These days there are a lot of discussion: social media, is it virtuous or immoral? Some people see social media as something that we need avoiding and others think that this is impossible. Instead, they think, we should understand why it is dangerous and try to help make it less so. In this essay I will talk about how social media is dangerous because of the echo chambers it creates and discuss whether this is something we need to worry about.

If you spend a lot of time on social media, you can end up in an echo chamber. What exactly does that mean? On social media you have mostly contact with people that have the same thinking as you. And you all keep sharing the same ideas, good or not. You don't get access to other new ideas or other ideas and your worldview is very trifling. This can be dangerous because it's not only about what we eat and wear, but also about political issues, like trust in the government. If we see only the bad things and complaining about government, then we don't have a full image and become very negative.

Does this mean we should stop with social media? Not necessarily. We can consider who is most likely to get trapped in echo chamber. Firstly, we know that young people like to spend the most time on social media, about twice that of older people (Esteban, 2022). Consequently we might think, " Ok these young people are most likely to have a problem with echo Kamer". But that's not true. Young people actually can see more often when they were sitting in an echo chamber (Greene and Zuzky), compared to older people. Is this because they spend more time there? Also, not all social media creates echo chamber; some do, but others don't (Smith et al 2023) so it just depends really.

In sum, echo chamber is indeed something to worry. But the future is not all dark; young people are more astute with social media and can better know when they are in an echo chamber. Consequently the future maybe bright.