

Interview Questions

- What is your New Year's Resolution?
- What does success look like to you when it comes to this goal?
- What are some challenges you might face as you try to achieve this goal?
- What might you measure to determine progress you've made toward your goal?
- What are some major milestones along the way to achieving this goal?
- Have you tried to achieve this goal in the past? What helped or hindered your progress in the past?
- What are your major motivations for pursuing this goal? When you're feeling low on energy or unmotivated or are struggling for whatever reason, what keeps you going?
- Would you say you're achievement oriented? Do you like apps to have a social side? (do you like connecting/competing/sharing with friends)
- What are the apps you use/like the most? What do you like about them?

Common New Year's Resolutions

- Exercise more
- Improve diet
- Lose weight
- Save more money
- Quit smoking
- Use social networking sites less
- Learn something new
- Get organized