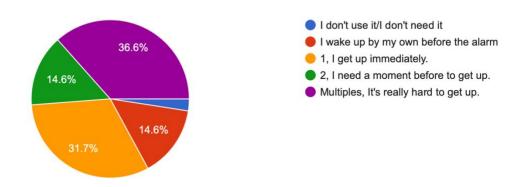
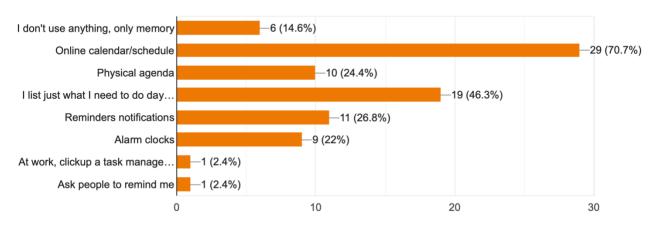
## How many alarm clocks do you use to wake up in the morning?

41 responses

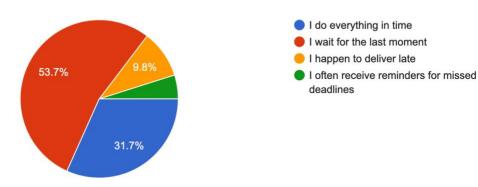


### To organise your things to do during the day, do you use:

41 responses

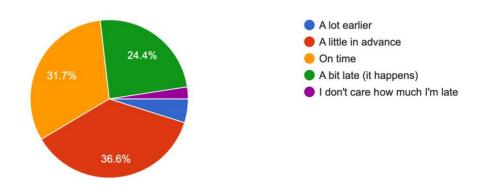


# What is your relationship with deadlines (homework, bills, work dues,...)? 41 responses

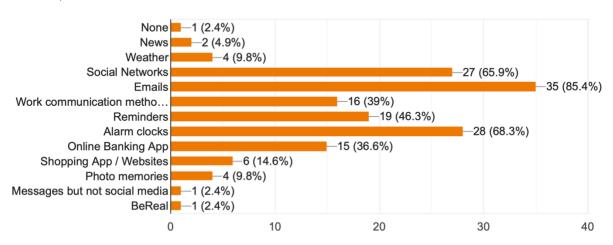


### When you need to show up somewhere, you usually are:

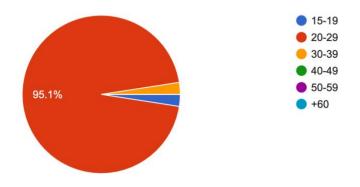
41 responses



# Which notifications you have turned on on your phone/laptop/connected watch? 41 responses

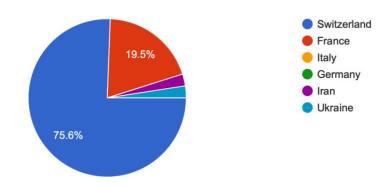


#### Your age 41 responses



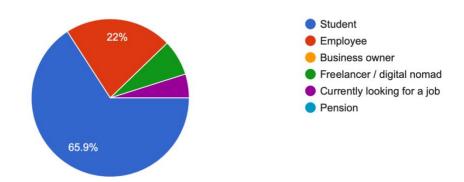
#### Where are you from?

41 responses

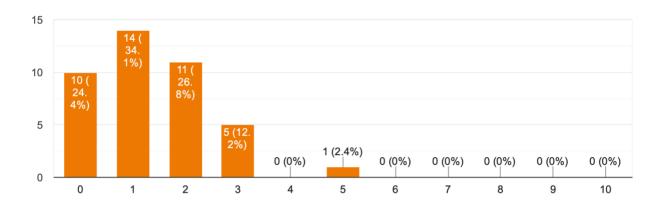


#### Actual main occupation:

41 responses

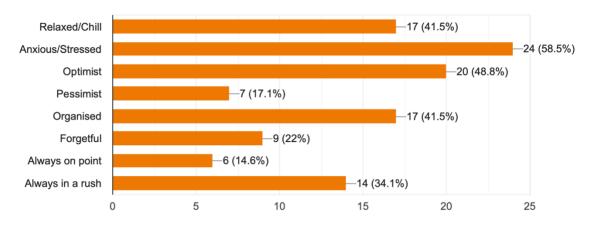


# How many people live with you at the moment? (without counting yourself) 41 responses



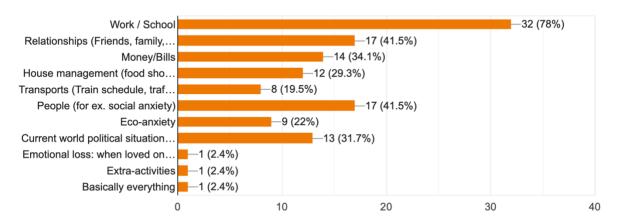
#### In everyday life, you consider yourself:

41 responses



#### What usually can causes you stress or anxiety?

41 responses



#### How do you feel about the passing of time? (Optional)

- I somehow enjoy it, as it makes me feel the growth and thriving... but somehow, when you
  feel you haven't actually felt the time and your presence and it just has passes, it is really
  sad.
- I follow the flow
- In everyday life, I think I'm a bit in denial and certain situations bring me back to the reality of time passing.
- Ultra-passive
- As frightening as calming (nothing matters, but time is running out)
- My opinion coincides with the opinion of the person who answered about the passage of time like this: Everything in this world is relative. For example, the length of a minute depends on which side of the toilet door you are on.
- I feel like I don't have enough time for myself. I also feel like there is not enough hour in a day.
- Guilty because I feel like I'm not using it very well
- Neutral

- Ça me stresse bcp et me prend la tête. Un des trucs pour lequel je "overthink" le plus
- It is the thing that scares me the most
- Sad and stressed, like it's out of control
- I appreciate it but I worry I will do nothing.
- I sometimes feel like it dilates a lot, but it also goes by way too fast