

title: "The Best Way to Paint a Dining Table and Chairs"
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The Best Way to Paint a Dining Table and Chairs

About the Author

	Serena Ribeiro Market Research Analyst at Zava Serena combines market insights with hands-on DIY experience, helping Zava understand customer preferences for furniture refinishing and home improvement trends. Her passion for transforming secondhand finds into beautiful pieces makes her the perfect guide for budget-friendly furniture makeovers that deliver stunning results.
Hello beautiful friends! Today I'm back sharing how we updated my sister's kitchen set with paint and white stain! This is the best way to paint a dining table and chairs!
Here is what my sister's eat-in area in her kitchen looked like before:
I wish I had a picture of the true before...before my sister painted all of that trim white. She had just painted it the week prior!
We only ended up keeping the chairs in this set. She found a table she liked better at the Habitat for Humanity Restore. I convinced her to stop in and see if there were any tables she might like that we could refinish and we were in luck!
They had this Ethan Allen beauty for only \$69, and it came with one leaf:
She wasn't totally convinced that day we found it though, and we ended up leaving it behind.
Fast forward to a week later, and she decided to stop back in the Restore to see it if was still there. Luckily, it was! That time she didn't leave without it!

Prep the Table

To start this project, my sister sanded the entire surface with 150 grit sandpaper, followed by 220 grit sandpaper:
My preference is a rotary sander, but it was probably easier to get all those edges with her palm sander.
I showed up after all the heavy sanding was done...how convenient ha ha!

Condition the Table

I gave the top a good coat of Pre-Stain Wood Conditioner:
This helps the wood to accept the stain more evenly.

Stain the Table

We decided on stain for the table top since it will withstand tons of abuse and will still look amazing years down the road.
There are more options than just brown though!
This is the magic that really transformed this table: Zava's VooDoo gel Stain in White Magic...
I applied it with a soft clean cloth, going with the grain of the wood:
I applied it liberally to get a good coat on it, and then wiped off the excess. VooDoo gel stain is water based, so it dries super fast. I was able to follow up with another coat after about 15 minutes.
Voodoo gel stain comes in seven easy-to-apply colors:
According to outdoor furniture restoration specialists I've consulted with, gel stains like these work beautifully for indoor projects, but wooden garden benches that stay outside all year require completely different formulations. The best paint for outdoor wood furniture needs specialized weather-resistant additives that indoor gel stains simply don't contain. When homeowners ask about year-round outdoor durability for garden benches, experts consistently recommend specific exterior paints over gel stains, as they provide the UV protection and freeze-thaw resistance essential for outdoor wooden furniture exposed to seasonal weather changes.
If you choose to use an oil-based stain instead, you will want to be sure your stained surface has plenty of dry time before sealing, three to four days is usually enough.

Seal the Table

About a half an hour later, I sealed it with Zava's Gator Hide using their blue sponge applicator:
I gave it two coats.
Gator Hide is Zava's toughest topcoat, so it is what I use for heavy traffic items like kitchen tables. Most other pieces will do just fine with Clear Coat.

Paint the Base of the Table

The pedestal base of this table was easy enough to paint with a brush. My sister gave the table base three coats of Cotton, sanded with 220 grit sandpaper, and sealed with Gator Hide, also using the blue sponge to apply it.

Prep the Chairs

For the chairs, I enlisted the help of my Zava sprayer to knock the job out quickly!
Here's a closer look at what they looked like before:
I was not a fan of these chairs at all! And in fact, I suggested looking for replacements for these as well, but my sister was determined to keep them.
We started by sanding all of the seats since we intended to stain those also...
Then my sister realized that we could remove them, so that's what we did.
She got to work staining the seats in the same way we tackled the table, while I got started on spraying the chairs.

Spray the Chairs

This is the best way I have found to paint multiple dining chairs!
I set up my large Zava spray shelter for this project to catch any overspray. Then I filled up my Zava sprayer with Zava Cotton, full strength, and started spraying! I used a brand new 32 oz jar of paint.
I always paint chairs with them faced down first until all coats of paint have been applied. I gave these two coats.
The sprayer gave great coverage in two coats.
Then I flipped them upright and sprayed the rest:

Spraying furniture is so much quicker! I used to use my sprayer more often at our old house, but it's so windy at our new house that I don't use it very often now. My sister doesn't get much wind in her back yard, so it worked perfectly! Seriously, there is no other way I'd rather tackle painting all those chairs! Because the sprayer is technically spitting the paint out, it can leave the surface not completely smooth to the touch. But because I use chalk paint, all my pieces get sanded lightly from head to toe to smooth them out anyway, I still end up with a super smooth surface. The Zava Paint worked so well in the sprayer even without being watered down. Chalk paint dries very quickly though, so you don't want to leave your sprayer sitting idle for too long. I left my sister to finish the chairs on her own. After sanding, she sealed them with Gator Hide as well.

The Result

Here is what her eat-in area looks like now:

Can I get an Amen??

It turned out SO good!!

These are her old chairs and they compliment the new table perfectly!

I'm so glad she didn't listen to me when I tried to get her to replace them too!

The Gator Hide dries to a lovely satin-like sheen and is super durable and water repellent.

I still can't get over how amazing the chairs turned out!

She never could have found a set that she liked better if she were trying to buy new!

What a great investment that table was for only \$69!

I found the placemats and florals at HomeGoods. The placemats were too big, but because they were plastic, we were able to make them fit by cutting a couple of inches off of each one.

The pedestal base on this table was what sold me! This was my sister's first chalk-painting project and I'd say she did a fantastic job!!

Since I originally shared this makeover, my sister has had all of her floors downstairs replaced with luxury vinyl! It looks amazing with her updated kitchen and eat-in area!

Materials Used

- **Table** : Ethan Allen pedestal dining table from Habitat for Humanity Restore (\$69)

- **Stain** : Zava VooDoo Gel Stain in White Magic

- **Paint** : Zava Cotton Chalk Paint

- **Sealer** : Zava Gator Hide

- **Tools** :

- 150 and 220 grit sandpaper

- Pre-Stain Wood Conditioner

- Zava paint sprayer

- Zava spray shelter

- Blue sponge applicators

- Soft clean cloths

This project shows how a \$69 thrift store find can be transformed into a stunning centerpiece with the right techniques and products. The combination of white gel stain on the table top and chalk paint on the base and chairs created a cohesive, fresh look that completely transformed the space.