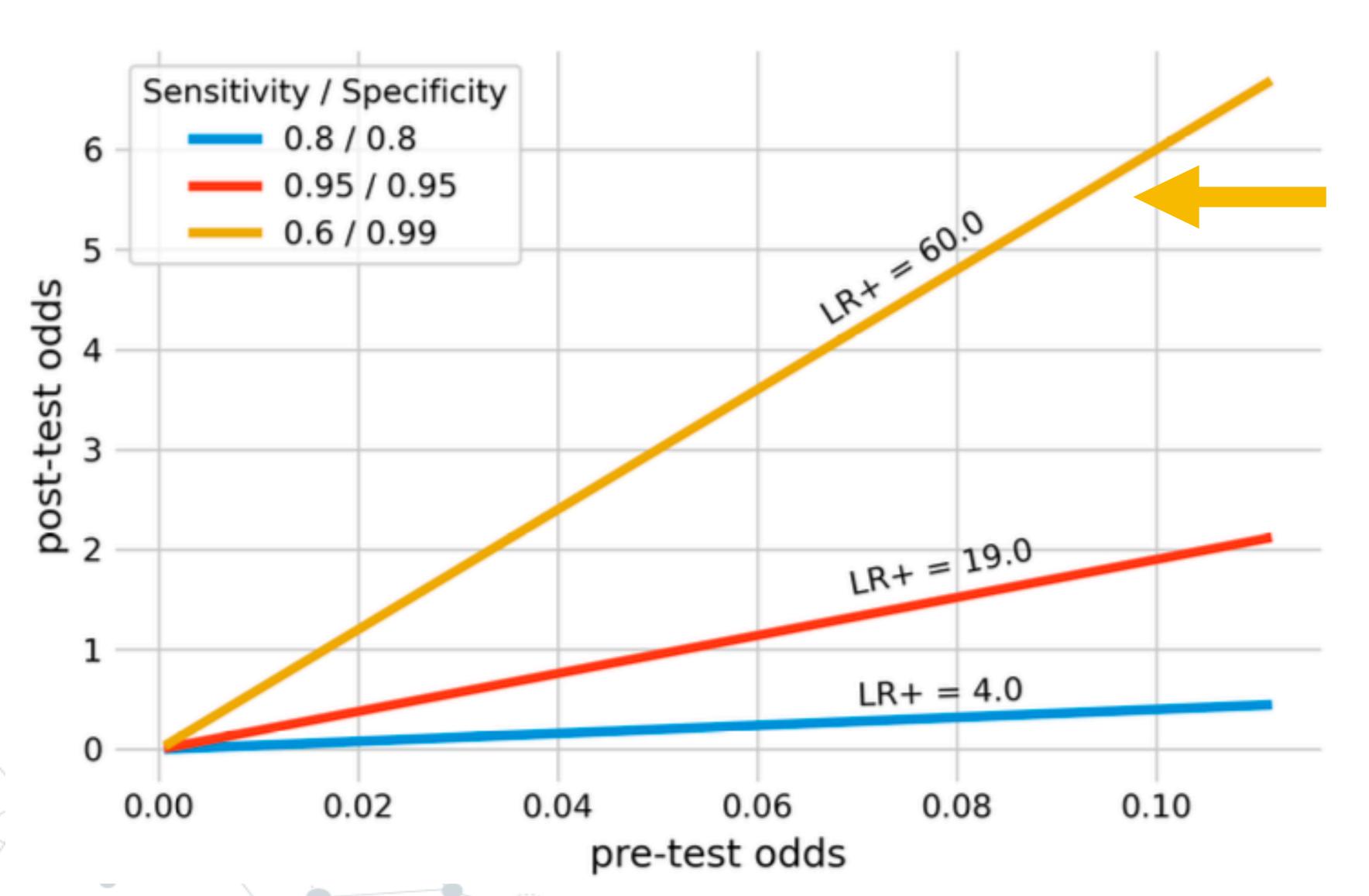
Post-test odds = likelihood ratio × pre-test odds

This corresponds to the ratio between the positive predicted value (PPV), and 1-PPV

This depends only on the test

These are the odds given by the prevalence





This is the case of SARS-CoV-2 antigen tests

Next... Epidemiological studies