



Republic of the Philippines
Province of Laguna
MUNICIPALITY OF LOS BAÑOS
Special Science and Nature City
OFFICE OF THE SANGGUNIANG BAYAN
Municipal Hall, National Highway, Brgy. Timugan,
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EXCERPTS FROM THE MINUTES OF THE EIGHTEENTH (18TH) REGULAR SESSION OF THE SANGGUNIANG BAYAN HELD ON NOVEMBER 29, 2019 AT THE SANGGUNIANG BAYAN SESSION HALL, NATIONAL HIGHWAY, BRGY. TIMUGAN, LOS BAÑOS, LAGUNA.

Present : Vice Mayor Antonio L. Kalaw, Presiding Officer
S.B. Member Josephine S. Evangelista
S.B. Member Miko C. Pelegrina
S.B. Member Janos S. Lapiz
S.B. Member Geronimo A. Ciceron
S.B. Member Marlo PJ A. Alipon
S.B. Member Mike Dexter A. Concio
S.B. Member Mark Lester B. Dizon
S.B. Member Cris Dayril B. Bagnes
S.B. Member Arlene P. delos Santos, Liga President
S.B. Member Jozlyn N. Manansala, SK Fed. President
Secretary Dona T. Alborda
Ms. Jellyn S. De Una, LLSA II

Absent : None

Visitor(s) : None

INACTIBAY
SANGGUNIANG PANLALAWIGAN
(APASIHAN BL. 310, L. 7010)
PETSA April 30, 2020

ORDINANCE NO. 2019-1918

AN ORDINANCE ADOPTING THE DEPARTMENT OF EDUCATION (DepEd) ORDER 59-2 SERIES 2017 WHICH DIRECTS WEEKLY FOLIC ACID SUPPLEMENTATION FOR FEMALE ADOLESCENTS.

Author : Councilor Mark Lester B. Dizon

BE IT ORDAINED BY THE SANGGUNIANG BAYAN OF LOS BAÑOS, LAGUNA, IN SESSION ASSEMBLED THAT:

- SECTION 1. The Department of Education (DepEd) District Office, along with the Municipal Health Office (MHO), will be the lead agencies in promoting and implementing the objectives of this ordinance.
- SECTION 2. According to the Guidelines of DepEd Order No. 59, s. 2017, 1 out of 10 adolescents aged 13-19 years old suffer from anemia. Learners, especially female adolescents, are vulnerable to anemia because of their menstruation, rapid growth, increased iron requirement and high prevalence of parasitic infection resulting to loss of iron in the food.

The State recognizes that nutritional deficiency problems in the Philippines, based on nutrition surveys, include deficiency in energy, iron, vitamin A, iodine, thiamin, and riboflavin. To a minor extent, the Filipino diet is also deficient in ascorbic acid, calcium, and folate.

The Department of Health identified iron and folic acid supplementation for women of reproductive age, including adolescents, as one of the interventions to address Iron Deficiency Anemia and Folate Deficiency among women.

SECTION 3. Considering that most adolescents are in school and do not usually go to the health center to access health services, the Department of Health partnered with the Department of Education to implement a school-based Weekly Iron Folic Acid (WIFA) supplementation for Grades 7-10 female school children.

Prevention of iron deficiency anemia among female adolescents will improve the adolescents' school performance and reduce absenteeism due to ill health thus, contributing to the reduction of about 200-500 million school days lost due to absenteeism.

SECTION 4. **WEEKLY IRON FOLIC ACID (WIFA) SUPPLEMENTATION** - a collaborative activity between the Municipal Health Office and the Department of Education. It should be done simultaneously for all Grades 7-10 female learners in public high schools and in the Alternative Learning System (ALS).

SECTION 5. **THE MUNICIPAL HEALTH OFFICE** - shall provide the required iron and folic acid tablets to cover all eligible female learners.

SECTION 6. **THE DEPARTMENT OF EDUCATION** - shall implement the WIFA supplementation in all public high schools and in the Alternative Learning System (ALS).

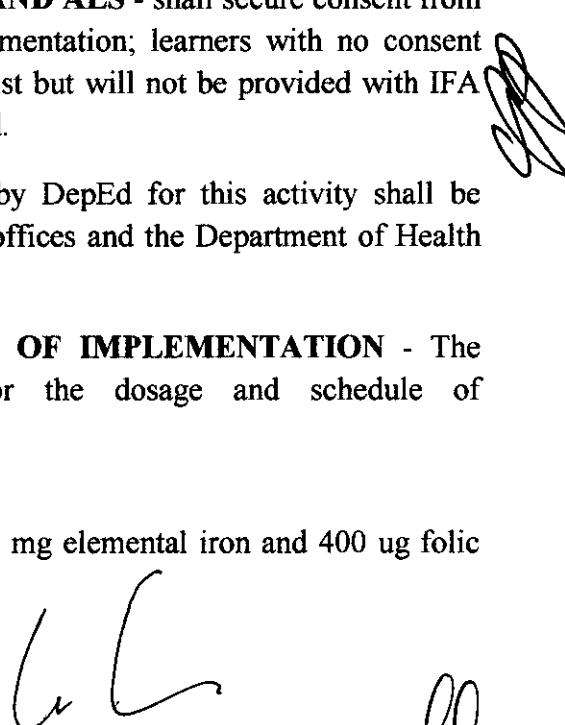
SECTION 7. **ALL PUBLIC HIGH SCHOOLS AND ALS** - shall secure consent from parents/guardians for WIFA Supplementation; learners with no consent will still be included in the master list but will not be provided with IFA tablets until consent has been secured.

SECTION 8. All records and reports generated by DepEd for this activity shall be shared with concerned local health offices and the Department of Health regional and central offices.

SECTION 9. **DRUG DOSE AND SCHEDULE OF IMPLEMENTATION** - The following are the guidelines for the dosage and schedule of implementation:

(a) Iron folic acid tablet preparation

Iron folic acid (IFA) contains 60 mg elemental iron and 400 ug folic acid with film coating.



(b) IFA tablet administration

Intermittent WIFA supplementation based on the World Health Organization (WHO) recommendation shall be given as follows:

Number of Implementation Rounds	Schedule	Dose per Learner
I	July to September	1 tablet per week
II	January to March	1 tablet per week

The IFA tablet shall be administered on a full stomach to avoid gastric discomfort.

(c) Prior to the administration of IFA supplement:

- Female learners shall be screened by the school nurse/classroom adviser if they have been dewormed within the last six months
- If yes, give IFA tablet
- If not, deworm first then administer tablet after 2-3 days

(d) In the event that the learner was given consent only for WIFA but not for deworming, the parents of the female learner shall be encouraged by the nurse/classroom adviser to likewise give consent for deworming as benefits of WIFA supplementation will be maximized only if the learner has been dewormed first.

(e) In case the learner is absent in the day of WIFA administration, the supplement for the week shall be given on the day she returns to school.

(f) In case the learner is absent for the whole week, the supplement for the previous week shall be given on the day she returns and the current week's supplement 1-2 days after.

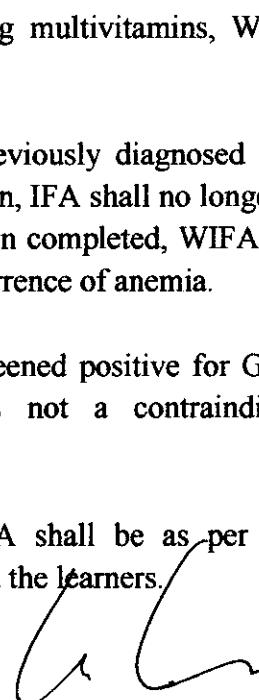
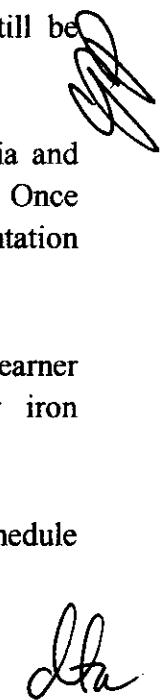
(g) If the learner is currently taking multivitamins, WIFA can still be administered.

(h) In case the learner has been previously diagnosed with anemia and receiving therapeutic doses of iron, IFA shall no longer be given. Once the therapeutic treatment has been completed, WIFA supplementation shall be started to prevent reoccurrence of anemia.

(i) In case the learner has been screened positive for G6PD, the learner shall be given IFA as it is not a contraindication for iron supplementation.

(j) For ALS, administration of IFA shall be as per agreed schedule between the ALS coordinator and the learners.

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SECTION 10. **EXPECTED DRUG REACTION** - IFA tablet has only minor side effects such as gastric discomfort, constipation, and blackening of stool. If experienced by the learner, it may be reported to the classroom teacher or school nurse for the management and provision of appropriate counseling. If symptoms persist, the school nurse may refer the learner to the Rural Health Unit or Barangay Health Center for further evaluation and management.

SECTION 11. **IMPLEMENTING RULES AND REGULATIONS** - The MHO and DepEd, in consultation with other concerned government agencies, non-government organizations, private sectors, and consumer groups involved in nutrition, shall formulate the implementing rules and regulations (IRR) necessary to implement the provisions of this Ordinance within ninety (90) days from the approval of this Ordinance. The IRR issued pursuant to this Section shall take effect thirty (30) days after publication in a newspaper of local circulation.

SECTION 12. **INTERNATIONAL COMMITMENTS** - Nothing in this Ordinance is intended to violate provisions of Treaties and International Agreements to which the Philippines is a part.

SECTION 13. **REPEALING CLAUSE** - All ordinance and regulations, executive orders inconsistent with the provisions of this Ordinance are hereby repealed or modified accordingly.

SECTION 14. **SEPARABILITY CLAUSE** - If any provision of this Ordinance is declared unconstitutional or unlawful, the remaining provisions shall remain legal and in full effect.

SECTION 15. **EFFECTIVITY** - This Ordinance shall take effect upon its approval.

ENACTED : NOVEMBER 29, 2019

I HEREBY CERTIFY to the correctness of the above-quoted Ordinance.

DONA T. ALBORIDA
Secretary to the Sangguniang Bayan

CERTIFIED ENACTED:

HON. ANTONIO L. KALAW
Vice Mayor/Presiding Officer

SANGGUNIANG PANLALAWIGAN
BAGASIKANAN DL. 30, J. 2020
BAGASIKANAN DL. April 30, 2020

APPROVED:

HON. CAESAR E. PEREZ
Municipal Mayor