B. Douglas Bernheim, Jonathan Meer, and Neva K. Novarro, "Do Consumers Exploit Commitment Opportunities? Evidence from Natural Experiments Involving Liquor Consumption".
American Economic Journal: Economic Policy 2016, 8, 41-69.

The original data file is 114590-V1.zip, and can be downloaded from the AEJ website:
https://www.aeaweb.org/articles?id=10.1257/pol.20130351

The data set contains an unbalanced panel on 47 U.S. states for 1970-2007 (annual), with a total of 1722 observations.

This file is an abridged version of the authors' data file. Some variables were renamed for clarity, and many unused/unclear variables were dropped.

The authors did not provide description file for the variables, but many can be inferred from the paper. Other meanings can be inferred from their names

Name	Label
id	state id (numeric)
state	name of state
year	numeric
beeroffweekday	number of off-premises weekday sale hours
beerofffri	number of off-premises Friday sale hours
beeroffsat	number of off-premises Saturday sale hours
beeroffsun	number of off-premises Sunday sale hours
wineoffweekday	number of off-premises weekday sale hours
wineofffri	number of off-premises Friday sale hours
wineoffsat	number of off-premises Saturday sale hours
wineoffsun	number of off-premises Sunday sale hours
liqoffweekday	number of off-premises weekday sale hours
liqofffri	number of off-premises Friday sale hours
liqoffsat	number of off-premises Saturday sale hours
liqoffsun	number of off-premises Sunday sale hours
beeronweekday	number of on-premises weekday sale hours
beeronfri	number of on-premises Friday sale hours
beeronsat	number of on-premises Saturday sale hours
beeronsun	number of on-premises Sunday sale hours
wineonweekday	number of on-premises weekday sale hours
wineonfri	number of on-premises Friday sale hours
wineonsat	number of on-premises Saturday sale hours
wineonsun	number of on-premises Sunday sale hours
liqonweekday	number of on-premises weekday sale hours
liqonfri	number of on-premises Friday sale hours
liqonsat	number of on-premises Saturday sale hours
liqonsun	number of on-premises Sunday sale hours
beerethvol	beer sales (gallons of ethanol equivalent, thousands)
wineethvol	wine sales (gallons of ethanol equivalent, thousands)
liqethvol	liquor sales (gallons of ethanol equivalent, thousands)
beerage18	1 if legal state drinking age is 18
beerage19	1 if legal state drinking age is 19
beerage20	1 if legal state drinking age if 20

beerage21	1 if legal state drinking age if 21
wineage18	1 if legal state drinking age is 18
wineage19	1 if legal state drinking age is 19
wineage20	1 if legal state drinking age if 20
wineage21	1 if legal state drinking age if 21
liqage18	1 if legal state drinking age is 18
liqage19	1 if legal state drinking age is 19
liqage20	1 if legal state drinking age if 20
liqage21	1 if legal state drinking age if 21
unempw	state unemployment rate
popover18	state population over 18 (thousands)
beereth	per capita beer sales (gallons of ethanol equivalent) = beerethvol/popover18
wineeth	per capita wine sales (gallons of ethanol equivalent) = wineethvol/popover18
liqeth	per capita liquor sales (gallons of ethanol equivalent) = liqethvol/popover18
logliq	ln(beereth)
logwine	ln(wineeth)
logbeer	ln(liqeth)
expand	local option to expand on or off premises Sunday hours from the default
restrict	local option to restrict on or off premises Sunday hours from the default
liqoffsunP	1 if the state allows off-premises liquor sales
liqonsunP	1 if the state allows on-premises liquor sales
beerOffInflows	number of off-premises beer sale hours in excess of neighbor states, weighted
wineOffInflows	number of off-premises wine sale hours in excess of neighbor states, weighted
liqOffInflows	number of off-premises liquor sale hours in excess of neighbor states, weighted
beerOnInflows	number of on-premises beer sale hours in excess of neighbor states, weighted
wineOnInflows	number of on-premises wine sale hours in excess of neighbor states, weighted
liqOnInflows	number of on-premises liquor sale hours in excess of neighbor states, weighted
liqOnOutflows	number of on-premises liquor sale hours less than neighbor states, weighted
liqOffOutflows	number of off-premises liquor sale hours less than neighbor states, weighted
beerOnOutflows	number of on-premises beer sale hours less than neighbor states, weighted
beerOffOutflows	number of off-premises beer sale hours less than neighbor states, weighted
wineOnOutflows	number of on-premises wine sale hours less than neighbor states, weighted
wineOffOutflows	number of off-premises wine sale hours less than neighbor states, weighted
winetax	wine tax
liquortax	liquor tax
beertax	beer tax
cigtax	cigarette tax
barsmokingban	1 if smoking is banned in bars
restsmokingban	1 if smoking is banned in restaurants