

# PAXCENTURION

The Newsmagazine for the Boston Police Patrolmen's Association

Merry Christmas and  
Happy New Year  
from the Boston Police  
Patrolmen's Association  
and Boston Emergency  
Medical Services



Winter 2017-2018

# City of Boston Credit Union Offers Best Wishes to you for a Safe and Happy New Year.

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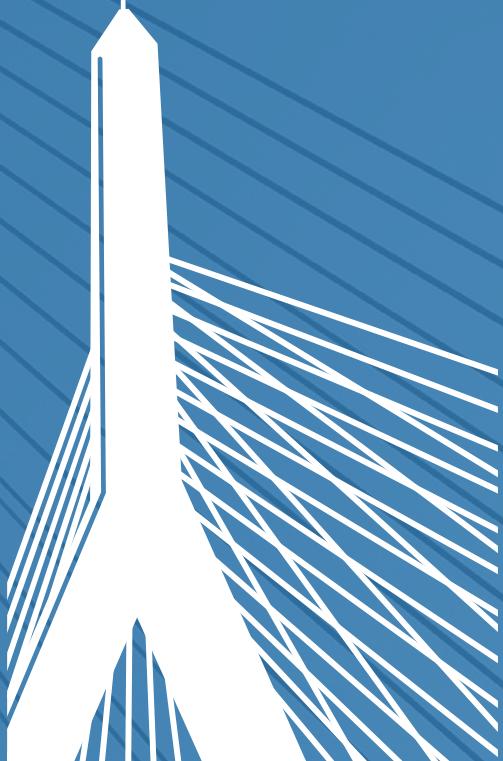
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# Thank you, it has been an honor and privilege to serve you

**A**bout three and a half years ago, I took on the task of putting together a team to challenge our predecessors for the leadership of this Union. Our team ran for office as a slate; in an attempt to answer the membership's call for new leadership and to move this union in a new direction. Our team received overwhelming support from the members and we were elected to represent this organization. We hit the ground running and haven't stopped to look back once. We have made good on most promises made and continue to work towards achieving them all. The contract, (which had previously divided this union), was settled faster than any other in the history of this organization with **NO** give backs and the pay was more evenly applied to all. We have increased our pay and allowances, (both weekly and paid detail rate), to a level only dreamed about a few short years ago and yes, we have finally settled the long fought battle over 'Quinn Bill' benefits never having to look back upon it or bargain it again! We have established residency in our new building, our new home if you will; a home that our union can be proud of, a home that reflects the professionalism of our organization and a home that will last well into the next century. We continue to improve upon our new home to this day to insure it adequately represents you, the members. We have settled dozens upon dozens of grievances that have languished for years. Believe it or not, there is a new found respect shown to this organization from all corners of the City and State from both the private and public sectors. We have re-established ourselves as a voice within the halls of State House and have rekindled important relationships within City Hall. Our financial strength has never been better. We have managed to increase the union's wealth substantially and at the same time increase and improve union supplied benefits to you, the member. I guess my self-serving statement within this article is that I believe that we've done a pretty good job overall. I admit there have been some miscues, some failures and some losses, but our accomplishments as a union and as a leadership team far outweigh our shortcomings. I am extremely proud to be the leader of what I consider to be the best team that this organization has seen. I have been very lucky to have Mike, Chris, Bobby and Larry as my partners over the past three years. This organization is lucky to have them and the hard working district and area representatives within the House of Representatives of the BPPA. Without the dedicated support of your representatives within the House, we would have failed. We may not always have agreed on the methods used but we always agreed that it's about the members and never ourselves!

As you are aware, I am going to retire in January of 2018. I

I couldn't have been more happy to help a Brother or Sister in blue when they most needed it. Being able to impact someone's life in a way that allowed them to reclaim their life and continue to work as a cop. To realize that you can actually influence things for the good is exhilarating. I still realize just how much I love this job. It's my 'juice' to be there to help, to straighten things out, to fix it or just make it better.

chose not to run for re-election not because I don't like the job, but because of my love for the job and this organization. I am 63 years old and entering the 'winter' of my own life. I have learned; to do this job right, you have to allow it to consume your every waking hour. (*I take my hat off to my predecessors and now understand so much more!*) I never thought about all of the 2:00 or 3:00 am phone calls multiple times a week. I never thought about the friends and friendships I would lose by telling people no because what they wanted or requested wasn't in the best interest of the membership. I never thought I'd be sitting with families attempting to comfort them through a senseless loss of a loved one, I think you get the picture. I knew I'd get those calls, I just didn't expect so many. I knew that I would probably receive that dreaded call about an Officer shot in the line of duty, but again I never expected so many. How many times have I stood with you and other members praying for one of our union Brothers, thank God that our members have all recovered from those physical wounds over the past three years. I never realized how many lives I would be involved in for both good and bad. I never realized how many careers would be influenced for good or bad. I never realized how many could lose their job. I never realized how many days off or vacations would be lost or ruined to one of 'those' phone calls. But even with

that said, I never realized how many jobs I'd save. I couldn't have been more happy to help a Brother or Sister in blue when they most needed it. Being able to impact someone's life in a way that allowed them to reclaim their life and continue to work as a cop. To realize that you can actually influence things for the good is exhilarating. I still realize just how much I love this job. It's my 'juice' to be there to help, to straighten things out, to fix it or just make it better. But with all of that said, I also realize that it takes every waking hour to do it justice. You have to commit yourself 100% and sadly, that I can no longer do. At this point in my life I can no longer afford the time away from my own family. I have made the conscious decision to be a bit selfish with whatever time I have left. I can no longer dedicate the time necessary to properly lead this organization with 100% of my attention, because that is what is required of the Union President; 100% if we are to continue on our current path of success.

In closing, I just want to say Thank you, Thank you for allowing me to be the face of the organization for the past three years. I gave it my best, I tried to keep every promise. I've always kept it about you, the Member, because you're the only reason we at the hall exist. Always watch your back, back each other up because your number one priority has to be to go home safe to your Family each and every night. God Bless.

The Nation's First Police Department

# PAX CENTURION

Boston Police Patrolmen's Association, Inc.  
Boston Emergency Medical Technicians



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# INSIDEthePAX

Thank you, it has been an honor and  
privilege to serve you  
**3**

**BPPA President Pat Rose  
retiring in January  
11**

**Sometimes "THANK YOU"  
isn't enough  
13**

**The Antifan Who Stole Christmas  
14 & 15**

**What the BPPA (...and NOT the City  
or BPD...) has done for us...  
16 & 17**

**Disrespect for Old Glory  
is reprehensible  
18 & 19**

**Decorating the Common tree with  
Christmas lights and ordinances  
25**

**BPPA wins SJC decision of Arbitrator's  
ruling in favor of terminated officer  
26 & 27**

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# Thank you Pat Rose, for your friendship, service and leadership

I would like to start off by wishing all of you a very happy, healthy, and prosperous new year. As you know, 2018 brings some significant change to our Union and many congratulations are due to **Pat Rose** on his retirement this January. Thank you Pat for your service to this country, this department, and our Union. Three years ago, Pat helped breathe new life into the BPPA. Looking back on those few years, I know I will always be proud to have been a part of Pat's "slate" and even more proud of what we accomplished in that short time; things like the new building, a great contract, and a new eye insurance plan for our members. We were not without frustrations or losses by any stretch of the imagination, but I think that comes with the territory this business brings. I hope to keep this positive momentum going as your new president and I am honored to be in this position. The other change is **Jay Moccia** being elected as secretary in December. Thank you to all of you who participated in the process, by running or campaigning or voting. It is important we get as many of us involved as possible in such matters. We want everyone to feel like they are a part of the Union, because everyone is. Remember, come by the hall. Call down to the hall with questions; if we do not have an answer we will find you one! The more participation we have, the stronger and stronger we will become.

We have filed a grievance in regards to the "on-call" detectives. To put it bluntly, the whole process seems like a scam to avoid being ordered. It is neither fair nor equitable.

As I am sure the majority of you know all too well, the prior procedure called for a "to be ordered list" that consisted of both patrol officers and detectives. The person forced to work would be based on the "low man" principle. However, now, the new procedure allows detectives who volunteer to be "on-call" to be exempt from the "to be ordered

list." So, detectives could take available overtime, but then put themselves "on-call" when the overtime is mandatory. We have been made aware of at least four times this has happened to our members:

On November 4, 2017, an officer with 1418 hours was ordered over an on-call detective with 1349 hours **AND** instead of another on-call detective with 1389 hours.

On November 17, 2017, an officer was ordered with 1520 hours over an on-call detective had 1461 hours.

On December 2, 2017, an officer with 1896 hours was ordered over an on-call detective with 1810 hours.

On December 9, 2017, an officer with 1513 hours was ordered over an on-call detective with 1433 hours.

Again, these four are just the ones we know of, so far. We have been asking the reps and the membership to make sure they report any known instances of this to us immediately. Our grievance is calling for the department to cease and desist the on-call process with the detectives, restore the detectives to the "to be ordered list" and make those known affected bargaining unit members whole, by being given a compensatory tour of duty off for the time they were forced to work. Adding insult to injury, as far as we can tell there is not even a set schedule of which detectives are assigned the on-call duty available. They are not placed on a batting order or on a weekly or monthly calendar anywhere, except maybe their office. That leaves a lot of wiggle room for games, no? Here is the bottom line: No one, whether you are a patrol officer or a detective or a supervisor,

likes to be ordered. No one likes having to miss an appointment, or miss a child's activity, or miss a night's sleep. **NO ONE**. But from our point of view, the only solution is **MORE COPS** and **NOT** to shrink the available pool of men and women able to do the job.

I hope to see many of you and to provide you with only good news throughout 2018. Please back each other up and stay safe.





# And so this is Christmas (?)...

**As new developments, theatres, etc. open, overwhelming amounts of ordered mandatory overtime are dumped on overworked officers**

**P**LEASE DON'T THINK WE DON'T HEAR YOU, because we do. As I've mentioned time and time again, the problem of overwhelming amounts of forced, mandatory overtime assignments is undoubtedly our number one complaint here at the BPPA. And with the opening of several recent high-end condo developments, bars, clubs and movie theatres in the Seaport area and South Bay Mall, combined with an enormous amount of social-service demands, the problem just got worse...

For sure, the *Boston Globe* and *Boston Herald* and other local media outlets will, once again, have their annual "look at how much those cops made..." expose' once the 2017 pay stubs are finalized. And we fully expect their pompous pens to, once again, criticize the amounts of pay that our officers made during the past year. They will not, however, spend more than a few fleeting micro-seconds (*if that*) explaining the overwhelming amounts of mandatory overtime which- *even in the normally-quieter Winter months!* – consume the lives of so many of our members with double-shifts and last-minute ordering, ruining limited family and free time.

If we had any hopeful answers here at Freeport St., we would let you know immediately. But we don't, and anyone with magic solutions is simply not telling you the truth. Although the BPD appears to have stepped up the hiring of new officers, they will be coming aboard at the very same time that an equal number of veteran officers are deciding that the very near future is a good time to put in the papers for retirement, as so many officers will soon achieve the required 32 yrs. service /55 yr.-old threshold.

We are very much aware of the crushing burden of overtime as it has been placed on the shoulders of so many of our downtown officers, but more recently, Area C has exploded with new, high-end condo developments demanding security patrols, clubs and bars demanding police services, theatre complexes in South Bay requiring crowd and traffic control, and homeless shelters and methadone clinics putting an incredible strain on tired, overworked officers in Southie's C-6 and Dorchester's C-11... as we've told the department many times, having tired, overworked officers responding to adrenaline-pumping, high-priority incidents requiring snap-decision making is not a good idea.

work *a third tour* (which has happened on far too many occasions recently). As we've told the department many times, having tired, overworked officers responding to adrenaline-pumping, high-priority incidents requiring snap-decision making is not a good idea.

But until BPD personnel requirements begin to match Boston's booming economy and demands for police response and service, there are no good answers we can provide. A long time ago in a land far away, (*and NO, I have not been to see THAT movie at THAT newly-opened South Bay theatre!*), arguments sometimes broke

out among officers over what limited overtime and details were available within and between the various areas.

**No more.** Today, we all do everything in our power to diminish our chances for being ordered for yet another tour of duty, or at least to place ourselves in a more favorable position where we can work when *we want* to work as opposed to when it's forced upon us. All we can advise at this time is to encourage you to continue to watch out for each other, cover your backs, and recognize the signs of burnout and exhaustion in both yourselves and you fellow officers.

A couple of things I'd like to say before closing out the year...

It has been my privilege to work alongside **Pat Rose** for the last three years. I believe we, as a Union, had a great many successes under Pat's leadership. There is more to being the BPPA President than contacts and grievances. There are very real issues that come up with our membership that require compassion and discretion. It is these successes that I admire Pat the most for (*the 20% settled in record*

*time contract was nice too*). I will miss working for Pat, working with Pat, leaning on Pat for advice and giving Pat advice (*sometimes unsolicited*). I would also like to thank Pat's wife Fran. What you gave up with your husband for three years was what we gained tenfold. Thank you. You have him back now. Enjoy your retirement together.

Welcome to the team, **Jay Moccia**, who was recently elected as BPPA Secretary in a hard-fought fight. Although I supported the other candidate, the election is over and all of us will work together to make the BPPA an even better union representing Boston's finest. Welcome aboard, Mr. Secretary!

Merry Christmas, Happy Holidays and Happy New Year to all our members.



# Thank you for your confidence in my abilities as BPPA Treasurer, our finances have never been better

To the membership: First and foremost, I want to thank you very much for having the confidence in my abilities to elect me as your BPPA Treasurer for another three-year term. Although all full-members were eligible to run, I was unopposed for the office, and I take that as a great vote of confidence in how the membership-at-large views the BPPA's finances for the past three years and for the immediate future. In all honesty, I can tell you that the BPPA's finances have never been better nor more transparent. Going forward there are plans to renovate and improve our canteen truck and do building improvements.

The improving economy – and the outstanding contract which was negotiated last year and takes us into 2020 – allows many opportunities for members to review their finances and take a good, hard look at investing more of their paychecks into deferred compensation programs such as MassSmart. A representative of MassSmart is usually available on the first Wednesday of every month between 10 am-2 pm here at the BPPA offices to sit with you and review your savings plan. If there is a common thread among our members who are nearing retirement, it's that they only wish they had invested more money many years ago when they were younger. So keep the **FIRST WEDNESDAY** of every month in mind and/or make an appointment with our Mass Smart-representative for an appointment (*you can go on-line to MassSmart deferred compensation to find out more information*).

Speaking of soon-to-be retiring officers, 2018-19 will prove to be a busy year. Every prospective retiree has in mind a desired time and place which is good for them and their families for very personal reasons, and that is as it should be. Some members may be simply waiting for the turn of a new year or a new uptick of the July-timed percentage pay increase to maximize their retirement. Others may have in mind a special date which, combined with things like prior military or city service, will optimize their retirement pay and allow for them and their spouses and families to enjoy retirement when and where they have chosen after many years of service with the police department. For some that means settling-in locally; for others, plans may include international travel. Whatever you choose, advance planning is vital. Contact – at least six months in advance of your planned retirement date – the retirement board at City Hall (*info is available on-line*) and make an appointment to check out your options and what paperwork and actions you will need to take prior to your actual retirement date. Call our family-assistance officers at the PC's office and **ASK** for information, they're always happy to help point you in the right direction. The BPPA is hoping to sponsor another retirement seminar in the Spring, we'll keep you notified via our BPPA website, your shift reps, district bulletin boards and the *Pax Centurion* of the actual date. Retirement is a very personal decision, and as much as some of us may envision simply "walking out the

door into the setting sun" on some unknown date at the spur of the moment, that's probably not a good financial decision for you or your family....

The BPPA just elected a new Secretary, **James "Jay" Moccia** of Area D-4, after a hard-fought battle with a very capable and qualified **Dan MacIssac** of Area B-3. As the BPPA leadership, we congratulate both Jay for his victory and welcome him as our new Secretary and Danny for his great effort and continued participation in BPPA affairs.

Political campaigns are often difficult, wearisome and contentious and sometimes cause bad feelings among and between candidates and those who supported both the winners and the losers. But at the end of the

day, the work of the BPPA must and will proceed forward with all of the officers cooperating together in a single common goal – that of improving the working conditions and benefits of each and every member of the BPPA while also improving the quality of life and safety for all of our officers and residents. All of us pledge to do exactly that to the best of our abilities over the next three years.

And finally, in closing, I would like to personally thank and congratulate retiring BPPA President **Pat Rose** for all his fine years of dedicated service to the BPPA, the Boston Police Department and the United States Army and to wish him and his wife **Fran** a well-earned, restful and enjoyable retirement. Those who have served as BPPA officers know of the great deal of time and effort that needs to be dedicated to this fine organization and what it can also take out of both the person and their family. Pat Rose has left the BPPA a better organization, and all of us wish him and Fran and the whole Rose family health and prosperity in their retirement years. Thank you, Pat, for a job well done!

Merry Christmas to you and your families. Have a Happy and Healthy 2018, Stay safe!



Regan and KayLynn Finnigan with Billy Flippin and the "Blue Goose" at the recent Quincy Holiday Parade.



# The BPPA has a strong presence in the election process

Another year has gone by and the Boston Police Patrolmen's Association has become even more politically successful. We continue to establish new relationships on Beacon Hill and work hard with existing friends to pass new laws that improve and protect public safety. We have once again been very successful in our endorsements of political candidates and prove the families and friends of the BPPA are a valued part of the election process not only in Boston, but throughout the Commonwealth.

Over the past few months the Boston Police Patrolmen's Association has endorsed Boston City Council Candidates "At Large" **Annissa Essaibi George, Michael Flaherty, Michelle Wu** and "District Councilors" **Frank Baker, Mark Ciommo, Matt O'Malley, Tim McCarthy** and candidate **Edward Flynn** (District 2). All of these candidates were successful in being elected or re-elected with the help from the BPPA this past November. We say congratulations to them and we look forward to working together to make Boston the best place to live and work over the next year and beyond. We also assisted Senator **Tom McGee** in his successful campaign as the new Mayor of the City of Lynn. Congratulations to him as well and we look forward to a continued working relationship with his office into the future.

Staying on the topic of the Boston City Council, I'd like to say thank you and good luck to outgoing City Councilors

**Bill Linehan** and **Sal LaMatta** who will be retiring at the end of the year. Councilors Linehan and LaMatta have been great friends of the BPPA! They have been staunch allies to our members and our families for years, supporting us through contracts and tough working conditions. Their "open door policy" for the BPPA and willingness to listen, will be truly missed. If you see them on the streets, please remember to thank them for their more than twenty years of service combined. We look forward to working with their replacements in 2018-2019, City Councilors **Lydia Edwards** and **Edward Flynn**. Congrats to them too.

Beacon Hill has been very active over the last few months as well. With marijuana becoming legal (*Ch. 55 of the Acts of 2017 & MGL Ch. 94G*), the Cannabis Control Commission was formed to effectively implement and administer the laws enabling access to medical and adult use of marijuana in Massachusetts. The long-awaited Criminal Justice Reform Bill has worked its way through the House and Senate and is now in conference committee where it will be fine-tuned, agreed upon by both House and Senate and sent to the Governor where he can also make some suggested changes. One of the main focuses of the bill is mandatory minimum sentences. While we understand some minimum mandatory sentences could be adjusted downward, we don't believe that to be the case when it comes to public officials or public safety. We applaud the House for



standing firm on insisting on an increase in the ABPO sentencing and for giving law enforcement more tools to combat Fentanyl and Carfentanil.

As we enter the second half of the legislative session in 2018, we will continue working on many of the bills we have filed and in committee. Although there are thousands of bills pending on Beacon Hill, we are very hopeful that House Bill # 1242, Critical Incident Intervention by Emergency Service Providers, finally makes its way out of the Bills in Third Reading Committee. The BPPA, Massachusetts Law Enforcement Policy Group, Boston Fire and Professional Fire Fighters of Massachusetts have all had numerous

meetings with Chairman Ted Speltois of the Bills in Third Reading Committee. We have modified the language multiple times and with the assistance of many different representatives, we are continually contacting Chairman Speltois in an attempt to move this bill favorably out of committee and onto the Senate. We expect this bill to move upon the return after the holiday recess and we continue to monitor the many bills that attempt to negatively alter or micro manage the day to day operations of public safety.

Once again this year, I was proud to represent the Boston Police Patrolmen's Association on the selection committee for the 2017 Trooper George L. Hanna Memorial Award for Bravery Medal of Honor and Medal of Valor. I'm

proud to have been a part of the committee along with Boston Police Superintendent **William Ridge** (BFS) and many other law enforcement officials who present to you the following award recipients from the Boston Police Department:

### Receiving the Medal of Honor:

Police Officer Richard D. Cintolo  
Police Officer Matthew J. Morris  
Police Officer Eric Schmidt  
Police Officer Kurt S. Stokinger

### Receiving the Medal of Valor:

Police Officer Keith Kaplan  
Police Officer Lenin Ortiz  
Police Officer Clifton W. Singletary  
Sergeant Norberto B. Perez

Finally, as the holiday season fast approaches, please remember to spend as much time with your families as possible. As much as we all love being police officers and are dedicated towards serving others, remember to serve those that mean the most to you as well. Life is very short and the kids grow up too quickly. Bills, crime, and police work unfortunately will always be there waiting for us. Enjoy your holidays and stay safe!

Merry Christmas & Happy Holidays!

# Thanks, Pat!

## BPPA President Pat Rose retiring in January

### And welcome new BPPA President Mike Leary, VP Chris Broderick, Treasurer Bob Colburn and Secretary Jay Moccia

**I**DON'T KNOW IF THERE'S A BETTER WAY of saying it, other than the most simple and heartfelt way: "**THANKS PAT!**" Thanks for helping to make the BPPA – and the BPD, (whether they know it or not) a better union and a better organization.

As most of you know by now, BPPA President **Patrick Rose**, 63, will be retiring in January 2018. Pat will be succeeded to the office of President by (former vice-president) **Mike Leary**. The position of vice-president will be filled by (former secretary) **Chris Broderick**; both Leary and Broderick were unopposed for nomination to their respective offices at the October meeting of the House of Representatives of the BPPA. **Bob Colburn** was also unopposed for the office of Treasurer and will be returning for a three-year term, and **James "Jay" Moccia** defeated **Danny MacIssac** by a vote of 352 to 301 on December 13<sup>th</sup> and will be the newly-elected BPPA Secretary.

Pat has been employed full-time since the age of 14 and has decided to opt for his well-earned retirement at age 63 so he can enjoy time with his family and vacation in peace and quiet, without the constant ringing of the phone and constant demands that the office of BPPA President entails. Patrick Rose joined the U.S. Army in 1972 and served in Southeast Asia during the Vietnam War. He joined the Massachusetts Army National Guard in 1976 and received his Commission as an Officer in 1978. Pat continued with the National Guard, simultaneously working at the old Deer Island House of Correction where he was employed since 1975. After almost 10 years of service with the (then – "Boston Penal Department") now-known as South Bay at the Suffolk County Sheriff's Department, (Pat had worked his way through every rank ultimately achieving the rank of Deputy Superintendent), decided to re-enter the active Army. Pat went back on active duty in 1984 and retired in 1994 from the US Army with the rank of Major. Pat joined the BPD in 1994 and after six years served as BPPA union rep from Area C-11 for 10 years. Pat also served as BPPA secretary for five years and was author of a well-received "Veteran's Corner" informative article which appeared in the *Pax Centurion* for many years. Pat was elected BPPA president in 2014. Serving as BPPA President is a 24/7/365 commitment that always seems to cause the phone to ring just as you're trying to deal with two or three other matters – at the very same moment in time. From officer-involved shootings – to actual shootings of officers – and every other tragedy/problem/crisis that can conceivably happen in between, the schedule of a BPPA elected-officer is unpredictable and hectic, to put it mildly. Few people call you when they're having a good day, and everybody calls you when either they or somebody they know is having a bad one. Critics and second-guessers are a dime-a-dozen,

politicians either love you or hate you, (depending on the day and wind-direction), former friends who have moved up the management ladder may pretend they don't know you, and your family constantly wonders why you don't seem to have enough time for them, but you do for everyone else.

An old poem found in the "Legal Rights of Union Stewards" handbook, attributed to an anonymous source, best describes the union-officer's position:

*"Who are these men of lowly pay,  
with haggard look and hair of grey,*

*They get no rest by day or night.  
They're always wrong. They're never right.*

*They do not have a law degree, But  
go to bat for you and me.*

*Though seldom have they been to  
college, they must possess the widest  
knowledge,*

*Of labor grades and when to grieve,  
vacation pay and sickness leave.*

*Of overtime and who's to do it, Of  
coffeetime and who's to brew it.*

*The how and which and why and  
when, of all the problems known to  
men.*

*If, with the boss, they might agree,*

*then they're rats who've got weak knees,*

*If, to the workers they try to cater, they're branded – Union  
Agitator!*

*The guys who have to take this slop, are called the stewards of your  
shop"*

Just change the term "steward" to "rep", multiply the problems and headaches times (x) 54 (# of BPPA reps) and you now have some idea of what it's like to be at the "top" of the BPPA leadership. (Oh, and by the way, the union officers, compared to the median-ability of rank-and-file members to perform – number of hours of overtime or details – are at the bottom rung of patrolmen's gross pay.)

But with Pat's capable leadership, the BPPA purchased and moved into our new, professional offices at 295 Freeport Street. A financially agreeable (!) contract-proposal was negotiated and passed overwhelmingly by the membership, without the usual political uproar and internal bickering. A 45% increase in detail pay was also delivered! Progress on many fronts was achieved, politically, financially, in terms of charitable endeavors, service to the members at-large and dealing with a wide variety of tumultuous circumstances – professionally and quietly – in a day and age of intense media scrutiny.

We'll miss you, Pat Rose, but you've certainly earned your retirement, and we all wish you, your wife Fran, and your entire family well. You'll be leaving the BPPA in very capable hands with Mike, Chris, Bob and Jay. Throw the phone away and enjoy yourself and your family. Best of Luck, Pat Rose. A job well done!



Retiring BPPA President Patrick M. Rose



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# Sometimes “THANK YOU” isn’t enough

By Jay Moccia, Secretary-Elect, BPPA

**B**rothers and Sisters of our BPPA, I want to say thanks, but like the title, sometimes it’s not enough. I considered the silly, just submitting the words thank you in different fonts repeatedly. Or the pompous “from the desk of your secretary,” or the billboard: Giant font – None of those are worthy of this column.

So let me say I appreciate everything you have done to support me. It was truly humbling when the results came in Wednesday. After a long day of shaking hands in the cold, and a campaign that started November 1<sup>st</sup>, I allowed myself to relax for a few hours. I wanted to “enjoy the moment” so to speak. With my phone exploding with well-wishers, I realized that as tiring as the campaign was, now the real work begins. No matter which of the candidates you supported, I will work for you. This is **YOUR** Secretary’s Office. I am just the current resident.

**Joe Abasciano, Vinny Stevens, and Danny MacIsaac** ran solid races, and I will be reaching out to them for ideas to make my term in office inclusive. Whether

you work in a specialized unit, or a district I will do my best to represent your interests. No member should ever feel apprehensive about entering their building for any purpose.

The list of people to thank is long, and I hope I don’t miss anyone, if I do, apologies in advance. First, my family – with Christmas fast approaching I’m sure there’s a long list of things to do. All of the candidates sacrificed their family time in pursuit of this office. Joe, Vinny, Danny, Tim, Kevin, John, Paul, Nicole, the Joes (except Joe), everyone who voted – an extra special thanks to those that voted for me, and all of you I met while out at the districts and units. You are amazing people doing great work. I will not let you down, and will try my hardest to support you as you all have supported me. I look forward to working **WITH** leadership **FOR** membership first, always. Thank you so much for putting your trust in me.

P.S.: Wishing you all a Merry Christmas, Happy New Year, God Bless you all.



## Debauchery in politics, media and LaLa Land

By Mark A. Bruno

**I**ncredible how Access Hollywood tried to sink Trump’s candidacy over a conversation in a trailer in which two guys were joking around about females. I’m a married guy and I joke all the time about my wife and other females. That doesn’t mean I’m an infidel or have no respect for my wife and other woman. Yet this is what Access Hollywood tried to do to derail Donald Trump. You had every yahoo from LaLa Land jumping on the band wagon calling Trump a misogynist, chauvinistic pig. All this with the backing of Nancy Pelosi, Elizabeth Warren, and the Queen Bee herself, Hillary Clinton. The latter being the pot that called the kettle black! Now that all the sordid affairs Bill Clinton has had are coming to roost, I’m sure the politicians, media, and Hollywood elite are sorry Access Hollywood ever opened up this can of worms!

Can you say hypocrite? That is what these individuals are for coming after President Trump. You only need to turn on the news to see the latest sexual deviant being exposed. Whether in government, media or Hollywood, one only need cast a rod (*no pun intended*) into the water to catch one. The fish are plentiful in this scum pond.

The most recent sex fiend being outed is Matt Lauer. This miscreant had the nerve to grill Bill O’Reilly for his alleged indiscretions, and here he is, one of the biggest names on television asking O’Reilly if he has done any “soul searching.” Really? What a piece of work! We at the *Pax* know full well the power of the left when it wants to manipulate a situation and poison the well. O’Reilly was railroaded as a result of left wing liberals who did not care for his

rhetoric. They threatened the networks and went after the advertisers/vendors who did business with them. Much the same as the NFL who just got jacked up for 89 million dollars so their players won’t take the knee; we call them shakedown artists. Complain about an issue that is non-existing and see what **shakes** out.

Then you have the rats that complain about double-standards when it comes to crime and punishment, hence the next group of pugnacious moon-bats at CNN. These reporters had the nerve to complain that politicians – even their own democratic ones – suffer less in regards to punishment when it comes to their sexual indiscretions. These two groups alone would give Caligula and his Roman Senate a run for their money. All Al Franken and friends are missing are the toga sheets! I am interested to see what politicians had Settlement monies paid on their behalf with taxpayer dollars to payoff sexual harassment suits.

I notice Hollywood has been silent on their attacks on the President. Most are running for cover, not wanting to be outed as sexual predators. Not since Roman Polanski has there been such shameless acts of, well, you know. The decorum of the *Pax* being a family-friendly magazine prohibits me from talking of such deviant behavior. We are, after all, civilized.

I really think the President is right in regards to draining the swamp. They all need to go, both parties. The left needs to get over the results of the race, and the right needs to support their candidate. The people have spoken!



# THE ANTIFAN WHO STOLE CHRISTMAS

By Clement Clarke Carnell

*Editor: Please excuse this hastily-assembled Christmas poem, as the author has been recently diagnosed with D.I.D. (Department Induced Dementia) and erroneously comingled Dr. Seuss' "Grinch" Christmas story with the famous "The Night Before Christmas" poem by Clement Clarke Moore. The author accepts no responsibility for the recitation of this pathetic poetry to the reader's minor children and/or confusion related therefrom...*

Every Cop down in Bblueville liked Christmas a lot,  
But the Antifan from Cambridge, well he certainly **DID NOT!**  
The Antifan hated Christmas! The whole Christmas season!  
(Now please don't ask why, no one quite knows the reason...)  
It could be his head wasn't screwed on too tight,  
Or it could be his trust-funded pants were too tight,  
But I think that the most likely reason of all,  
Was the fact that Antifans have only one ball.  
*As in football or baseball or basketball, ...I mean!*  
And Antifans, like Grinches, have skin colored green!

They live deep in a basement, at home with their Moms,  
They read "Rules for Radicals" and make Molotov bombs!  
They wear dark bandanas to cover their faces,  
And gloves on their hands (...so as not to leave traces!)  
And as proof that our system is up-sidey-down,  
Back on August 19<sup>th</sup>, they invaded downtown!  
They assaulted the elderly who stood with our flag,  
Knocked down an old lady and kicked her handbag!  
And they laughably claimed to be .... "Anti-fayscist?!?",  
While in Cambridge they said Dr. Seuss was a ... "ray-cist?!?"

In Bblueville, a Christmas tree, to be lit after dark,  
On the old Boston Common, near Tremont and Park.  
Staring up from Mom's basement, with his Antifan frown,  
At the warm lighted windows in the Policemen's hometown,  
"They're hanging their stockings," he said with a sneer!  
"Tomorrow is Christmas, it's practically here!"  
And he danced like a madman, at a drug-induced "rave,"  
As he left in a hurry from his basement-like cave.  
And he texted and twittered as he called all his friends,  
With a goal of achieving their dastardly ends!  
"Come Cambridge! Come Brookline! Come my buddies from Newton!  
We'll go down to the Common and engage in some lootin!"  
Grab your dirty bandanas and your smelly dark hat,  
Bring bottles of urine and a big wooden bat.  
We'll drown out their carols with our bullhorns and drumming,  
They'll find out real quickly that Christmas ain't coming!"  
And he chuckled and laughed, "What an Anti-fan trick!  
With this bandana and hat – I'm the Anti-Saint Nick!"

But before the attack, as they stopped to smoke dope,  
They noticed the policemen were all armed with ...**SOAP!**  
The filth on their bodies, the crud in their hair,  
Gave proof they'd not showered for over a year.  
They all shrieked in horror, and they ran for the "T."  
Dropping backpacks, bandanas, and bottles of pee!  
The trust-funded pansies all dropped to the ground,  
And the cops scrubbed them up and the cops scrubbed them down!  
They screamed for their Mommies, they screamed for their rights,  
They screamed all the way home to Welles-ley Heights!  
But the trust-funded pukes with the rag-hidden faces,  
Who go home at night to rich, comfortable places,  
Won't take over our city, without a good fight,  
**So SCREW YOU ANTIFA, Merry Christmas, Good Night!**

# What the BPPA (...and NOT the City or BPD...) has done for us...

## Sometimes, to appreciate what we have, take a look back

By James W. Carnell, Pax Editor

**A** few weeks ago, Bill Carroll, recently retired from the BPD after 38 years of service, stopped by the BPPA offices with a box of memorabilia and old papers from his early days as a BPPA union rep from District 4. Right at the top of the stack of dusty documents was a pay scale chart from 1983, my own first full year of employment as a police officer. Reprinted here, it shows us in a snapshot the strides that the BPPA has made over the years in terms of pay, but it says nothing about the struggles and sacrifices that brought us from there...to now.

I often overhear some of our members criticizing the union for one thing or another.... *or even everything*. "Why can't the union get us \_\_\_\_\_ (fill in the blank)." "Why can't the union just tell the city that we want \_\_\_\_\_ (fill in another blank)." "THEY (who is "THEY"?) should do (X, Y, Z)", say the guardroom experts and wizards of the locker-room. Empty vessels *do* make the most noise...

The political minefield that is the BPD and the City of Boston can – *and will* – beat you down, take retribution against you and your family, and/or send you to the equivalent of the BPD swamp for the rest of your natural career. Criticizing the department or any of our reigning politicians is indeed, something to be very wary and cautious of. Believing in "Truth, Justice and the American Way" sounds good for Superman, but in practical reality, sticking your neck out can easily result in having it chopped off.

Criticizing the union, however, has few such challenges or concerns. The BPPA can take no action against a member which would result in any transfer or discipline or negative results for anyone's career goals. In fact, criticizing the union may actually enhance the upwardly-mobile officer's career prospects, at least with the presiding politician *du jour*. (Successful and respected leaders always remember the old saying – "The people you meet on the way up the ladder, are the same people you'll meet on the way back down.")

But I digress. The point of this story is to point out that it is the BPPA, *and NOT the City or the BPD* who is responsible for your paycheck and the benefits in our contract that protect us and our families. As you can see from the attached paychart, in 1983, my own pay would have been \$21,779.92 (nights 1<sup>st</sup> year, Associates degree). As of July 1<sup>st</sup>, 2019 (end of the current contract) my estimated pay-*without* details or overtime (nights, bachelors, 25+ yrs.) should be \$121,411.71, or roughly \$100,000 *MORE* than 1983's pay level.

My superior intellectual prowess, accumulated legal wisdom, and certified Battle Creek, Michigan astronaut's application (returned as "addressee unknown"...hmmm...) are undoubtedly responsible for this positive pecuniary progress. But in all seriousness, *all* credit belongs to the BPPA for expanding the capacity of my wallet. In 1983, there was no such thing as a "fixed shift." Piss off the boss, and your coveted night shift could be changed – *on a whim and with hardly a day's notice* – to a day shift (or vice-versa). Although it existed for other police departments, Boston had only an "educational incentive" amounting to about a gross amount of \$900 per year, and not the 10-20-25% base pay increases available under the full

Quinn bill program (and there was *a lot* of resentment among older veterans even for that (*comparatively*) paltry amount, education being viewed with suspicion compared to seniority). There were no "P-days" or "SNLA days," vacation leave maxed out at four weeks after 25 years, bereavement at three days, and you were required to remain at home if you had called in sick (*and you'd better be there if the Sergeant came to check, which they did..!*). Details were \$15.00 per hour, and a "cashie" – \$60.00! – for a four-hour supermarket or a "bucket-of-blood" joint/barroom or bingo-game was a "pretty good/OK" assignment. Portable radios needed to be checked in and out at the end of a shift. The available overtime shifts were fought-over and resulted in guardroom fights over exactly how one officer managed to get the OT while another didn't. (Compare to today when avoiding mandatory OT is a veritable art form.) Since cellphones were a distant, unimaginable, futuristic invention, you'd better be home when the detail clerk (*...allegedly claimed that he had...*) called your house, or you were bypassed and left with nothing. Detail and overtime opportunities were far, far fewer than are available today. Construction details sometimes took six to eight months for payment, if the vendor didn't pay, the chase was on, or you might be out of luck. (I personally remember an "Umbro" detail from Roslindale Sq. that took over six months for payment!) Then, a Red Sox detail meant you were "on the "A" list;" today, the Sox games often go unfilled as the "dregs" of the detail list, (*and we may end up using retired/auxiliary officers to fill them in the future!*).

The Union itself was housed in a semi-garage/converted office space at 765 East Third Street in South Boston. (Today, the site of million \$ condos...) The death benefit for members was a paltry \$1,500; compare that to today's \$100,000 per member, on-duty or off. There was **NO** dental or eyeglass plan. The Union operated on an old-fashioned "checkbook-register" accounting system, and every expense was scrupulously pored over at long, contentious union meetings for evidence of waste and fraud by the amateur BPPA/ reps-auditors looking to embarrass a political opponent. There was infighting and disagreement over a variety of issues (chiefly details and overtime, who got them and who didn't) and internal battles over political alliances, perceived, real and imagined slights and which politician was endorsed or supported by the BPPA. I think that the definition of Irish amnesia – "they forget everything except the arguments" was born at BPPA meetings.

The BPPA had one attorney (Frank McGee) in our employ, and he was expected to be everywhere, (all of the various courts, city hall, labor relations, union meetings, etc., etc.) at the same time, at a moment's notice, and for a cut-rate, police-discount/volume-of-work-based price, (*because of the honor of representing us, you see.*)

Many of our members, even to this day, are shocked to discover that the department itself does **NOT** run the annual awards banquet to recognize outstanding, meritorious police work, and that virtually the entire price tag for the banquet is borne solely by the Boston Police Relief Association and its yearly fund-raising efforts. And before the BPPA started holding yearly retirement banquets in 1984,

## BPPA SALARY CHART Effective 7/1/83

<u>DIFF RATE</u>	<u>ANNUAL</u>	<u>WEEKLY</u>	<u>GROSS</u>	<u>DAILY</u>	<u>T</u>	<u>T1/2</u>
<b>1 Year</b>	22.88	20,304.23	366.09	388.97	97.24	9.15
<b>2 Year</b>	25.63	22,748.76	410.17	435.80	108.95	10.25
<b>3 Year</b>	22.88	20,304.23	454.51	482.70	120.67	11.35
<b>NIGHTS</b>						
<b>1 Year</b>	32.95	20,304.23	366.09	399.04	99.76	
<b>2 Year</b>	36.92	23,338.09	410.17	447.09	111.77	
<b>3 Year</b>	40.89	25,849.44	454.51	495.20	123.80	
<b>EDUCATIONAL LEVEL I – DAYS (\$950.00 ANNUALLY – \$18.20 WEEKLY)</b>						
<b>1 Year</b>	24.01	21,313.26	384.29	408.30	102.07	9.60
<b>2 Year</b>	26.77	23,758.30	428.37	455.14	113.78	10.70
<b>3 Year</b>	29.53	26,206.48	472.51	502.04	125.51	11.81
<b>EDUCATIONAL LEVEL I – NIGHTS (\$950.00 ANNUALLY – \$18.20 WEEKLY)</b>						
<b>1 Year</b>	32.95	21,779.92	384.29	417.24	104.31	
<b>2 Year</b>	36.92	24,288.13	428.37	465.29	116.32	
<b>3 Year</b>	40.89	26,799.48	472.51	513.40	128.35	
<b>EDUCATIONAL LEVEL II – DAYS (\$1,300.00 ANNUALLY – \$24.90 WEEKLY)</b>						
<b>1 Year</b>	24.43	21,684.92	390.99	415.42	103.85	9.77
<b>2 Year</b>	27.19	24,129.97	435.07	462.26	115.56	10.87
<b>3 Year</b>	29.95	26,578.15	479.21	509.16	127.29	11.98
<b>EDUCATIONAL LEVEL II – NIGHTS (\$1,300.00 ANNUALLY – \$24.90 WEEKLY)</b>						
<b>1 Year</b>	32.95	22,129.66	390.99	423.94	105.98	
<b>2 Year</b>	36.92	24,637.87	435.07	471.99	117.99	
<b>3 Year</b>	40.89	27,149.22	479.21	520.10	130.02	
<b>EDUCATIONAL LEVEL III – DAYS (\$1,900.00 ANNUALLY – \$36.40 WEEKLY)</b>						
<b>1 Year</b>	25.15	21,322.80	402.49	427.64	106.91	10.06
<b>2 Year</b>	27.91	24,767.85	446.57	474.48	118.62	11.16
<b>3 Year</b>	30.66	27,215.51	490.71	521.37	130.34	112.26
<b>EDUCATIONAL LEVEL III – NIGHTS (\$1,900.00 ANNUALLY – \$36.40 WEEKLY)</b>						
<b>1 Year</b>	32.95	22,729.96	402.49	435.44	108.86	
<b>2 Year</b>	36.92	25,238.17	446.57	483.49	120.87	
<b>3 Year</b>	40.89	27,749.52	490.71	531.60	132.90	
<b>CAREER AWARDS – DAYS (5, 10, 15, 20 AND 25 YEARS)</b>						
\$350	28.75	25,513.27	460.01	488.76	122.19	
\$700	29.23	25,940.79	467.72	496.95	124.23	11.50
\$900	29.47	26,153.24	471.55	501.02	125.25	11.69
\$1,000	29.59	26,259.73	473.47	503.06	125.76	11.78
\$1,200	29.83	26,472.18	477.30	507.13	126.78	11.83
<b>CAREER AWARDS – NIGHTS (5, 10, 15, 20 AND 25 YEARS)</b>						
\$350	40.89	26,146.98	460.01	500.90	125.22	
\$700	40.89	26,549.44	467.72	508.61	127.15	
\$900	40.89	26,749.36	471.55	512.44	128.11	
\$1,000	40.89	26,849.59	473.47	514.36	128.59	
\$1,200	40.89	27,049.51	477.30	518.19	129.54	

there was no such annual event. Based on popularity, some officers had large parties thrown for them after 35 or 40 years on the job, and some officers walked out the door without even so much as a coffee mug.

I could go on about the “then-and-now” differences, but you get the picture. The BPPA represents and acts for the interests of Boston Police Officers, when all others (*or so it may seem!*) are arrayed against us. We cannot depend on the City, the Department, the media, community activists or the general public to understand the hardships, pressures and dangers that our members face every day, and so the BPPA exists as the sole

bulwark to stand with and for Boston’s thin blue line. No, the BPPA isn’t perfect, and disagreements will always occur among and between our own members about policies, priorities and a whole host of issues, but try imagining life as a Boston Police Officer without a union.

Today, we own a building capable of suiting our needs into the immediate future, a dental and eyeglass plan, (again, *not from the beneficence of the City or department, but from the hard work of the BPPA...*), several competent and qualified attorneys to work on different facets of the union’s responsibilities, and above-reproach financial accounting with checks and balances. Residency – as an issue and a city priority – is fading, as qualified new recruits – who can afford Boston home prices – become harder to find. Health

insurance – *for the moment* – is at least stable and not consuming greater amounts of our pay. The amount of mandatory overtime and unfilled details – *as opposed to the lack of it* – is the most pressing problem today. And our pay is – if not the best in the nation, at least certainly at the top of the national charts. I don’t know what the future holds, but I’m sure the same challenges and difficulties will confront our newer officers as existed when class 1-82 graduated from the “mobile academy.” From a simple comparison of “then and now” paycheck stubs, things are certainly better, and I’m confident that our new members and our new BPPA leadership team will work tirelessly to improve even more in the future. Stay safe, Merry Christmas and Happy New Year....

# Disrespect for Old Glory is reprehensible

By Mark A. Bruno

The recent onslaught of sports figures refusing to stand for our "National Anthem" has forced me to tune the sport out. I refuse to support ANY team, including the Patriots, who do not embrace or respect the American flag. This is not about a little silent protest, but rather the equivalent of crashing a wake. These couple of minutes in which the "National Anthem" are played are to be held in reverence to remember and reflect on those that served in our military and lost their lives defending our country to keep it safe; it is also to thank those men and women who are currently serving. Some of these soldiers are usually assigned the task of holding the "American Flag" while the "National Anthem" is played, and they do so proudly! There should be no protest--silent or otherwise--during what is a solemn moment to reflect and thank those who serve, and to those that made the ultimate sacrifice.

To say I am disappointed in Robert Kraft would be an understatement. I guess when you have money you can say and do whatever you want, no sense of decency or code of ethics to live by. Just disrespect "Our Flag" and military, and expect the fans to accept it. **NOT!** The only time a player should take the knee is at the end of the first half, or at the end of a game. Roger Goodell is nothing

but a gutless coward for allowing this disrespectful protest to happen. It doesn't surprise me one bit seeing he would not allow players to wear anything having to do with 9-11 or its victims. Nothing either for law enforcement killed in the line of duty. When

five Dallas Police Officers were gunned down, the Dallas Cowboys were not allowed, or wouldn't display, an emblem on their helmets showing support for law enforcement. It was OK for CK to wear sox that had little piggies in police uniforms. How is that working out now, CK? How are the ratings going, Roger?

The NFL used to charge the military to display the flag during the National Anthem; how disgraceful is that!? How about honor your own players like Villanueva who served three tours over seas, or Pat Tillman who thought it was more

important to fight for his country than play football, and paid the ultimate sacrifice! None of you could shine the shoes of these players, and you are not worthy to play beside them or on the field where they once played.



The most recent insult came during a New Orleans Saints game where prior to playing the National Anthem a Fallen New Orleans Police Officer **Marcus McNeil**, was being remembered in a moment of silence, a tribute to a fellow officer who was gunned down in a hail of bullets while doing his job. Officer McNeil left a wife and two children behind. The team remained kneeling instead of honoring the Fallen Hero who served and protected the people and City of New Orleans. Disapproval from the fans came in the form of boos raining down on the players. No individual apologies to Officer McNeil's

family from the Saints organization or their players. How disgraceful is this?

For God, country, and flag, these words still mean something to hard working Americans that value their freedoms, and appreciate the men and women who protect them. No social cause should ever rise above God, country or flag. The American flag is a symbol for our Democratic society that we live in. You may reel and protest against the state and law enforcement, but never disrespect what is solemn and sacred to our military men and women. I can live



**Marcus McNeil**

without football, basketball, and whatever sport or celebrity if they decide to keep taking the knee and trashing our country. President Trump may not be very eloquent when it comes to making a point about disrespecting the country, but he absolutely hit the nail on the head with this one. I for one will not watch anymore football and support a bunch of gutless cowards who have embarrassed themselves. All you have done is torn away at the fabric of this country. You have also set a real bad example for our youth in Pop Warner and other sports who are now taking the knee. My son last year had to write an essay on what he thought about CK and other players taking the knee. I could not have been more proud of his response. He wanted to know where these players were during the actual protests, and if they gave any money to support their cause. For most, if not all of them, the answer was no and no.

Sports have always been a place where you could go to and leave politics behind. Now this has been defiled, no less than from my



hometown team which are named the "Patriots"! Please rename your team because you do not deserve the title. How does the New England Kneelers sound? The Saints I now call Sinners for the disrespect they showed for a Fallen Officer and his family. I hope the NFL, along with any other sports team, goes belly up for thinking fans were gonna stand by while their morally bankrupt employees tried to hijack "Our Flag" and "National Anthem." Please, leave the politics out of sports!

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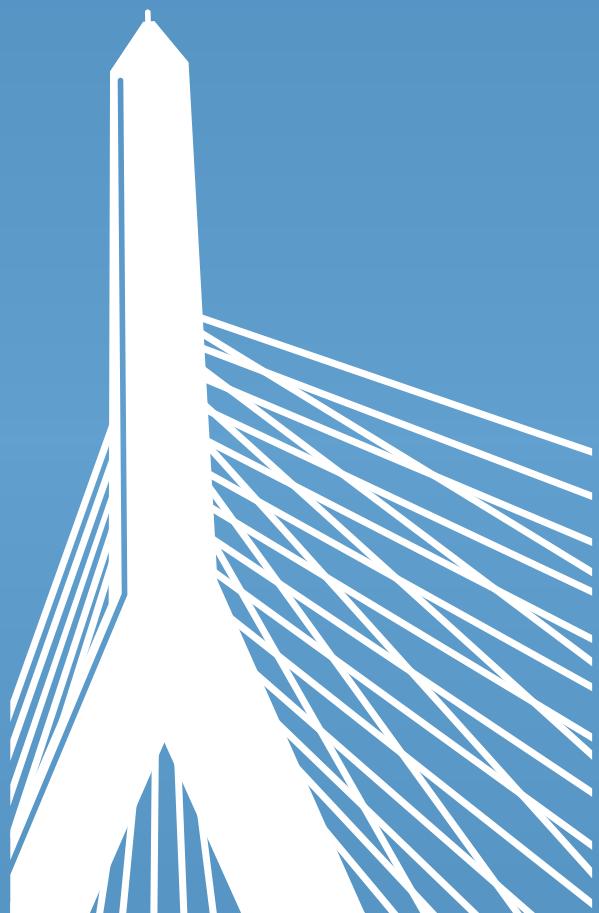
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**CITY OF  
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## Pax Editorial Opinion

# Boston/San Francisco illegal-immigrant murders spotlight sickness of Liberalism

By James W. Carnell, Pax Editor

**Q** uick: Who were Richard Field and Linda Bolanos? Who is Bampumim Teixeira? Who was Kate Steinle? And who is Jose Ines Garcia Zarate, AKA ... (more aliases than will fit here)?

Well, Richard Field and Linda Bolanos were two MGH physicians, engaged to be married, who had their throats slit earlier this year during a home invasion and robbery in South Boston by (...*INSERT ALL-IMPORTANT WORD “allegedly” HERE...*) by Bampumim Teixeira. Bampumim, 30, is a green-card holding resident of Guinea-Bissau, who admitted to robbing the same downtown Citizens Bank on (not one, but **TWO**) separate occasions, (using a note threatening violence on one occasion) who was allowed to “plead out” to “larceny from the person” charges and sentenced to **364** days in jail by Wellesley College grad and Deval Patrick-appointee Judge Lisa Grant so that his lucky immigration number stayed *below* the ICE legal-radar screen for deportation purposes (**365** days – 1 year – would have alerted ICE that this maggot was eligible for a trip back to Guinea-Bissau.

Wasn’t that special! What would happen to YOU, American citizen, if you robbed a bank...twice?) After his release from several grueling **months** in jail, Bampy T. then went on to (allegedly!) kill the two South Boston Doctors, who, as fate would have it, were both themselves immigrants; Dr. Bolanos from Columbia and Dr. Field from England. Unfortunately for them – in screeching-liberal Massachusetts – they were both **legal, taxpaying, working immigrants**, and therefore unworthy of the gushing

praise, hand-wringing concern, liberal admiration and fawning attention that comes with the high-honor and status of being classified as an “**illegal** immigrant” (excuse me... “undocumented victim of oppression”...sorry!). “Ahmmm, ... *Dr. Who and Dr. Who? Nothing to see here, folks, move along now, keep your mouth shut and don’t ask questions that interfere with the preferred liberal narrative....*”

And of course, Mr. Jose Inez Garcia-Zarate (or whatever his true name his – only his fingerprints and DNA know for sure!) was the victim of President Trump’s racist political attack last year, identifying him as the five-time deported, seven-felony convictions, Mexican homeless illegal alien (There! Homeless **and** Illegal! **TWO** unearned liberal-land home-run/gold stars on his head before the trial even started!) who shot and killed Kate Steinle in 2015 as she walked on San Francisco’s Embarcadero Pier with her father, in whose arms she bled out and died. (*NOTE: Kate was an American citizen and working taxpayer, and therefore not worthy of inclusion in any liberal-land favored group status.*) Jose... Whatever-his-real-name-is... **admitted** he had fired the 40mm Sig-Sauer weapon, (which had recently been stolen from a federal agent’s car ...**but not**

**by Jose!!!**... No, no, no... he found it near the pier and it went off accidentally when he was not using it to leisurely shoot at the local sea lions (*Ed.: normally triggering calls for the death penalty from environmentalists?*) or not dropping it on the ground at his feet or not just accidentally pulling the “hair-trigger” trigger or... (Hey, even **I** forgot which story his taxpayer-supplied attorney told us!) which struck and killed Kate Steinle.

Well, Jose was just **UNANIMOUSLY ACQUITTED** by a San Francisco jury! They, in their infinite liberal wisdom, could not even find poor Jose guilty of **involuntary manslaughter**, (at an absolute minimum!) even if they bought his BS “found-the-gun/accidental shooting” story 100%! In fact, California’s liberal-fraud excuse makers, politicians and elitists, were almost immediately gushing forth the established narrative that “*Trump was creating a hateful atmosphere for poor immigrants by criticizing the verdict.*” Kate Steinle’s name was either ignored or treated as a forgettable, amusing afterthought by the apologists for the illegal immigrant.

And since he’s already served two of the maximum three years sentence for illegally possessing the gun (*which he admitted to!*), the only penalty left for Jose is... **deportation to Mexico!** (...for the **SIXTH** time, that is...). In fact, Jose freely admitted that the reason he repeatedly returned to San Francisco after five deportations was that San-Fran was a “sanctuary city”. (*And Boston is, instead, a “welcoming city?” Ahhmm, a distinction without a difference?*) No mystery here, is there? Criminals, like water, seek the path of least resistance. Go where the food is free and the pickings are easy,

right? The sheepdogs (*us, the police*) have been defanged, neutered, de-clawed and criticized for protecting the wandering sheep. The wolves wait quietly at the edge of the woods, smiling and lick their chops. As in nature, the predator sees red meat, wants red meat, and then decides on the easiest course of action to achieve its goal. In the real world, it is easiest to obtain red-meat victims in San Francisco, or... Boston, for example. Crimes are excused, rationalized, forgotten about, even justified as acts of righteous political retribution directed against “the man,” or whoever happens to be the most opportune target for the savage-animal to obtain what it wants.

No, in the land of the liberal, political ideology and their faux-concern for the alleged poor and downtrodden (*except in their neighborhoods, that is...* “*Somebody call the police, those people don’t belong here in Newton, Brookline, Weston, Dover, etc., etc....*”) “trump-cards” facts, evidence, truth, reason, logic and common sense... **combined**. The American Civil Liberties Union, in their infinite hypocrisy, will stand on its soapbox and demand American civil liberties for the non-American criminal-felon. It matters not that the crime itself was thoroughly preventable if the



Kate Steinle and Jose Ines Garcia Zarate  
(...or whatever his name is?)

illegal perpetrator hadn't been allowed to be present or remain here in the first place to commit the crime. Liberalism, in addition to being a mental disorder, truly means never having to say you're sorry. It's always somebody else's fault or some nefarious social condition which is the fault of the imperialist-pig/capitalist-racist-oppressive society which these illegal aliens are all...strangely (!?!) .... leaving their own third-world paradises to come to?

Hmmm... How could that be?

So, if liberal-logic transcends the Pacific/Atlantic coasts from Frisco' to the Hub (and sadly, unfortunately, I believe it does!), then Bampumim Texeira should have the Massachusetts book thrown at him and be...*deported back to Guinea-Bissau!* Yeah, if Judge Lisa Grant hadn't released him following the **TWO** bank robberies, then he wouldn't have been left here in this oppressive society to fend for himself and would have been back in his native country and unable

to kill Doctors' Field and Bolanos in the first place. You see, **IT'S OUR FAULT! We failed HIM!** We put the riches and wealth of American society in front of him and didn't give him enough freebies after releasing him from our oppressive prison system. (Which, in Guinea-Bissau, would probably qualify as a luxury retreat in a five-star hotel, but that's another story....) Let's all get real, liberal-tough and demand Bampumim's deportation... That'll show him, right? "You... go home and...and... don't kill us anymore, Mr. Texeira!" Yeah, that'll get him...

And then upon Bampy's swift return across the pond as some form of "refugee," he and Jose What's-his-real-name can get together for a Pina Colada in Tijuana ...before they cross over the border again.... With a little luck, there'll be more section 8 housing built in Wellesley by then so Bampumim and Jose can live near Judge Lisa Grant!

## When did it all change?

By Matt Carey, A-1 Last Half Rep.

I start by looking at a troubling trend across the country where politicians do not back the men and women performing a job that needs them the most. The police across the country are faced with life-changing incidents that are criticized by these politicians before they know the facts. They are quick to want support from the law enforcement community when they are running for office. Well guess what? We need your support more now than ever. It's not time to light up the Zakim Bridge purple because "Prince" died of a drug overdose. It was time to light the bridge up blue when five police officers were murdered in Texas. It seems that every other class or special-interest group is protected except for the police nowadays. I have a great idea for the next rally in the Boston Common; it's called "**Do-the-right-thing**" rally. This rally will consist of taxpaying citizens who follow the laws and support the ideals that our country was founded upon. Something tells me there will not be urine-filled water bottles thrown at police officers, I imagine the amount of people that will be assaulted will be "zero" since everyone is following the law. Now I know this will never happen because most of the people who might attend this event have to work, even if it was on a day off that they would otherwise be spending time with their families.

Recently, I read a publication that backs the police (Blue Lives Matter) which had an article about a Dallas County Commissioner by the name of Mr. John Wiley Price. It appears that this county commissioner was the only one to vote against honoring the five police officers murdered, and in a bizarre twist of logic, he later attempted to place blame on the police officers themselves and their supposed "attitudes" for their own assassinations. He argued that "no life is more important than any other life". I guess if a police officer was killed while trying to protect this P.O.S. it would not matter. Mr. John Wiley deserves to be known for what he is; another corrupt

figure that was prosecuted in April for using his public office to illegally take over \$1 million. The jury deadlocked in the decision on four of the charges and the case was later dropped. As always, it's not what you know it's what you can prove. I think that we can all prove this disgraceful P.O.S. could not walk a mile in a police officer's shoes.

Brace yourself for next spring (2018) as the Boston -based "free speech" coalition wants to have **another** rally. I'm pretty sure they will be allowed to have this so-called rally and something tells me that there will be protesters (mainly against TRUMP) there to cause problems and incite violence. The funny thing is these groups not only hate the other groups they are protesting; they also hate the police. They will use the same projectiles against the police that they planned on using against the other groups. The smell of urine-filled bottles was lovely during the hot-Summer/August 19th event, wasn't it?. The great thing about this weapon is that it is easily refilled, kind of like both at once: you can drink the bottle of water then fill it with urine. Apparently, some of the protesters tend to use body odor as a deterrent to being captured by the other evil groups. I don't think they would stink on purpose to stop the police, do you? This country is in a world of hurt if there is another war; I don't think you can fight a war with bongs and medical marijuana cards (another great idea up the state house). They can call these protests whatever they want; at the end of the day we know what it is about. It's unfortunate it's allowed to go on just like the "Occupy-Boston" homeless camp set up in Dewey Square. That place was beautiful; there was sex, drugs and music going on with the stellar 39 Boylston St. homeless-shelter residents running the show. Nobody wants to stand up and say "enough is enough"; the support these people get from our politicians is disgusting. How about standing up and supporting the few remaining people doing the right thing?

# Holiday depression

By Mark A. Bruno

With the Holiday Season upon us, many will feel the stress that comes with it. Much as we strive for happiness in our lives and that of our families, sometimes achieving it can be a struggle. By virtue of our profession, stress is not something we think about, but rather it is always there. As soon as you put the uniform on and prepare to give it your all, stress will always figure in to your daily routine. The question is how much will we get today, and can we handle it?

No one likes to talk about the holiday blues but, for some, they are real. Whether it is planning a family dinner or keeping up with the mounting bills, it is a slow drip that creeps up on all of us--all the parties we may attend and the price we will pay the next day. Sometimes it is hard to keep up with this lifestyle given the hours we work. Enjoyment certainly comes at a price. Sometimes a night or two off in the comfort of your own home can be just what you need to recharge your batteries. A nice mug of cocoa next to the fireplace to warm you up and clear your head.

There are those of us that may be going through some real troubling times and the holidays just add to the melancholy feelings. It could be a separation or divorce that has taken its toll on us mentally. It could be all the anguish the latter has caused. These are real emotions that many of us may be going through, but nobody is there to catch us as we free fall into the abyss of despair. Sometimes we only have ourselves to blame for not reaching out and talking to someone. We choose to bottle it up inside until it consumes us and takes us to a dark place. By this time, as many of you know, time

for resolve has past and there is nothing left to live for. It is truly a deep, dark hole we place ourselves in knowing we won't be coming out. We always have the means at our disposal for a quick exit.

This is why it is important to look around at your fellow officers in case one of them might be going through some of this anguish. We need to be good friends to our fellow officers that might be living life a minute at a time and can't see past tomorrow. Some are very obvious, while others we never see it coming. Stepping up and reaching out to someone in pain can be the difference of life and death in that person's life. Knowing someone cares for them and is willing to listen and hold their hand through what is a terrible time could make the difference.

We have, what I consider to be, one of the finest Stress Units in the country. We need to utilize this more and not after the fact, but rather before. We have officers on the districts that are also trained to deal with fellow officers going through anxiety and upheaval in their lives. For those of us in which the glass is half full, please kindly look around you to those fellow officers in which the glass is half empty. Life isn't always lollipops and roses. During this holiday season, kindly remember those we have lost and say a prayer for their families. Show you care for those in despair.



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The first Law Offices of Donald E. Green was opened in Boston's waterfront in 1982 and the second office in Dudley Square/Roxbury in 1988. The Firm also has satellite locations in Braintree, which is convenient for South Shore residents and downtown Boston; both locations are by appointment only.

The Law Offices of Donald E. Green is a multi-ethnic, multi-lingual law firm, concentrating in personal injury matters as well as medical malpractice, dental malpractice, wrongful death, worker's compensation, slip and fall, criminal defense, civil rights, immigration, family/probate, bankruptcy, real estate and sexual harassment claims.

Don Green served in the United States Marine Corps from 1957 to 1961 before being honorably discharged. In 1968, he joined the Boston Police Department and retired in 1990 after serving the city for nearly 22 years, the last 15 years as a Sergeant in the Roxbury district. He is married to Annette Hill Green, a native of Dorchester, who is also an attorney and his law partner.

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# Decorating the Common tree with Christmas lights and “ornam-ances”

By James W. Carnell, Pax Editor (with apologies to Frank McCourt and the Gods of Punctuation)

**I**t's mid-December, and you're on your joyful-Holiday Boston Common walking beat with your new rookie partner. In *his* back pocket is a copy of "Selected City Ordinances That **Should** Be Enforced...," a new pamphlet distributed by the BPD for perusal by officers working downtown assignments. (Note the qualifying term "**should**"... he takes it literally, you interpret it figuratively ...). In *your* back pocket is a dog-eared copy of John Steinbeck's famous novel, "Why I don't give a sh\*% anymore." It's almost 3:30, it's a Sunday, and you're thinking...maybe, just maybe, I'll get out of here without being ordered for another tour of duty due to mandatory overtime, minimum-staffing, required short-notice/bang-in replacement, or whatever the hell it is that the department is calling it today other than a gross failure to acknowledge reality and hire enough new officers several years ago, but... *whatever*. The Patriots game is on at 4 PM, you're heading for the exit gate, when... "**IT**" appears, the dreaded "concerned-citizen-without-a-life," whose sole purpose on planet earth is to find a cop and make his/her life miserable while asking stupid questions and demanding unanswerable answers. "**IT**" has just come from a community meeting of the United Busybodies and Richbastard's Upscale Community-Improvement Group, and manages to find you like a compass needle points magnetic-North. (*We can always tell them at least 100 yards away from when they actually reach us, can't we ...?*) "**OFFICER!**" "**IT**" screeches, at the top of its high-pitched squeal. "**I'M A TAXPAYER!**" (*Oh, really honey-bunch, are you? We must be distant relations...*). "And **I DEMAND** that you enforce the laws against... **SMOKING IN PUBLIC!!!**" "**IT**" screeches.

Of course, you manage to instantly adopt your best Claude Rains/"Casablanca" imitation – "*Why, I'm shocked, shocked to hear that there's smoking on the Common,*" and tell her that you'll immediately launch an intensive investigation and complete search (*to no avail...*) in addition to a double-extra secret-canvassing of the area with EDT's called in from other parts of the City when... from the other direction... Beacon Hill's own answer to Sherlock Holmes approaches you, replete in his tweed hat, overcoat, eye-monacle, walking cane and accompanied by a miniature-repulsive Beacon Hill-style Yorkie while he's... yeah... smoking a pipe.

Yep, the Pats game is fading from view as Miss Community-Busybody points her bony-ass finger and screeches at Sherlock Holmes smoking his pipe, requiring you to approach and politely request that Mr. Beacon Hill/GQ and his precocious little dog remove themselves from the Common while he is smoking his organic, bourbon-infused pipe tobacco from his imported Scottish, hand-carved, exquisite pipe when he begins his lecture about how important he is and that he once knew Jack Kennedy and he's a lawyer with Ropes and Gray and don't I have anything better to do than harass taxpaying citizens and then Miss Community-Busybody starts with her lecture about the smoking ordinance and the dangers of second-hand smoke and, when....

Mr. Texas Tourist approaches to see if the Officer needs help



because "that's what they do down there and we don't abuse our law officers in Texas the way they do up here," and then, Miss Busybody shrieks again because the wife of Texas tourist is...smoking a cigarette, whereupon a philosophical and legal argument breaks out about the insanity of idiot-busybody Northeast liberals intruding on people smoking legal substances outside in public and Miss Busybody **INSISTS** that Mr. Texas Tourist be arrested because, well,

he probably voted for Trump since he's from Texas and why wasn't I doing my job and what was my supervisor's name and what was my badge number and then....

Mr. Inebriate, a resident of Boston Common bench #542 stumbles over and asks for a light so he can smoke his butt which is dangling from his leftover, bloodied lip and Miss Busybody takes a kanniepshit and flips out and again demands badge numbers when Mr. Brookline college-student and pothead decides to wander into the middle of the

bubbling cauldron and spark up a big, fat doobie just to make the point that he can because it's his right and the brutal, repressive police can't stop him from smoking dope and the most we can do anyway is give him a \$100.00 citation and who cares because he doesn't have to carry a real ID anyway and he'll just give us a fake name anyway and his father's a lawyer and go ahead and arrest him if you want to get sued and then Miss Back Bay congeniality gets all stirred up again because this isn't what she intended when she voted to legalize marijuana and young children were walking across the Common and smoking was ruining the festive atmosphere and damaging her lungs from afar and what was my badge number and why wasn't I issuing a \$100 citation (*because I left my citation book in my car and besides I really don't care you idiot*) and why wasn't everybody being arrested and of course that would take about 4 or five hours of your time writing reports on a beautiful Sunday afternoon and right about then the "Downtown Crossing Business Improvement District's" answer to the Marching Pandemonium Band shows up and starts with their tubas and saxaphones and a Godawful-Christmas rendition of "Good King Wenceslas" and "O Holy Night" and it's a nauseating cacophony of auditory indigestion and then, and then....

You do the math: of the five people present, (more will gather quickly if you don't think of an exit strategy – **QUICK...**) Miss Beast of the Back-Bay Busybody is a definite IAD tab, so that's a 20% likelihood, while Mr. Beacon-Hill is a 20% possible tab (when he's doodling at his Ropes and Gray law office and finds out that he really has no life and nothing to do other than bother people who work for a living, that is....). But Mr. Texas tourist is on *your* side, *guddam it*, because he hates Yankees too, and his brother's a cop in Dallas. Mr. Inebriate doesn't have a pen to write a letter and would probably smoke it if he did, and Mr. Brookline-pothead will forget he was even there in about ten minutes. That's a tab-probability ratio of 40% to 60%, in your favor.

Gronk **should** learn how to keep his temper in check, **shouldn't** he?... and besides, new rookies have to learn how to write reports, too.



# Three Steps to Job Protection: Over 20 years in the making BPPA wins SJC Decision enforcing Arbitrator's Decision in favor of terminated officer

**O**n July 12, 2017, the Supreme Judicial Court of Massachusetts issued a landmark decision in favor of the BPPA which will have a profound impact on the future job security of all Boston police officers. The legal basis for this decision was over 20 years in the making, the result of extensive litigation and a change in the collective bargaining law waged by three BPPA presidents and Sandulli Grace fighting for member rights.

The facts of the case started in January, 2012 when Officer **David Williams** was terminated from employment for alleged use of excessive force and untruthfulness. A contract grievance on the case was presented in late 2012 by BPPA attorneys **Alan Shapiro** and **Ken Anderson** before a neutral arbitrator selected by the City and the BPPA. After two days of testimony, multiple exhibits and extensive post-hearing briefs, the arbitrator concluded on June 20, 2013 in a 44-page decision that the City did not have just cause to discharge Officer Williams. The arbitrator ordered the City to forthwith reinstate Officer Williams to his job with full back pay, including lost overtime and detail opportunities. Normally, that would be the end of the story – the evidence having convinced a neutral arbitrator that the employee was unjustly fired and the employee resuming his career after being made whole for his losses. After all, the City and the BPPA have a contract that provides final and binding arbitration for all grievances, so why should this case be any different? But it was. To understand why it was different, it is necessary to go back over 20 years when the protection of just cause was first arbitrated into the BPPA contract, and then fast forward a few years later when the Massachusetts collective bargaining law was amended to make the regulations of the Boston Police Commissioner subject to the terms of the BPPA agreement. Both historical steps are critical to understanding our win in the more recent SJC decision on the Williams case.



## Step 1: Securing Just Cause Contract Language

**I**n 1994, the BPPA, after years of protracted negotiations with the City, went to arbitration over the terms and conditions of their contract. Behind the leadership of former BPPA President **Dick Bradley**, attorney **Joe Sandulli** represented the union in that arbitration and argued for the inclusion of "Just Cause" language, which would say, "There shall be no discipline or discharge without just cause." While at the time Civil Service was available to appeal discipline, the BPPA was concerned about the political nature of the agency as well as the extensive delays in the system. In

representing police unions (such as Mass COP locals) elsewhere in the Commonwealth, Joe pointed out to the arbitrator that just cause was almost universally available in other major police contracts. The arbitrator particularly credited this argument in granting the BPPA's proposal. In hindsight, this right to go to an arbitrator on discipline decisions by the employer has proven to be an invaluable option as the Civil Service system continues to erode in Massachusetts. Moreover, as we all know, the political winds continue to shift in our country, particularly when it comes to critiquing the conduct of police officers, making it even more important to have a true neutral party hear and decide a discipline case. If the Boston Police Commissioner can simply ignore the reasoned decision of a arbitrator chosen by the City and the BPPA, what do we do then? That was the question the BPPA had to face next.

## Step 2: Overriding Chapter 322, the "Police Commissioner's Statute"

**B**y 1997, our firm was winning grievance arbitrations but at the same time the City, and particularly former Police Commissioner **Paul Evans**, would claim they were not bound by

their contract agreements because of the so-called "police commissioner's statute", Chapter 322 of the Acts of 1962. In essence, the City maintained that the Police Commissioner had exclusive managerial decision over everything because Chapter 322 states that the "police commissioner shall have cognizance and control of the government, administration, disposition and discipline of the department." A review of the

arbitration cases between the City and the BPPA back then revealed that the City cited Chapter 322 in 46 arbitration cases in an effort to avoid the terms of their agreements and ignore the decisions of neutral arbitrators.

It was clear we had a problem. If the City kept saying the award of an arbitrator means nothing because of the ultimate authority of the police commissioner, then the only recourse was to change the law so that couldn't happen. Behind the leadership of former BPPA President **Tommy Nee**, the union's legislative effort was led by attorney **Amy Davidson** in our firm who drafted Senate Bill 1894. Amy crafted an amendment to Section 7(d) of the Massachusetts public sector collective bargaining law. Section 7(d) lists a number of specific statutes, as well as regulations of police chiefs, that can be superseded by the terms of a collective bargaining agreement. The amendment added the "regulations of a police commissioner"



to the list. Simply put, the purpose of Senate Bill 1894 was to accord police officers in Boston with the same rights to collectively bargain with their employer as all other police officers and public employees in the Commonwealth. The legislation sought to ensure that police commissioners not renege on the terms of collective bargaining agreements which were enforceable in arbitration.

In 1998, the Massachusetts legislature passed Senate Bill 1894, but then Lieutenant-Governor, Acting Governor **Paul Cellucci** vetoed the legislation. Undaunted, the BPPA lobbied to override that veto by a vote of 37 to 0 in the Senate and 139 to 7 in the House, so Senate Bill 1894 became law on January 20, 1998. From that point forward, the decision of arbitrators (on matters such as discipline) under the BPPA contract would no longer be threatened by Chapter 322 and the police commissioner's so-called "exclusive managerial control"....or so we thought until the Williams case came along.

### **Step 3: SJC Ends the Debate on the Contract's Requirement of Just Cause for Discharge**

Instead of accepting the decision of the neutral arbitrator in the Williams case and reinstating the officer with full back pay, the City filed a complaint in the Superior Court to vacate the arbitrator's award. The court dismissed the complaint in June, 2015, and the City appealed. The SJC granted the City's application for direct appellate review. Because the award neither exceeded the arbitrator's authority nor violated public policy, and because it was not free to vacate the award where no underlying misconduct was found, the SJC affirmed the arbitrator's award. Behind the leadership of BPPA President **Pat Rose**, attorneys **John Becker** and **Alan Shapiro** from my office represented the union in both the winning Superior Court and SJC appeals.

A principal argument of the City on appeal was that the "police commissioner statute" leaves discipline and discharge of officers for excessive force and untruthfulness to the police commissioner's exclusive managerial control. **So, even though the contract between the City and the BPPA contained a "just cause" provision since the 1994 arbitration, and even though the law had been changed in 1998 by Senate Bill 1894 so that the collective**



**bargaining agreement would prevail over conflicting police commissioner decisions on discipline, the City still argued that the Commissioner has the last say. Think, for a moment, what that position means to a Boston Police Officer who is making split second decisions on use of force. If the commissioner decides to second guess your decision, levies a suspension or termination, defends his decision to a neutral arbitrator and loses, his decision to discipline or terminate you still holds notwithstanding contract agreements to follow just cause principles and to abide by the arbitrator's award. Suffice it to say, in such a scenario, we might as well stop trying to have a fair disciplinary process and give up. Not surprisingly, BPPA President Rose recognized that the principle of just cause protection had to be litigated and won for Officer Williams, or every Boston police officer's job would be in jeopardy.**

Fortunately, the SJC saw it our way. The Court cited previous BPPA appellate cases where the courts have said that the severity with which a municipal employer treats its police officers in disciplinary proceedings can be the subject of a grievance. Finding cases where the commissioner's statutory authority had been largely confined to administrative matters, the Court further noted that the cases have never reached the core matters of discipline and discharge. Accordingly, the SJC found that the "[BPPA collective bargaining agreement's] just cause provision permits the arbitrator to interpret regulations promulgated pursuant to the commissioner's statute, and usurps no authority in so doing." In other words, once and for all, the BPPA contract (with just cause and arbitration) trumps the police commissioner's statute with regard to who has the final say on discipline.

So, the battles have been waged over disciplinary authority in the Boston Police Department spanning three decades, led by BPPA Presidents **Dick Bradley, Tommy Nee** and **Pat Rose**. Our firm has been proud to have fought with each of these fine men on behalf of the BPPA membership. As Pat Rose passes the torch to **Mike Leary**, we wish Pat all the best and look forward to working with Mike, armed with the knowledge and hopefully the wisdom of the past, to confront whatever challenge comes next.



# Supreme Court set to deal blow to public sector unions

**N**ext Spring, the Supreme Court will once again pass upon whether unions in the public sector can charge an “agency fee” to employees who refuse to join the union. In *Janus v. AFSCME*, it is anticipated that the Court will overturn more than 40 years of settled law and find that public sector unions cannot require any fees from non-members, despite the fact that the union must provide representational services to those non-members. The likely effect of the decision will be to reduce the treasuries of unions, while allowing non-members to freeload and still demand union services.

Full union membership has always been voluntary – a union cannot require you to join in order to keep your job. However, unions are required to represent all workers in the bargaining unit they represent, regardless of whether an individual joins. This creates the potential for freeloaders – workers who refuse to join the union, but who the union must nevertheless represent. To deal with this, unions and government employers have agreed to “agency fee” arrangements (such as the BPPA has with the City), where the union can demand that non-members pay an agency fee or face the possibility of losing their job. Non-members claim that this requirement by the government (here, the government acting as employer in a unionized setting) infringes on their first amendment right not to be required to support speech with which they disagree. The non-members claim that they do not support their union, even though the union must represent them.

Back in 1977 in the case *Abood v. Detroit*, the Supreme Court held that public sector unions could require that non-members pay their “fair share” towards the monies that their unions spend to represent them. These costs include the costs of negotiations, handling disciplines, bargaining policies, etc. – the money that the union must spend to fulfill its obligation as the “exclusive bargaining representative” of workers. At the same time, the Court held that non-members could not be required to pay for union expenditures outside of direct representation – such as union political contributions, union events, scholarships, etc. Thus, non-union members can be required to pay a “fair share” or “agency fee” based on representational costs. The Court held that this balancing – that non-members could be required to support representation, but not political expenditures – properly respected the free speech rights of employees.

Anti-union employees and political organizations are now challenging the well settled precedent of *Abood*, claiming that *all actions* by union are political speech – even those that only directly involve dealing with the employer. Thus, they argue that they cannot be required to pay *anything* in support of the union. Mark Janus, a child support specialist for the Illinois Department of Healthcare and Family Services, objects to positions taken by AFSCME, the union representing his bargaining unit. He believes that AFSCME’s bargaining has been detrimental to the Illinois budget (of course, he



has not suggested that he should personally take a pay cut or indicated that he will refuse help if his own job is ever in jeopardy, but I digress). He therefore signed up to sue the union. His case is now the one before the Supreme Court.

The Supreme Court has been narrowly divided on this issue, and most thought that the case would be decided two years ago in the

*Freidrich* case out of California. That case was argued before the Court, and a decision, most likely against unions, was expected.

Then Justice Scalia died, leaving the court deadlocked 4-4, meaning that *Abood* remained the law of the land. All eyes therefore now turn to the newest Justice, Neil Gorsuch, who will undoubtedly cast the deciding vote. It is expected that Gorsuch will vote against the Unions, and agency fees will be declared illegal nationwide.

The impact of *Janus* will be that unions will not be able to charge anything to anyone who doesn’t want to pay, but will still be required to represent all employees in their bargaining units pursuant to the duty of fair representation. Practically, it means that anyone who wants to be a freeloader will be able to do so. Unions have been anticipating *Janus*, and have been preparing by reminding all employees of the benefits that union membership brings. Non-members cannot vote in union elections or run for union office, they cannot partake in benefits offered by the union (for you, such as the BPPA vision and dental plans), and must explain to their co-workers why they would rather take services and representation for nothing instead of joining together for the advancement of all.

What does this mean for you, as a member of the BPPA? It means that your co-workers will have the opportunity to refuse to pay their share but keep on taking. But, having worked with the BPPA for almost 20 years, I doubt that many officers will refuse to pay their fair share. You rely on each other for your lives on a daily basis. You are a brotherhood and a sisterhood that has long stood together and understood the need for solidarity. The BPPA has historically had almost no agency fee payers – why would you voluntarily decide to have no voice in how your union fights for you?

There is no doubt that the decisions will weaken unions overall, which won’t be helpful when the BPPA sits down with the City to negotiate your next contract. But the BPPA has never relied on other City unions to help us get you a good contract. The money you pay in union dues is returned to you many times over in enhanced wages, benefits and protections (just compare your paycheck to the paycheck of an officer in a non-union state). You joined the BPPA not because you had to, you joined because the BPPA continues to fight like hell for your interests – and continues to get results.

I hope everyone has a safe and stress-free holiday. As always, feel free to stop by the BPPA hall and say hello and ask whatever is on your mind.



# Happy Holidays...and also...STOP POSTING!

Earlier this year, I wrote an article detailing why you should delete your Facebook account and describing cases of discipline and/or terminations that resulted from posting the “wrong” comment or photo. It’s only been a few months since that article came out, but there have been plenty of social media based firings since that date, so another article on this issue is warranted. It’s also the holiday season, which means more family and friend posting of pictures and stories. This may lead to a false sense of privacy and security on Facebook, since everyone is posting or commenting about different personal happenings and events.

Do not get lulled into this false sense of intimacy. Anything and everything you “say” (i.e., post) can and will be used against you.

Most recently, a Massachusetts police officer in Springfield was fired for writing “Hahahaha love this, maybe people shouldn’t block roadways” on his personal Facebook page. He made this comment on a story about the Charlottesville rally, where a car was driven through a crowd of demonstrators killing a young woman. The officer soon after deactivated his Facebook account and deleted his comments – but not before his comment was blasted all over the internet. An online petition demanding his termination collected more than 2,500 signatures and hundreds posted comments demanding the same on the Springfield Police Facebook page. According to an interview on Masslive.com, the officer said he was a “good man who made a stupid comment.” He was a third-year patrol officer on the overnight shift. The Springfield police officers’ union has appealed his termination.

In related news: the West Springfield Mass Police Chief said he has disciplined two officers in recent years: (1) an officer was issued a written reprimand and sent to sensitivity training for commenting some “vile things” about his former mother-in-law; and (2) a police recruit was terminated after posting inappropriate and sexually explicit photos on a “fetish” website. These two incidents demonstrate the wide range of behavior on line that can lead to discipline, and the disparate level of discipline that can be issued. However, although the second incident seems like an obvious one, I think a lesson can be learned from the first incident – be careful about venting even about personal matters. Even though I don’t know what the exact “vile” comments were about the officer’s former mother-in-law, the point here is that the officer was disciplined for complaining about his ex mother-in-law! Who hasn’t vented about their former (or even current) mother-in-law? In any case, the lesson is clear – if you feel like venting, do it to your family and friends in-person or on the phone.

In Sterling, Massachusetts, a paramedic was fired after she referred to New England Patriots players who kneeled during the national anthem as “porch monkeys” on her Facebook page. She worked as an on-call paramedic for the Sterling Fire Department and also worked for the private ambulance company, Vital EMS. Her post was immediately labelled as racist and she was promptly fired from both her jobs. A twist in this case is that her husband is



a firefighter and medic with the Charlton Fire Department, and posted on Facebook in defense of his wife, stating that she “is not a Racist.” He was ordered to go to sensitivity training. Although he did not make racist statements himself, he is wearing his firefighter hat in his profile picture, so the Town found that he violated its social media policy to not post anything relating to their jobs – one lesson here: don’t wear your uniform or anything identifying you as a police officer, especially in your profile picture.

These cases all happened just in Massachusetts in the last few months. There are more instances across the nation, and there will be more in the future. The bottom line – the only way to be safe with on-line postings is to not make any. But assuming you will, here’s a list of 10 items of advice regarding social media put together by fellow attorney, **Will Atchison**. Will runs a law firm on the west coast that specializes in law enforcement and fire fighters’ unions and when

I spoke to him recently, he graciously gave his permission to reprint his “top ten list,” originally printed in his newsletter. So, if you need to post, remember these rules:

- #1 – Nothing you post online is truly private. Check your privacy settings. But remember rule #1.
- #2 – Ask yourself, if the chief/sheriff/administrator/superintendent receives a complaint about what I’m about to post, how will she/he react? If the answer is anywhere on the continuum between “not so well” and “he/she will start a disciplinary investigation,” do you really, really need to make the post?
- #3 – Be careful who you “friend.”
- #4 – Don’t gripe or complain about your job or boss for the world to see.
- #5 – Don’t post confidential work-related information.
- #6 – Don’t post material that would violate discrimination, harassment, or retaliation workplace rules.
- #7 – Your First Amendment rights are more limited than you think.
- #8 – Speak as a private citizen, not in your official status as a public safety employee. Don’t identify yourself as a public safety employee, either explicitly or implicitly.
- #9 – Your credibility can be called into question by what you’ve posted.
- #10 – Posting personal information can jeopardize your and your family’s safety.

Print out this list. Screenshot it and have it as wallpaper on your home screen. Read it before you post or comment on anything. I hope everyone has a safe and stress-free holiday.

As always, feel free to stop by the BPPA Hall and say hello and ask whatever is on your mind.

# Snowflakes melt if you breathe on them

By P.O. Jay Moccia, Area D-4

You know the ordering is out of control when cops are signing their OT slips; #METOO



I have named myself beneficiary on all my insurance policies, I'm taking it with me...



Logging off at the end of your shift is the Hotel California...you can check out any time you like, but you can never leave! (Thanks Bobby)



Schools all over are cancelling Halloween. Liberals should be the one's screaming, it's the only day of the year kids can dress up as President Hillary...not to mention the FREE candy.



*Legislators are pondering tolls on I93, and I95 to generate revenue for infrastructure repair. OK, fine, do away with excise tax and gas tax, they already go to pay for roads, and obviously you're not using them properly. Those funds are supposed to be used to build/maintain roads, bridges, etc. Before more tolls are levied, the Legislature should be forced to account for every penny they already get from these sources.*



Speaking of tolls how is it that the technology exists to regulate inspection stickers and toll fares BUT illegal aliens can still register a car?



*Got a call to move a couple of homeless/panhandlers, after telling them they had to go, the pair launched into a tirade about how they would be forced to rob and steal for money if they couldn't beg for change. After letting them go on for a bit, I shut them down with a "you could always just get a job".*



Why do we need Planned Parenthood for Birth Control, Abortion, etc., if everyone is already covered by Obamacare? (thanks Bob B)



*Newton has banned leaf blowers, resulting in increased cost for landscaping services, after a few malcontents decided they couldn't hack the noise for 15-20 minutes. The sponsor of the ordinance scoffed at the additional fees for service, saying; Newton is an affluent town, we can afford it. Typical Liberal, spending other peoples' money for them- and in an unintended consequence, the Newton Police logged about 320 calls (from 18-20 citizens) involving loud leaf blowers. The Chief called it the biggest waste of Police Service he has ever seen. #thanksneighbor*



Duke University's Centre for Women's Studies is offering a course for male students designed to "decrease their toxic masculinity". I'm thinking your man card should be revoked for life immediately upon enrollment. Students participating can only achieve a grade of B(eta), as they have already demonstrated an inability to achieve an A(lpha). Imagine gentle readers if a school offered a course on "increasing feminine charms" TRIGGERED!!!! Someone better check their feminist micro aggressions.



*As long as we're examining higher education in America, Brooklyn College in New York City has told NYPD Officers they would PREFER they not cross the campus to use bathroom facilities on the grounds of the tax payer funded school. It seems the students feel unsafe in their safe space by the presence of uniformed policemen and women. It's only a safe space because there are cops with guns there to protect you...those parents should ask for the tuition back, because these kids are so dumb...*



Before you move on to greener pastures, remember – they use the same old fertilizer.



*District 4 along with several other BPD stations (I'm told) has installed new, high definition cameras in order to monitor any vandalism/destruction of property at the facilities (I'm told). So why can't a similar system be set up in high crime areas? According to someone in the know, these cameras can tell if your socks are mismatched when you walk out of the guardroom. Wouldn't it be great to get a photo of a suspect that is of better quality than most "bigfoot" pics?*



Hollywood is reeling after big shot producer Harvey Weinstein was exposed as a habitual abuser of starlets...you know, the old casting couch. Accusers have come out of the woodwork, and others have been drawn in, including Ben Affleck. Pass the popcorn! It's quite enjoyable watching these phonies eat their own. Don't get me wrong, this practice is despicable, and vile, but the holier than thou attitude these lefties preach to the rest of us just shows what hypocrites they really are. Stars claim they either didn't know or were afraid to come forward fearing retribution. These folks talk tough until it's time to be tough. How many women (or men) became victims because others didn't come forward?



*Seamless segue: Actor Kevin Spacey has been blacklisted after his perversions came to light in the wake of the Weinstein scandal. It seems the actor can't keep his hands to himself when he's drinking (or sober for that matter). Spacey played every card in the deck to salvage his reputation, but it was all a waste of time. If you're a creepy predator, it doesn't matter what team you're on...you're still a creepy predator, and no one is going to defend that type of behavior...*



Also exposed-TV host Matt Lauer. This deviant even had a button installed on his desk so he could "have a captive" audience for his perversions. Matt's ex claims he was a generous kind man who would give you the shirt off his back, well if you got trapped in his office it looks like he'd give you the pants to go with it.



*Not to be outdone, Tom Wopat of Dukes of Hazzard fame was accused of assaulting a co-star during a rehearsal...file under more violence under the confederate flag.*



Even our own Senator Lie-zy Warren got in on the act, claiming a former professor "chased her around his desk." Her story (of course) fell apart when it was determined the professor in question was wheelchair bound...



*And in case you thought only politicians and actors were weird, Harvard hosts an annual "Sex Week" where taboo topics are presented to students. Higher learning? No lowest common denominator I say.*



A San Francisco jury found Jose Zarate – an illegal alien deported multiple times – not guilty of shooting Kate Steinle. Zarate's lawyers claim he found the gun and was going to the pier to shoot seals. He was convicted on gun charges, but dodged the murder charge after claiming he dropped the gun and it went off striking Steinle who died in her father's arms. After the verdict, the defense team blasted President Trump who made the case a campaign issue for immigration problems. I'm guessing if Zarate didn't drop his pistol and actually shot some seals from the crowded pier the Liberals would have been more outraged. File under: San Fran-sicko.



*Guys and Girls, A Merry Christmas to you all, and Wishes for a Happy and Healthy New Year. Take your time off, get your rest and stay safe.*



# The calm before the (holiday) storm

If you are like me, just the thought of getting to the holidays almost ruins the holidays themselves. But here we are again, about to close out 2017 and about to begin 2018 with renewed energy. As I look back on the year of 2017, this may be the year that the world has lost its collective mind. On both sides of the political spectrum, we have people so deeply dug into their positions that they refuse to listen to another point of view. This year started with the Trump inauguration, followed almost immediately by the Women's March. The year progressed with the tearing down of Civil War monuments that were tangentially connected with a number of Free Speech (or free hate) rallies held throughout the country. Each rally brought about a counter-rally. Against this we had (and continue to have) the backdrop of a potential nuclear showdown with North Korea, while simultaneously having politicians calling for investigations and counter-investigations involving

claims of Russian collusion, election rigging, and improper influence used in the country's sale of uranium to Russia which may or may not have benefited the Clintons. Our world has terrorists driving on sidewalks and roadways trying to kill as many innocent people as they can. We had a mass-shooting/massacre in Las Vegas and we now have all of the Baltimore police officers who were charged in the death of Freddy Gray returning to work. What a year it has been. And as all of this has been going on, we are living in the world of "fake news" that will soon be a world of almost no news because shortly ever male newscaster will be fired due to allegations of sexual harassment or misconduct. Oh, and to round out 2017, Khloe Kardashian is showing a baby bump. The year 2017 was not an entirely dark year, but it sure had its moments. Despite all of these events, somehow it seems to me that we are in the calm before the storm.

On a local level, things seem to be quieter. Although you have had to endure and referee a number of large rallies with protests and counter-protests on the Boston Common, those episodes were handled both successfully and professionally, on one occasion unfolding before the country on national television. Of course the forced overtime you are required to endure is inexcusable, as is the fact that Internal Affairs is now completing cases from the year 2013 and 2014, but in the big picture in Boston, things seem much calmer than they are across the nation. People in our city and state leadership positions may not fully agree with each other, but at least there is usually a willingness to try to talk with each other before the gloves are taken off and people start throwing haymakers. The glass is more than half-full here, and soon you'll likely be escorting the duck boats on parades for both the Patriots and Celtics, albeit on forced overtime in lousy New England weather. We may still be one bad YouTube video away from big trouble here, but I think the City is much better than that and things should be fine.

As the holidays approach, what are you thankful for and what do



you hope to change in 2018? We should all be thankful that there were no fatal police shootings in Boston over the past year. We certainly should also be thankful that we live in a city with the country's best medical care -- medical care that has recently saved the lives of more than one Boston police officer. We should be thankful for our families, friends, and co-workers. In a world filled with anti-police sentiment, you

need these people. As much as it is human nature to complain, you should be very thankful for your contract. If you haven't been in our office this year, you can also be thankful for that.

From a union standpoint, you should be thankful for the tremendous leadership shown by the current administration under President **Patrick Rose**, and we should be very optimistic about the future going forward with the new leadership team including President **Mike Leary**,

Vice President **Chris Broderick**, Treasurer **Robert Colburn**, Secretary **Jay Moccia**, and

Legislative Agent **Larry Calderone**. Although things pretty good here, there is always room to grow, and I am confident that the new leadership team will bring the BPPA to even better places.

As you enter the holidays, please find time to spend with friends and family, and please try not to get swept up in all the chaos of the season. Look for things to be thankful for. Our world has collectively lost its mind, but if we all individually show some extra kindness this holiday season, hopefully the good will outweigh the bad. From all of us here at Anderson, Goldman, Tobin & Pasciucco – myself, Eric, Pete, Jon and our support staff – we wish you all a great holiday season! Stay safe and enjoy the season!

## Attention

To all members of the  
Boston Police Relief Association –  
Active Duty or Retired

If you need to change your  
beneficiary or you are not sure of  
who your beneficiary is, you can  
contact the relief office at  
617-364-9565. If you leave a message,  
your call will be returned and if  
necessary, the paperwork will be sent  
out to you. Thank you.

**Joseph Sullivan, Clerk,  
Boston Police Relief Association**

# Boston Patrolman Seth A. Noyes Died in the Line of Duty: October 18, 1870

By Robert E. Anthony, BPPA Historian

I received a phone call from retired Lt. Col. Ronald Guilmette, historian of the Massachusetts State Police, who came across a small story in the *Boston Post* from 1870. The Col. passed on this information to me and the wheels were put into action. After some careful research into the City Archives with the help of Marta Crilly, archivist of the City of Boston.

We were able to locate information on Patrolman Seth A. Noyes who while in the performance of his duty broke his back and spine in 1867. He was transferred to the South Boston Lunatic Hospital which he never left.

He was married to Sarah Noyes and was predeceased by his son who passed away at the age of nine. Patrolman Noyes passed away in the hospital at the age of 42, three years after the incident and the Death Certificate listed the cause of death as "paralysis for three years prior." Patrolman Seth A. Noyes was appointed to the Boston Police on November 19, 1857 and worked out of Station 2, Court Square.

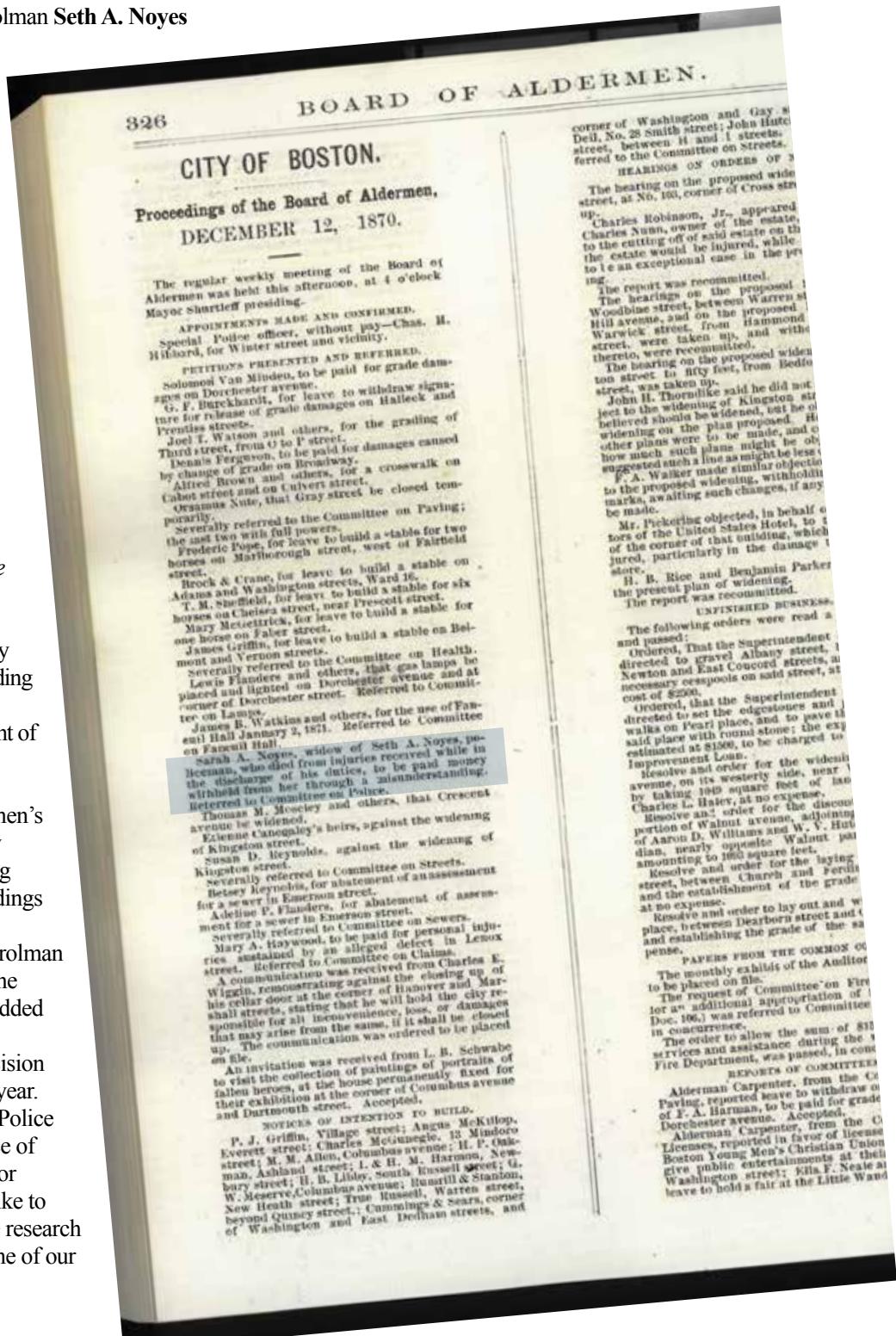
Records in the early days were kept in a hand-written journal. After research, it was found in the 1871 Board of Alderman entry, "Seth A. Noyes a Police Officer who died from injuries received in the discharge of his duty for some assistance from the city referred to the committee."

A petition was filed for his widow Sarah A. Noyes on December 10, 1870 requesting half pay for the year 1867 which through a misunderstanding was withheld from her. The City of Boston Alderman on January 27, 1871 granted a payment of five hundred dollars.

So after a careful gathering of information, Newspapers stories and information on patrolmen's deaths, I filled out the paperwork for review by Commissioner William Evans. After a meeting with the Commissioner, he agreed with the findings and submitted the folder to the National Law Enforcement Memorial for review to see if Patrolman Seth A. Noyes would be approved and added the National Wall. I believe that his name will be added because the facts are there and the information gathered will have a positive impact on the decision which will be announced the beginning of the year.

Patrolman Noyes would be the 80<sup>th</sup> Boston Police Officer to have given his life in the performance of duty. I would like to thank Lt. Col. Guilmette for alerting me to this newspaper article. I would like to commend the Commissioner for approving the research and forwarding it to Washington D.C. When one of our

Officers falls in the line of duty, we will always be there to carry on the mission of the Boston Police. Even if this officer died over 147 years ago, we will make sure that his name is honored as it is with all our fallen officers.



Boston, December 10, 1870.

To the City Council.

The petitioner, Mrs. Sarah A. Noyes,  
widow of Seth A. Noyes, policeman, who died October 18, 1870,  
from injuries received while in the discharge of duty at his post,  
respectfully avers that she may have the half-year for the year 1871  
which through a misapprehension was withheld.

Mrs. Sarah A. Noyes

Police Organization.

Patrolman Noyes would be the second Boston Police Officer killed in the line of duty. Over the years, we have uncovered nine officers whose names and sacrifice were missing and not properly honored, but now they are on all three Walls, Washington D.C., Boston Police Headquarters and the State Memorial at the State House. When an Officer passed away in years past, after one year and one day, they were not classified as line of duty from injuries received in the line of duty, but the laws were corrected and every officer that died as a result of their injuries will now be classified as line of duty.

Please be careful out on patrol and stay safe and enjoy your holidays with your families.

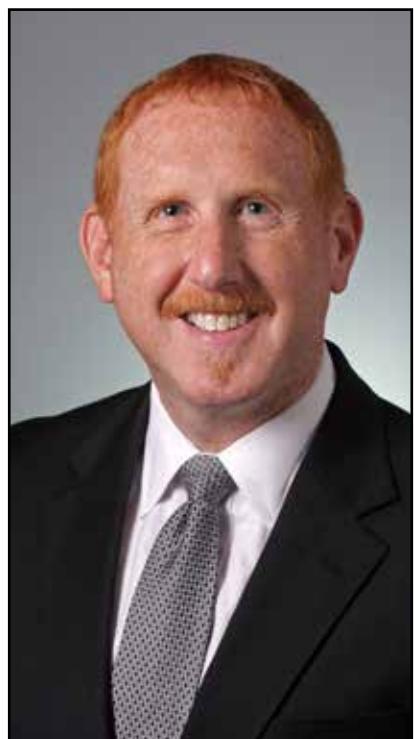


## THE LAW FIRM OF SCOTT D. GOLDBERG, P.C. *Proudly Supports the Boston Police Patrolmen's Association*

The Law Firm of Scott D. Goldberg, P.C. is proud to continue supporting the Boston Police Patrolmen's Association. Attorney Goldberg is honored to be the personal lawyer for many of its members and families for almost 25 years. The majority of our police clients are referred to us by other officers we have represented and with whom we have established close relationships.

We fight for the rights of police men and women who are injured both on-duty and off, some of whom do not know that they have a right to a claim until they call us. The financial compensation we obtain for them includes lost pay – base, detail, and overtime – even when they receive Pay with Leave or used sick days. It also includes payment for medical expenses, disability, and pain and suffering.

We are also excited to announce that we have a new website, at the same web address [www.goldberglawfirm.net](http://www.goldberglawfirm.net), which has more information about claims for police officers and insurance. If you, your family, or friends have been injured, or if you would like advice about how to protect yourself and your family before an incident, then please contact Attorney Goldberg for a free consultation.



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Police  
Officers  
Since 1990

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## Salt vs. the state of your health The verdict on sodium may surprise you

By Peter Jaret, AARP.org/Bulletin

**G**uilty or not guilty? The experts weigh in on salt's culpability as a health offender.

- **WHEREAS** high blood pressure is an epidemic in this country, long linked to sodium intake.
- **WHEREAS** the average American adult consumes about 3,400 milligrams of sodium a day through a diet rich with salt.
- **WHEREAS** the federal government recommends that, to keep blood pressure in check, people 51 and older should consume less than 1,500 mg per day.

The State of Your Health (hereafter "you") proposes to decrease daily salt intake by more than half. However, this adjustment is extremely difficult and requires highly vigilant dietary behaviors.

And an increasing number of scientists are willing to testify that these targets are not supported by science.



**Directors of the Retired Patrolmen's Division of the BPPA:**  
John Murphy  
David Mackin  
Joe Vannelli  
Billy Flippin

The purpose of this hearing, then, is to determine whether such a move is supported by the weight of the evidence. Should you drastically cut down on salt?



### Opening arguments

You have been told to cut back on sodium for decades. "The food supply is loaded with salt, which we know raises blood pressure," says Lawrence Appel, M.D., a professor of medicine at Johns Hopkins University and spokesman for the American Heart Association. "The best advice for almost everyone is to cut back."

That advice is even more pointed for older people.

With age, the body's ability to process sodium declines. Around menopause, women tend to begin to develop salt-sensitive high blood pressure. Men also become less efficient at metabolizing sodium, usually in their 60s and beyond.

But in recent years that long-accepted advice has come under fire. "The current recommendations are too extreme," insists Suzanne Oparil, M.D., a hypertension expert at the University of Alabama at Birmingham School of Medicine. "There is zero evidence that cutting salt to very low levels like 1,500 milligrams is beneficial."

Three studies have shown little or no indication that people are eating an unhealthy amount of sodium. One of those, a 2014 Danish study, set optimum sodium levels at between 2,645 and 4,945 milligrams.

### The evidence

Why is one set of medical experts so certain about declaring salt guilty while another set is passionately defending it? One reason is that salt affects people differently. "It's not how much salt you consume, but whether your body can process the sodium it contains," says L. Gabriel Navar, chair of the Department of Physiology and director of the Center for Biomedical Research Excellence in Hypertension and Renal Biology at Tulane University Medical Center in New Orleans. "Operating efficiently, the kidneys can get rid of a huge amount of sodium — 5,000 milligrams or more."

But not everyone can handle a lot of salt. About half of the population is salt sensitive: When they consume salt, their blood pressure climbs, usually about 10 points. Unfortunately, scientists have yet to develop an easy-to-administer test for salt sensitivity.

See **Salt** on page 38

### BPPA RETIRED PATROLMEN'S DIVISION MEMBERSHIP APPLICATION

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# The Moonbat in the Hat

By P.O. Jay Moccia  
(with apologies to Dr. Seuss)



U.S. First Lady, Melania Trump (a super model – not a frump),  
Thought she'd do a sterling deed and send public schools some books to read.

Favorite tales she read with her son – stories loved by every one,  
In Cambridge did a package land, along with a note by Melania's hand.

The joy of learning you will spread to every student's grade school head,  
Fill their minds with thirst for knowledge then send them off to Harvard College.

But Cambridge libs so hate her spouse, they call him **NAZI! BIGOT! LOUSE!**  
What could they do though for in those crates were stories from some lefty greats.

From the librarian named Liz came a sneaky plan; "we'll throw the author into the fan,  
The crap will fly through our fake news that only gives our liberal views."

And so this spoiled spiteful hag, called The Globe (a liberal rag),  
"We do not like this Dr. Seuss – we much prefer that Mother Goose."

"The doctor's racist, sexist too, he exploited Horton and his Who!  
He urges kids to hop on Pop-O this madness! When does it stop?"

So send them back, the whole damn lot – we'd rather teach the joys of pot,  
Or simply burn those nasty books, while giving Trump some nasty looks.

**BUT WAIT!** Before we ban the Grinch, Liz has gotten in a pinch...  
A candid pic (imagine that!) of Liz dressed as The Cat in a Hat.

Her anger was phony! Just more Commie baloney!

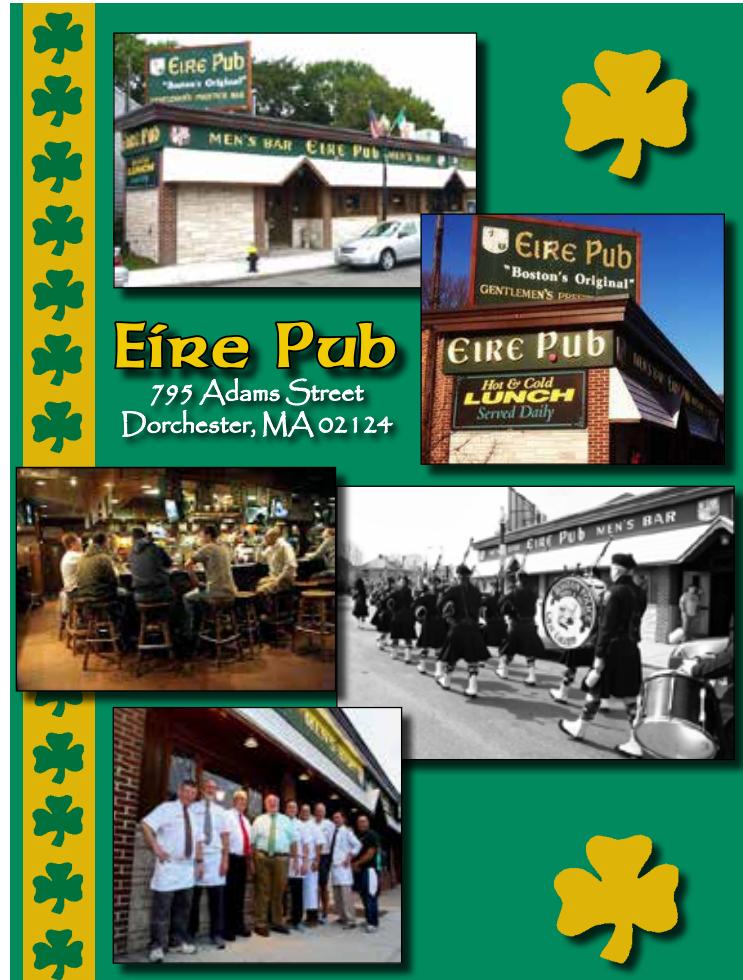
And thus concludes a crazy tale of books delivered in the mail  
Meant to bring some happiness, not a lying liberal mess.

## SPORTS Trivia

By Bill Carroll

1. What former major leaguer holds the record for hitting the most home runs in a month?
2. There are 5 quarterbacks who have thrown at least 400 touchdown passes in NFL history, can you name them?
3. When was the last time the NFL played a game on Christmas Day?
4. How many times have the Patriots played a regular season game outside the United States?
5. What NHL team has played in the most Winter Classics?
6. Five NBA players have won the league MVP Award and never played in college, can you name them?
7. How old must a member of the PGA Tour be to be eligible for induction into the World Golf Hall of Fame?
8. What thoroughbred horse trainer has won the most Breeders Cup races?
9. What college or university has appeared in the most bowl games?
10. Who holds the record for most seasons umpiring in Major League Baseball?

See **Sports Trivia Answers** on page 38





**Police Officer  
Lawrence J. Borbee**

July 11, 2017



**Police Officer  
Richard L. Graham**

October 15, 2017



**Police Officer  
Abel A. Simmons**

October 22, 2017



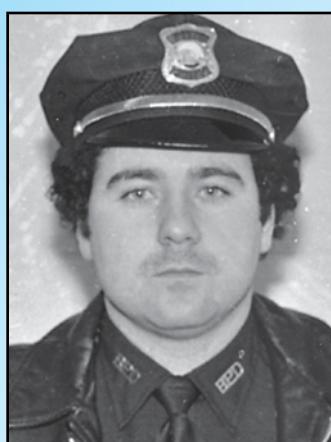
**Police Lieutenant  
John J. Kelly, Jr.**

October 24, 2017



**Police Officer  
Robert C. Wagner**

October 25, 2017



**Police Officer  
William V. Kennedy**

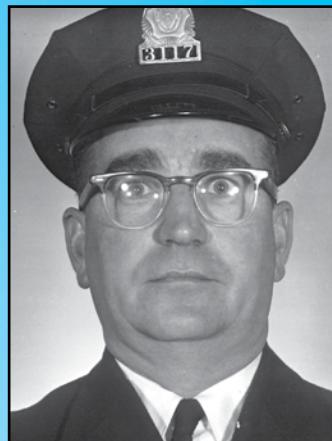
October 27, 2017

We apologize for any errors or omissions.



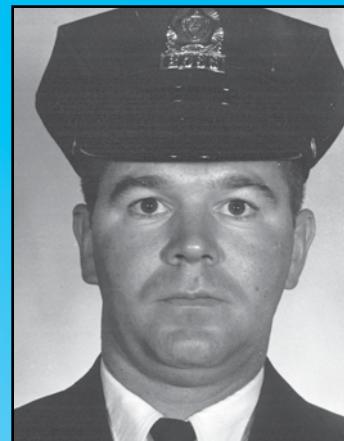
**Police Sergeant  
William B. Fogerty**

November 10, 2017



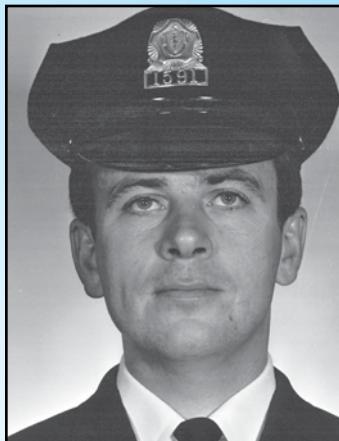
**Police Sergeant  
Matthew J. Sweeney**

November 16, 2017



**Police Officer  
Richard M. Higgins**

November 18, 2017



**Police Detective  
Robert F. Ahern**

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**Police Captain  
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## Salt vs. the state of your health...

From **salt** on page 34

### The case for the defense

In fact, cutting down on sodium dramatically may pose its own risks. Reviewing data from 133,118 people with an average age of 55, researchers at McMaster University in Hamilton, Ontario, found that both too much sodium (7,000 milligrams a day) and too little (under 3,000 milligrams) were linked to an increased risk of cardiovascular disease. While sodium can raise blood pressure, electrolytes such as potassium keep it from climbing. "Potassium helps the kidneys get rid of salt," Navar explains, "so it's equally important to make sure you're getting enough." Bananas, sweet potatoes, canned tuna, orange juice, tomato sauce, yogurt and milk are all good sources.

### The wrong murder weapon?

While experts debate sodium levels, most agree on this: Your kitchen salt shaker isn't the culprit. Roughly 75 percent of the sodium we consume comes in processed or restaurant food. In 2016, the Food and Drug Administration issued voluntary guidelines for the food industry to lower sodium levels in 150 categories of processed and restaurant items. One way to control salt intake is to prepare meals yourself.

### The verdict

If you have hypertension or prehypertension (that includes roughly one-third of Americans), it makes sense to reduce your sodium intake. But don't try to count every milligram. "I don't know how much sodium I consume each day," Appel admits. "It's almost impossible for anyone to know."

Instead of worrying about the numbers, it's better to cut back on foods that are laden with salt, such as cold cuts and cured meats, pastas, pizza, baked goods, bread and soups. You need to protect yourself — regardless of whether salt is eventually found guilty.

(Reprinted from the October 2017 AARP Bulletin.)

### Sports trivia...

From **Sports Trivia Questions** on page 35

1. The record for most seasonsumping in Major League Baseball is held by Joe West who just completed his 41<sup>st</sup> season.
2. The five NFL quarterbacks that have thrown at least 400 touchdowns in their careers are Peyton Manning, Brett Favre, Tom Brady and Drew Brees.
3. The last time the NFL played a game on Christmas Day was in 2011 when the Packers hosted the Bears.
4. The Patriots have played three regular season games outside the United States, 2009 and 2012 in England and this season in Mexico.
5. The Chicago Blackhawks have appeared in the Winter Classic three times, in 2009, 2015, and 2017.
6. The five NBA players to win the league MVP who did not play in college are Moses Malone, LeBron James, Kevin Garnett, Dirk Nowitzki, and Kobe Bryant.
7. In order to be enshrined in the World Gold Hall of Fame a player must be at least 40 years old.
8. Thoroughbred horse trainer D. Wayne Lukas has saddled 25 Breeders Cup winners in his career.
9. The University of Alabama has played in 62 bowl games which is the most in the history of college football.
10. The Massachusetts Early Education License #291031 • Daughter of a BPPA Retiree

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